

# JANUARY 2022

## FAMILY NEWSLETTER

Dear Parents,

Happy New Year to you all and a huge welcome to the several new families joining us at Through the Years in the new year.

A reminder to all parents to label all clothing and footwear. Staff have been having to spend much time lately tracking down lost items.

As previously noted, families can find their child care invoices online now through the HiMama app. If you have any questions, see Carol. Please be patient with us, as we learn to navigate this new system. During the month of January Carol and I will be training the rest of the staff to use HiMama for communication, which will begin February 1st.

January will surely bring frigid temperatures and snow. Please keep in mind unless the temperature (with or without the wind chill ) is below -25 degrees Celsius we will bundle the children up for at least 10-15 minutes of outdoor time. Studies have shown when children receive that fresh air daily they are overall in better health and better able to fight off colds and flu. We ask that you ensure each day your child comes with the **proper gear**. Many of the school age children are not enjoying outside time because they are not properly dressed. Some feel they do not need snowpants or warm boots because they manage recess and lunch at school fine without them, but we ask you to help them realize it is a different situation at day care as we play outdoors for much longer time periods, and go out in any and all weather. Thank you. By the way, some school age children still need indoor shoes too please.

During the month of January educators in the infant, toddler and preschool rooms are compiling information and completing developmental checklists on each child in their care. This information will then help them complete progress reports on all their children. The progress reports will then be put into the children's individual portfolios. These are kept at the Centre and available for families to view at anytime. During the first part of February we will be displaying them in the foyers or classrooms and we encourage families to take a few moments to have a look at your child(ren)'s portfolios and latest progress report.

Covid 19 pandemic note:- As you all know as 2022 unfolds you and your families will begin to receive the Covid 19 vaccine. Please let us know when your child is fully vaccinated with the Covid vaccine, or any other vaccine or immunization throughout their time in our care, so we can update their Health Record in their Centre file. You can email us, or leave a message on our Facebook page or website.

Until next time, *Mary Ellen*

**Did you know on days we can't get outside, we transform our classrooms into a gym to exercise? Another example of the innovative thinking of our educators!**

A reminder to any owing 2021 fees to have them paid up ASAP. Carol will be remitting the 2021 official tax receipts to families by February 15, 2022.

**Reminder that when parent's contact information changes it is your responsibility to let us know so we can change your registration information. This includes a change in your primary care physician as well.**