



Genuine Essiac

The Miraculous Herbal Tea That Almost No One Knows About

You're here because you want to learn about using Essiac Tea – or perhaps you already use it, and you're hoping that you're using it correctly! That's great. Knowledge is power. Let's dive in!

How Did Essiac Tea Come to Be?

Essiac was first used by Native Americans for the purpose of treating maladies – specifically, the Ojibway. Rene Caisse, for whom Essiac is now named, was a Canadian nurse working in a hospital in the early 1920s. One of her patients gave her some of this Essiac and told Caisse that she was using it to treat her cancer. She had learned of it from an Ojibway medicine man. Rene Caisse was astounded to learn that the woman's cancer had been reversed! However, this version of Essiac was not effective in every case; in fact, quite a few people died in spite of being treated with the original Essiac that contained four herbs.



"Essiac" is "Caisse" spelled backwards!

Modifications to the Original Essiac Tea Formula Began

Rene Caisse thought that injecting Essiac might work better than oral use. She attempted to get permission from the Canadian Ministry of Health to give physicians throughout Canada the go-ahead to inject the four herb Essiac formula. Unfortunately, she was not successful. Around that time, Dr. Charles Brusch's older brother had heard about Caisse's work and decided to get involved. Dr. Brusch was President Kennedy's personal physician. However, he too was unsuccessful with convincing the Canadian Government to officially recognize the formula.

1959, Rene Caisse decided to change course. Since physicians weren't allowed to inject the Essiac formula without government approval, she was concerned that this valuable formula may be lost forever. She knew that oral use had been partially successful and wanted to continue along that line of thinking.

Rene Caisse and Dr. Charles Brusch Performed Research from 1959 - 1967

Dr. Charles Brusch invited Rene Caisse to the Brusch Medical Center in Cambridge, Massachusetts, in an attempt to develop an oral formula that carried the same efficacy level as the injection. The reason behind this move was that there were fewer rules and regulations surrounding tea made to drink as opposed to an injection.



Resperin Corp. Gained Preliminary Rights to the Essiac Formula

In 1977, Rene Caisse signed over the four herb formula to Resperin Corp. of Canada *under the stipulation that Resperin complete clinical tests on the formula*. The agreement granted permission for the use of Essiac *for research only*, and dictated that if they did not complete these tests, Dr. Charles Brusch would have complete control of the formula (Dr. Brusch and Caisse had performed clinical tests on Essiac together in the 1960s). It turns out that Resperin breached the contract by never completing the tests, but they continued to sell the product under Essiac Canada International. They proclaim that they have the original formula, which is true - but [keep in mind, the original formula is less effective!](#)

Dr. Charles Brusch Gains Control of the Most Effective Essiac Formula: The Eight Herb Blend

Upon completion of the research, an oral Essiac formula was developed that contained eight herbs, including the original four herbs from the formula that Rene Caisse first worked with. The serving size of the eight herb formula had been increased to account for the four additional herbs that were designed to enhance the effectiveness of the original four. The effectiveness of the formula was validated in the research presented in the book [The Essiac Report](#). Exclusive rights to the formula were left to Dr. Charles Brusch in 1977 (a year prior to Rene Caisse's death).

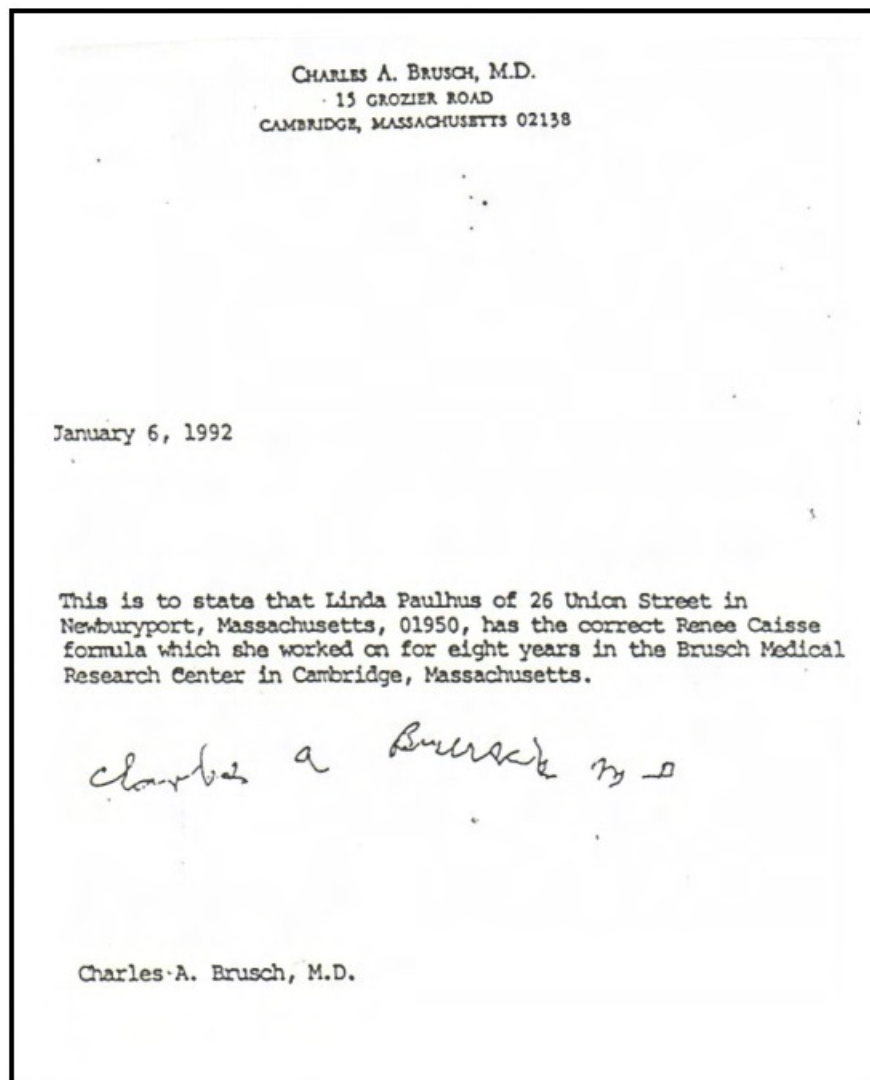
The Eight Herb Formula Became the New Authentic Formula Endorsed by Rene Caisse

The eight-herb formula contains: Burdock Root, Blessed Thistle, Kelp, Red Clover, Sheep Sorrel, Slippery Elm Bark, Turkey Rhubarb Root, and Watercress. Dr. Brusch performed [eight years of clinical research](#) on this oral form of Essiac and was confident in its efficacy and superiority. He even took it himself when he fell ill with cancer. Brusch made the claim that this eight herb Essiac cured his own cancer. He also has stated that the blend is non-toxic. [Watch him speak on Essiac tea here.](#)

Essiac Tea Today

Rene Caisse passed away in 1978, and Dr. Brusch passed away in 1993. The Essiac tea formula was passed to Paulhus family to ensure that it continued to be available to the greater public at a fair price. You can see this document below.

➡ [Go here for our Proof of Authenticity page for more info.](#)



The eight-herb authentic Essiac formula that was found to be superior in the Brusch clinical trials is the most effective form of Essiac tea available. Today it's known as Genuine Essiac. We recommend consuming it just as it was in those studies: in brewed tea form and taken on an empty stomach.

Why Capsules, Tinctures and Tea Bags Are Less Effective Than Powdered Tea

Many folks have questions about using capsules, tinctures or tea bags. During the variety of clinical trials held in Cambridge at the Brusch Medical Research Center, Brusch and Caisse experimented with Essiac capsules, tablets, and tinctures, among other methods. Time and time again, the method of administering treatment that resulted in the most potent and effective formula was to leave the herbs in the liquid after brewing. You can see Rene Caisse working with powdered herbs in [this clip](#). You can watch a [full film about Rene Caisse here](#).

What Can I Expect When I Use Essiac Tea?

The first thing you need to know is that Essiac tea works its full magic when taken as directed for the length of time necessary. When you take it for shorter durations, you may experience temporary improvements, but it's unlikely to help long term.

If you are hoping to improve your health, you want to take 3 oz. of brewed Essiac tea three times per day. We have conducted further research showing the effectiveness of Essiac recently, and the time frame supports the research Rene Caisse has found which is that it takes 4 ½ to 6 months of regular use for full changes to occur in the body. [You can see that research here](#). You may continue using Genuine Essiac as long as you wish. [There is no need to take a break](#).

Join our Exclusive Facebook Users Group where there are thousands of people talking about Essiac tea. We also have a medical expert in the group helping to answer questions. [Request to Join Our Group Today](#)



Join the Genuine
Essiac Users
Group Now



Genuine Essiac Tea Intake Recommendations Based on the Research

- We recommend you take 3 oz. of Essiac three times per day until your test results return to normal or you feel all the way better - and have been taking Essiac at that level for at least six months.
- If you have stage 4 cancer, are receiving chemo or radiation, or otherwise have been given a terminal diagnosis, we recommend that you take 6 oz. of Essiac three times per day for at least six months. Other individuals may take this amount as “extra strength” with no harm done.
- If your goal is simply to maintain your health once it’s in a good place or to use Essiac as a preventive, you can take 3 oz. twice per day. That’s known as Maintenance.
- No matter your goal, it’s critical that you take Essiac on an empty stomach. This means no food for 2 hours before you take Essiac and 1 hour after.
- Water, black coffee, black tea, other herbal tea, unsweetened natural fruit and vegetable juice, stevia, supplements, and medications can all be taken during the “empty stomach” time. You may add extra water to your Essiac if you would like.
- Straining the herbs reduces the effectiveness quite a bit, but if you must strain them for some reason, taking just the liquid is better than nothing.

Are There Side Effects to Genuine Essiac?

The only reported side effect is an increased need to use the bathroom. This is generally mild and not bothersome. It's actually part of how the product works, so we like to say that it's not really a side effect, but rather a "desired effect." It's getting the bad stuff out of you! If you have trouble with this, feel free to lessen the amount you take per day and you can build up from there at your own pace. This "side effect" normally lasts a few days at the most.

How Can I Expect to Feel While Using Essiac?

Generally, most folks report:

- better energy
- less pain
- better sleep
- decreased symptoms of inflammation

This could happen right away, or it could take up to 6 months. That's why our Results Guarantee kicks in at the 6 month mark of use. [Read about Our Guarantee now.](#)

Will My Health Condition Change?

Some folks go back to the doctor and find that their test results have normalized. Others will find that they may still have their condition - but they no longer have symptoms. Many folks achieve complete remission. We can never say for sure which camp you will fall into, but we do [Guarantee](#) improvement of health. Conditions that respond best to Essiac include:

- Cancer
- Non-cancerous tumors
- Diabetes
- High Blood Pressure
- High Cholesterol

You can see a full list of conditions Essiac is used for here:

➡ [Benefits of Essiac](#)

Essiac tea is used for any health condition that would benefit from immune support and/or a full body detox.

You can read and watch tons of Essiac tea testimonials listed in alphabetical order from folks who have used this product here:

➡ [View the Genuine Essiac Testimonials Now](#)



How Do I Make Essiac Tea? Is it Hard to Do?

It's easy! To summarize, you simply boil water and add the amount of herbs you'll need depending on how much you have chosen make at once. The vast majority of folks make 1 gallon at a time because they are taking the Essiac at 3 oz. three times per day. A gallon is a perfect amount to make to save time and to make sure your batch is made accurately. The gallon will last 2-3 weeks in the fridge and you will be using up your Essiac by the two week mark at that usage rate for one person. If you plan to take Essiac only twice per day, you may prefer to make 1 or

2 quarts at a time instead. You can see full instructions including in video form for both brew sizes [by clicking here](#). Go [here to see Essiac being brewed](#) in under 60 seconds.

Here is a video all about how Genuine Essiac works and how to make and use it, from Dr. Powell, Naturopath: [Watch Now](#)

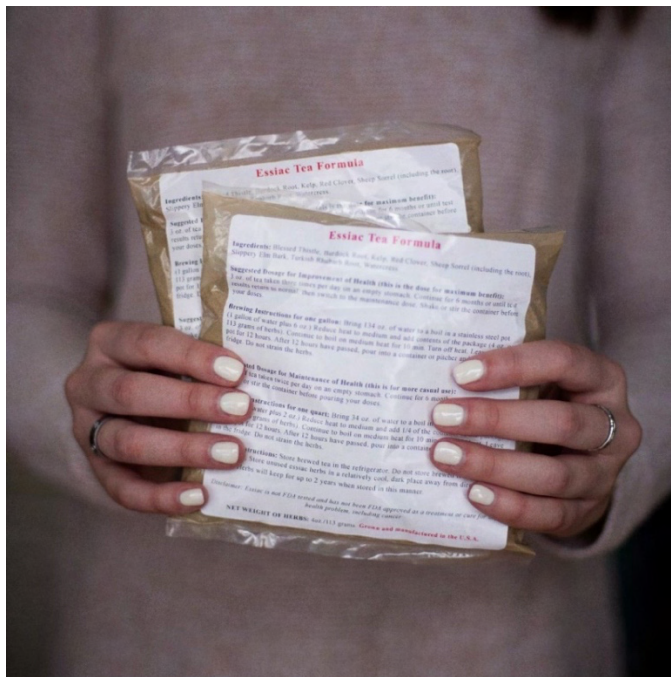


What Happens If Essiac Doesn't Work for me?

There are always a few cases for whom Essiac just doesn't work. While it's exceedingly rare, it does happen. To help make up for it if you are one of the unlucky few for whom it doesn't work, we offer the Money-Back Guarantee that your health will improve when you use our product for 6 months. All you need to do is take the Essiac as directed for the full 6 months. If your health doesn't improve, we refund your cost! [You can read the Guarantee here.](#)

How Does Genuine Essiac Taste?

Essiac can be described as having a bitter, grassy taste. It's not a tea designed to be sipped for pleasure. That said, many of our customers love the taste and grow to crave it! Keep in mind, you only need to drink 3 oz. at a time – it's not a big deal. You can add stevia or unsweetened fruit and/or vegetable juice to the tea if you like. Most folks find that they become accustomed to the taste after a few days. [Click here for more helpful hints on the taste of Essiac.](#)



How Do I Order Genuine Essiac?

Ordering is easy! You can order quickly and easily on our site. [Order Now](#)

Buy Now

You can also call in your order to: 1-978-504-9517. We answer from 9am through 9pm, 7 days per week. If you have any questions or concerns you can always email us as well: genuineessiac@gmail.com.

If you aren't sure what type of packaging you should order, we've got you!

You want to order the [4 oz. packets](#) from [Our Value Collection](#) if you will be making 1 gallon at a time and you want the [1 oz. packets](#) from the [Mini Packets Collection](#) if you will be making 1 quart or 2 quarts at a time. The 4 oz. packets are best for adult users who wish to improve their health. The 1 oz. packets are best for those using this product for maintenance or prevention, or for those providing Essiac tea to children or pets 85 lb. and under. 1 lb. bags can help both groups save money, but we suggest starting with 4 oz. or 1 oz. sizes to help you get used to making Essiac. [See Our Genuine Essiac Collections](#) here.



Can I Find It for a Lower Price Elsewhere?

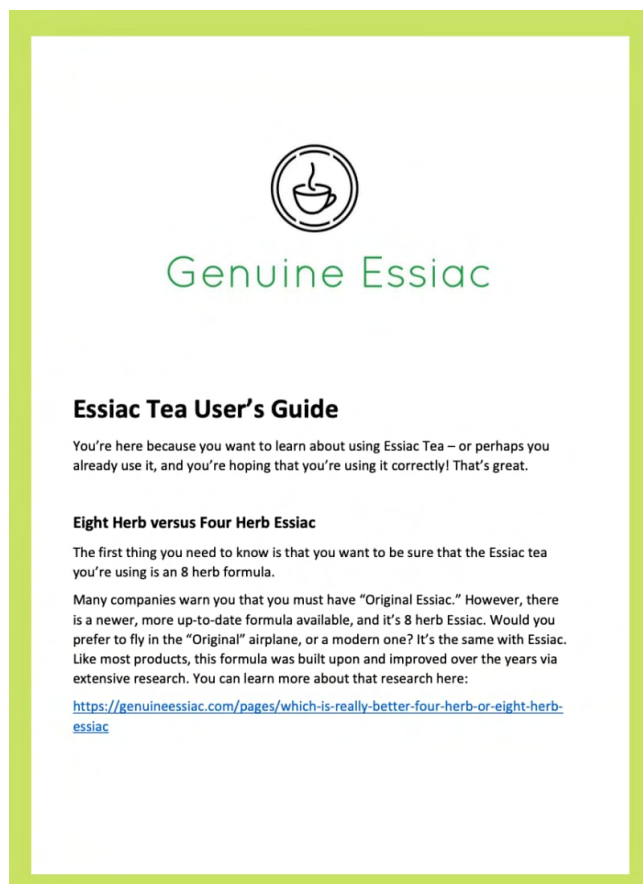
That's doubtful! As of the time this guide was written, we have the lowest prices of any Essiac company that has the authentic eight herb formula. We do Price Match Guarantee that we are a lower price than other authentic formulas, and we will even beat it by 10%! [Just contact us to let us know if you find authentic Essiac for less.](#)

We routinely see Essiac being sold for *eight times* as much on Amazon. And on top of that, many of the Essiac products there aren't legit. [You can read more about how much lower in cost our Genuine Essiac is to what you find on Amazon on this page.](#)

Click here for Info. on [Giving Essiac to Children](#)

Did you know you can give Essiac tea to pets? [Click here for more info](#)

Sign up for our Newsletter to Receive Essiac Tea Articles and Coupons (You'll get 4 issues per year). You'll also receive FREE Essiac Tea User's Guide. [Sign up now](#)



About Genuine Essiac



Gina and Bryan Paulhus have been selling Essiac tea together since 2005. Bryan has over 30 years of experience in the Essiac industry. [Meet them and meet their staff here.](#)

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