

10 Questions Every Leader Should Ask Themselves Each Quarter

A quarterly reflection guide to help you lead with intention and impact.

Clarity

- What did I say "yes" to that I should've said "no" to?
- What goals or priorities need to shift based on what I've learned this quarter?

Team

- What does my team need more or less of from me?
- Where is trust growing—or eroding—and why?

Presence

- What am I projecting—intentionally or not?
- How do I show up in high-stakes moments?

Communication

- Have I been clear, or just busy?
- What messages have I reinforced through my words and actions?

Growth

- Where am I playing small—or holding back?
- What support or resources would help me grow into my next level?

Tip: Revisit your answers each quarter to track your growth and keep your leadership aligned with your values and vision.