



Land & Sea
DINER • RESTAURANT

SPECIALTY DRINKS

PIÑA COLADA

A Blend of Rum, Pineapple and Coconut Creme.
For Variety, Try a Strawberry or Banana Colada
11.00

CHOCOLATE BANANA CREME

A Delicious Combination of Banana Liqueur, Creme de Cacao and Ice Cream
11.00

COCOA MOCHA CREME

Kahlua, Creme de Cacao and Ice Cream. Blended and Topped with Whipped Cream
11.00

AMARETTO ALEXANDER

Amaretto, Creme de Cacao and Vanilla Ice Cream
11.00

BRANDY ALEXANDER

Brandy, Creme de Cacao and Ice Cream
11.00

FROZEN DAIQUIRI

Strawberry or Banana Blended with Rum
11.00

MAI TAI

Rum and Amaretto with Fruit Juice
11.00

BEERS

BUDWEISER or BUD LIGHT	6.00	SAMUEL ADAMS	7.00
COORS LIGHT	6.00	HEINEKEN	7.00
CORONA	7.00	YUENGLING	7.00
STELLA ARTOIS	7.00	AMSTEL LIGHT	7.00

COCKTAILS

SOURS	11.00	MARTINI	11.00
TOM COLLINS	11.00	MANHATTAN	11.00
BLOODY MARY	11.00	LONG ISLAND ICED TEA	12.00
BLACK RUSSIAN	11.00	REMY MARTIN	14.00
SCREWDRIVER	11.00	MIMOSA	11.00

HOUSE WINES BY THE CARAFE

Full Carafe 21.95 • Half Carafe 17.95 • By the Glass 8.00

Merlot, Cabernet, White Zinfandel, Chardonnay or Pinot Noir

CHAMPAGNE

By the Glass 9.00

SANGRIA

Full Carafe 21.95 • By the Glass 9.00

~ A VARIETY OF BOTTLED WINES ARE AVAILABLE ~

Ask Your Server For Selections

STARTERS • APPETIZERS • SNACKS

FRESH JUMBO SHRIMP with Zesty Cocktail Sauce	14.95	CHICKEN FINGERS with Honey Mustard Sauce	11.95
CRAB CAKES (2) Lightly Fried	13.95	NACHOS with Cheddar Cheese	8.95
FRIED CALAMARI (Mild or Hot) Lightly Breaded with Marinara Sauce	14.95	NACHOS SUPREME Crispy Tortilla Chips topped with Nacho Cheese, Chili, Jalapeños, Lettuce, Tomato & Sour Cream	15.95
STUFFED GRAPE LEAVES	9.95	FRESH MOZZARELLA with Sliced Tomato	11.95
FRIED MOZZARELLA STICKS with Marinara Sauce	11.95	POTATO SKINS with Bacon and Cheddar	11.95
BUFFALO WINGS (Hot) Lightly Breaded with Bleu Cheese Dip	14.95	JALAPEÑO POPPERS served with Sour Cream	12.95
BONELESS BUFFALO CHICKEN STRIPS	12.95	SPINACH & ARTICHOKE DIP with Nacho Chips	11.95
EGGPLANT ROLLATINI Eggplant rolled with Ricotta Cheese, topped with Melted Mozzarella Cheese & Marinara Sauce	13.95	LOADED FRIES with Melted Cheddar Cheese & Bacon Bits	11.95
FRIED WHOLE MUSHROOMS Breaded & Cooked Golden Brown	11.95	PERSONAL CHEESE PIZZA (12") Hand-Stretched	13.95
STUFFED MUSHROOMS with Our Famous Stuffing	12.95	TEX-MEX ROLLS served with Sour Cream	11.95
MAC & CHEESE BITES served with Sour Cream	11.95	BUFFALO EGG ROLLS served with Sour Cream	11.95
FRIED ZUCCHINI STICKS Breaded, served with Marinara Sauce	11.95	EMPANADAS (Beef or Chicken) served with Sour Cream	12.95
		THE SAMPLER Buffalo Wings, French Fries, Mozzarella Sticks, Fried Mushrooms, Chicken Fingers & Zucchini Sticks	16.95

SIDE ORDERS & SNACKS

FRENCH FRIED POTATOES with Melted Cheese and Gravy	6.25	SIDE of PASTA Linguini or Penne	9.95	SEASONED FRENCH FRIES	7.95
BAKED POTATO	6.95	BACON, HAM, SAUSAGE or TAYLOR HAM	6.95	GREEK FRIES Piled High with Crumbled Feta Cheese, seasoned with Oregano & Lemon	8.95
VEGETABLE of the DAY	6.95	CANADIAN BACON	6.95	SWEET POTATO FRIES	7.95
SAUTÉED SPINACH with Garlic & Oil	8.95	TURKEY BACON	6.95	Side of HONEY MUSTARD or GRAVY	2.00
TOSSED SALAD	8.95	FRIED ONIONS	2.00	Side of COTTAGE CHEESE	5.95
POTATO SALAD or COLE SLAW	6.95	ONION RINGS	7.95		
FETA CHEESE	8.95				

PRIVATE PARTIES & CELEBRATIONS

Our Private Function Room is perfect for Breakfast Meetings, Graduations, Bridal Showers, Birthdays, Family & Corporate Gatherings

SPECIALTY SALADS

RITZ SALAD 17.95

Grilled Marinated Chicken, Avocado, Red Onion, Tomato & Bleu Cheese Crumbles over Mixed Greens

TUSCANY SALAD 15.95

Mixed Field Greens, Sliced Mushrooms, Roasted Peppers, Diced Tomatoes, Fresh Mozzarella & Red Wine Vinaigrette

CAJUN CHICKEN SALAD 17.95

Spicy Grilled Chicken over Field Greens with Tomatoes, Cucumbers, Fresh Mozzarella and Sundried Tomatoes

GREEK SALAD 13.95

Tossed Lettuce, Tomato, Onion, Feta Cheese, Black Olives & Grape Leaves

CHICKEN SANTA FE 17.95

Blackened Chicken Breast served with Mixed Greens, Tomato, Onion, Avocado & Shredded Cheddar Cheese

CHICKEN NEW ORLEANS 17.95

Blackened Chicken Breast on a Bed of Field Greens with Tomato, Onion, Mushrooms, Black Olives, Cheddar Cheese and Hard-Boiled Egg

COBB SALAD 17.95

Romaine Lettuce, Grilled Chicken, Avocado, Bacon, Red Onions, Peppers, Hard Boiled Egg & Crumbled Bleu Cheese, served with Bleu Cheese Dressing

CHICKEN AVOCADO SALAD 17.95

Grilled Chicken, Sliced Avocado, Bacon and Tomato over Romaine Lettuce

ITALIAN SALAD 15.95

Baby Organic Greens with Fresh Mozzarella, Roasted Red Peppers, Artichoke Hearts, Sundried Tomatoes, Pepperoncini and Sliced Mushrooms

STEAK SALAD 20.95

Sliced Marinated Steak atop Fresh Mixed Greens loaded with Diced Tomatoes, Red Onions and Crisp Bacon, served with Choice of Dressing

BUFFALO CHICKEN SALAD 17.95

Lightly Fried Chicken Tenders tossed in a Buffalo Sauce over Romaine & Iceberg Lettuce, topped with Diced Tomatoes & Crumbled Bleu Cheese

FRIED COUNTRY SALAD 17.95

Crisp Fried Chicken Tenders over Romaine Lettuce & loaded with Diced Egg, Tomato, Bacon & Shredded Cheese, served with Our Honey Mustard Dressing

B.L.T. SALAD 15.95

Crisp Lettuce covered with Diced Tomato & Bleu Cheese Crumbs, topped with Bacon, served with Ranch Dressing

CHICKEN MILANESE SALAD 17.95

Thinly Pounded Chicken Breast, Lightly Breaded & Sautéed, topped with Fresh Spinach & a Combination of Tomatoes and Basil, served with Balsamic Vinaigrette

FRESH MOZZARELLA SALAD 15.95

Mesclun Greens with Tomatoes & Fresh Mozzarella, served with Vinaigrette Dressing

SPINACH or CAESAR SALAD 12.95

Crisp Romaine Lettuce and Croutons with Creamy Caesar Dressing and Hard-Boiled Egg

HOLLYWOOD CHEF SALAD 16.95

Julienne of Turkey, Virginia Ham, Imported Cheese and Roast Beef with Mixed Greens and Hard-Boiled Egg

ORGANIC SALAD 23.95

Pan seared Salmon on a Bed of Mixed Field Greens, Capers & Mushrooms

CALAMARI SALAD 18.95

Fried Calamari served over Baby Organic Arugula & Fresh Mixed Greens with Fresh Tomatoes & House Vinaigrette Dressing on the Side

CALIFORNIA SALAD 17.95

Mixed Field Greens, Sliced Turkey, Avocado, Bacon, Diced Tomato & Red Onion with Choice of Dressing

STRAWBERRY & BLEU CHEESE SALAD 17.95

Fresh Mixed Greens tossed with Diced Fresh Strawberries, Walnuts, Red Onions & Crumbled Bleu Cheese with Balsamic Vinaigrette

TOP OFF ANY SALAD WITH:

Grilled Chicken 7.00 • Sliced Steak 11.00 • Grilled Shrimp 12.00

FROM THE SOUP KETTLE

CLAM CHOWDER • SOUP DU JOUR

Cup 5.00 • Bowl 6.00

CHILI with Onions and Cheese

CUP 7.95 • Bowl 9.95

LAND & SEA SALAD SELECTIONS

CHICKEN SALAD with Lettuce, Tomato, Hard Boiled Egg, Potato Salad and Cole Slaw	12.95
EGG SALAD on a Bed of Lettuce with Cole Slaw, Potato Salad, Tomato and Cucumbers	11.95
TUNAFISH SALAD with Potato Salad, Cole Slaw, Lettuce, Tomato and Hard Boiled Egg	12.95
SHRIMP SALAD with Potato Salad, Cole Slaw, Lettuce, Tomato, Black Olives and Hard Boiled Egg	18.95

WHOLE CAN SALMON with Potato Salad, Cole Slaw, Lettuce, Tomato and Hard Boiled Egg	12.95
IMPORTED BONELESS SARDINES with Potato Salad, Cole Slaw, Tomato, Black Olives and Cucumbers	12.95
WHOLE CAN TUNA with Potato Salad, Cole Slaw, Lettuce, Tomato, Cucumbers, Olives and Hard Boiled Egg	12.95
WHOLE JUMBO SHRIMP with Potato Salad, Cole Slaw, Lettuce, Tomato and Hard Boiled Egg	20.95

DIET DELIGHTS

1/2 lb. BURGER PATTY with Cottage Cheese	12.95
TROPICAL HEALTH PLATTER Jello, Cottage Cheese & Fresh Florida Fruit Salad on a Bed of Lettuce	11.95
DIET TUNA Scoop of Tuna Salad, Lettuce, Tomato & Cottage Cheese	11.95
CHICKEN SALAD Scoop of Chicken Salad with Three Strips of Bacon	11.95
DIET TURKEY with Lettuce & Cottage Cheese	14.95

IND. CAN of TUNA, SALMON or SARDINES with Cottage Cheese	12.95
GRILLED DIET CHICKEN on a Bed of Lettuce with Cottage Cheese	14.95
VEGGIE or TURKEY BURGER PATTY with Cottage Cheese & Tomatoes	13.95
STUFFED TOMATO with Tuna Salad or Chicken Salad & Sliced Boiled Egg	11.95

WRAPS YOUR CHOICE \$15.95

IN A WARM FLOUR TORTILLA AND SERVED WITH FRENCH FRIES

- CAJUN CHICKEN WRAP** Spicy Chicken with Lettuce
- CHICKEN BALSAMIC WRAP** with Tomato, Arugula, Roasted Peppers and Balsamic Vinegar
- COWBOY CHICKEN WRAP** Crispy Chicken, Bacon, Cheddar Cheese, Lettuce, Tomato & Mayo
- CHICKEN CAESAR WRAP** Sliced Chicken with Romaine & Our Traditional Caesar Dressing
- VEGETARIAN WRAP** Grilled Zucchini, Mushrooms, Tomatoes, Roasted Peppers with Melted Mozzarella Cheese
- PHILLY WRAP** Beef or Chicken with Sautéed Mushrooms, Onions, Peppers, Cheese, Lettuce and Tomato
- BLT WRAP** Chicken with Crisp Bacon, Lettuce, Tomato and Mayonnaise
- CHICKEN PARMIGIANA WRAP** Lightly Breaded Chicken with Mozzarella Cheese & Sauce

- REUBEN WRAP** Corned Beef, Sauerkraut with Melted Swiss
- BUFFALO CHICKEN WRAP** Chicken Breast with Tangy Wing Sauce, Lettuce & Tomato
- TURKEY or ROAST BEEF WRAP** with Lettuce, Tomato & Russian Dressing
- GREEK WRAP** Chicken, Feta Cheese, Lettuce, Tomato, Onion, Oil and Vinegar
- CALIFORNIA WRAP** Chicken, Lettuce, Tomato, Onion & Mayonnaise
- CORDON BLEU WRAP** Chicken, Ham, Melted Swiss, Lettuce and Tomato
- CHEDDAR MELT WRAP** Chicken, Cheddar, Grilled Onion, Lettuce and Tomato
- CHICKEN or TUNA SALAD WRAP** Chunky Chicken Salad with Lettuce and Tomato

THREE DECKER SANDWICHES

- SLICED BREAST of TURKEY** with Crisp Bacon, Lettuce, Tomato and Cole Slaw 12.95
- IMPORTED BOILED HAM & SWISS CHEESE** with Lettuce, Tomato and Creamy Cole Slaw 12.95
- CHICKEN SALAD** with Crisp Bacon, Lettuce, Tomato and Cole Slaw 12.95
- TUNAFISH SALAD & HARD BOILED EGG** with Lettuce, Tomato and Creamy Cole Slaw 12.95
- ROAST BEEF & SWISS CHEESE** with Lettuce, Tomato & Cole Slaw 13.95
- EGG SALAD** with Crisp Bacon, Lettuce, Tomato & Cole Slaw 12.95
- CORNED BEEF or BRISKET & SWISS CHEESE** with Lettuce, Tomato and Cole Slaw 15.95
- GRILLED CHICKEN CLUB** with Bacon, Lettuce & Tomato 15.95

LAND & SEA'S FAMOUS PITAS

- PLEASE ORDER BY NUMBER -

- PITA #1**
Chunks of Pork Souvlaki with Pita Bread and French Fries 14.95
- PITA #2**
Gyro (Beef or Chicken) with French Fries 15.95
- PITA MELT #3**
with Tuna Salad, Served with Zucchini Sticks 12.95
- PITA #4**
with Melted Cheddar Cheese and Fresh Broccoli, Served with Zucchini Sticks 12.95
- PITA #5**
with Eggplant, Mozzarella Cheese & Marinara Sauce, with Zucchini Sticks 12.95

CHICKEN SANDWICHES

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| <ul style="list-style-type: none"> GRILLED CHICKEN with Lettuce and Tomato 15.95 GRILLED CHICKEN, EGGPLANT & MELTED SWISS CHEESE 15.95 CHICKEN ORIENTAL with Onions and Green Peppers 15.95 GRILLED CHICKEN, BACON & CHEDDAR CHEESE 15.95 GRILLED CHICKEN, PEPPERONI & MOZZARELLA CHEESE 15.95 GRILLED CHICKEN, MOZZARELLA CHEESE & GRILLED TOMATO 15.95 CHICKEN CAJUN with Fried Onions and Melted Mozzarella Cheese 15.95 | <ul style="list-style-type: none"> GRILLED BBQ CHICKEN 15.95 GRILLED CHICKEN AVOCADO & BACON 15.95 SOUTHWESTERN Grilled Chicken, Cheddar, Sautéed Onions and Jalapeños 15.95 BACKYARD BBQ CHICKEN Grilled Chicken, Bacon & Cheddar 15.95 BUFFALO CHICKEN HERO Chicken Tenders tossed in Buffalo Sauce on a Long Roll with Bacon & Cheddar 15.95 |
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ABOVE SERVED WITH FRENCH FRIES & ONION RINGS (COLE SLAW & PICKLE UPON REQUEST)

FEATURING OUR NY DELI SHOP

SERVED WITH COLE SLAW & PICKLE UPON REQUEST

MEAT SANDWICHES

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| <ul style="list-style-type: none"> ROAST VERMONT TURKEY 11.95 ROAST SIRLOIN of BEEF 11.95 CORNED BEEF 11.95 ROUMANIAN PASTRAMI 11.95 BRISKET of BEEF 11.95 | <ul style="list-style-type: none"> BAKED VIRGINIA HAM 9.95 BAKED MEATLOAF 9.95 TAYLOR HAM 7.95 BOILED HAM & LETTUCE 7.95 BOILED HAM and CHEESE 8.95 | <ul style="list-style-type: none"> BACON, LETTUCE & TOMATO 8.25 KOSHER-STYLE SALAMI & LETTUCE 7.95 MEATBALLS with Tomato Sauce 7.95 CHICKEN SALAD 7.95 CHICKEN BREAST PARMIGIANA with French Fries 14.95 |
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SEAFARE

- TUNA SALAD** with Lettuce 8.95
- SHRIMP SALAD** with Lettuce 13.95
- SALMON (Ind.)** with Lettuce, Tomato & Sliced Onion 9.95
- TUNA (Ind.)** with Lettuce, Tomato & Sliced Onion 9.95
- IMPORTED SARDINES** with Lettuce & Sliced Onion 9.95
- FRIED FILET of SOLE** with French Fries 14.95

CHEESE SANDWICHES

- AMERICAN CHEESE & LETTUCE** 6.95
- SWISS CHEESE & LETTUCE** 6.95
- GRILLED MOZZARELLA CHEESE** 6.95
- GRILLED AMERICAN CHEESE** 6.95
 - with Tomato 7.50
 - with Bacon, Ham or Taylor Ham 8.95
 - with Tuna and Tomato 9.95
 - with Chicken Salad 9.95
- GRILLED SWISS or CHEDDAR CHEESE** 6.95
 - with Tomato 7.50
 - with Bacon, Ham or Taylor Ham 8.95

EGG SANDWICHES

MADE WITH TWO EGGS

- HAM or BACON & EGG** 6.95
- SAUSAGE or TAYLOR HAM & EGG** 6.95
- WESTERN SANDWICH** 6.95
- FRIED EGG or SLICED EGG** 5.95
- EGG SALAD** with Lettuce 6.95
- CANADIAN BACON & EGG** 7.95
- TAYLOR HAM, EGG & CHEESE** 7.95

HOMEMADE 1/2 LB. BURGERS

8 OZ. OF BEEF SERVED ON A TOASTED BUN (COLE SLAW & PICKLE UPON REQUEST)

Deluxe Includes: Lettuce, Tomato, French Fries & Onion Rings

	REG	DLX
PURE BEEFBURGER	8.95	11.95
CHEESEBURGER	9.95	12.95
CHILI BURGER	9.95	12.95
PIZZA BURGER on an English Muffin	9.95	12.95
PATTY MELT with Melted Swiss & Fried Onions	9.95	12.95
TURKEY BURGER	8.95	11.95
VEGGIE BURGER	9.95	12.95
TWIN BURGER DELUXE		17.95
TWIN CHEESEBURGER DELUXE		18.95

BURGER EXTRAS: BACON 3.00 • MUSHROOMS 1.00 • AVOCADO 2.00

SEASONED FRENCH FRIES, ONION RINGS, SWEET POTATO FRIES OR SALAD INSTEAD OF FRENCH FRIES ON DELUXE 2.00

SUPER SLIDERS

These May Be Mini-Sized but they're Big on Flavor!

Three Pure Beef Sliders, served with French Fries,
(Cole Slaw & Pickle Upon Request)

ORIGINAL	15.95
Pure Beef Slider with Lettuce & Tomato	
PIZZAZZ	15.95
Topped with Marinara Sauce & Mozzarella Cheese	
ALL AMERICAN	15.95
Topped with American Cheese, Bacon, Lettuce & Tomato	
CALIFORNIAN	15.95
Served with Raw Onion, Lettuce, Tomato & Mayonnaise	
PHILLY	15.95
Caramelized Onions & Peppers with American Cheese	

SUPER BURGERS YOUR CHOICE \$15.95

OUR HOMEMADE 1/2 LB. BURGER WITH LETTUCE, TOMATO, FRENCH FRIES & ONION RINGS (COLE SLAW & PICKLE UPON REQUEST)

CANADIAN BURGER
with Canadian Bacon & Melted Swiss Cheese

PHILLY BURGER
with American Cheese, Grilled Mushrooms and Onions

TERIYAKI BURGER
with Mushrooms, Onions & Green Peppers
sautéed in Teriyaki Sauce

CAJUN BURGER
with Cajun Spices & Melted Cheddar

CORDON BLEU BURGER
with Virginia Ham and Melted Swiss

SUPER CHEESEBURGER
with Melted Cheddar, American & Swiss

POPEYE BURGER
with Sautéed Spinach, Onions, Mushrooms & Swiss

BACON DIJON BURGER
with Canadian Bacon, Swiss & Honey Mustard

ITALIAN BURGER
with Melted Mozzarella topped with Grilled Onions,
Mushrooms and Peppers

MEXICAN BURGER
with Lettuce, Tomato, Jalapeños, Cheddar Cheese, Tortilla Chips
and Chipotle Mayo

BACON & BLEU BURGER
with Crumbled Bleu Cheese & Crisp Bacon

BREAKFAST BURGER
with Fried Egg, Bacon, American Cheese & Home Fries

JERSEY BURGER
with Taylor Ham, Fried Egg & American Cheese on a Hard Roll

FRENCH DIP BURGER
with Sautéed Onions & Melted Mozzarella Cheese on a Kaiser Roll
with Au Jus for Dipping

BBQ BURGER
with Bacon, Cheddar Cheese & BBQ Sauce

For a Lighter Choice, the Super Burgers Below are served with Salad instead of French Fries

CAESAR BURGER
Hamburger served with Small Caesar Salad & Classic Caesar Dressing

ATHENIAN BURGER
Hamburger served with Small Greek Salad & House Dressing

ZESTO SANDWICHES YOUR CHOICE \$15.95

SERVED WITH A CAESAR SALAD

PROTO ZESTO
Pressed Ciabatta Square stuffed with Mozzarella Cheese,
Virginia Ham & Spinach

DAGWOOD CLUB ZESTO
Roast Turkey, Virginia Ham, Mozzarella Cheese, Lettuce, Tomato, Bacon
& Honey Mustard on a Ciabatta Square served Triple Decker Style

RITZ ZESTO
Sautéed Spinach, Red Onions & Roasted Red Peppers in Olive Oil
on a Pressed Ciabatta Square with Melted Mozzarella Cheese

COPENHAGEN ZESTO
Fresh Turkey, Swiss Cheese, Cole Slaw & Homemade
Thousand Island Dressing on a Pressed Ciabatta Square

BERGEN STYLE ZESTO
Grilled Chicken, Fresh Sautéed Spinach, Grilled Tomatoes
& Fresh Mozzarella on a Pressed Ciabatta Square

CAPRI ZESTO
Grilled Chicken, Roasted Peppers & Sautéed Mushrooms
on a Pressed Ciabatta Square with Melted Mozzarella Cheese,
drizzled with Balsamic Vinaigrette

PETER'S FAVORITE CRISPY CHICKEN CLUB
Crispy Fried Chicken Breast layered with Mozzarella Cheese,
Ripe Tomato & finished with an Herb Mayonnaise,
served on a Pressed Ciabatta Square

PASTRAMI ZESTO
Thin Sliced Pastrami, Swiss Cheese, Mustard
& Sauerkraut on Pressed Ciabatta Square

BALSAMIC ZESTO
Tangy, Zesty, Sweet & Robust Balsamic Chicken
layered with Grilled Mushrooms, Grilled Tomatoes
& Fresh Mozzarella on a Pressed Ciabatta Square

PANINI SANDWICHES YOUR CHOICE \$15.95

SERVED WITH FRENCH FRIES (COLE SLAW & PICKLE UPON REQUEST)

- PLEASE ORDER BY NUMBER -

- ITALIAN SANDWICH** Grilled Chicken with Mozzarella Cheese, Onions & Roasted Peppers
- YOZI** Grilled Chicken with Mozzarella, Bacon and Sundried Tomato
- WESTERN** Roasted Turkey, Onions & Peppers with Mozzarella Cheese
- LAND & SEA REUBEN** Corned Beef or Pastrami with Swiss Cheese and Sauerkraut
- MANHATTAN CHICKEN CORDON BLEU** Grilled Chicken Breast with Ham and Swiss Cheese
- OLD FASHIONED** Tuna with Roasted Peppers, Lettuce and Tomato
- SICILIANO** Ham, Mozzarella, Sundried Tomato, Arugula & Garlic
- TUSCAN** Roast Beef, Fresh Mozzarella, Sundried Tomato, Arugula and Garlic
- BEBAKO** Roast Beef, Fresh Spinach, Swiss Cheese and Sauteed Onions
- GREEK** Beef Sliced Gyro, Onions, Tomato and Yogurt Sauce
- ITALIANO** Chicken or Eggplant Parmigiana
- MONTE CRISTO** Ham, Turkey, Swiss Cheese, Cheddar, Lettuce and Tomato
- CAJUN PANINI** Chicken Breast with Cajun Spice, Peppers, Fried Onions & Mozzarella Cheese

SPECIALTY SANDWICHES

SLICED LONDON BROIL SANDWICH served with French Fries	18.95	HAPPY WAITRESS Open Faced Grilled Cheese with Bacon & Tomato, served with French Fries	12.95
HOT TWIN SANDWICH Corned Beef, Roast Beef, Pastrami, Turkey or Virginia Ham – Mix Them or Match Them, served with French Fries, Cole Slaw and Pickle	15.95	FRENCH DIP Thinly Sliced Roast Beef served with French Fries & Au Jus for Dipping	16.95
OPEN SLICED STEAK SANDWICH on Garlic Roll with French Fries, Lettuce, Tomato and Onion Rings	19.95	CHEESE QUESADILLA Cheddar Cheese in a Warm Tortilla, served with Lettuce, Tomato, Sour Cream & Salsa	11.95
PHILLY CHEESE STEAK DELUXE with Mushrooms, Peppers, Onions & French Fries	15.95	BREAKFAST QUESADILLA Scrambled Eggs, Spinach, Diced Tomatoes, Onions & Cheddar Cheese	14.95
CALIFORNIA BLT Bacon, Lettuce, Tomato, Avocado & Fresh Mozzarella on Ciabatta Roll, served with Sweet Potato Fries	16.95	CHICKEN QUESADILLA Grilled Chicken Strips with Cheddar Cheese in a Warm Tortilla, served with Lettuce, Tomato, Sour Cream & Salsa	15.95
TUNA MELT with Tomato & Melted American Cheese, served with French Fries, Cole Slaw and Pickle	15.95	STEAK QUESADILLA Sautéed Onions, Mushrooms, Lettuce & Tomato	18.95
CLASSIC REUBEN Corned Beef or Pastrami and Sauerkraut on Grilled Rye Bread, topped with Melted Swiss Cheese, served with Cole Slaw and Pickle	15.95	EGGPLANT PARMIGIANA on a Hard Roll, served with French Fries	12.95

HOT OPEN SANDWICHES

HOT TURKEY (All White Meat) with Potato and Vegetable	19.95	HOT VIRGINIA HAM with Brown Gravy, Potato & Vegetable	19.95	HOT ROAST SIRLOIN of BEEF with Potato and Vegetable	19.95
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ABOVE SERVED WITH CHOICE OF SOUP OR SALAD

CHICKEN FINGERS DINNER
Served with Soup or Salad, Potato and Vegetable
19.95

SPINACH PIE
Served with Greek Salad
19.95

BARBECUE CHICKEN & RIBS
Served with Soup or Salad, Potato and Vegetable
25.95

CHICKEN in the BASKET
Fried to a Golden Brown with French Fries and Soup or Salad
22.95

BABY BACK BARBECUE RIBS
Tender and Juicy – Seasoned just right! Served with Soup or Salad, Potato and Vegetable
28.95

ITALIAN SPECIALTIES

CHICKEN & EGGPLANT PARMIGIANA	19.95	LINGUINI with Meat Balls and Marinara Sauce	18.95
BAKED HOMEMADE ITALIAN LASAGNA	18.95	CHEESE RAVIOLI PARMIGIANA	18.95
BREADED VEAL CUTLET with Tomato Sauce	20.95	CHICKEN BREAST PARMIGIANA with Linguini	21.95
BREADED VEAL CUTLET PARMIGIANA with Linguini	23.95	LINGUINI with White or Red Clam Sauce	21.95
EGGPLANT PARMIGIANA with Linguini	18.95	CHEESE TORTELLINI	17.95
SHRIMP & EGGPLANT PARMIGIANA with Linguini	24.95	FETTUCCHINI ALFREDO	17.95
LINGUINI with Marinara Sauce	17.95	LOBSTER RAVIOLI with Vodka Sauce	19.95

ABOVE ORDERS SERVED WITH CHOICE OF SOUP OR SALAD WITH CHOICE OF DRESSING

PASTAS YOUR CHOICE \$17.95

CHOICE OF PENNE, RIGATONI, FETTUCCHINI, LINGUINI, CAPELLINI OR FARFALLE

Includes Cup of Soup or Salad

WITH CHICKEN \$5.00 EXTRA

SICILIANO Diced Eggplant, Onions, Fresh Tomatoes & Mozzarella Cheese

ALA VODKA Cream Sauce with a Touch of Tomato & Vodka

ARRABBIATA Tomato sautéed with Hot Pepper, Mushroom & Fresh Basil

GARLIC & OIL Tuscan Olive Oil & Fresh Garlic

ALA BROCCOLI RABE Sautéed in Garlic & Oil

BOLOGNESE Homemade Savory Meat Sauce

PUTTANESCA Black Olives, Capers & Anchovies sautéed in Tomato Sauce

CHICKEN • RIBS • ROASTS

SERVED WITH CHOICE OF POTATO, VEGETABLE AND SOUP OR SALAD WITH CHOICE OF DRESSING

ROAST TURKEY (White Meat) with Dressing & Cranberry Sauce	20.95	BAKED VIRGINIA HAM with Fruit Sauce	18.95
ROAST CHICKEN with Fruit Stuffing	19.95	BAKED MEATLOAF with Mushroom Gravy	18.95
ROAST TOP SIRLOIN of BEEF , Au Jus	20.95	BRISKET of BEEF	19.95

STEAKS, CHOPS & DELICACIES

NEW YORK SIRLOIN STEAK	32.95	BROILED LONDON BROIL with Mushroom Sauce	27.95
CHAR-BROILED CHOPPED STEAK (16 oz.) with Fried Onions	19.95	BROILED BEEF LIVER with Fried Onions or Slices of Bacon	18.95
TWO BROILED JERSEY PORK CHOPS with Applesauce	21.95	RACK of LAMB	35.95
BROILED VIRGINIA HAM STEAK , (Hawaiian)	18.95	PORK CHOP (1) with Three Crabmeat Stuffed Mushrooms	21.95

ABOVE ORDERS SERVED WITH CHOICE OF POTATO, VEGETABLE AND SOUP OR SALAD WITH CHOICE OF DRESSING

LAND & SEA SAUTÉ SPECIALTIES

THE FOLLOWING DINNER SPECIALS INCLUDE: Cup of Soup or Salad with Choice of Dressing & Choice of Linguini, Rice or Potato & Vegetable

PORK

ITALIAN STYLE PORK CHOPS sautéed with Fresh Tomatoes, Peppers, Onions & Mushrooms 21.95

CHICKEN

CHICKEN SCAMPI Classic Sauté with Garlic, Olive Oil & White Wine	21.95
CHICKEN PICCATA Chicken Breast sautéed with Capers in a White Wine Sauce	21.95
CHICKEN MURPHY Chicken Breast sautéed with Peppers & Onions in a Light Red Sauce, Hot or Sweet	21.95
CHICKEN CORDON BLEU Chicken Cutlet stuffed with Ham & Swiss Cheese in a White Wine Sauce	21.95
CHICKEN ALA LAND & SEA Chicken Breast "Stir-Fried" with Peppers, Onions, Mushrooms & Other Fresh Vegetables in a Chinese Style Brown Sauce	21.95
CHICKEN FRANCAISE Boneless Breast of Chicken dipped in Egg Batter & sautéed with White Wine, Lemon & Butter	21.95
CHICKEN VENETIAN Chicken Breast topped with Spinach & Mushrooms in a Brown Marsala Wine Sauce	21.95
CHICKEN MARSALA with Mushrooms in a Brown Marsala Wine Sauce	21.95
TUSCANY LEMON CHICKEN Sautéed Chicken Breast with Mushrooms, Diced Tomatoes & Fresh Basil over Linguini with Lemon Cream Sauce	21.95
PENNE ALA LAND & SEA Penne Pasta with Sautéed Chicken Breast, Fresh Tomatoes, Peppers, Onions & Mushrooms	21.95

COMBINATION DINNERS

CHICKEN & SHRIMP VINO BIANCO with Artichokes & Mushrooms in a White Wine Sauce	25.95
CHICKEN & SHRIMP SCAMPI with Garlic, Olive Oil & White Wine	25.95
SHRIMP & SCALLOPS PALERMO Shrimp & Scallops sautéed in Olive Oil, Fresh Spinach, Roasted Garlic, Fresh Basil & White Wine Sauce over Linguini	28.95
SLICED STEAK & SHRIMP SCAMPI with Garlic, Olive Oil & White Wine	26.95

FROM THE FISHERMAN'S NET

BROILED SEAFOOD

FILET OF SOLE with Lemon Butter Sauce	21.95
DEEP SEA SCALLOPS with Lemon Butter Sauce	25.95
NORWEGIAN SALMON with Lemon Butter Sauce	25.95
BROILED BOSTON SCROD with Lemon Butter Sauce	24.95
WHOLE BROOK TROUT with Lemon Butter Sauce	20.95
WHOLE BABY FLOUNDER with Lemon Butter Sauce	20.95
BROILED SEAFOOD COMBINATION Shrimp, Scallops, Filet and Calamari	29.95
BROILED STUFFED FILET OF SOLE with Crabmeat Stuffing	25.95
BABY BLUEFISH with Lemon Butter Sauce	19.95
BROILED STUFFED MUSHROOMS with Crabmeat Stuffing	19.95
BROILED TILAPIA with Lemon Butter Sauce	19.95
FILET OF SOLE FRANCAISE with Lemon Butter Sauce	21.95

FRIED SEAFOOD

FILET of SOLE with Tartar Sauce	21.95
SHRIMP with Tartar Sauce	24.95
DEEP SEA SCALLOPS with Tartar Sauce	25.95
FISHERMAN'S PLATTER Native Sole, Scallops, Shrimp & Calamari	29.95
FRIED CALAMARI	19.95
CRAB CAKES over Linguini	19.95

SHRIMP SUGGESTIONS

SAUTEED SHRIMP SCAMPI with Garlic Butter Sauce	24.95
CHICKEN & SHRIMP SCAMPI COMBO	24.95
BROILED SHRIMP with Lemon Butter Sauce	24.95
BROILED STUFFED SHRIMP filled with Crabmeat Stuffing	27.95
SHRIMP PARMIGIANA	26.95

ABOVE ORDERS SERVED WITH CHOICE OF POTATO, VEGETABLE AND SOUP OR SALAD WITH CHOICE OF DRESSING

MIXED SEAFOOD GRILL 29.95

Grilled Scallops, Shrimp & Fresh Tilapia with Garlic Scampi Sauce over Rice, served with Soup or Salad

BREAKFAST ANYTIME

SERVED ALL DAY EVERYDAY

FRUITS & JUICES

	LG. (12 oz.)	EX LG. (16 oz.)
ORANGE, GRAPEFRUIT, TOMATO, PINEAPPLE, APPLE or CRANBERRY JUICE	3.95	4.95
FRESH FRUIT SALAD		5.95
FRESH MELON (In Season)		4.95
FRESH STRAWBERRIES with Whipped Cream		8.95

COLD CEREAL
with Milk 4.25 • with Bananas and Strawberries 6.25
HOT OATMEAL or FARINA Cup 5.00 • Bowl 5.95
with Bananas or Strawberries 6.95

FARM FRESH EGGS

SERVED WITH HOME FRIES AND BUTTERED TOAST

TWO FRESH EGGS (Any Style)	6.95
with Ham, Bacon, Sausage or Taylor Ham	9.95
with Turkey Bacon	9.95
with Canadian Bacon	9.95
SALAMI and EGGS	9.95
CORNED BEEF or PASTRAMI and EGGS	12.95
HICKORY HAM STEAK and EGGS	13.95
CORNED BEEF HASH and EGGS	12.95
ONE EGG (Any Style)	5.95
with Ham, Bacon, Sausage or Taylor Ham	8.95

SLICED STEAK & EGGS 20.95

served with Lettuce, Tomato, Home Fries and Buttered Toast

SIDE ORDER OF HAM, BACON, SAUSAGE OR TAYLOR HAM 6.95 EXTRA
SIDE ORDER OF TURKEY BACON 6.95 EXTRA • EGG WHITE 2.00 EXTRA

MEET THE BENEDICTS

TWO POACHED EGGS ON TOP OF A TOASTED ENGLISH MUFFIN
WITH HOLLANDAISE SAUCE, SERVED WITH HOME FRIES

EGGS BENEDICT with Canadian Bacon	13.95
AVOCADO BENEDICT with Avocado, Spinach & Canadian Bacon	15.95
NOVA BENEDICT with Nova Lox & Spinach	18.95
CAJUN BENEDICT with Canadian Bacon & Cajun Spices	13.95
CRAB CAKE BENEDICT	16.95
STEAK BENEDICT with London Broil	17.95
MEAT LOVERS BENEDICT Bacon, Sausage & Ham	15.95

THICK FRENCH TOAST

TWO SLICES OF OUR THICK EGG BREAD DIPPED IN FRESH EGGS, CREAM & CINNAMON

FRENCH TOAST	9.95
with Ham, Bacon, Sausage or Taylor Ham	12.95
with Canadian Bacon	12.95
with Two Eggs	12.95

SERVED WITH BUTTER & SYRUP

FRENCH TOAST SANDWICH 14.95

Taylor Ham, Egg & Cheese between Grilled French Toast

MONTE CRISTO 14.95

Turkey, Ham and Melted Swiss Cheese over French Toast

BAGEL BIN

- PLEASE ORDER BY NUMBER -

1. TOASTED BAGEL with Butter and Jelly	2.95
with Cream Cheese	3.95
2. NOVA SCOTIA LOX on Toasted Bagel with Cream Cheese, Lettuce, Tomato and Bermuda Onion	17.95

TOAST & MUFFINS

TWO SLICES of TOAST with Butter	2.50
CINNAMON TOAST with Butter	2.50
HARD ROLL	2.50
TOASTED ENGLISH MUFFIN with Butter & Jelly or Marmalade	2.50
ASSORTED MUFFINS	3.50

3 EGG FLUFFY OMELETTES

SERVED WITH HOME FRIES AND BUTTERED TOAST

PLAIN OMELETTE	8.50
CHEESE OMELETTE Choice of American, Mozzarella, Swiss or Cheddar	11.95
HAM & CHEESE OMELETTE	12.95
WESTERN or SPANISH OMELETTE	12.95
GARDEN OMELETTE Mushrooms, Tomatoes, Scallions & Broccoli	12.95
ONION & GREEN PEPPER OMELETTE	12.95
MUSHROOM OMELETTE	12.95
ONION or BROCCOLI OMELETTE	11.95
HAM or BACON or SAUSAGE or TAYLOR HAM OMELETTE	12.95
ITALIAN OMELETTE with Sausage, Mushrooms, Peppers & Mozzarella	13.95
LAND & SEA SPECIAL OMELETTE Broccoli, Mushrooms, Bacon, Sausage and Tomato	13.95

SPECIALTY 3 EGG OMELETTES

SERVED WITH HOME FRIES AND BUTTERED TOAST

LOX & ONION OMELETTE	15.95
BROCCOLI & CHEDDAR CHEESE OMELETTE	11.95
GREEK OMELETTE	12.95
Spinach, Feta Cheese & Tomatoes	
CALIFORNIA OMELETTE	15.95
Avocado, Mushrooms, Onions, Tomato, Cheddar & Swiss Cheeses	
B.T.O. OMELETTE	11.95
Basil, Tomato & Onion	
MEXICAN OMELETTE	12.95
Onions, Jalapeños, Tomatoes & Cheddar Cheese	
FLORENTINE OMELETTE	12.95
Spinach & Feta Cheese	

EGG WHITE OMELETTES

WITH HOME FRIES & BUTTERED TOAST

PROTEIN OMELETTE	14.95
Grilled Chicken & Egg Whites	
BODY BUILDER OMELETTE	15.95
Grilled Chicken, Egg Whites, Spinach, Broccoli & Mushrooms	

FLUFFY PANCAKES

SERVED WITH BUTTER & SYRUP

THREE GOLDEN BROWN PANCAKES	9.95
with Ham, Bacon, Sausage or Taylor Ham	12.95
PANCAKES topped with Choice of Strawberry, Blueberry or Apple Topping	12.95
PANCAKES DELUXE with Choice of Ham or Bacon and Two Eggs	14.95
PANCAKES & TWO EGGS	11.95
SILVER DOLLARS	8.95
SHORT STACK of PANCAKES	8.50
WHOLE WHEAT PANCAKES	10.95
PANCAKES with Fresh Strawberries or Fresh Bananas	12.95
CHOCOLATE CHIP PANCAKES or BANANA PANCAKES	12.95
CINNAMON RAISIN PANCAKES 3 Buttermilk Pancakes filled with California Raisins & Dusted with Cinnamon Powder	12.95

GRIDDLE STACKS

Pancakes, French Toast or Waffle 11.95

Stacked with Nutella and Whipped Cream

STACK IT HIGHER WITH TOPPINGS BELOW

Ice Cream or Cream Cheese or Strawberries or Walnuts or Bacon 3.00 Extra

GIANT BELGIAN WAFFLES

SERVED WITH BUTTER & SYRUP

GOLDEN BROWN WAFFLES	9.95
with Ham, Bacon, Sausage, Taylor Ham or Canadian Bacon	12.95
with Two Eggs	12.95
WAFFLE with Two Scoops of Ice Cream	13.95
WAFFLE with Fresh Berries	13.95
WAFFLE with Strawberry, Blueberry or Apple Topping	13.95
CHICKEN & WAFFLE Crispy Chicken over Belgian Waffle	20.95

DESSERTS

CAKES

CREAM CHEESECAKE	7.00
BLUEBERRY, STRAWBERRY or CHERRY CHEESECAKE	8.00
STRAWBERRY SHORTCAKE	7.00
LAYER CAKE	7.00
LEMON COCONUT CAKE	7.00
CARROT CAKE	7.00
CHOCOLATE MOUSSE CAKE	7.00
CHECKERBOARD CAKE	7.00
CHOCOLATE LAVA CAKE with Ice Cream	9.00

PUDDINGS

CREAMY RICE PUDDING	5.25
CHOCOLATE PUDDING	5.25
FRUIT JELLO	5.25

PIES

ASSORTED FRUIT PIES	6.00
FRUIT PIE – Ála Mode	7.95
LEMON MERINGUE PIE	6.00

PASTRIES

DANISH PASTRY	4.00
APPLE TURNOVER	4.00
CHOCOLATE CHIP COOKIE	3.00
LINZER TART	4.00
CHOCOLATE BROWNIE	5.00

FOUNTAIN DESSERTS

ICE CREAM (Two Scoops) All Flavors	7.25
SUNDAE	7.95

WHIPPED CREAM .25¢ EXTRA

THE LAND & SEA BANANA ROYALE 10.95

Ripe Banana with Three Scoops of Ice Cream between layers of Fruits and Nuts, topped with Whipped Cream and a Cherry

MILE HIGH 7.95

A Gracious Ice Cream Soda with any Two Flavors of Ice Cream Topped with Whipped Cream

SMOOTHIES 6.50

Strawberry • Mango • Strawberry Banana • Strawberry Mango

CANTALOUPE SUNDAE 9.95

(In Season Only) Fresh Cantaloupe with Scoop of Ice Cream topped with Syrup and Whipped Cream

ESPRESSO, CAPPUCINO & SPECIALTY COFFEES

ESPRESSO	4.00
CAPPUCINO	6.00
CAPPUCINO LAND & SEA with any Liqueur	11.00
CAFE KAHLUA – To warm the heart of any Coffee Lover, Kahlua and Coffee. Mmmm!	11.00
KIOKI COFFEE – A delicious taste from the Islands. Kahlua and Brandy in Coffee	11.00
CAFE PARISIAN – A continental classic. Grand Marnier and Cognac in Coffee. Oooh la la!	11.00
CAFE ROMANO – An eternal classic. Sambuca and Coffee. Ciao!	11.00

IRISH CREAM COFFEE – The smooth taste of Fresh Cream with a hint of the Irish. Baileys Irish Cream and Coffee. Aye!	11.00
CAFE ITALIANO – Enjoy the romance of Italy. Amaretto Disaronno and Coffee. Salute	11.00
MEXICAN COFFEE – A south-of-the-border specialty. Kahlua and Tequila in Coffee. Ole!	11.00
DUBLIN COFFEE – A magical potion from the Emerald Isle Irish Mist and Coffee	11.00
CARIBBEAN COFFEE – Coffee made special with the exotic flavor of Bacardi Rum and Kahlua	11.00

BEVERAGES

COFFEE or TEA	3.00
DECAF COFFEE	3.00
LARGE COFFEE TO GO	3.75
HERBAL TEA	3.50
HOT CHOCOLATE	3.25
ICED CAPPUCINO	5.95
ICED TEA or ICED COFFEE (Free Refill)	3.75
MILK	3.50
CHOCOLATE MILK	3.75

SODAS (Free Refill) Pepsi, Diet Pepsi, Sierra Mist, Root Beer or Mountain Dew	3.25
SHIRLEY TEMPLE	3.25
MILK SHAKE	6.50
ICE CREAM SODA (All Flavors)	6.50
EGG CREAM	3.50
PERRIER Sparkling Mineral Water	3.50
BOTTLED WATER	2.50

CHILDREN'S SPECIAL

Served with Milk or Soda and Ice Cream, Jello or Pudding For Dessert

CHILDREN UNDER 10 YEARS OLD • NO SUBSTITUTIONS

– PLEASE ORDER BY NAME –

TIGER

SLICED TURKEY or ROAST BEEF
with Gravy, Potato & Vegetable

ELEPHANT

SPAGHETTI
with One Meat Ball

GIRAFFE

CHICKEN NUGGETS
with French Fries

MONKEY HAMBURGER

with French Fries & Cole Slaw

LION

SILVER DOLLAR PANCAKES
with Bacon

BEAR GRILLED CHEESE

with French Fries

Your Choice
\$10.95

LAND & SEA SPECIALIZING IN PRIVATE PARTIES • GIFT CERTIFICATES AVAILABLE FROM CASHIER

MINIMUM AT TABLES - \$3.50 PER PERSON • SHARING OF PLATE \$3.50 PER PERSON

DINERS, DISCOVER, AMERICAN EXPRESS, MASTERCARD, VISA - MINIMUM CREDIT CHARGES \$10.00 • NOT RESPONSIBLE FOR ANY ARTICLES LOST
NOT RESPONSIBLE FOR PERSONAL PROPERTY OR FOR DAMAGE TO CARS IN PARKING SPACES OR PERSONAL ARTICLES LEFT IN THE CAR.

