**Koi Health Checklist**

**How to Observe Koi**

Start by observing how your Koi swim from a distance since they expect food and will get excited if they see you. Otherwise, even sick Koi may follow the school and look normal. Next, feed and observe them. Check if every Koi comes up to eat like usual. Are any Koi left alone? Check their body carefully, sides, bottom and inside mouth. If they do not finish the normal amount of Koi food, be alerted.

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>SYMPTOMS</th>
<th>POSSIBLE CAUSE</th>
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<tbody>
<tr>
<td>Grouping</td>
<td>Koi swims separated from the group, stays at the corner or the bottom of the pond, floats near the water surface, or swims lethargically around the waterfall/return water pipe or the drain outlet/skimmer.</td>
<td>Likelihood of bacterial disease.</td>
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<td>Swimming</td>
<td>Koi rubs against the wall or bottom of the pond, hits against the wall, jumps out of the water surface, shakes its abdomen, or swims erratically.</td>
<td>Often caused by parasites.</td>
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<tr>
<td>Appetite</td>
<td>Observe the entire group of Koi during feeding. Pay careful attention to any new Koi that are not coming up to eat. Check for any leftover food in the pond.</td>
<td>If any abnormalities are observed when the water temperature is between 64°C (18°C) and 81°F (27°C), an increase of ammonia or nitrite level, parasites or bacterial infection, visceral disease, or oxygen deficiency.</td>
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<tr>
<td>Body</td>
<td>Observe carefully for the following symptoms: congestion of fins or abdomen, tumor, ulcer, color abnormality, abnormal body surface such as cloudy spots, weakness, swelling, deformation, pop-out or sunken eyeball, injury, parasites, raised scales, abnormal breath, excrecence, protrusion, swollen gill cover, holes or eroding pits etc.</td>
<td>Poor water quality, bacteria, parasites, poor feeding.</td>
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<tr>
<td>Feces/Waste</td>
<td>Observe feces or waste if they are floating in the pond, are gelatinous or have abnormal / clear color. Normally feces should sink and dissolve in the water right away.</td>
<td>Indigestion from scraped intestinal lining.</td>
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<tr>
<td>Water Quality</td>
<td>Slightly bluish or dark blue color of water would be fine, but brownish or cloudy water from high turbidity is never suitable for keeping Koi. In such a case, do a water quality inspection to measure the level of pH, COD, ammonia, and nitrite.</td>
<td>If abnormal water parameters are detected, check for deficient filtration, sludge buildup, shortage of new water, oxygen deficiency, overcrowding, or overfeeding.</td>
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</table>

Please use this checklist to quickly judge unhealthy koi. If you have questions or want to buy genuine Japanese koi, visit kodamakoifarm.com, email info@kodamakoifarm.com, or call 808-354-7031.
## Basics of Koi Health

**Dr. Erik L Johnson - Veterinarian**  
**Chicago IL 2002**

Koi Health is always an issue of water quality, koi care or husbandry, and nutrition. It is absolutely true that Koi Disease is often the result of a parasite invasion, but almost always; the parasites require some sort of stressor to make the fish vulnerable. Notable exceptions exist, but if you are aware of water quality management, and can identify disease factors in your livestock, you can prevent more diseases and save fish lives.

### Ammonia

- Causes redness of fins, general poor health, excess mucus production, flashing, and pinecone disease.  
  - Usually tested with Nessler's Drop Type tests – Salicylate tests more accurate, both can be negated by de-chlorinator.
- Made from rotting fish wastes/urine/food  
  - Directly irritating to fish gills and tissues
- More toxic at pH above 8.0  
  - Ammonia is removed from the environment by beneficial bacteria called Nitrosomonas
- After (the regrettable) addition of aldehydes such as Formalin or Ammonia-binder agents, you must test with Salicylate reagent tests.  
  - You can control Ammonia with partial water changes, Ammo-Lock 2, Lymnozyme's KFi bacteria, BRF13A or the addition of Zeolites.
- I generally discourage the use of chemicals for Ammonia binding. Water changes are preferable.  
  - Wet dry filtration and Bead filtration are superior modes of filtration. See www.aquadynamite.com

### Nitrites

- Ammonia is converted into Nitrite by Nitrosomonas Nitrite is converted into Nitrate by Nitrobacter  
  - Nitrites cause reddening of the fins and irritation of the gills, gasping + excess mucus.
- Nitrites bind the fish Red Blood Cells resulting in suffocation and "Brown Blood Disease".  
  - Nitrite toxicity is temporarily reduced by the addition of salt at one teaspoon per gallon of water.
- Nitrites can be "reverse" created from Nitrate under anaerobic conditions. (Deep sand, glutted filters, stilled sand filters etc.)  
  - Nitrites should be controlled with wet-dry filtration and water changes as needed.
- Nitrite toxicity is only weakly reversed by addition of Methylene Blue.

### pH

- Simple drop type test with Bromthymol Blue  
  - Stay above pH 7.0 for best results with Koi
- pH can "crash" to 5.5 overnight due to fish, plant and bacterial activity without adequate buffering of water - fatalities result  
  - Baking Soda (Check Total Alkalinity before its use, though. (Use one teaspoon per ten gallons if the TA <100),
- pH Pill (www.koivet.com/phppill.htm) Bone meal, or Seachem Neutral Regulator or any of many commercial buffers are recommended.  
  - Low pH affects appetite, but later can cause illness and death. If crashed, raise it at once!

### NITRATE

- Made from Nitrite by Nitrobacter  
  - Toxic above 120 ppm:
- Signs include red streaking in fins, dilated blood vessels in fins and skin, "heavy smelling water", and lethargic fish.  
  - Remove by starting some live planting, or water changes. Allow algae to grow on the liner!
- If you use Simazine or another Algae destroyer, you will have no plant Nitrate utilization. This can be hazardous.  
  - Generally non toxic unless plants and algae are specifically excluded.
- Nitrates are IMMUNE SUPPRESSIVE!!!
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<tr>
<th>Hydrogen Sulfide H₂S</th>
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<td>- Produced in anaerobic areas, deep mulm or sand. Under pots and in crevices of liners.</td>
<td>- Losses may continue for up to two weeks after correction.</td>
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<tr>
<td>- Treatment is by removal of fish, clearance of mulm and sand, replacement of 100% of the water. Remove fish first!</td>
<td>- Signs are respiratory, gasping. Fish hang at surface, lolling for air, and dart madly when disturbed.</td>
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<td>- LaMotte Chemical has a test for H₂S</td>
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<tr>
<th>PARASITES</th>
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<tr>
<td>Divided into three broad classes: Protozoans, Trematodes, and Crustaceans</td>
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<tr>
<th>PROTOZOANS</th>
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<td>Ich, Trichodina, Chilodinella, Costia, Epistyli</td>
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<tr>
<td>- Ich causes white spot disease and can account for mortality in smaller Koi, especially when crowded or chilled.</td>
<td>- Ich is controlled by Salt, described later.</td>
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<tr>
<td>- Trichodina (cousin: Tripartiella) causes flashing and spiderweb lesions in the skin. Can precipitate Ulcer Disease.</td>
<td>- Trichodina responds readily to salting, unless it is the Japanese import variety. Double dose salting (0.6%) does fine for these.</td>
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<tr>
<td>- Chilodinella causes respiratory damage and excess mucus production. Salt is the treatment of choice, clearing losses within 24 hours.</td>
<td>- Chilodinella is one of the fastest killers of fish, even large ones under the right conditions of crowding and chilling. *Fish gather at the water fall - sudden death.</td>
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<tr>
<td>- Costia (Ichthyobodo necatrix) causes much the same condition as Chilodinella, and is also a rapid killer of fish, who die after suffering severe gill damage. *Fish gather at the water fall - sudden death.</td>
<td>- Salt is the treatment of choice, clearing losses within 24 hours. Rare salt resistant forms exist. See <a href="http://www.koivet.com">http://www.koivet.com</a> for details.</td>
</tr>
<tr>
<td>- Epistyli looks like a goblet under the scope, but looks just like Fungus to the naked eye. Not a fish killer. This belies a dirty-pond or filter, shame shame!</td>
<td>- Salt is the treatment of choice, clearing Epistyli within 24 hours.</td>
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<th>TREMATOIDES</th>
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<td>- Flukes: Gyrodactylus/Dactylogyrus are larger parasites, easily diagnosed from skin and gill scrapes under the microscope.</td>
<td>- Clearance by Fluke Tabs® is ideal. be sure to remove Fluke Tabs medicine by water change after 48 hours and re-treat 24-36 hours after the first treatment is removed. Potassium permanganate is also excellent.</td>
</tr>
<tr>
<td>- Flukes cause FLASHING! Spiderweb lesions in the skin and reddened fins. Gill damage may be severe, and Flukes kill lots of fry annually.</td>
<td>- Actively writhing &quot;worms&quot; with hooks on one-end and suction cups on the other. *Also, Flukes are the NUMBER ONE cause of Koi Ulcer Disease. They carry pathogenic bacteria on their hapten and inject the bacteria into the sores they create.</td>
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<tr>
<td>- Look for these anytime SALT fails to limit your losses or sickness</td>
<td>- Scan under 40X combined power with iris diaphragm closed and light low.</td>
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See [http://www.koivet.com](http://www.koivet.com) for images of all the above parasites
### Crustaceans

- **Lernean** - Anchor worm appears as a tiny tan or greenish worm sticking out from the lips, fins or scales of fish. Causes a red sore at the spot they are attached, sometimes the red spot is all you can see from a distance.
- **Argulus** - Fish Lice look like little (4mm) greenish or yellow "flying saucers" and are easily visible with the naked eye. They suck blood with a tiny stiletto and are very damaging to fish.

*Highly contagious, these can come in with water or fish. They have a freeswimming larval stage. Dimilin is the treatment of choice for both Lernean and Argulus.*

### Formulary Listing of Drugs

#### Salt

- Kosher salt, Sea Salt, Non-Iodized Table, Rock and Ice Cream Salts are acceptable. Caution! No YPS or Yellow Prussiate of Soda should be in the salt. Prussic Acid is toxic!
- Add one pound per hundred gallons, per day, for three days if fish are only sick. This avoids occasional filter-shock. (2-3 day nitrite spike) Add all at once if fish are dying off rapidly.
- Leave salt in the pond for 14 days minimum, then remove by partial water changes over subsequent weeks.

**Strengths**

- 3 pounds per hundred gallons = 0.3%
- 6 pounds per hundred gallons = 0.6%
- 9 pounds per hundred gallons = 0.9%

**Pull sensitive plants to baby-pool and treat with Formalin in this. (25 ppm 8-12 hours)**

#### Dimilin

- Insect gyrase stops crustacean moulting, ends the life cycle of parasites you can see, like Anchor Worm and Fish Lice.
- One gram per thousand gallons per week x 2-3 weeks. Mix in water, distribute.
- Non toxic to filter, fish, frogs, snails or plants BUT Will kill crayfish, dragonflies, etc.

**Program is equally effective.**


#### Malachite Green

- 0.11 ppm (mg/L) for any long term exposure
- Zinc free should be chosen
- Teraforen and carcinogen
- FDA removing it from market
### POTASSIUM PERMANGANATE

- 4 ppm for most fish, 2 ppm for Doitsu

- Turn off filter but aerate and circulate well during treatment. Will not harm most plants. **Dechlorinator INACTIVATES Potassium cold.** Use this information to salvage an overdosage.

- Method A: treat every morning at 4 ppm for 5 days. As soon as water turns from pink to brown, resume filtration and if possible, do a 30-40% water change.

- Method B: treat 4 ppm and maintain (via repeat additions of FP) the pink color as viewed in white coffee cup for a full 8-12 hours. Re-treat in 3-4 days for Fluke larva.

- If at any time, water become opaque brown, stop treatment, do 30% water change and resume filtration.

- Dose is critical!!! Do not overdose, do not leave fish unattended!

- SOURCE: Pondrx.com ships KmnO4 with instructions.

- You can also de-colorize and inactivate KmnO4 with hydrogen peroxide 3% USP - 1 pint/5000 gal when you're all done. Cannot reapply KmnO4 for 3 days.

- 4 ppm = 1 gram per hundred gallons

- 6 grams powdered KmnO4 = 1 level teaspoon.

See also: [http://www.koivet.com/potassium.htm](http://www.koivet.com/potassium.htm) for a third, better regimen for success.

### Chloramidine T

<table>
<thead>
<tr>
<th>For fluke infestations and bacterial infections, see <a href="http://www.koivet.com/chloraminet.htm">http://www.koivet.com/chloraminet.htm</a></th>
<th>Up to 20 ppm per dose, or a half teaspoon per hundred gallons</th>
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<tbody>
<tr>
<td>Treat daily for 6-8 hours and then do a fifty percent water change.</td>
<td>Treat daily for three days then switch to every other day dosing. Do not treat if fish appear to be &quot;pinning up&quot; or they resume eating, suggesting recovery.</td>
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Also known as Argent's BGDX - Indications: Acute bacterial gill disease.

Buy Chloramine T at [www.pondrx.com](http://www.pondrx.com)

### BIOGRAPHICAL:

I have been seeing fish cases since graduation from University of Georgia in 1991. Each year, I travel nationally to selected functions to deliver topics in fish health. My Web site is available to help hobbyists - [http://www.koivet.com](http://www.koivet.com).

Finally, if you want to order a copy of "Koi Health & Disease", that can be done online above via secure server, or you may call (770) 977 5377 and the technician will take your order over the phone.

"Dr. Johnson - I have learned more from your book, and your web site in the past few months than I had previously in my 30 year love affair with Koi."

--------- Dr. J. Maxwell, M.D.

Visit PondRx.com for your medications and supplies for successful fish care. We supply guides to go with any medication which has a dose. If it's not on the label, there's a detailed guide. [www.pondrx.com](http://www.pondrx.com) or fax inquiry to 1-800-757 8496