

Kelly L. Harris
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194 Pine Forest Road Lexington, Virginia 24450

QUALIFICATIONS

Enjoy personal interaction with the public of all ages, abilities and challenges
More than 30 years experience in various promotion programs for businesses
Public speaking and performance for conferences, seminars, radio and television

WORK HISTORY

2017 AUGUST TO PRESENT

CO-MUSIC DIRECTOR FOR COLLIERSTOWN PRESBYTERIAN CHURCH, LEXINGTON, VA.

2016 JUNE– DECEMBER

MUSIC DIRECTOR ST. JOHN'S UNITED METHODIST CHURCH, BUENA VISTA, VA.

2015 – PRESENT

HOUSE DIRECTOR FOR PHI GAMMA DELTA ZETA DEUTERON CHAPTER AT WASHINGTON & LEE

2014 JANUARY – DECEMBER –

MUSIC DIRECTOR BUENA VISTA BAPTIST CHURCH, BUENA VISTA, VA

2013 – PRESENT

MESSAGE THERAPIST/MUSICIAN/CLOWN/PIANO TEACHER

2001 TO NOVEMBER 2013

Wellness Instructor/ Massage Therapist /Musician – Kendal at Lexington seeing private massage clients, teaching classes in water aerobics, range of motion and balancing as well as land classes in chair and standing Tai Chi, dance and cardio. Music and memories, cocktail parties and more

2011 DEC TO MAY 2012

Radio Show Producer and Director – Kid-a-ka-Zam! Owner, producer, director, researcher and editor

2007 TO NOVEMBER 2013

Aqua Exercise Instructor – Kendal at Lexington 2007-2009 & 2011-2013 & Community Pool
CERTIFIED BY THE ARTHRITIS FOUNDATION AS AQUATIC PROGRAM LEADER AND INSTRUCTOR

2002 SEPTEMBER TO PRESENT

Piano Teacher –Teaching beginning to intermediate students piano skills, expressions, history, theory, creativity and performance.

1999 APRIL TO AUGUST 2004

Sales Coordinator -The News-Gazette

Selling and designing ads, cold calling, writing, photography, creation of value added packages and incentives for advertisers

1991 TO PRESENT

Massage Therapist & National Mentor for the American Massage Therapy Assoc. - SELF EMPLOYED

Massage therapy for all ages, abilities and challenges. Graduate Richmond Academy of Massage, March 1991, American Massage Therapy certified since 1992, National Certification in Therapeutic Massage and Bodywork since 1994, Virginia Board of Nursing certified since 1998. Business skills include promotion, scheduling, billing, speaking engagements for civic and business groups, volunteer work and committees for legislative changes in massage therapy for Virginia Certified through the Board of Nursing for the state of Virginia.

1987 TO PRESENT

Motivational Speaker – Universities, churches, civic groups, American Cancer Society, hospice and more

1983 TO PRESENT

Musician/Entertainer - SELF EMPLOYED

Bookings, performance, billing and promotion, road musician, cruise ships piano bar, gala events, cocktail parties solo to 5-piece band, piano teacher, clowning, ventriloquism, balloon tying, and children's sermons for churches

EDUCATION

1998 Bachelor of Arts in Journalism from the University of Richmond

1991 Graduation from Richmond Academy of Massage

CONTINUING EDUCATION CREDITS

First Aid and CPR certified December 2012

A Complaint is a Gift!

[Achieving Remission in Depression](#)

[Aging Body, Aging Mind](#)

[Alzheimer's & Head Trauma](#)

Caffeine

[Alzheimer's disease: Targets & Therapeutics,](#)

[Approaches to Anxiety](#)

Amphetamines & Appetite Suppressants

[Arthritis Foundation Aquatic Program Leader and Instructor](#)

Arthritis, Diet & Exercise

[Autism & Asperger's](#)

[Autism Pervasive Development Disorders](#)

Autoimmune Disease & Multiple Sclerosis

Avoiding Burnout

[Brain & Stress: PTSD & Adjustment Disorders](#)

[Brain Injury: Stroke](#)

[Caring for Patients with Alzheimer's & Other Dementias](#)

Chronic Fatigue Syndrome

Closing the Sale

[Cognitive-Behavior Therapy](#)

Conquering Chronic Muscle Spasm

[Creative brain](#)

[Customer Service from the Heart](#)

[Diagnosing & Treating Depression in Older Adults](#)

Eating Disorders

Educated Heart Ethics

Entrepreneur Development Business Growth

Fibromyalgia

Financing your Small Business

Give Them the Pickle

Headache: Migraine

[Healing Power of Sleep](#)

[Humor & Healing](#)

IBS and other Gastrointestinal Disorders

[Insomnia & Depression](#)

Joint Replacement

[Left & Right Handedness](#)

[Loss of Control and Fighting Back](#)

Low Back Pain: Diagnosis, Management & Treatment

Lyme disease

[Maintain Your Brain](#)

[Maintaining Memory](#)

Marketing Game

Marketing Policies & Ethics

[Memory and Amnesia](#)

[Mild brain Injury: The Silent Epidemic](#)

Moving Your Business Forward

[Music and the Brain](#)

Myofacial Release

Neck Pain: Diagnosis, Management & Treatment

Neck/Scapula/Hand Exercise Program

[Neurotransmitters: The Bridges of the Brain](#)

OTC Pain Medications: A Guide for Health Professionals

Reflexology 1 & 2

Rheumatology

Selling Without Fear

[Spirituality & Healing](#)

Sports Medicine

[Stop Losing Sleep](#)

[Successful Aging in Men & Women](#)

Three Efficacious Vitamins

Thyroid Disorders

[Turning Talent into Performance](#)

Unhealthy Organizations Part 1 and Part 2

[Uni-polar vs. Bi-polar Depression](#)

Variants & TMJ Disorder

PUBLICATIONS

Articles in the Thursday Review December 2012-present www.thursdayreview.com

Nominated for Spry Magazine's 2010 Inspiration Award

Articles and photographs published in Visiting Lexington and the Rockbridge Area magazine

Articles and photography published in The News-Gazette and The Weekender

Poem published in Grit Magazine, September 1997

Promos and press releases for WXGI in Richmond

Article published in the Spider News for University of Richmond

Articles published in the John Tyler Times

INTEREST AND ACTIVITIES

Music, photography, writing music, poems and stories, massage therapy, handcrafts and antiques, tennis, golf, swimming, ping pong, ballroom dancing

VOLUNTEER EXPERIENCE

Former Board Member of United Way

November 2007 chosen as Arts and Entertainment Volunteer of the year for Lexington and Rockbridge County

Musician and clown for City of Lexington activities

Hospice Volunteer 2001 - 2010

Entertainment Committee for Project Horizon Festival of Trees 2001 to present

Judge and volunteer for the Annual Fiddlers Convention in Buena Vista 2000 to present

Massage Therapy hands on and speaking to volunteers at Hoofbeats Therapeutic Riding Center & Cancer Camp

Playing music for various local nursing homes

Radio and TV promotions for public station WCVE Channel 23

Playing music and live broadcasts from McGuire Veterans Hospital, Richmond, Virginia

Big Sister with Big Brothers and Big Sisters of Richmond, VA

COMPUTER SKILLS

Experience with audio editing and production, databases, spreadsheets, scanning, design and data entry

OTHER SKILLS OF VALUE

2014 Acting Choir Director, Buena Vista, VA February 2014 – December 2014

2014 Piano teacher for READY afterschool program at Central Elementary School in Lexington, VA

2010 to present Substitute teacher for Rockbridge County Schools

2010 to present Substitute House Director of Greek societies at Washington & Lee University

December 2011 to May 2012 Kid-a-ka-Zam radio show as owner, producer, director, researcher and editor

Promotion, committee work, marketing, seminar coordination, managerial experience, fundraising

Data entry and creativity, music, clowning, ventriloquism, working with the young and young at heart,

Concert promotions & coordination, production, remotes, photography, press releases, interviews, data entry and design

for new station computers, marketing concepts, on-air advertising, promotion ideas for WXGI AM950

Associations

Board Member of the United Way 2015

Member Lexington Rockbridge Chamber of Commerce

Member Red Nose Response Team

Past Member American Massage Therapy Association

Past Member National Certification Board for Therapeutic Massage and Bodywork

Former Certified Massage Therapist through the Virginia Board of Nursing

REFERENCES

For more information and references check out www.etcbykelly.com

Additional references available upon request

Thank you for your time,

Kelly L. Harris