

MISTS OF IRELAND TOUR

October 2-11, 2022

Take a step back in time as we explore the Celtic mysteries of the emerald island. Engage in healing ceremonies and ritual in this ancient land of faerie, druids and magic.

We invite you to join us. . .



Be pampered on this luxury journey which includes 4-star superior accommodations including a two-night castle stay, ceremonies at ancient sacred sites with local guides and shamans, traditional & gourmet meals, small private group travel throughout the tour, and much more!

OCTOBER 2: TRAVEL DAY-DEPART FROM HOME

Depart from your home airport to Dublin, Ireland (DUB). Most Midwest flights leave through O'Hare International Airport in the evening with arrival in Dublin the following morning. Please plan your arrival into Dublin by 9 AM local time on October 3. You may also wish to come a day or two early to rest up and enjoy time on your own exploring the fun city of Dublin.

OCTOBER 3: HEADFORT ARMS HOTEL, KELLS, CO. MEATH

Welcome to Ireland! Arrive early in Dublin airport where you will be met by our Driver/Guide. We leave the city behind for the Royal County - Meath. [Anthony Murphy](#), author of *The Land of the Setting Sun*, will be our local guide for the day. Start with a private ceremony inside [Fourknocks](#). This 5000-year old Passage Chamber Tomb is significant because it is aligned with the line of the Winter Solstice sunrise from Newgrange. Continue on to the [Hill of Tara](#), the ancient seat of the High Kings of Ireland. Here Anthony will show you the many monuments including the *Stone of Destiny* and the *Mound of the Hostages*. We then are on to our accommodation, Headfort Arms Hotel, for a well-earned rest. If you wish (and have the energy) explore the village of Kells with its significant High Crosses and Scriptorium and pubs. We will gather together tonight for a Welcome Dinner. (DINNER)

OCTOBER 4: LOUGH RYNN CASTLE, MOHILL, CO. LEITRIM

Today we visit the [Hill of Uisneach](#), since prehistoric times the great assembly for the tribes and High Kings of Ireland. A place of energy and renewal, people have been drawn here for over 5000 years. This was the seat of High Kings, a sacred site of worship, the place where St. Patrick established a presence. In mythology, Uisneach is the resting site of the earth goddess Ériu and the sun god Lugh and as such was regarded as sacred ground. Uisneach was seen as a gate to the mythical fifth province, Mide. Enjoy a guided tour today, approx 2.5 km where you will walk the landscape learning the mythology and folklore of the Hill. The next 2-nights [Lough Rynn Castle](#) will be your home! Join us for a sumptuous dinner at the castle. (BREAKFAST, REFRESHMENTS, DINNER)

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OCTOBER 5: LOUGH RYNN CASTLE, MOHILL, CO. LEITRIM

This morning enjoy a guided tour of [Rathcroghan](#) spanning over 5,500 years of human history. Tread across Rathcroghan's landscape in the footsteps of the great warrior Queen Medb, who ruled all of Connacht from her home here. The tour begins in Medieval Tusk, then journey back to the Neolithic Period, Bronze Age and Iron Age with a visit to Rathcroghan Mound and the surrounding monuments. The tour continues to Oweynagat, the 'Gate to Hell', with a journey into the Irish Otherworld for those who dare. After lunch in Rathcroghan continue to [Carrowcroy Cottage](#), a traditional Irish thatch roof home. Here your guide is John Willmott, visit his Celtic Labyrinth and enjoy the storytelling, tea and scones. Afterwards we are graced with a performance by harpist Claire Roche. Tonight enjoy the beautiful 40-acres of Lough Rynn Castle. (BREAKFAST, LUNCH, AFTERNOON TEA, DINNER)

OCTOBER 6: THE HARDIMAN, CO. GALWAY

This morning visit [Strokestown Park House](#), location of the National Irish Famine Museum. Learn about a tragic period of Irish history through the words and stories of the people who experienced it. This important museum is attached to a Georgian Palladian building where you can also view the 'upstairs' and 'downstairs' life in Ireland in the 18th and 19th century. There are six acres of walled gardens here also to explore. Carry on further southwards to Clonmacnoise a ruined monastic settlement founded by St Ciarán in the 6th Century. The monastery on the banks of the River Shannon became a great seat of learning, a university of its time with students from all over Europe. The ruins include a Cathedral, two round Towers, three high crosses, nine Churches and over 700 Early Christian grave slabs. This is Ireland's oldest pilgrimage site. Our night finds us in the lively harbor city of [Galway](#) at the [Hardiman Hotel](#). (BREAKFAST, DINNER)

OCTOBER 7: THE HARDIMAN, CO. GALWAY

Today we take the ferry to [Inis Mor](#), the largest of the Aran Islands where your guide for the day, Dara Molloy, will meet you. Dara is a Celtic priest, monk and druid. Since 1985 he has lived as a Celtic monk on Inis Mór, the largest of the Aran Islands. His life on the island began as a hermit in a small traditional cottage. Having left the Roman Catholic priesthood, Dara married Tess Harper. Together in the mid-1990s they created a Celtic spiritual centre. He has a lifelong interest in Celtic spirituality and Celtic monasticism and will guide you throughout the island today sharing his vast knowledge and immersing you in pre-Christian and Christian spirituality. Enjoy your open evening exploring the port city of Galway including its wonderful pubs, fish and chips, and music. (BREAKFAST)

OCTOBER 8: THE LAKE HOTEL, KILLARNEY, CO. KERRY

This morning travel South through the unique Burren region where you will stop at the [Burren Centre](#) in Kilfenora. Then immerse yourself in the magic of the hidden Burren with Marie McGauran, a native qualified walking guide who leads heritage, nature and spiritual walks in this National Park. From here it's on to [Bunratty Castle and Folk Village](#) to visit the Castle and their wonderful 19th Century Folk Park. We spend the next 2 nights at the beautiful [Lake Hotel](#) in Killarney. (BREAKFAST, DINNER)

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OCTOBER 9: THE LAKE HOTEL, KILLARNEY, CO. KERRY

Today we will be joined by Irish shamanic practitioner and teacher, [Amantha Murphy](#), as you visit the glorious [Dingle Peninsula](#) with its wealth of Megalithic, Neolithic and early Christian sites. Dingle is one of the few places that still speak the native language. One of Dingle's earlier names is 'Duibhne' an ancient Goddess and the peninsula 'Corca Dhuibhne'. You will visit some Ogham stones, Gobnait's Well, Beehive huts, the multilayered Reask Monastic site and Kilmalkedar church with its ancient Sun Stone. There is something magical about the Dingle peninsula and you can feel yourself being drawn into the energies running deep within the earth. With the call of the sea abundant around you, you can understand how the early monks found this place so appealing. You will later return to Killarney allowing you to enjoy an independent dinner followed by some traditional Irish music in Killarney's many quaint and welcoming pubs or enjoy the explore the grounds of our hotel with its outdoor hot tub and optional spa services. (BREAKFAST)

OCTOBER 10: WOODLANDS HOTEL AND SPA, ADARE, CO. LIMERICK



This morning we visit the award winning [Lough Gur Heritage Centre](#) in Co. Limerick. This site dates to the Stone Age - over 6000 years of history. Continue on to Ireland's largest stone circle - [Grange](#) - 4 miles from the heritage centre. It is the largest standing stone circle in Ireland, 150 feet in diameter and enclosed by 113 standing stones. The largest stone is Rannach Chruim Duibh (Crom Dubh's Division) and is over 13 feet high and weighs 40 tons. We will gather in ceremony at this ancient stone circle to give our thanks to the spirit of this beautiful land for the journey we have completed together. Our last destination is the pretty village of [Adare](#) with its traditional thatched-roof cottages. Enjoy the afternoon strolling through the village and completing any

last-minute shopping. We come together for a farewell dinner as our time together comes to close. (BREAKFAST, DINNER)

OCTOBER 11: TRAVEL TO HOME

A private transfer will be provided to Shannon Airport for your flight back home. (BREAKFAST)

Your Vacation in Ireland is over, but the memories will last a lifetime!

TRIP COSTS

\$4799/person based on shared double room (Cash, bank transfer or check); \$4949 credit or debit card. \$1200 single supplement. A \$750 non-refundable deposit is required to hold your space. Balance of payment is due 100 days before departure. To register please go to www.glh.as.me/Ireland.

ROOMMATES

We will be happy to try to find a suitable roommate for those who are traveling alone and would like to share a room. Per our Terms and Conditions registration for the tour will be held open until 100-days before the departure date in order to try to match everyone with a roommate. If, by that date, we have not been able to match you with a suitable roommate, you will be responsible to pay for the single supplement. An early registration will facilitate this process.

INCLUSIONS

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- Transportation throughout Ireland by private motor coach.
- All Castle/Hotel/Guest House accommodations based on double occupancy.
- Meals as detailed in itinerary.
- All airport group transfers.
- All entrance fees to archaeological sites as outlined in program.
- Activities including talks and ceremonies by tour and local guides.

EXCLUSIONS

- Meals not specified in the detailed itinerary of the tour.
- Alcoholic and non-alcoholic beverages.
- US domestic, International or flights within Ireland.
- Transfers for independent arrival or departure.
- Optional gratuities for wait staff, portage, guides and drivers.
- Additional hotel nights made necessary by airline schedule changes or other factors.
- Traveler's insurance.
- Items of a personal nature and incidental expenditures.
- Single supplement charge, if requested (\$1200 additional fee)

YOUR GUIDES



AMY & DAVID WILINSKI—GOLDEN LIGHT HEALING

Amy & David Wilinski are owners of Golden Light Healing, a beautiful spiritual retreat center located in northeastern Wisconsin. Their center is in the midst of 200-acres and offers spiritual seekers a chance to experience a deep connection with Nature while exploring training in Reiki, Shamanism, Intuition Development, Mediumship and much more. Amy & Dave lead spiritual journeys to Peru and Ireland. They are excited to share this mystical journey to the beautiful island of Eire with you.



ANTHONY MURPHY—AUTHOR—COUNTY MEATH

Anthony Murphy is the webmaster of mythicalireland.com and author of *Island of the Setting Sun - In Search of Ireland's Ancient Astronomers*. No one knows the sacred sites (of which there are many) of Meath like Anthony and he has spent many years studying the stars, stones and stories of this very unique and spiritual region.



AMANTHA MURPHY—SHAMANIC HEALER—COUNTY KERRY

[Amantha Murphy](#) is a Shamanic Healer and teacher who follows the path of the Goddess. She started her work professionally in 1971 as a clairvoyant and moved into trance mediumship and healing within three years. Since then she has worked with, and continues to work with, groups and individuals in her homeland of Eire, in the UK, in Canada and the USA. Her passion is the Land and returning to the Land's story – working through the Grandmothers and the “Shining Ones”, the Tuatha de Danann.

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DARA MOLLOY—CELTIC MONK—ARAN ISLAND

Dara Molloy is a Celtic monk living on the Aran Islands, in the Atlantic Ocean off Galway, Ireland. He performs Celtic ceremonies (weddings, christenings, rites of passage, funerals, etc.) and has published a number of books and many articles. He is passionate about Celtic spirituality and believes it is a great resource for living in today's world. As your guide he will share with you the spiritual secrets of the Aran Islands and immerse you in Celtic spirituality in its pre-Christian and Christ.



CLAIRE ROCHE—HARPIST—CO. SLIGO

Not only is Claire's music unique, but it is emotionally moving especially in her live performance. Claire has a passion for words and the spirit and expression of words. Rather than just play tunes, Claire has chosen the harp to be her accompaniment, her choir, her veil to the "otherworld". Her words, music and passion gently warms the hearts of those present and fires their spirits into passion, courage, tears, love and laughter.



JOHN WILMOTT—BARD—COUNTY SLIGO

John Willmott is the labyrinth keeper and guide at [Carrowcroy Cottage](#), Co. Sligo which is surrounded by 100s of peaceful ancient sacred sites, places of timeless mythology, fables, and tradition where some say Morrighu wailed and Brighid was born. John is also the author, composer and performer of the trilogy, *Ogma's Tale of The Trees*, *Bathing In The Fae's Breath* and *Tales From The Labyrinth*. John's large Native Tree Labyrinth is used to help people in meditation, mindfulness and connection with themselves and relationship to trees.

TERMS & CONDITIONS

A minimum of 10 participants is required for this tour to operate. If the trip is cancelled due to insufficient number of participants you will receive refund of your land costs paid to Golden Light Healing. All reservations are subject to availability. Please note: This tour requires a fair amount of walking and participants will need a medium fitness level to fully participate. Persons with health or psychiatric problems may find this program physically or mentally trying. We recommend that in case of doubt, a physician or mental health professional be consulted.

COSTS

\$4799 if all payments made by check, bank transfer or cash; \$4949 if payment made by credit or debit card. All prices are per person based on double occupancy. Single occupancy accommodations are available for an additional \$1200. A \$750 non-refundable deposit is required to secure your reservation. Final payment is due 100 days prior to the starting date of the trip.

CANCELLATIONS & REFUNDS

Written cancellation notice is required. Cancellations after payment of the deposit or balance are subject to the following penalties:

- greater than 100 days--\$750 initial deposit is forfeited
- between 99-31 days—50% of the total tour price is forfeited
- Less than 30 days—100% of total tour price is forfeited

REFUNDS FOR UNUSED SERVICES

No refunds will be made for no-shows or any other unused services irrespective of whether they form part of the inclusive tour price or are in respect of pre-booked optional arrangements.

TRAVEL INSURANCE

Travel Insurance is strongly recommended to provide coverage for loss of deposit, cancellation fees, lost baggage, medical expenses and other potential travel-related losses in certain circumstances. **Most travel insurance companies require purchase of travel insurance at the**

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time of your initial travel reservation or shortly thereafter. The scope of coverage is subject to the terms and conditions of the insurance policy. Golden Light Healing LLC is not responsible for air tickets or additional travel arrangements booked through any source. Cancellations due to travel advisories, acts of war or terrorism, acts of God, Natural disasters, strikes, technical problems, political upheaval or any other circumstances outside the control of Golden Light Healing LLC are not the responsibility of Golden Light Healing LLC. Cancellations for any of these reasons will not be eligible for any form of refund.

RESPONSIBILITY CLAUSE

By agreeing to utilize the services of Golden Light Healing LLC, the tour participant agrees that neither Golden Light Healing LLC, nor Amy or David Wilinski, nor its' affiliates will be liable as per the terms and conditions stated herein. Golden Light Healing LLC is not responsible for any changes in schedule, strikes, delays, acts of governments, acts of God, fires, riots, theft, pilferage, epidemics, quarantine, medical or customs regulations, accident, loss, injury, or damage to you or to those travelling with you, in connection with any accommodation, transportation or any other services, resulting directly or indirectly from any occurrence or conditions beyond its control, including defects in vehicles, breakdown in equipment, thefts, delays or cancellation. Neither shall be liable for any delay, inconvenience, loss of employment, upset, disappointment, distress or frustration, whether physical or mental, resulting from the act or omission of Golden Light Healing LLC. In addition, neither Golden Light Healing LLC nor David or Amy Wilinski shall be liable for any damage, loss, claim, cost or expense arising out of personal injury, accident, death, loss, damage or delay of baggage or other property.

Golden Light Healing LLC cannot be held responsible for the late arrival of passengers at airports or resorts due to weather, acts of God or any other incident outside their control, nor are they to be held liable for payment or any refund for unused hotel accommodation or meals occasioned by such late arrivals.

Golden Light Healing LLC and suppliers contracted for services reserve the right to refuse to accept or retain any person whose behavior is deemed likely to affect the smooth operations of a tour, or adversely affect the enjoyment or safety of other passengers. Golden Light Healing LLC, its agents, and suppliers shall be under no liability to any such person for refund, compensation, repatriation or any other matters arising. Golden Light Healing LLC is not responsible for circumstances beyond its control including trip cancellations resulting from the inability for journeys to depart as scheduled, such as cancellations due to acts of war and/or terrorism, war, God, or nature.

PRIVACY POLICY

Golden Light Healing LLC recognizes that privacy is important. In order to provide you with the services that we offer, we will collect some personal information from you which will only be used to facilitate your travel with us and will never be sold, rented or given to any third parties other than airlines, hotels and ground handlers who partner with us in providing you travel services, and then only for the purposes of your trip. We will always safeguard your personal information to the best of our ability. We will also need to collect payment information in order to process checks and/or credit cards. This information will only be collected through secure means using proven third-party tools and will not be stored or retained Golden Light Healing LLC. We will use photos taken during the trip for advertising purposes for our company; including, but not limited to Facebook, other social media sites and our website. You must provide us written notice if you do not want to be in these photos.

Itinerary subject to change without notice due to availability, unforeseen circumstances and weather.