



Golden Light Healing

DREAM • EXPLORE • DISCOVER • GROW

- ENERGY MEDICINE PRACTICES
- SOUL RETRIEVAL
- POWER ANIMAL RETRIEVAL
- PAST LIFE HEALING
- DEATH & DYING
- SHAMANIC JOURNEYING
- CEREMONY & RITUAL
- ANCESTRAL HEALING
- DIVINATION & PSYCHIC DEVELOPMENT



## ABOUT THE INSTRUCTOR

Amy Wilinski has extensive training in and offers teaching in energy medicine, mediumship, shamanism and Reiki. She also has degrees in Occupational Therapy and a Master's in Business Administration. Amy has trained with many gifted shamanic teachers over the past decade. She draws on the teachings of all her medicine teachers, as well as her personal connection with spirit, to bring a unique blend of teachings that fit well in our modern world. She is known for her ability to bridge the worlds of spirit and our physical plane into a format that allows us to walk in this world, but be connected at a deep and personal level to Spirit.

## LOCATION

Golden Light Healing Retreat Center is located in Sobieski, WI (20 minutes north of Green Bay). This secluded retreat center nestled amid 200-acres in northeastern Wisconsin offers you the ideal setting to learn about shamanism. Be pampered with delicious home-cooked meals, meditate among the flowers in our native prairie, and traverse the many paths through woodlands and fields while connecting with the spirit of the land. Our beautiful retreat center offers simple cabins for overnight accommodations or bring your own camping gear and sleep under the stars.

# Whispers on the Wind Shamanic Program

Facilitated by Amy Wilinski, Golden Light Healing

This is an intensive training program in the practice of energy medicine and shamanism. ***Whispers on the Wind Shamanic Program*** has evolved from the teachings of the indigenous healers from Peru and other shamans Amy Wilinski has worked with over the course of the past decade. Our belief is that these teachings are not owned by any one individual, tribe or culture. These ancient teachings remind us of the interconnectedness of all God's creations and help us to recognize the beauty and gifts that lie within each one of us.

This training meets four times over the next year for intensive training which will include lectures, hands-on practice, experiential exercises, and rites of passage. We will use the Medicine Wheel and the four directions of the Universe as a guide for your life's journey. This program will lead you on a journey of personal growth, healing & transformation. You will become skilled at shamanic energy healing practices to use with others. We will explore ceremony and ancient rituals to allow you a *personal* connection with the Divine.

We begin this journey by looking to **The Winds of the South**. Here we learn core energy medicine practices for ourselves and others. We learn to shed those wounds of the past that no longer serve us or the greater good. We connect in with that intuitive, still small voice within, so that our journey here on Earth can be guided by a higher power instead of being led by our fears and ego. We begin deepening our connection with Mother Earth and discover the gifts she holds.

**The Winds of the West** brings the energy of our shadows to Light. We learn to look within and not be afraid of what we may find. We track the imprints of karmic and ancestral patterns that impact us and our families. We will learn how energies such as fear, envy, and anger can penetrate our energy field and how to remove these using various extraction techniques. We learn to connect with the element of Air; recognizing that if we listen with our hearts we can hear God's voice upon the whispers of the wind.

When we learn to listen to the voice of spirit upon **The Winds of the North** we find the grace and power in our life's experiences. We learn to live in the "Now"; embracing each moment in our life and the gifts each experience teaches us. We draw from ancient wisdom as we connect in with the collective unconscious and learn to find the sweetness in life, wherever our path may take us. Here we learn the art of soul retrieval; how to recover the parts of our souls which have fragmented off due to grief or trauma so that we may feel wholeness and balance in our lives. The element of Water is healing and rejuvenating and here we learn ceremony to bring these blessings through water into our life.

As we complete our journey in **The Winds of the East**, we learn to dream our world into being. This is the place of re-birth and we learn to be a mid-wife to the dying. Here we look at our life from the higher perspective of Eagle--seeing the big picture of our life's journey and the tiny details and how all those experiences helped to mold us into the person we are today--a person filled with grace and the Divine Light. We connect with the element of Fire and expand that same Divine Light that is within to mirror that of the Divine.

## CLASS DATES

### GROUP #22

Winds of the South: Sept 30-October 4, 2020

Winds of the West: Dec 16-20, 2020

Winds of the North: March 17-21, 2021

Winds of the East: June 9-13, 2021

*Must attend all 4 Directions in order*

## TIME

Class will begin on Wednesday at 400PM. Subsequent days will start at 900AM and go until ~900PM. We will end on Sunday at approximately 230PM.

## FEE

\$650/direction *Includes lunch & dinner.*

*Total cost \$2600 for the 4 directions—payable in 4 installments. Payment due 2 weeks prior to the workshop date.*

## OPTIONAL ADD-ONS

### Lodging Options

- ❖ Camping Option + \$60/direction<sup>+tax</sup>  
*(you supply tent and gear & towels)*
- ❖ Shared Cabin + \$160/direction<sup>+tax</sup>  
*(triple and double occupancy)*
- ❖ Single Private Cabin Room  
+\$340/direction<sup>+tax</sup> *(Five available)*

*Cabins are heated & air conditioned. Twin beds w/linens and towels are provided. Bathrooms are in the main building.*



## MORE QUESTIONS?

Contact Amy Wilinski

(920) 609-8277

info@GoldenLightHealing.net

www.GoldenLightHealing.net



## REGISTRATION PROCESS

Please complete your registration online at [www.glh.as.me/WOW](http://www.glh.as.me/WOW) or email us at [info@GoldenLightHealing.net](mailto:info@GoldenLightHealing.net)

### PAYMENT INFORMATION

A \$50 non-refundable deposit is required to reserve your space. The balance for each session is due 1-week prior to start of the workshop.

Payment plans can be arranged if needed. We are also willing to work with you using work-study or the barter system if you do not have the financial resources to attend. *Please contact us to discuss your options.*

### REFUND POLICY

Refunds minus a \$50.00 processing fee will be given until 7-days prior to the workshop session date. Refunds will not be given after that date. Exceptions are not made to this policy. There is no refund for unused services.

## CONTACT INFO

Golden Light Healing

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Sobieski, WI 54171

[info@GoldenLightHealing.net](mailto:info@GoldenLightHealing.net)

[GoldenLightHealing.net](http://GoldenLightHealing.net)

Golden Light Healing, LLC reserves the right to cancel this training program at any time in the event of insufficient enrollment. In such a case, fees paid in advance will be refunded. A minimum of 6 participants is required to offer this program.