
Advancing Integrated Care in Central Oregon

GOAL:

Identify and engage 100% of individuals in Central Oregon that have a behavioral health need and ensure an effective and timely response

Advancing Integrated Care (AIC) has 5 key components:

1) Identification:

Universal behavioral health screening in primary care clinics

2) Integration:

Population-based and outcome-oriented behavioral health interventions in primary care clinics

3) Referrals:

Timely and completed referrals to specialty behavioral health for people with needs beyond what can be served in primary care

4) Coordination:

Effective communication between primary care & specialty behavioral health

5) Expanding the Care Team:

Identify opportunities to increase use of traditional health workers, advocates, Peer Support Specialists, and Recovery Mentors

All primary care clinics in Central Oregon are invited to participate!

Advancing Integrated Care is a concentrated, two-year long initiative focused on improving all aspects of behavioral health care in primary care settings.



All primary care clinics in Central Oregon can receive individualized technical assistance, training, and consultation based on their quality improvement goals.

The goal is to make it EASIER to address your patients' behavioral health needs!



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What does the Advancing Integrated Care (AIC) initiative mean for my clinic?

Based on a comprehensive assessment of your individual clinic, technical assistance and training will be tailored to your needs. An expert practice facilitator/consultant will work one-on-one with your clinic to:

- ✓ Understand your clinic's mission and priorities
- ✓ Help develop and meet your quality improvement goals
- ✓ Focus on workflows and SYSTEM improvements
- ✓ Leverage your clinic's strengths to help imagine what is possible

Examples of areas your clinic could focus on:

- Increasing screening rates for depression, substance use, or other behavioral health issues
- "Closing the loop" by increasing the number of patients who are successfully referred to specialty behavioral health
- Better care coordination & communication with specialty behavioral health providers
- Hiring a behavioral health clinician and starting an integrated care program
- Exploring how to expand your care team by hiring a patient advocate, traditional health worker, or peer support specialist
- Achieving Patient-Centered Primary Care Home, CPC+, or other payer requirements for behavioral health integration

Estimated project timeline:

- Fall 2018: Conduct comprehensive needs assessment including clinic site visits, key informant interviews, and a community-wide survey
- Winter – Spring 2019: Work with clinics to develop behavioral health quality improvement goals; develop tailored training and technical assistance; conduct learning collaboratives; develop program evaluation data plan
- Summer 2019 – June 2020: Conduct one-on-one technical assistance, trainings, and consultations with primary care clinics; conduct learning collaboratives; collect & analyze evaluation data

How do I learn more?

Support and funding for this program comes from the Regional Health Improvement Plan's (RHIP) Behavioral Health Identification and Awareness workgroup. For more information please visit:

<https://cohealthcouncil.org/id-and-awareness/>

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