

## Screening and Outcome Tools for Integrated Behavioral Health in Primary Care Settings



While there are many validated screening and outcome tools for behavioral health, the ones below may be more feasible for primary care settings; quick to administer, simple to score, and are available at low or no cost. Additionally, the tools selected for this list may be used for screening as well as measurement-based care, including the effectiveness of clinical interventions. Ideally, these tools could be used as a population health measure, as well as helping clinicians guide individual patient care. While the “perfect” tool may not exist, the list below is a starting point for selecting and piloting tools to measure patient outcomes in integrated primary care settings.

Condition-Specific	Broad Behavioral Health	Global Quality of Life/Wellness/Functioning
<b>Adults</b>		
<a href="#">PHQ-9</a> (Depression)	<a href="#">ACORN Adult Version 11 (Brief Adult Outcome Questionnaire)</a>	<a href="#">Outcome Rating Scale/Session Rating Scale (ORS/SRS)</a>
<a href="#">GAD-7</a> (Anxiety)	<a href="#">Mood &amp; Feelings Questionnaire - Short Version</a>	<a href="#">Duke Health Profile</a>
<a href="#">PCL-5</a> (Trauma)		<a href="#">Patient Activation</a>
<a href="#">ISI</a> (Insomnia)		<a href="#">Duke-UNC Functional Social Support Questionnaire (DUFSS)</a>
<b>Child/Adolescent</b>		
<a href="#">PHQ-A</a> (Depression, adolescents 11+)	<a href="#">ACORN Adolescent Outcome Questionnaire</a> <a href="#">ACORN Child Outcome Questionnaire (Ages 6-12)</a>	<a href="#">Child Outcome Rating Scale/Session Rating Scale (ORS/SRS)</a>
<a href="#">SCARED</a> (Anxiety)	<a href="#">PSC-17</a>	<a href="#">Parental Stress Scale</a>
	<a href="#">Mood &amp; Feelings Questionnaire (MFQ) - Short Version (Self and Parent-Report Versions)</a>	

