



# Clinical Policies and Procedures

December 20, 2024



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# Ambulance Capabilities

1. **Purpose.** This policy defines the use and designation of all ambulances by Operations in the EMS System to facilitate reliable response to all levels of ambulance calls and outlines the use of non-transport emergency vehicles.
2. **Scope.** This policy applies to MedStar Operations outlining the designation, staffing, and use of BLS, ILS, MICU and CCT Ambulances in the EMS System and use of non-transport emergency vehicles.
3. **Unit Inventory and Staffing Requirements.**
  - 3.1. BLS Ambulances are “Basic Life Support with MICU Capability” units.
    - 3.1.1. Such units shall be equipped and staffed as required by the Texas Department of State Health Services EMS Provider License regulations, contractual requirements, and OMD requirements. They must be equipped, at a minimum, to support the Basic level of protocol.
    - 3.1.2. Basic credentialed personnel may be assigned to work on BLS Ambulances with at least a Basic credentialed partner and may function within stated policy, protocol, and credentialed scope of practice.
  - 3.2. MICU Ambulances are “MICU Ambulance” units.
    - 3.2.1. Such units shall be equipped and staffed as required by the Texas Department of State Health Services EMS Provider License regulations, contractual requirements, and OMD requirements.
    - 3.2.2. Advanced credentialed personnel may be assigned to work on MICU Ambulances with at least a Basic credentialed partner and may function within stated policy, protocol, and credentialed scope of practice.
  - 3.3. SCT Ambulances are “MICU Ambulance” units.
    - 3.3.1. Such units shall be equipped and staffed as required by the Texas Department of State Health Services EMS Provider License regulations, contractual requirements, and OMD requirements.
    - 3.3.2. CCP credentialed personnel may be assigned to work on SCT Ambulances with at least an Advanced or Basic credentialed partner and may function within stated policy, protocol, and credentialed scope of practice.
4. **Appropriate use of Non-Transport Emergency Vehicles**
  - 4.1. Non-transport emergency vehicles may be used under the following circumstances in the transport of patients when concern for emergent transport exist and a transport unit is not immediately available:
    - 4.1.1. MCI with  $\geq$  10 patients
      - 4.1.1.1. Alternate transport considerations have been exhausted
      - 4.1.1.2. Intercept with responding transport unit should be attempted (including Air Medical)
      - 4.1.1.3. An attendant should be present during transport when available
        - 4.1.1.3.1. Attendant should be highest level of EMS or other medical licensure or certification available if possible
      - 4.1.1.4. Transport patient to the closest appropriate hospital
      - 4.1.1.5. Patient should be transported in an enclosed environment as available
      - 4.1.1.6. Patient should be appropriately restrained in the vehicle if it will not compromise patient well-being
    - 4.1.2. All other situations
      - 4.1.2.1. Contact On-line Medical Control for further transport guidance
5. **Appropriate use of BLS Ambulances**
  - 5.1. BLS Ambulances may be used for BLS eligible determinants designated by the Medical Director and operate under the Basic protocols and procedures.

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# Ambulance Capabilities

- 5.2. BLS Ambulances may be assigned to non-BLS eligible determinants as long as an ALS resource is also assigned along with the BLS ambulance.
6. **Appropriate use of MICU Ambulances**
  - 6.1. MICU Ambulances may be used for all call determinants and operate under the Advanced protocol and procedures.
7. **Appropriate use of SCT Ambulances**
  - 7.1. SCT Ambulances are to be used for critical care transfers and operate under the CCP protocols and procedures.
8. **Changes in Patient Condition While Engaged in a Transport.**
  - 8.1. Any treatment beyond the clinician's credentialed scope of practice must be ordered by direct on-line medical direction. In case the condition of a patient deteriorates, personnel should provide the indicated stabilization within their scope, immediately notify Medical Control, and request appropriate orders. If it is an inter-facility transfer that originated at a hospital, the team should return to the facility if still near the sending facility; otherwise, transport should continue to the receiving facility. In extreme cases, proceed to the nearest appropriate facility for additional evaluation of the patient.
9. **Additional Policies Required of MedStar.** MedStar shall establish policies for identifying when a BLS Ambulance has been utilized for non-BLS eligible determinants. This information should be provided to the OMD monthly.

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# Comprehensive Clinical Management Program

1. **Purpose.** This policy addresses the Comprehensive Clinical Management Program (CCMP) for MedStar Mobile Healthcare (MedStar). Additionally, it addresses credentialed provider eligibility, tracking, and approval of the CCMP renewal option with Texas DSHS.
2. **Scope.** This policy applies to any approved MedStar personnel credentialed within the system for at least six months.
3. **Procedure**
  - 3.1. **Definitions**
    - 3.1.1. CCMP - Comprehensive Clinical Management Program is a recertification training program conducted by the Office of the Medical Director (OMD) for System credentialed personnel employed by or affiliated with MedStar in meeting the recertification or re-licensure requirements outlined in TAC §157.34(b)(5).
    - 3.1.2. CCMP Participation – All System providers are eligible to participate in the CCMP.
    - 3.1.3. Renewal- The renewal process for a system provider to renew their Texas DSHS EMS certification.
  - 3.2. **CCMP Professional Development Hours**
    - 3.2.1. The OMD will provide, at a minimum, the following amounts of professional development hours per year: Paramedic -24 hours, AEMT -20 hours, EMT -16 hours, and ECA -10 hours.
  - 3.2 **Eligibility**
    - 3.2.1. Any MedStar personnel who meet current credentialing requirements per OMD Credentialing Requirements policy and have been credentialed for a minimum of six months within the system.
4. **Process**
  - 4.1 **Process**
    - 4.1.1. Upon credentialing, System providers will receive a credentialing letter stating the date of credentialing as well as the date of CCMP participation eligibility. CCMP eligibility date will be six months post-credential date.
    - 4.1.2. The OMD will provide annually the number of professional development hours listed in 3.2.1 to comply with the CCMP program and this policy.
    - 4.1.3. A 90-day certification expiration report will be generated at the end of each month. CCMP Coordinator will verify biennial maintenance credentialing requirements per OMD Credentialing Requirements Policy and TDSHS approved EMS Jurisprudence course have been completed.
    - 4.1.4. Upon completion of the biennial maintenance requirements, a letter will be sent on behalf of the system Medical Director to the individual stating their current participation in the CCMP.
    - 4.1.5. Individuals will submit a renewal application, selecting the CCMP Recertification Option, including their CCMP participation letter to the Texas Department of State Health Services

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# Continuing Education

1. **PURPOSE.** To ensure the education provided in the EMS System is accurate, objective, relevant, and efficient. Additionally, it is designed to ensure proper tracking of continuing education activity in accordance with DSHS rules and regulations.
2. **SCOPE.** This policy applies to any EMS System personnel that are teaching a continuing education class using the Office of the Medical Director (OMD) Texas DSHS education certificate number.
3. **PROCEDURE**
  - 3.1. **DEFINITIONS**
    - 3.1.1. Activity: Any class, lecture, online education, video, PowerPoint, or other means of forum or delivery that is intended to provide continuing education credit hours.
    - 3.1.2. Conflict of Interest: Any situation that has the potential to undermine the impartiality of a person because of any actual or perceived benefit they may receive. This can include professional, financial, social, or other benefits.
4. **Overview:** Upon development of a new training program, it will be submitted to the OMD for approval. Following approval, it should be taught in accordance with this policy. Following the class, specific documentation will be submitted to the OMD for CE hour processing. It is the responsibility of the individual practitioner and their agency to maintain tracking of hours for recertification purposes.
5. **Process:**
  - 5.1.1. Upon development of an activity that is intended for continuing education hours, it shall be submitted to the OMD with the “Continuing Education Activity Face Sheet” and the “Education Documentation” form attached *a full thirty days prior to the planned first instruction date.*
  - 5.1.2. Once approved, the program will be valid for *two years*, at which time a reevaluation will occur. The OMD will review the program and provide feedback for the following:
    - 3.3.2.1 Accuracy: All material should be accurate, current, complete, and properly referenced. Plagiarism is unacceptable in all forms.
    - 3.3.2.2 Objectivity: All material should be medically and ethically impartial and correct. Any conflicts of interest must be reported to both the OMD and the individuals receiving the education prior to any classes taking place.
    - 3.3.2.3 Relevancy: Any material presented should be relevant and beneficial to the individuals receiving it.
    - 3.3.2.4 Efficiency: All material should be delivered in a way that is concise and respectful of the recipient’s time and skills. Organization is imperative.
    - 3.3.2.5 Following OMD approval, activities may be scheduled and taught in accordance with each agency’s policies. A list of preapproved activities may be obtained by contacting the OMD.
- 5.2. All instructors must obtain the following forms from OMD, complete and return them *prior* to any instruction:
  - 5.2.1. “Biographical Data Form” (POL – EDU – 001.02)
  - 5.2.2. “Conflict of Interest Disclosure Form” (POL – EDU – 001.03)
- 5.3. Upon completion of the program, the following shall be submitted to the OMD within ten business days:
  - 5.3.1. Completed activity face sheet (POL – EDU – 001.01)
  - 5.3.2. Completed roster (POL – EDU – 001.04)
  - 5.3.3. Completed evaluations (POL – EDU – 001.05)
  - 5.3.4. Completed and graded quizzes/tests

*Note\* Any packets not received within ten business days of the activity date may not be awarded credit.*

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- 5.4. Upon receipt of a complete and accurate packet by the OMD, continuing education certificates will be issued by the OMD to the agency's designated training representative for disbursement to students. *It is the responsibility of the individual practitioner and their agency to track and maintain continuing education hours for recertification purposes.*

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# Credentialing Requirements

1. **Purpose:** This policy describes the initial and maintenance requirements of credentialing for EMS System clinicians to provide patient care.
2. **Scope:** This policy applies to all state-licensed personnel that provide clinical care within the EMS System
3. **Definitions**
  - 3.1. TDSHS - Texas Department of State Health Services
  - 3.2. PRM - Protocol Review Module
  - 3.3. PIM - Process Improvement Module
  - 3.4. System CE – continuing education provided by OMD or System providers in support of licensure maintenance
  - 3.5. Field Training – the agency’s established program in verifying OMD clinical competencies
  - 3.6. Skills competency assessment – psychomotor skills evaluation to be conducted by OMD or Agency Training Officer
  - 3.7. Clinical competency verification – cognitive skill assessment to be conducted by OMD or Agency Training Officer
  - 3.8. MegaCode evaluation – scenario-based protocol application assessments of a medical, trauma, adult, pediatric, and infant resuscitation
  - 3.9. Clinical Credentialing Interview (CCI) – table-top case presentation conducted by OMD or Agency Training Officer as the final evaluation step to credentialing of Basic or Assist provider
  - 3.10. Mock interview – table-top case presentation conducted by OMD or Agency Training Officer to assess readiness for Medical Director Interview
  - 3.11. Medical Director Interview (MDI) – table-top case presentation conducted by an OMD Medical Director as the final evaluation step to credentialing of ALS/Advanced provider
4. **Process**
  - 4.1. On-boarding
    - 4.1.1. Notify OMD of new hire and level of credential to be pursued
    - 4.1.2. Individual must hold a current, verified by OMD, TDSHS or National Registry certification for the credential level sought to begin credentialing process
    - 4.1.3. Individual must complete agency specific on-boarding process
    - 4.1.4. Prior to Field Training, the individual must:
      - 4.1.4.1. Hold a current, verified, TDSHS certification for the credential level sought
      - 4.1.4.2. Complete OMD approved cardiac resuscitation course
      - 4.1.4.3. Complete all credential level PRMs and knowledge exams
    - 4.1.5. Other components of credentialing may be accomplished in field training or lab
      - 4.1.5.1. Skills competency assessment
      - 4.1.5.2. Clinical competency verification
      - 4.1.5.3. MegaCode evaluation as required
    - 4.1.6. Final interview and recommendation
      - 4.1.6.1. Upon completion of all components of credentialing, a recommendation for credentialing is to be submitted to OMD
        - 4.1.6.1.1. For ALS/Advanced/MHP/CCP credentialing, upon receipt of the recommendation for credentialing, a Medical Director interview will be scheduled
    - 4.1.7. The agency is required to maintain a copy of all documentation of the components of credentialing
    - 4.1.8. OMD will provide a letter of credentialing to the agency for documentation purposes upon verification of successful completion of all components of credentialing

## 4.2. Maintenance

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# Credentialing Requirements

- 4.2.1. OMD will conduct monthly audits to validate compliance with maintenance requirements of credentialing to include verification of current state certification
- 4.2.2. Providers must complete annual PRM Allergic Reaction/Anaphylaxis
- 4.2.3. Every two years (biennial), credentialed providers must complete the required maintenance of credentialing components listed within their respective credential level
  - 4.2.3.1. All PIMs must be completed within the designated timeframe during the maintenance period, all other components must be completed by the end of the two-year maintenance cycle
- 4.3. See OMD policy Examination and Testing for requirements regarding skill assessment, clinical competency verification, and MegaCode evaluation along with retesting and credentialing interviews
- 5. **Emergency Care Attendants (ECA)**
  - 5.1. Initial Requirements:
    - 5.1.1. Current ECA by the TDSHS
    - 5.1.2. Completion of OMD approved cardiac resuscitation course
    - 5.1.3. Completion of agency specific on-boarding process to include:
      - 5.1.3.1. Completion of all ECA PRMs
      - 5.1.3.2. Completion of National Registry EMR skills assessment
  - 5.2. Maintenance requirements:
    - 5.2.1. Current ECA by the TDSHS
    - 5.2.2. Current OMD approved cardiac resuscitation course
    - 5.2.3. Completion of National Registry EMR skills assessment
- 6. **Basic (EMT-B, A-EMT, or EMT-P/LP)**
  - 6.1. Initial Requirements:
    - 6.1.1. Current EMT-B (or above) by the TDSHS
    - 6.1.2. Completion of OMD approved cardiac resuscitation course
    - 6.1.3. Completion of agency specific on-boarding process to include:
      - 6.1.3.1. Completion of all Basic PRMs
      - 6.1.3.2. Completion of the Basic skills competency assessment
      - 6.1.3.3. Completion of clinical competency verification program (Field Training)
    - 6.1.4. Completion of CCI by OMD or Agency Training Officer.
  - 6.2. Maintenance requirements:
    - 6.2.1. Current EMT-B (or above) by the TDSHS
    - 6.2.2. Current OMD approved cardiac resuscitation course
    - 6.2.3. Completion of all Basic PRMs
    - 6.2.4. Current with all PIMs
    - 6.2.5. Completion of the Basic skills competency assessment
- 7. **Assist (A-EMT or EMT-P/LP)**
  - 7.1. Initial requirements:
    - 7.1.1. Current A-EMT (or above) by the TDSHS
    - 7.1.2. Completion of OMD approved cardiac resuscitation course
    - 7.1.3. Completion of agency specific on-boarding process to include:
      - 7.1.3.1. Completion of all Basic PRMs

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# Credentialing Requirements

- 7.1.3.2. Completion of the Assist skills competency assessment
- 7.1.3.3. Completion of clinical competency verification program (Field Training)
- 7.1.4. Completion of CCI by OMD or Agency Training Officer.

## 7.2. Maintenance Requirements:

- 7.2.1. Current A-EMT (or above) by the TDSHS
- 7.2.2. Current OMD approved cardiac resuscitation course
- 7.2.3. Completion of all Basic PRMs
- 7.2.4. Current with all PIMs
- 7.2.5. Completion of the Assist skills competency assessment

## 8. ALS or Advanced (EMT-P/LP)

### 8.1. Initial requirements:

- 8.1.1. Current Paramedic (EMT-P/LP) by the TDSHS
- 8.1.2. OMD approved cardiac resuscitation course
- 8.1.3. Completion of agency specific on-boarding process to include:
  - 8.1.3.1. Completion of all ALS/Advanced PRMs
  - 8.1.3.2. Completion of the ALS/Advanced skills competency assessment
  - 8.1.3.3. Completion of System MegaCodes
  - 8.1.3.4. Completion of clinical competency verification program (Field Training)
  - 8.1.3.5. Completion of mock interview by OMD or Agency Training Officer
- 8.1.4. Completion of MDI by Medical Director

### 8.2. Maintenance Requirements:

- 8.2.1. Current Paramedic (EMT-P/LP) by TDSHS.
- 8.2.2. Current OMD approved cardiac resuscitation course
- 8.2.3. Completion of all PRMs
- 8.2.4. Current with all PIMs
- 8.2.5. Current System MegaCode verification
- 8.2.6. Completion of the ALS/Advanced skills competency assessment

## 9. Mobile Healthcare EMT – MH-EMT (EMT, EMT-I, EMT-P/LP)

### 9.1. Initial requirements:

- 9.1.1. Meet Basic level credentialing requirements.
- 9.1.2. Completion of all MIH PRMs
- 9.1.3. Completion of the MIH skills competency assessment
- 9.1.4. Completion of an approved Mobile Healthcare Paramedic Course
- 9.1.5. Completion of clinical competency verification program (Field Training)
- 9.1.6. MH-EMT MDI and recommendation by OMD or Agency Training Officer

### 9.2. Maintenance Requirements:

- 9.2.1. Meet Basic credential maintenance requirements
- 9.2.2. Completion of all MIH PRMs
- 9.2.3. Current with all MIH PIMs
- 9.2.4. Completion of the MIH skills competency assessment

## 10. Mobile Healthcare Paramedic – MHP (EMT-P or LP)

### 10.1. Initial requirements:

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# Credentialing Requirements

- 10.1.1. Meet ALS/Advanced level credentialing requirements.
- 10.1.2. Completion of all MIH PRMs
- 10.1.3. Completion of the MIH skills competency assessment
- 10.1.4. Completion of an approved Mobile Healthcare Paramedic Course
- 10.1.5. Completion of MHP clinical competency verification program (Field Training)
- 10.1.6. Completion of mock interview by OMD or Agency Training Officer
- 10.1.7. MHP MDI and recommendation by Medical Director
- 10.1.8. Successfully achieved advanced certification (CP-C) within 18 months of MHP credential.

## 10.2. Maintenance Requirements:

- 10.2.1. Meet ALS/Advanced credential maintenance requirements
- 10.2.2. Completion of all MIH PRMs
- 10.2.3. Current with all MIH PIMs
- 10.2.4. Completion of the MIH skills competency assessment
- 10.2.5. Current advanced certification (CP-C)

## 11. Critical Care Paramedic - CCP (EMT-P or LP)

### 11.1. Initial requirements:

- 11.1.1. Meet Advanced level credentialing requirements.
- 11.1.2. Completion of CCP PRMs
- 11.1.3. Completion of the CCP skills competency assessment
- 11.1.4. Completion of an approved Critical Care Paramedic Course
- 11.1.5. Completion of CCP clinical competency verification program (Field Training)
- 11.1.6. Completion of mock interview by OMD
- 11.1.7. CCP-MDI and recommendation by Medical Director.
- 11.1.8. Successfully achieve advanced certification (CCP-C, CCEMTP, or FP-C) within 18 months of CCP credential.

### 11.2. Maintenance Requirements:

- 11.2.1. Meet Advanced credential maintenance requirements
- 11.2.2. Completion of all CCP PRMs
- 11.2.3. Current with all PIMs
- 11.2.4. Completion of the CCP skills competency assessment
- 11.2.5. Current advanced certification (CCP-C, CCEMTP, or FP-C)

## 12. Extended Absence – Return to Work Re-credentialing

### 12.1. ≤ 60-days absent

- 12.1.1. Current TDSHS certification
- 12.1.2. Complete all new PRMs
- 12.1.3. Complete all PIMs

### 12.2. > 60-days absent

- 12.2.1. Current TDSHS certification
- 12.2.2. Complete all PRMs
- 12.2.3. Complete all current PIMs
- 12.2.4. Complete MegaCode verification
- 12.2.5. Complete new skills assessment

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# Credentialing Requirements

## 13. Unsuccessful Credentialed – Return to Training

### 13.1. Written assessment of entry level knowledge of credential

13.1.1. Passing score of 70%

### 13.2. Simulation cases

13.2.1. Evaluation by a minimum of two OMD staff

13.2.2. A minimum of two tabletop or simulation cases tailored to the candidate on their individualized objectives

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# Do Not Resuscitate

1. **Purpose.** Chapter 166 of the Health and Safety Code establishes Out-of-Hospital Do-Not-Resuscitate (OOH DNR) Orders. The chapter allows the development of a local DNR policy that complies with the State-wide DNR protocol adopted by the Board of Health.
2. **Scope.** This policy applies to all System providers and in all cases of out-of-hospital events including cardiac arrests that occur during inter-facility transports.
3. **DNR Form and Identification of Patients.**
  - 3.1. EMS personnel may only accept the original or a copy of the standardized OOH DNR Order
  - 3.2. EMS personnel may accept an approved OOH DNR bracelet or necklace (identification device) as proof that an OOH DNR order form has been executed by or issued on behalf of the person wearing the identification device.
  - 3.3. When presented with a “DNR Order,” EMS personnel should make every effort to identify the patient as the person for whom the OOH DNR Order has been executed or issued. Relatives, friends, neighbors, documents, ID bracelets, or other identification may be used as sources of identification.
4. **Honoring an OOH DNR Order.**
  - 4.1. When presented with a DNR Order, EMS personnel are to review the form to make sure that it is correctly completed and signed as required by the Health and Safety Code. If the order appears valid, the OOH DNR Order shall be honored.
  - 4.2. EMS personnel are not required to honor an OOH DNR Order that does not comply with the Health and Safety Code.
5. **Revocation of an OOH DNR Order.**
  - 5.1. The patient may revoke an OOH DNR Order, or the patient may direct someone in his or her presence to destroy the order and remove the patient’s identification device.
  - 5.2. A qualified relative, legal guardian or patient’s agent having medical power of attorney (or a person acting on behalf of any of these persons) may revoke the OOH DNR Order.
  - 5.3. The patient’s physician may revoke the OOH DNR Order.
  - 5.4. In case of a revocation of the OOH DNR Order, EMS personnel shall document the name of the person who revoked the order, the date, time, and location of the revocation.
  - 5.5. Upon revocation of the OOH DNR Order, EMS personnel shall provide care for the patient as required by protocol. This does not mean EMS must begin resuscitation if deemed futile per the Withholding Protocol.
6. **Disputes related to OOH DNR Orders.** In case a dispute arises regarding an OOH DNR Order, EMS personnel shall contact On-Line Protocol Guidance (OLPG) for direction and assistance.
7. **Pregnant Persons and OOH DNR Orders.** EMS personnel may not withhold cardiopulmonary resuscitation or certain other life-sustaining treatment from a person known to be pregnant unless futility criteria are met as per the Withholding Protocol.
8. **Other presented paperwork or request for termination.** Contact OLMC if presented with other request to withhold resuscitation efforts such as a verifiable Medical Power of Attorney (mPOA), Medical Orders on Scope of Treatment (MOST), Physician’s Orders for Life-Sustaining Treatment (POLST) or any request by family members on-scene.

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Figure: 25 TAC §157.25 (h)(2)

# OUT-OF-HOSPITAL DO-NOT-RESUSCITATE (OOH-DNR) ORDER

## TEXAS DEPARTMENT OF STATE HEALTH SERVICES

Print Form



This document becomes effective immediately on the date of execution for health care professionals acting in out-of-hospital settings. It remains in effect until the person is pronounced dead by authorized medical or legal authority or the document is revoked. Comfort care will be given as needed.

Person's full legal name \_\_\_\_\_ Date of birth \_\_\_\_\_  Male  Female

**A. Declaration of the adult person:** I am competent and at least 18 years of age. I direct that none of the following resuscitation measures be initiated or continued for me: cardiopulmonary resuscitation (CPR), transcutaneous cardiac pacing, defibrillation, advanced airway management, artificial ventilation.

Person's signature \_\_\_\_\_ Date \_\_\_\_\_ Printed name \_\_\_\_\_

**B. Declaration by legal guardian, agent or proxy on behalf of the adult person who is incompetent or otherwise incapable of communication:** I am the:  legal guardian;  agent in a Medical Power of Attorney; OR  proxy in a directive to physicians of the above-noted person who is incompetent or otherwise mentally or physically incapable of communication.

Based upon the known desires of the person, or a determination of the best interest of the person, I direct that none of the following resuscitation measures be initiated or continued for the person: cardiopulmonary resuscitation (CPR), transcutaneous cardiac pacing, defibrillation, advanced airway management, artificial ventilation.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Printed name \_\_\_\_\_

**C. Declaration by a qualified relative of the adult person who is incompetent or otherwise incapable of communication:** I am the above-noted person's:

spouse,  adult child,  parent, OR  nearest living relative, and I am qualified to make this treatment decision under Health and Safety Code §166.088.

To my knowledge the adult person is incompetent or otherwise mentally or physically incapable of communication and is without a legal guardian, agent or proxy. Based upon the known desires of the person or a determination of the best interests of the person, I direct that none of the following resuscitation measures be initiated or continued for the person: cardiopulmonary resuscitation (CPR), transcutaneous cardiac pacing, defibrillation, advanced airway management, artificial ventilation.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Printed name \_\_\_\_\_

**D. Declaration by physician based on directive to physicians by a person now incompetent or nonwritten communication to the physician by a competent person:** I am the above-noted person's attending physician and have:

seen evidence of his/her previously issued directive to physicians by the adult, now incompetent; OR  observed his/her issuance before two witnesses of an OOH-DNR in a nonwritten manner.

I direct that none of the following resuscitation measures be initiated or continued for the person: cardiopulmonary resuscitation (CPR), transcutaneous cardiac pacing, defibrillation, advanced airway management, artificial ventilation.

Attending physician's signature \_\_\_\_\_ Date \_\_\_\_\_ Printed name \_\_\_\_\_ Lic # \_\_\_\_\_

**E. Declaration on behalf of the minor person:** I am the minor's:  parent;  legal guardian; OR  managing conservator.

A physician has diagnosed the minor as suffering from a terminal or irreversible condition. I direct that none of the following resuscitation measures be initiated or continued for the person: cardiopulmonary resuscitation (CPR), transcutaneous cardiac pacing, defibrillation, advanced airway management, artificial ventilation.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Printed name \_\_\_\_\_

**TWO WITNESSES:** (See qualifications on backside.) We have witnessed the above-noted competent adult person or authorized declarant making his/her signature above and, if applicable, the above-noted adult person making an OOH-DNR by nonwritten communication to the attending physician.

Witness 1 signature \_\_\_\_\_ Date \_\_\_\_\_ Printed name \_\_\_\_\_

Witness 2 signature \_\_\_\_\_ Date \_\_\_\_\_ Printed name \_\_\_\_\_

**Notary in the State of Texas and County of \_\_\_\_\_.** The above noted person personally appeared before me and signed the above noted declaration on this date: \_\_\_\_\_.

Signature & seal: \_\_\_\_\_ Notary's printed name: \_\_\_\_\_ Notary Seal

[ Note: Notary cannot acknowledge the witnessing of the person making an OOH-DNR order in a nonwritten manner ]

**PHYSICIAN'S STATEMENT:** I am the attending physician of the above-noted person and have noted the existence of this order in the person's medical records. I direct health care professionals acting in out-of-hospital settings, including a hospital emergency department, not to initiate or continue for the person: cardiopulmonary resuscitation (CPR), transcutaneous cardiac pacing, defibrillation, advanced airway management, artificial ventilation.

Physician's signature \_\_\_\_\_ Date \_\_\_\_\_  
Printed name \_\_\_\_\_ License # \_\_\_\_\_

**F. Directive by two physicians on behalf of the adult, who is incompetent or unable to communicate and without guardian, agent, proxy or relative:** The person's specific wishes are unknown, but resuscitation measures are, in reasonable medical judgment, considered ineffective or are otherwise not in the best interests of the person. I direct health care professionals acting in out-of-hospital settings, including a hospital emergency department, not to initiate or continue for the person: cardiopulmonary resuscitation (CPR), transcutaneous cardiac pacing, defibrillation, advanced airway management, artificial ventilation.

Attending physician's signature \_\_\_\_\_ Date \_\_\_\_\_ Printed name \_\_\_\_\_ Lic# \_\_\_\_\_

Signature of second physician \_\_\_\_\_ Date \_\_\_\_\_ Printed name \_\_\_\_\_ Lic# \_\_\_\_\_

Physician's electronic or digital signature must meet criteria listed in Health and Safety Code §166.082(c).

**All persons who have signed above must sign below, acknowledging that this document has been properly completed.**

Person's signature \_\_\_\_\_ Guardian/Agent/Proxy/Relative signature \_\_\_\_\_

Attending physician's signature \_\_\_\_\_ Second physician's signature \_\_\_\_\_

Witness 1 signature \_\_\_\_\_ Witness 2 signature \_\_\_\_\_ Notary's signature \_\_\_\_\_

**This document or a copy thereof must accompany the person during his/her medical transport.**



# Emergency 911 Calls from within a hospital

1. **Purpose.** This policy addresses when a patient calls for an ambulance within a hospital. This policy does not apply when a person or patient is calling from other types of care facilities.
2. **Scope.** This policy applies when a person contacts the MedStar Communications Center within a hospital requesting an ambulance for care. This policy describes the procedure to follow when providing care to this patient.
3. **Appropriate action to follow.** If a person within a hospital contacts the Communications Center requesting an ambulance, the following procedure will be followed:
  - 3.1. **Properly EMD the call:** The call will be screened utilizing current procedures and then confirm that the patient is calling from within the hospital.
  - 3.2. **Provide instructions:** If the person is calling from within the hospital, they should be instructed to immediately report to the Triage Nurse or Charge Nurse and inform them that they have contacted 911 requesting an ambulance.
    - 3.2.1. Explain to the person that an ambulance may not be dispatched by their request and that it must be requested by the hospital personnel.
  - 3.3. **Contact the Hospital:** The Communications Specialist should immediately contact the charge nurse of that ED or hospital by phone and advise them of the situation.
  - 3.4. **If the person is outside of the hospital:** If the patient requesting the ambulance is outside of the hospital, or there is any confusion, the Communications Specialist should follow regular 911 call procedures. If the patient is on hospital grounds, transport should be to that hospital's emergency department.
4. **If the hospital then requests an ambulance:** If the hospital requests an ambulance for the patient, the Communications Specialist should follow the process for inter-facility transfer.

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# Emergency Care Attendants

1. **Purpose.** The purpose of this policy is to establish care guidelines for First Responders trained at the Emergency Care Attendant (ECA; Texas Department of State Health Services) / Emergency Medical Responder (EMR; National Registry of EMTs)
2. **Scope.** This policy applies to all EMS System providers credentialed at the ECA / EMR Level.
3. **Protocol variations.** ECA / EMR providers will generally operate under the “Basic” level in the EPAB protocols, with the following modifications. ECA / EMR:
  - 3.1. May provide general first aid as per Basic level protocols.
  - 3.2. May administer oxygen as per protocol at the Basic level.
  - 3.3. Are required to have available epinephrine auto-injectors and be trained in their use; they may not administer IM injections otherwise.
  - 3.4. May administer naloxone (Narcan) as per the Basic level protocol for suspected opioid intoxication; they may not administer intra-nasal medications otherwise.
  - 3.5. Are permitted to assist with patient self-administration of nitroglycerin (already prescribed and available on-scene) if the systolic blood pressure is greater than 100, as per the *Acute Coronary Syndrome/STEMI* protocol.
  - 3.6. May administer aspirin as per the *Acute Coronary Syndrome/STEMI* protocol.
  - 3.7. May administer oral glucose as per the *Altered Mental Status and Diabetic Emergencies* protocols.
  - 3.8. May administer Isopropyl Alcohol as per the Adult and Pediatric *Nausea and Vomiting* protocol.
  - 3.9. May not administer CPAP.
  - 3.10. May not administer nebulized medications.
  - 3.11. May not perform spinal motion restriction; patients who may have suffered spinal trauma should have manual cervical spine stabilization performed until higher-level providers arrive.
4. **Required medications/equipment for ECA / EMR First Responders:**
  - 4.1. Oxygen, with BVM, nasal cannula, and non-rebreather devices in both adult and child sizes
  - 4.2. Emergency childbirth kit
  - 4.3. Epinephrine auto-injector in both pediatric and adult doses
  - 4.4. Aspirin
  - 4.5. Oral glucose
  - 4.6. Naloxone
  - 4.7. Isopropyl Alcohol pads
  - 4.8. Basic bandaging / splinting materials
  - 4.9. Blood pressure cuff with stethoscope
  - 4.10. Glucometer
  - 4.11. Manual suction device

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# Equipment Failure

1. **Purpose.** This policy describes the process of reporting equipment failures
2. **Scope.** This procedure applies to all EMS System providers who experience an equipment failure while providing patient care.
3. **Overview.** If while rendering patient care, a provider experiences a failure of any piece of equipment, it must be reported to OMD and as per the agency's policy. This may also include the manufacturer and the proper State/Federal agencies.
4. **The Process.**
  - 4.1. The provider experiencing the equipment failure should retain the specific item and all associated components if possible.
  - 4.2. Package the item in a biohazard bag if it is contaminated with human fluids.
  - 4.3. Turn the item into their Agency's designated individual as stated in their SOPs and/or Policies & Procedures.
  - 4.4. The Agency should then report the failure to the Office of the Medical Director.
  - 4.5. The Agency should then report the failure to the manufacturer.
  - 4.6. Together, the Agency, OMD, and the manufacturer will determine if a report to State and/or Federal agencies should be made.

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# Examination and Testing

1. **Purpose.** The OMD relies on periodic examinations, verifications, and competency evaluations as tools to assess retention of required knowledge, protocol application, and mastery of skill performance among EMS personnel.
2. **Scope.** This policy applies to all EMS System providers seeking initial credentialing or maintenance of current credentials.
3. **Procedure.**
  - 3.1. All System providers are required to pass the following verification exams/evaluations to be credentialed:
    - 3.1.1. Protocol-based knowledge exam associated with each Protocol Review Module (PRM)
      - 3.1.1.1. Open book. The protocol book or app may be utilized in taking these exams
      - 3.1.1.2. Answers to exam questions will be within the PRM or protocol book / app
      - 3.1.1.3. Individuals must pass the PRM exams with a score of at least 80%.
        - 3.1.1.3.1. Agencies may set a higher pass rate at their discretion
    - 3.1.2. Clinical Knowledge Assessment,
      - 3.1.2.1. A multiple-choice scenario exam evaluating protocol application and understanding for protocols that do not have an associated PRM.
      - 3.1.2.2. Exam pass score is 78% with three (3) attempts
    - 3.1.3. Successful completion of a skills verifications packet for credential level
      - 3.1.3.1. Each skill associated with the scope of practice of the credentialed level will be evaluated utilizing a standardized skill verification process
    - 3.1.4. MegaCode evaluation for medical and trauma, along with adult, pediatric, and infant resuscitation.
      - 3.1.4.1. MegaCode evaluation is a standardized scenario-based protocol application assessment required for credentialing at the ALS level and above
  - 3.2. Clinical Credentialing Interview (CCI)
    - 3.2.1. The CCI is the final step in the credentialing of an individual seeking to be credentialed at any level below ALS
    - 3.2.2. The CCI is a table-top case presentation conducted by OMD or Agency Training Officer to assess individuals readiness to function independently in the System
  - 3.3. Medical Director Interview (MDI)
    - 3.3.1. The MDI is the final step in the credentialing of an individual seeking to be credentialed at the ALS level or higher.
    - 3.3.2. The MDI will be conducted by a System Medical Director at the recommendation of OMD or Agency Training Officer after a Mock MDI has been conducted in assessment of readiness
    - 3.3.3. The MDI is a table-top case presentation to assess individuals readiness to function independently in the System

## 3.4. Exam / Evaluation Attempts

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# Examination and Testing

## 3.4.1. Clinical Knowledge Assessment Exam

3.4.1.1. Three (3) attempts are provided with mandatory review sessions between 2<sup>nd</sup> and 3<sup>rd</sup> attempt with OMD or Agency Training Officer.

## 3.4.2. Protocol Review Modules

3.4.2.1. Unlimited attempts are given at Agency's discretion

3.4.2.2. Upon failing to meet the 80% or Agency defined passing score, the individual must rewatch the PRM to attempt the exam again

## 3.4.3. Skills verification

3.4.3.1. Unlimited attempts for each skill verification at Agency's discretion

3.4.3.2. Remediation is to be provided between each failed attempt

3.4.3.3. Should it be determined the individual will not be successful, the individual will be eligible to credential at a lower level at the Agency's discretion.

## 3.4.4. Clinical application scenarios (MegaCodes)

3.4.4.1. Individual is given 3 attempts, at least 72 hours a part

3.4.4.2. If unsuccessful on the third attempt, the individual must successfully complete the corresponding card course of the MegaCode scenario failed

3.4.4.2.1. Corresponding card course with MegaCode

3.4.4.2.1.1. AMLS = Medical

3.4.4.2.1.2. PHTLS = Trauma

3.4.4.2.1.3. ACLS = Adult Resuscitation

3.4.4.2.1.4. PALS = Pediatric / Infant

3.4.4.2.2. Upon presenting a valid course completion card, the individual will then be expected to pass the specific MegaCode. Next steps, should the MegaCode again be failed, will be at the discretion of the Medical Director and Agency.

3.4.4.3. If unsuccessful in passing the corresponding card course, the individual will be eligible to credential at a lower level at the Agency's discretion

## 3.4.5. Clinical Credentialing Interview

3.4.5.1. Individual is given 3 attempts, at least 24 hours a part

3.4.5.2. If unsuccessful on the third attempt, the individual will be eligible to credential at a lower level at the Agency's discretion

## 3.4.6. Medical Director Interview

3.4.6.1. Individual is given 3 attempts, at least 24 hours a part

3.4.6.2. If unsuccessful on the third attempt, the individual will be eligible to credential at a lower level at the Agency's discretion

3.5. If an individual fails at any required component of credentialing, they may be offered a lower-level credential if available at Agency's discretion and System Medical Director agreement.

3.5.1. The individual's ability and timeframe to reenter the credentialing process is at the agency's discretion

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# Examination and Testing

## 3.6. Maintaining Credentialing

3.6.1. All existing credentialed personnel within the System are required to follow all requirements listed in the **Continuing Education Policy** and the **Credentialing Requirements Policy** to maintain their OMD credentialing.

3.6.2. Individuals are responsible for gathering their own study materials. OMD will provide an electronic copy of the approved protocols and any course material that may be required.

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# Field Training Officers

- 1. Purpose.** The OMD is responsible for credentialing emergency medical services personnel. That process depends on the integrity of the Field Training Officer (FTO) program within the System. The objective of the FTO Selection Process is to assure that a standardized method for selection of FTOs will be used in a consistent manner and to assure that the Medical Director or designee will participate in the selection process.
- 2. Scope.** The FTO assignment procedure applies to the MedStar and First Responders. While the Medical Director is a participant in the selection of FTOs, these personnel are employees of that individual Agency and must comply with their specific policies.
- 3. The Selection Process.** Each agency is responsible for organizing the FTO selection process. At minimum, the Agency shall implement a non-biased, non-discriminatory selection process that allows candidates to compete based on their qualifications. The Medical Director or designee shall be a participant in the selection process.
- 4. Final Selection.** The Medical Director or designee will provide Agency a written confirmation of recommended candidates. The Medical Director, in cooperation with the agency, shall have final approval of all FTO personnel.
- 5. Allowance for alternate training programs:** If a First Responder agency does not use an FTO-based process, the clinical training process for that agency will be reviewed and approved by the Medical Director or designee.
- 6.** Due to the diverse nature of FRO training, OMD will work with individual FRO agencies to develop agency-specific FTO selection criteria and training.

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# Helicopter EMS

1. **Purpose.** The OMD is responsible for establishing guidelines for the role of helicopter utilization in emergency care. The OMD recognizes the benefit of this specialized service but also realizes it must be used appropriately and safely.
2. **Scope.** This policy applies to System providers responsible for initiating a helicopter response. All HEMS requests must be done through the MedStar Communication Center.
3. **Appropriate use of helicopter transport.** There are circumstances that will require the expeditious use of HEMS transport. These include, but are not limited to:
  - 3.1. Patient inaccessible due to terrain or environmental conditions (i.e., high water, mud, rough terrain).
  - 3.2. Extended travel time of a critical patient (greater than 30 minutes) to an appropriate receiving facility due to distance or traffic.
  - 3.3. As an additional resource during a Mass Casualty Incident (MCI) with critically injured patients.
4. **Requesting Emergency Helicopter Support.**
  - 4.1. **Initiating a Standby/Launch Request.** “Standby” status places the helicopter crew on alert for possible scene response. A launch order or “alert go” physically request the helicopter and flight crew to lift-off and proceed to the requested location. Provide the height and weight of the patient (if known) at the time of launch request. A standby/launch request through the MedStar Communication Center may be initiated by any of the following:
    - 4.1.1. Any first responding unit or MedStar unit.
    - 4.1.2. Fire and Civil Defense personnel.
    - 4.1.3. State and Local Law Enforcement personnel.
    - 4.1.4. Industrial safety personnel.
  - 4.2. **Who May Cancel the Helicopter:** Once launched the helicopter will only be cancelled by:
    - 4.2.1. The initiating official/agency or ALS-Assist / Advanced provider on-scene after patient contact has been established, and:
      - 4.2.1.1. Performance of a proper patient assessment, and
      - 4.2.1.2. Notifying Fire Department incident commander of decision
      - 4.2.1.3. If disagreement concerning cancellation exists between the incident commander and credentialed provider, the ultimate decision will be made by the highest credentialed provider on-scene.
5. **Safety.** The decision to launch is totally under the control of the helicopter pilot. Factors influencing flight safety for the patient and HEMS personnel will always take precedence in this decision.
  - 5.1. All personnel within the System shall complete a Helicopter Safety training program as part of their orientation or continuing education program.
6. **Documentation.** A full patient care form must be completed for each patient transported by a helicopter.
7. **QA/QI.** All HEMS utilization will be reviewed through the QA process.

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# Incident Command System

1. **Purpose.** The uniform EMS Ordinance requires the OMD to set standards for patient care. Large or complex incidents require specialized policies to establish a unified command structure, common terminology, and an incident action plan (IAP). The objective is to assure that rescuers remain safe and that single resources are utilized effectively and efficiently as they treat and transport patients in an organized fashion.
2. **Scope.** This policy applies to all MedStar agencies during a large-scale incidents or a Mass Casualty Incident (MCI).
3. **Procedure Overview.** All emergency events will be managed in accordance with the nationally recognized Incident Command System (ICS) as established by the Federal Emergency Management Administration. The Fire Department Incident Commander (IC) will direct the overall operation at the scene. Emergency medical services will operate as a Branch within the ICS structure and will make medical decisions in cooperation with the IC. Patient care must never be delayed due to a jurisdictional dispute.
4. **Training.** Supervisory level personnel within the MedStar system shall complete, at least, basic level ICS training published by the Federal Emergency Management Agency Emergency Management Institute or an equivalent course. All medical personnel should be familiar with ICS and mass casualty response plans.
5. **Emergency Medical Services Operation.** At any scene requiring a unified command structure, EMS personnel will provide care according to medical protocols and within their scope of medical training and qualifications.
  - 5.1. The Fire Department Incident Commander is in command of the incident and the scene. In the event that a MedStar ambulance paramedic is the first to arrive at a scene, that individual will act as the IC until relieved by the Fire Department IC.
  - 5.2. The first MedStar ambulance personnel on-scene will be responsible for patient treatment and transport.
  - 5.3. The MedStar Advanced Paramedic, along with a Firefighter, will be in charge of the Triage, Treatment, and Transport areas (T-3).
    - 5.3.1. The MedStar Basic provider, along with a Firefighter, will triage all patients to the designated areas within the T-3 by utilizing START.
  - 5.4. The Fire Department personnel on-scene will be responsible for:
    - 5.4.1. Initial triage of victims & Strike Teams to extricate victims to the casualty collection points.
  - 5.5. Requests for additional resources shall be directed to the Incident Commander.
    - 5.5.1. When emergency helicopter service is needed, the Incident Commander is responsible for securing an appropriate landing site and for all safety procedures.
    - 5.5.2. The Appropriate destination-facility decisions will be made with consultation between the MedStar Advanced paramedic and helicopter personnel, taking into consideration patient and/or family wishes when appropriate.
6. **Patient hand-offs**
  - 6.1. See *Transition of Care* policy
  - 6.2. In the event of disagreement in patient care, On-Line Medical Control will be contacted immediately for appropriate orders. All incidents of this nature will be forwarded to the Medical Director for review.

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# Incident Disposition and Cancellation

1. **Purpose.** This policy establishes criteria for various dispositions for First Responders and MedStar ambulances, including cancellation.
2. **Scope.** This policy applies to all System agencies.
3. **Disposition reasons for EMS-related calls for service.**
  - 3.1. **First Responder disposition of calls.**
    - 3.1.1. **Assist a Citizen:** Upon completion of a clinical evaluation, the First Responder determines that a person needs assistance unrelated to an acute or deteriorating medical condition and there is no need for an ambulance. Appropriate documentation should be completed by the First Responder.
    - 3.1.2. **No Patient Found:** Upon arrival and after every reasonable effort to find the patient and potential errors have been ruled out, and no patient found. This includes calls to a false/non-existent location.
    - 3.1.3. **Dead on Scene:** Upon arrival, First Responders have identified that a patient is dead as described in the appropriate protocol. Appropriate documentation should be completed by the First Responder.
    - 3.1.4. **Against Medical Advice (AMA):** Anytime a patient or their parent/guardian demonstrates capacity and communicates a refusal of treatment or transport, the First Responder is to complete the appropriate documentation as required by OMD.
    - 3.1.5. **Refusal Without Demonstration of Capacity:** Anytime a patient or their parent/guardian communicates a refusal of treatment, or transport, and is unable to demonstrate capacity, the First Responder is to complete the appropriate documentation as required by OMD.
    - 3.1.6. **Release at Scene (RAS):** Anytime an individual meets the definition within the RAS protocol, The First Responder will complete the RAS documentation as required by OMD.
    - 3.1.7. **Treat-in-place Alternative:** Anytime a patient is treated without transport utilizing any currently implemented treat-in-place alternative. (Telehealth or protocol)
    - 3.1.8. **Care transferred to MedStar personnel** (or agencies responding for mutual aid).
  - 3.2. **MedStar Ambulance disposition of calls.**
    - 3.2.1. **No Patient Found:** Upon arrival and after every reasonable effort to find the patient and potential errors have been ruled out, no patient can be found. This includes calls to a false/non-existent location.
    - 3.2.2. **Dead on Scene:** Upon arrival, MedStar personnel have identified that a patient is dead as described in the appropriate protocol. Appropriate documentation should be completed by MedStar personnel.
    - 3.2.3. **Against Medical Advice (AMA):** Anytime a patient or their parent/guardian demonstrates capacity and communicates a refusal of treatment or transport, the First Responder is to complete the appropriate documentation as required by OMD.
    - 3.2.4. **Refusal Without Demonstration of Capacity:** Anytime a patient or their

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parent/guardian communicates a refusal of treatment, or transport, and is unable to demonstrate capacity, the First Responder is to complete the appropriate documentation as required by OMD.

- 3.2.5. **Release at Scene (RAS):** Anytime an individual meets the definition within the RAS protocol, MedStar personnel will complete the RAS documentation as required by OMD.
- 3.2.6. **Transfer of care:** When care is transferred from one MedStar provider to another (for example, due to an equipment failure and change to a new ambulance, multiple patients on scene with additional transporting resources, care assumed by Mobile Integrated Health (MIH) provider or Critical Care Paramedic (CCP)). The first on-scene MedStar personnel will document their care, then transfer the chart electronically to the next care provider.
- 3.2.7. **Transport to ED:** Identified patient is transported to the emergency department.
- 3.2.8. **ET3 Telehealth – Treatment in Place:** Identified patient has accepted telehealth visit and agreed to treatment on-scene with referral to primary care physician, or a scheduled in-home urgent care visit, or a scheduled in-home visit by crisis outreach team.
- 3.2.9. **ET3 Telehealth – Alternate Destination Transport:** Identified patient has accepted telehealth visit and agreed to transport to MHMR clinic or Urgent Care.
- 3.2.10. **MIH Call Complete:** This disposition is to only be used by MIH and CCP providers with patients enrolled in MIH programs. In conjunction with OMD, MedStar will create more descriptive codes, as needed, to properly identify specific programs.

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# Medical Professional On-Scene

1. Purpose. Medical professionals at the scene of an emergency may provide assistance to pre-hospital care personnel and should be treated with professional courtesy.
2. Scope. This policy applies to OMD-credentialed providers
3. Physician On-Scene, Not Requested by EMS
  - 3.1. Prior to arrival of OMD credentialed providers
    - 3.1.1. An on-scene physician who is caring for a patient may retain responsibility for patient care, provided that physician accepts full legal and medical responsibility.
    - 3.1.2. The on-scene physician will be placed in contact with On-Line Medical Control (OLMC), who may authorize that physician to issue orders to OMD credentialed providers. Once authorized by OLMC, the on-scene physician must accompany the patient to the hospital.
  - 3.2. After arrival of OMD credentialed providers
    - 3.2.1. A physician arriving after care has been initiated by the prehospital team will be placed in contact with OLMC before becoming involved in patient care.
    - 3.2.2. OLMC, the prehospital care team, and the on-scene physician will work collaboratively if granted permission by OLMC.
4. Physician On-Scene, Requested by EMS
  - 4.1. When a Specialty Care Physician is requested to the scene (e.g., Amputation Team) or is part of an approved specialty transport team (e.g., ECMO)
    - 4.1.1. EMS clinicians are authorized to follow orders given by the on-scene physician within the scope of their credential level.
      - 4.1.1.1. Contact OLMC should the on-scene physician issue orders outside the scope of credential level
        - 4.1.1.1.1. Authorized exceptions that do not need OLMC contact:
          - The administration of blood products, provided and ordered by the on-scene physician
          - Dosing of protocolized medications outside protocol parameters.
5. Responding to Physician's Offices:
  - 5.1. The OMD credentialed providers will comply with medical treatment requests the physician makes within his/her office as long as the orders are within the provider's scope of credentialing, and OMD protocols. Any orders that are in conflict with above should be discussed with OLMC.
  - 5.2. If the physician gives orders that are to be carried out during transport and are outside protocol, the paramedic will discuss these orders with OLMC once in the ambulance to assure that OLMC agrees with the orders and that the orders comply with the protocols of the System.
6. Poison Control
  - 6.1. Poison Control Center Specialists are authorized to direct medical care related to the medical toxicology and/or hazardous material exposure aspects of patient care if contacted for direction limited by credentialed scope and protocols. Care may be limited by supply and medication available for treatment.
7. Care established by other medical professionals
  - 7.1. Orders by nurses, nurse practitioners, physician assistants, and other State-certified providers are not applicable to System providers.

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# Medical Professional On-Scene

- 7.1.1. If on arrival of OMD credentialed personnel, the patient is under the direct care of another medical professional, and if the patient and medical professional desire to continue as such, provide care in parallel with the medical professional and within the treatment protocol; if care beyond the credentialed scope of practice is requested, contact OLMC (e.g., OB – FHT monitoring)
    - 7.1.2. A medical professional arriving after care has been initiated by the prehospital team will be placed in contact with OLMC before becoming involved in patient care.
8. Critical Care Ground and Air Medical Transport Teams
  - 8.1. The patient will remain in the care of the transport team. OMD credentialed providers may assist in patient care at the request of the transport team as long as the care is within the credentialed scope and protocol.
9. Services and Equipment.
  - 9.1. If approved by OLMC, the services, and equipment of the emergency vehicle will be made available to the on-scene physician or medical professional.

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# Medical Treatment of an Employee

1. **Purpose.** This policy is a process to describe the clinical practice of treating ill or injured employees of the EMS System
2. **Scope.** This procedure applies to all credentialed providers who are rendering patient care to an ill or injured employee of the EMS System.
3. **Overview.** If an Agency's employee is either ill or injured, that person should be treated as a "patient" and all the OMD Protocols, Procedures, and Policies apply to care for that individual. An employee requiring medical care must have a patient care record completed whether or not they are transported to a hospital or if they are released by other means (AMA, RAS, etc.). A credentialed provider may not administer any type of medical treatment to another employee without properly following OMD protocols, procedures, and policies.
4. **Process.**
  - 4.1. If an Agency's employee is ill or injured, proper medical attention should be activated and initiated. The 911 system should be activated if necessary.
  - 4.2. If the Agency's employee refuses transport, then the proper AMA protocol should be followed. An incident must be created, and the proper patient care record documented fully.
  - 4.3. Any deviation from this process is prohibited by the Medical Director and may lead to disciplinary action by the agency, state, and federal oversight authorities.
  - 4.4. Personnel should refer to agency-specific standard operating procedures for any agency-specific requirements of notification or referral.

Document Name:	Medical Treatment of an Employee	Effective Date:	10/01/2022
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# Medication Storage

1. Purpose. The Drug Enforcement Administration, and the Texas DSHS require the Medical Director to assure that all medications purchased under his/her license are stored and secured according to laws and regulations.
2. Scope. This policy applies to medications required on ambulances, first responder vehicles, special teams, and other response-capable System vehicles.
3. Procedure
  - 3.1. Storage of Medications in the Field.
    - 3.1.1. Schedule II - IV Medications will be secured by field personnel while on duty either:
      - 3.1.1.1. on the person of the Paramedic that accepted receipt of the medications and is assigned to the apparatus, or
      - 3.1.1.2. in a locked container on the apparatus, where the only person with the key or combination is the Paramedic that accepted receipt of the medications and is assigned to the apparatus, or
      - 3.1.1.3. during EMS standby services, in a locked container in a designated first aid room where the only person with the key or combination is the Paramedic assigned to the room.
    - 3.1.2. When the crew is not physically inside the unit, all other medications and equipment will be secured on the apparatus by locking all exterior doors or compartments. The crew members assigned to that unit are the only personnel authorized to unlock the unit.
    - 3.1.3. The Paramedic that accepted receipt of the medications on Special Teams, such as the Bike Team, Mounted EMS Team, other Ad Hoc teams, or other response capable System vehicles, will secure all Scheduled medications on their person.
  - 3.2. Securing of ALS medications on a BLS resource
    - 3.2.1. Agencies will have a policy/procedure addressing the securing of ALS medications on a unit when being utilized as a BLS resource.
4. Reconciliation.
  - 4.1. All System agencies that carry controlled substances must have a reconciliation policy and procedure in place. OMD may conduct reconciliation record audits to assure compliance with this policy.
5. Drug Adulteration.
  - 5.1. All medicines stored in the field must be stored according to current Texas DSHS rules and regulations. This includes all manufacturer temperature recommendations. Proper temperature storage techniques should be maintained by each System agency.

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# Patient Destination

1. **Purpose.** The purpose of this policy is to establish patient destination guidelines.
2. **Scope.** This policy includes all patient transports within the jurisdiction of the EMS System.
3. **Selection of a Destination Facility.** The selection of a destination facility must balance the goal of delivering the highest quality patient care with respecting the individual patient's rights and desires to make an informed choice. To accomplish this, patients will be transported to the closest, most appropriate facility using the following criteria in the order listed.
  - 3.1. Once it has been determined that a patient has decisional capacity, and if medically appropriate, they shall be transported to the hospital of their request.
  - 3.2. If the patient is unable to communicate, the patient is to be taken to the hospital of immediate family request, as medically appropriate
  - 3.3. If the family's facility preference is not known, the patient is to be taken to the closest, most appropriate facility.
  - 3.4. Special patient needs may dictate transport to a hospital that may not be the closest but is the most appropriate facility for that patient's medical care needs (i.e., burns, major trauma, stroke, STEMI). See **Designated Specialty Receiving Facilities** (below).
  - 3.5. If a patient calls for EMS while within 250 yards of a full-service hospital's campus, the patient shall be transported to that hospital's Emergency Department unless dictated as in 3.4.
  - 3.6. If a patient has been seen and discharged from an Emergency Department of a full-service hospital within 24-hours, the patient shall be transported back to that Emergency Department unless an exception exists as outlined in 3.4.
  - 3.7. Cardiopulmonary Arrest patients, if transported, should be transported to the closest full-service hospital.
  - 3.8. Credentialed providers shall not encourage patients to utilize one facility over another.
4. **Resolving Conflicts.** The following guidelines are to be used if the decision to transport the patient to the closest appropriate or other facility results in a conflict with the patient or family of the patient.
  - 4.1. In all cases, the patient or family are to be assisted to make an informed decision. As long as patients have decisional capacity, their informed decision will be honored. The patient's present medical condition and the reasons for transport to the closest appropriate medical facility should be discussed with the patient or family if the patient lacks capacity. If the patient or patient's family, as allowed in 3.1 or 3.2 above, insists on transport to another facility (other than a recommended facility based on patient condition or clinical need), their informed decision will be honored as described in this policy.

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5. **Age-Specific Transport Guidelines.** Any unresponsive patient with secondary sex characteristics shall be treated as an adult patient and transported to an adult-care facility. The following table establishes the age-related guidelines for selecting adult or pediatric destination facilities while recognizing the rules set forth in sections 3 and 4 (above).

	Adult Care Facility	Cook Children's
Medical/Trauma Emergencies	≥ 15 Years	< 15 Years *
Psychiatric Emergencies	≥ 13 Years	< 13 Years
<p>* Under certain circumstances, individual patients who are 15-years old or older and who have established relationships with pediatric specialists may be transported to a pediatric care facility. If in doubt, consult with OLMC.</p> <p>* Patients who are exhibiting both an acute medical and psychiatric emergency (e.g., overdose with AMS) should be transported using the Medical/Trauma Emergency criteria</p>		

6. **Emancipated Minors.** Current laws dictate who may be declared an emancipated minor.
7. **Police Custody.** A patient who is under the custody of a police officer and who is being transported to a hospital for assessment/treatment, including those under an application for detention, may be transported to any hospital that is selected by the police officer as long as medically appropriate and as meets the age requirements in this policy.
8. **Correctional Facility Patients.** Patients being transported from correctional facilities are to be transported as follows:
- 8.1. Most federal correctional facilities have agreements with local hospitals. Patients should be transported to facilities in accordance with such agreements. MedStar paramedics should ask an appropriate official who is responsible for the patient to select the destination facility.
  - 8.2. Other jails or detention facilities – patients are transported to facilities selected by the police officer responsible for the patient.
9. **Designated Specialty Receiving Facilities.** A list of approved Specialty Receiving Facilities is available on each tablet, on the intranet, and in the smartphone app.
- 9.1. **Trauma** - Patients who meet American College of Surgeons trauma activation criteria should be transported to an OMD-approved trauma facility.
    - 9.1.1. **Burn**- Patients with significant 2<sup>nd</sup> or 3<sup>rd</sup>-degree burns, as detailed within the Burn protocol, should be transported to an OMD-approved Burn center.
    - 9.1.2. **Cardiac** - Patients experiencing ST-elevation myocardial infarction should be transported to an OMD-approved PCI-capable facility.
  - 9.2. **Stroke** - Patients experiencing acute stroke symptoms should be transported to an OMD-approved stroke facility. A decision tool for transport to Primary vs. Comprehensive Stroke Center is defined in the Stroke Protocol.
  - 9.3. **Obstetrics** – gravid patients > 20-weeks' gestation should be transported to an OMD-approved facility with OB capabilities.

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- 9.4. **Sexual Assault** – patients with suspected or verbalized complaints of sexual assault should be transported to an OMD-approved facility with SANE capabilities.
- 9.5. Designation of Specialty Receiving Facilities will occur based on the below criteria:
  - 9.5.1. **Trauma** – facilities that are approved by the Texas Department of State Health Services as a Level I, II, III, or IV trauma facility; or are in pursuit of such designation.
  - 9.5.2. **Cardiac** – facilities that perform 24/7 percutaneous coronary intervention (PCI) for STEMI-patients and are accredited, or in pursuit of accreditation, by the Joint Commission, American Heart Association, or the American College of Cardiology
  - 9.5.3. **Stroke** – facilities that are designated by the Texas Department of State Health Services as a Primary or Comprehensive Stroke Center
  - 9.5.4. **Obstetrics** – facilities that have a 24/7 Labor & Delivery unit
  - 9.5.5. **Sexual Assault** – facilities that have formalized Sexual Assault Nurse Examiners (SANE), and necessary equipment, available 24/7

**10. Registries and Collaborative Data Sharing.** The EPAB has further approved that all hospitals that wish to participate as Designated Specialty Receiving Facilities will participate in the appropriate registries (e.g., trauma, stroke) and will share outcome information with the OMD so as to determine the appropriateness of care.

**11. Non-traditional Emergency Care Facilities.** A non-traditional emergency care facility is a facility that is structurally separate from a hospital (that may be affiliated or unaffiliated with a Hospital network) and which receives an individual and provides emergency care. These facilities are not considered full-service hospitals. Currently approved Non-traditional Emergency Care Facilities are available on the Specialty Receiving Facilities List

## 12. Definitions of Hospital Divert Status

- 12.1. **Full Divert** – A hospital is CLOSED to ALL patients, including walk-in and EMS traffic.
  - 12.1.1. Ambulance-only divert (where the facility remains open to walk-in traffic) is NOT permitted
  - 12.1.2. When a facility formally declares an *Internal Disaster* and has closed to any new patients (EMS or walk-ins), they will be placed on Full Divert.
  - 12.1.3. Examples of causes of Internal Disasters include, but are not limited to:
    - 12.1.3.1. Structural damage to the facility, e.g., fire, explosion, flood, etc.
    - 12.1.3.2. HazMat incidents
    - 12.1.3.3. Hostage/Bomb Threat/Active Shooter situations
- 12.2. **Specialty Divert** - When a specific resource (e.g., all radiology, cardiac catheterization lab, etc.) is temporarily unavailable, leading to an inability to care for a specialized patient population
  - 12.2.1. **Trauma Divert**
    - 12.2.1.1. Trauma Divert may occur when a designated trauma facility no longer meets the requirements of a trauma center, e.g., no available OR/ICU bed, surgeon unavailable, etc.
    - 12.2.1.2. Trauma divert may only be initiated with the agreement of the facility’s on-duty Emergency Physician and Trauma Surgeon
    - 12.2.1.3. Before a Level 1 or 2 Trauma facility will be placed on Trauma Divert, the Emergency Physician or Trauma Surgeon must first get approval from the other Level 1 or 2 trauma facility who will be responsible for receiving incoming trauma patients. The facility requesting divert must contact the MedStar Communication Center, who will then independently verify with the open facility before placing the requesting hospital on divert.
    - 12.2.1.4. If all designated Trauma Centers simultaneously require Trauma Divert status,

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Trauma

Divert status shall be removed system-wide. During such times, the MedStar Communication Center will aid with the appropriate distribution of trauma patients.

## 12.2.2. Cardiac Divert

12.2.2.1. Cardiac Divert may occur when a designated Cardiac facility no longer meets the requirements of a PCI center, e.g., no available cath lab, Interventional Cardiologist unavailable, etc.

## 12.2.3. Stroke Divert

12.2.3.1. Stroke Divert may occur when a designated Stroke facility no longer meets the requirements of a Primary or Comprehensive Stroke center, e.g., no available CT scanner, etc.

13. **Outpatient Hemodialysis Facilities** - During a Presidential and/or Texas Governor declared disaster, individuals receiving dialysis for the management of their End Stage Renal Disease (ESRD) may be taken to outpatient hemodialysis treatment facilities, if appropriate. Patients will be evaluated for any significant exacerbation of their ESRD symptoms and for any other acute medical conditions to ensure an appropriate destination for treatment. Patients requesting transport for dialysis, AND who are asymptomatic or have mild complaints consistent with their typical pre-dialysis symptoms (e.g., weight gain, edema, shortness of breath, fatigue, nausea/vomiting), may be transported to an outpatient dialysis facility.

14. **Divert Process** – The following process shall be followed for all changes to Divert status (Full or Specialty):

14.1. The Administrator on Call (AOC) for the facility requesting divert will notify the MedStar Communications Center of the type and expected duration of diverting and the names and direct phone numbers of the facility's on-duty Emergency Physician and AOC.

14.2. For Specialty Divert, MedStar Communications Center will notify the Medical Director, CEO, and Field Crews of facility divert status and timeframe.

14.3. For Full Divert, the below steps will be followed:

14.3.1. The Communications Center will dispatch a MedStar Operations Supervisor to the facility to meet with and offer assistance to the facility AOC and on-duty Emergency Physician.

14.3.2. After this meeting, the Operations Supervisor shall initiate a conference call with the MedStar AOC, CEO (or designee if unavailable), and the Medical Director on-call

14.3.2.1. The ultimate responsibility of approving a Divert status lies with the Medical Director, as per Texas Medical Board Rule §197.3

14.3.2.2. Once the conference call has been completed, the MedStar AOC will notify the MedStar Communications Center to page on-duty field providers and managers regarding the hospital facility's divert status.

14.3.3. The facility must also update and notify local (e.g., EMResources/NCTTRAC, Emergency Operations Center) and state authorities (e.g., DSHS).

14.3.4. The facility's status shall be verified with the facility's AOC at least every 2-hours by the Operations Supervisor.

14.3.5. The MedStar AOC, CEO, Medical Director, and Facility AOC shall confer by conference call and review hospital divert status every six hours.

## 15. After-Action Review

15.1. Following any Full Divert activation, an after-action review will be held within 72-hours to include the following stakeholders:

15.1.1. Hospital CEO, CMO, or COO

15.1.2. MedStar CEO

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# Patient Destination

## 15.1.3. Medical Director

### 16. System-wide Disasters and Patient Overload

- 16.1. In rare circumstances, such as prolonged public health emergencies, multiple System hospitals may be overwhelmed by large patient volumes in their Emergency Departments.
- 16.2. In these instances, a distributed patient allocation process may benefit the hospitals and patients of the System,
- 16.3. The decision to activate a distributed patient allocation process will be made by discussion amongst the service area full service hospital administrators
  - 16.3.1. Current members include the System Medical Director, MedStar's CEO and Chief Legal Officer, and representative CEOs from Baylor S&W, Cook Children's, Texas Health, Medical City, and JPS.
  - 16.3.2. Decisions regarding this process will be communicated to the Emergency Department Medical Directors and/or MCAB representatives

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# Protocol Maintenance

1. **Purpose.** The Protocols, Procedures and Policies (PP&P) of the Office of the Medical Director (OMD) are based on current scientific data, evidence-based best-practices, and standards of care, where these are available. All PP&P are reviewed and approved by the Medical Control Advisory Board (MCAB), which may include board-certified physicians representing a variety of specialties – e.g., emergency medicine, cardiology, pulmonology, public health, trauma surgery, psychiatry and critical care. This policy provides guidance on how these documents will be reviewed and revised to incorporate current best-practice and scientific advances in clinical care
2. **Scope.** This policy applies to all providers within the EMS System.
3. **Procedure.**
  - 3.1. **Protocol Review and Revision**
  - 3.2. **Periodic Review:**
    - 3.2.1. Current protocols related to all aspects of patient care, including specialty programs, will be reviewed by OMD at a minimum every 3-years.
    - 3.2.2. Revisions may be made in whole or in part and will be submitted to MCAB for review and approval.
  - 3.3. **Approval of revisions, notification to affected personnel and necessary training:**
    - 3.3.1. Once MCAB approves any revisions to current PP&P, OMD will replace the existing electronic file with the revised document.
    - 3.3.2. MedStar Operations as well as the EMS coordinator of each First Responder Organization will be notified of any changes and will provide electronic copies of the revised document.
    - 3.3.3. Any required training for approved changes will be developed by OMD in collaboration with all applicable agencies.
  - 3.4. **Immediate Revision:**
    - 3.4.1. Revisions to PP&P may be implemented by the Medical Director prior to the next regularly scheduled MCAB meeting and submitted to MCAB at the next regularly scheduled meeting.
  - 3.5. **Biennial Protocol Competency:**
    - 3.5.1. To ensure maintenance of clinical competency, MedStar and participating FROs may be tested in part or in whole, biennially with any protocol update or revision.
  - 3.6. **Eligibility to Request Review:**
    - 3.6.1. Members of the EMS System, receiving hospital, or other facility may request a review of PP&P by OMD.

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# Safe Haven – Baby Moses

1. **Purpose.** As a EMS System first responder agency that is recognized by the Texas Department of State Health Services under Chapter 773 of the Health and Safety Code as a First Responder Organization, in-service fire apparatus, or any MedStar ambulance, or ambulance station may be considered a “Safe Haven” for voluntary drop-off of children who appear to be 60-days old or younger in accordance with Texas Family Code, this policy defines the procedure for the care of an infant left at a recognized location.
2. **Scope.** This policy applies to all EMS System providers.
3. **Procedure.**
  - 3.1. **Assessment and Care**
    - 3.1.1. Perform initial assessment:
      - 3.1.1.1. Complete physical exam
      - 3.1.1.2. Gather complete family medical history
      - 3.1.1.3. Gather complete patient medical history
      - 3.1.1.4. Provide care:
    - 3.2. Provide care as indicated in accordance with OMD protocol
    - 3.3. **Transport**
      - 3.3.1. The newborn is to be transported to the closest full-service pediatric facility for further evaluation and treatment.
    - 3.4. **Notification**
      - 3.4.1. Notification is to be made to the Texas Department of Family and Protective Services regarding the surrendered newborn and destination of transport.

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# Supplies and Equipment (M.E.D.S.)

1. **Purpose.** TAC Rule 157.11 requires the Medical Director to set standards for patient care. Standards are to include vehicles and onboard equipment. This policy establishes the standards for equipment and supplies.
2. **Scope.** This policy applies to System ambulances, first responder vehicles, and special teams.
3. **Procedure.** All vehicles will be equipped per the approved inventory. Proposed changes in the inventory are to be submitted to the OMD for approval.
  - 3.1. **Brand Specific Items:** In certain cases the OMD may specify a particular brand of supply or equipment. The decision to specify a particular brand will be based on the evaluation of available products and through the participation of representatives from agencies that will use the item.
  - 3.2. **Approved Inventory:** Each ambulance and FRO primary apparatus utilized in first response and transport shall carry at minimum the equipment and drug inventory listed on the applicable minimum inventory equipment and drug list signed by the Medical Director
  - 3.3. **Evaluation of New M.E.D.S.** This procedure is to assure that all new M.E.D.S is introduced into the EMS System with the Medical Director's approval.
    - 3.3.1. The EMS System agency will research and suggest new equipment.
    - 3.3.2. The EMS System agency and the Medical Director agrees to perform a field trial (if necessary) on the specific equipment.
    - 3.3.3. The recommendation is brought to the Medical Director for approval.
    - 3.3.4. The Medical Director accepts or rejects the proposal.
    - 3.3.5. If the trial proposal is accepted, the EMS System agency's designated personnel will perform a clinical field trial.
    - 3.3.6. If the trial proposal is rejected the item will be dropped from consideration but may be reviewed again later by the Medical Director if deemed necessary.
    - 3.3.7. Once a clinical field trial is completed a representative of the EMS System agency will present all available data to the Medical Director for review.
    - 3.3.8. The Medical Director members will approve or reject the implementation of the new item based on the following:
      - 3.3.8.1. Logistics, Training requirements, Implementation constraints, Recommended items may require approval by the MAEMSA or FRO's municipality.
4. **Implementation of New Equipment**
  - 4.1. If approved by the Medical Director and EMS System agency or FRO's municipality:
    - 4.1.1. The new equipment will be ordered by the Agency in a timely fashion.
    - 4.1.2. The Agency will perform all the necessary training of field personnel.
    - 4.1.3. The OMD will compose the applicable protocol and/or procedure for the new item.
    - 4.1.4. After the OMD has deemed that the proper training has been completed, the new equipment will be implemented in the field.
  - 4.2. If rejected by the Medical Director the item will be dropped from consideration; however, may be reviewed again at a later time if deemed necessary.

## 5. Expiration of medications and supplies

- 5.1. Expiration dates should be checked monthly, and items replaced as they expire.

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# System Quality Improvement

1. **Purpose.** This policy is established to implement a systematic approach for benchmarking and measuring clinical quality using standardized measurement strategies that prioritize patient-centric care and focus on achieving desired outcomes.
2. **Scope.** This policy applies to the EMS System
3. **Clinical Benchmarks**
  - 3.1. The clinical benchmarks for Whole System Quality will be based on the following sources:
    - AHA Mission Lifeline
    - AHA Telecommunicator CPR Performance Measures
    - National EMS Quality Alliance
    - CARES – Cardiac Arrest Registry to Enhance Survival
  - 3.2. Benchmarks for clinical quality will align with national performance measures whenever they are available or follow the goals set forth by the American Heart Association (AHA).
  - 3.3. See Appendix A for measure definitions
4. **Quality Improvement**
  - 4.1. When clinical performance falls below national benchmarks or AHA goals, the "Model for Improvement" will be used as the primary methodology for quality improvement initiatives.
  - 4.2. The quality improvement process will include the following key elements.
    - Identification of performance gaps
    - Formation of multidisciplinary teams
    - Drafting of project charters for each improvement initiative
    - Establishment of outcome, process, and balancing measures to assess the impact of changes
    - Testing and implementation of change theories using the Plan-Do-Study-Act (PDSA) methodology.
5. **Implementation of Quality Improvement Initiatives**
  - 5.1. Identification of Performance Gaps:
    - Regularly monitor and analyze clinical performance data to identify areas where performance falls below national benchmarks or AHA goals.
  - 5.2. Formation of a Multidisciplinary Team:
    - 5.2.1. Establish multidisciplinary teams consisting of healthcare professionals, administrators, and other relevant stakeholders to lead improvement initiatives.
  - 5.3. Drafting of Project Charters:
    - 5.3.1. Develop project charters for each improvement initiative, outlining the objectives, scope, resources, and timeline for the project.
  - 5.4. Establishment of Measures:
    - 5.4.1. Define outcome measures that represent the desired improvements in clinical quality.
    - 5.4.2. Define process measures that track the changes made to achieve these improvements.
    - 5.4.3. Define balancing measures that assess any unintended consequences of improvement efforts.
  - 5.5. Testing and Implementation of Change Theories:

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# System Quality Improvement

5.5.1. Utilize the PDSA methodology to systematically test and implement changes aimed at achieving the desired outcomes.

## 5.6. Monitoring and Sustaining Improvements:

5.6.1. Continuously monitor the impact of implemented changes and make adjustments as necessary to sustain improvements.

## 6. Compliance and Accountability

6.1. All personnel within the organization are responsible for adhering to this policy and participating in quality improvement initiatives.

6.2. The Office of the Medical Director shall oversee and coordinate the implementation of this policy, monitor progress, and report on quality improvement efforts to senior leadership.

## 7. Review and Revision

7.1. This policy will be periodically reviewed and revised as needed to ensure its effectiveness in promoting clinical quality and achieving desired patient outcomes.

## 8. Communication

8.1. This policy shall be communicated to all relevant staff members and stakeholders within the organization. Training and educational resources will be provided as necessary to facilitate understanding and compliance.

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# System Quality Improvement – Video Laryngoscopy

1. **Purpose:** The purpose of this policy is to establish guidelines for the review, retention, and deletion of video laryngoscopy data obtained from a video laryngoscopy device in the EMS System, for quality assurance (“QA”) and quality improvement (“QI”) activities.
2. **Scope:** This policy applies to all Video Laryngoscopy video files that have been retained by the Office of the Medical Director (“OMD”) for QA/QI purposes.
3. **Upload Process:** All video laryngoscopy intubations performed in the EMS System will have the accompanying video file uploaded for a quality review prior to the end of shift as outlined below:
  - 3.1. **MedStar** – Video laryngoscopy files will be uploaded to the VL Quality Assurance drive that may be accessed at dedicated computers at the Central Star and North Deployment Stations.
  - 3.2. **First Responder Organizations (FRO)** – Video laryngoscopy files will be uploaded to the OMD ShareFile service available for each FRO.
4. **Review:** Video Laryngoscopy videos will be reviewed and may be used for quality assurance purposes outlined below. The video should not be used for any other purpose other than those outlined in this policy. The use of these videos should be limited to:
  - 4.1. **Case Reviews:** Video files may be used to review intubation performance during Quality Assurance case reviews with providers. This confidential review will consist of OMD Quality staff and only those providers that were present and involved with the intubation on the respective case. Full, unedited intubation videos will not be shared with any providers that were not involved with direct patient care, more specifically patient intubation.
  - 4.2. **Intubation Training:** Video files may be retained for system training purposes but must be edited to redact all protected health information (“PHI) and/or crew member identity.
  - 4.3. **Quality Improvement Activities:** Videos may be reviewed by OMD staff to identify system training objectives, research initiatives, performance trends, or any other purposes deemed necessary for quality improvement.
5. **Retention:** Video Laryngoscopy data will be retained for a 90-day period to allow for review and identification of videos that may be retained for training purposes. Videos that are retained for training purposes must be edited to redact all PHI and/or crew member identity.
6. **Deletion:** After 90-days all videos that are not retained for training and/or quality assurance purposes shall be destroyed in accordance with MedStar’s Information security policy.

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# Upgrading Ambulance Response

1. Purpose. To minimize the potential for medical error, to ensure continuity of care, and enhance safety during transitions of care.
2. Scope. This policy applies to all OMD-credentialed providers.
3. Inclusion criteria
  - 3.1. Patient handoffs in a health care facility from a health care practitioner (Ex. Physician, Physician Assistant, Advanced Practice Registered Nurse - CRNA, NP, Certified Nurse Midwife).
  - 3.2. Handoffs between EMS crews and FROs at same credential level.
4. Exclusion Criteria
  - 4.1. Transitions from non-clinician level staff (RN, LPN, CNA, tech, doula, etc.), non-medical persons (bystanders, family).
    - 4.1.1. Note: EMS System clinicians should, however, politely, and attentively obtain relevant information from these care givers and thank them for their assistance.
  - 4.2. For physicians not in a healthcare setting with an established patient care relationship, follow *Medical Professionals on Scene*.
5. Definitions:
  - 5.1. Sending clinician: the clinician/team responsible for care before hand-off.
  - 5.2. Receiving clinician: the clinician/team responsible for care after hand-off.
6. Transition of Care
  - 6.1. Assume patient care and medical decision making will be directed by the sending clinician until they verbally transfer care to the receiving clinician. Understandably, they may not always verbally communicate transfer of care, assuming it is implied. To minimize the chances for misunderstanding, confirm that the clinician is transferring care and understands that the receiving clinician is now in charge of patient care and will be operating under their protocols.
    - 6.1.1. If there is no on-scene sending clinician physically present in the room with the patient, make every effort to contact them if they are on-location.
    - 6.1.2. Promptly contact OLPG for assistance if there is any conflict between sending and receiving clinicians.
  - 6.2. Prior to handoff: receiving clinicians may assist, within their credentialed scope, with appropriate care prior to formal transfer of care and at the direction/request of the sending clinician.
  - 6.3. After formal transfer of care: sending clinicians may assist, within their credentialed scope, with appropriate care after formal transfer of care and at the direction/request of the receiving clinician.
7. Document estimated time of transfer of care in the ePCR.

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# Upgrading Ambulance Response

1. **Purpose.** This policy establishes the circumstances under which System first responder personnel may request a MedStar Ambulance response upgrade, the process for upgrading a response, and related QA activities.
2. **Scope.** This policy applies to First Responder personnel and affects response priority upgrades. The call would be upgraded based on the EMD criteria.
3. **Procedure.** Certain conditions may become apparent during initial contact with a patient that may not have been identifiable by an EMD, or that had a delayed onset, and that may warrant a response upgrade by MedStar.
  - 3.1. If a first responder arrives at the patient's side and identifies any of the following findings, conditions, or situations, a response upgrade to Priority 1 is warranted:
  - 3.2. **Airway:**
    - 3.2.1. There is complete airway obstruction; or
    - 3.2.2. The patient's airway cannot be maintained.
  - 3.3. **Breathing:**
    - 3.3.1. The patient has severe difficulty breathing;
    - 3.3.2. The patient cannot be ventilated.
  - 3.4. **Circulation:**
    - 3.4.1. An unanticipated cardiac arrest occurs or has occurred;
    - 3.4.2. Uncontrollable bleeding is present; or
    - 3.4.3. Severe loss of blood has occurred.
  - 3.4.4. **Altered Level of Consciousness:**
    - 3.4.4.1. The patient becomes unresponsive; or
    - 3.4.4.2. Status seizures.
  - 3.4.5. An upgrade to a Priority 2 may be requested if the first responder finds the patient's clinical condition to be urgent.
- 3.5. **Requesting a Response Upgrade.** The first responder shall request a response upgrade by contacting their respective dispatch center and asking them to contact the MedStar 3.5.1. Communication Center for the purpose of upgrading a response priority. The reason for the upgrade is required when making such a request. The MedStar Communication Center will upgrade the response based on current EMD criteria.
- 3.6. **Audit of Upgrade Requests.** MedStar and each First Responder agency that has requested a response upgrade during the month shall conduct a 100% QA review of upgrade requests. The QA review shall meet the following requirements:
  - 3.6.1. A cooperative review shall be conducted each month by MedStar's Communication Compliance Manager, the First Responder EMS coordinator, OMD representative, and other personnel who may be needed;
  - 3.6.2. Together, they shall Review the initial dispatch and the request for the upgrade;
  - 3.6.3. Review of the first responder patient care report and the ambulance patient care report;
  - 3.6.4. A QA report shall be provided to the Medical Director and shall include the total number of upgrade requests, the number of appropriate requests, and a qualitative summary of possible improvements to the process.

1.

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# Walk-In Patients

1. **Purpose.** The purpose of this policy is to establish a uniform method of managing a person's arrival at fire or EMS stations requesting (explicit or implied) medical assistance.
2. **Scope.** This policy applies to all EMS System agencies and their personnel.
3. Compliance with Safe Haven Law(s), see *Safe Haven – Baby Moses*
4. **Procedure.** When a person arrives at a fire or EMS station requesting medical assistance or who is in obvious medical distress, personnel should:
  - 4.1. Perform initial assessments and administer indicated care in accordance with OMD protocol;
  - 4.2. Make indicated notifications as required by agency policy; and
  - 4.3. Request a MedStar ambulance.

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## Appendix A

### System Performance Committee Recommended Measures and Goals

#### Cardiac Arrest

**CA 01: Percentage of OHCA Cases Correctly Identified by PSAP That Were Recognizable**

**Description:** Telecommunicator recognized OHCA / total OHCA (confirmed by EMS impression)

**Goal:** 95% (AHA)

**CA 02: Median time between 9-1-1 call and OHCA recognition**

**Description:** Median amount of time in seconds between 9-1-1 call connected and OHCA recognition.

**Goal:** < 90 seconds (AHA)

**CA 03: Percentage of Telecommunicator-Recognized OHCAs Receiving T-CPR**

**Description:** Number of telecommunicator-recognized OHCA cases receiving T-CPR / number of QI-reviewed EMS-confirmed OHCA with recognition noted.

**Goal:** 75% (AHA)

**CA 04: Median time between 9-1-1 Access to tCPR hands-on-chest time for OHCA cases**

**Description:** Median amount of time in seconds between 9-1-1 call connected and first chest compression directed by telecommunicator.

**Goal:** <150 seconds (AHA)

**CA 05: Utstein Survival %**

**Description:** Patients experiencing non-traumatic, bystander-witnessed out-of-hospital cardiac arrest (OHCA) presenting with a shockable rhythm that are discharged from the hospital alive.

**Goal:** >30.7% (National Average)

**CA 06: Utstein Survival with Good Neurological Function**

**Description:** Patients experiencing non-traumatic, bystander-witnessed out-of-hospital cardiac arrest (OHCA) presenting with a shockable rhythm that are discharged from the hospital alive with good neurological function.

**Goal:** > 27.5% (National Average)

#### Airway Management

**Airway 01: First Pass Intubation Success without Hypotension or Hypoxia**

**Description:** The percentage of non-cardiac arrest intubations with first pass success without hypotension (SBP  $\geq$ 90) or hypoxia ( $\geq$ 90) during the peri-intubation period (+/- 5 minutes from procedure time).

**Goal:** > National Average (when available)

**Airway 02: Adequate Oxygen Saturation Achieved Before Intubation Procedure**

**Description:** The percentage of intubation procedures in which adequate patient oxygen levels were achieved and maintained for 3 minutes prior to the intubation procedure.

**Goal:** > National Average (when available)

**Airway 03: Waveform Capnography Airway Device Monitoring**

**Description:** The percentage of advanced airway procedures in which waveform capnography is used for tube placement confirmation and monitoring

**Goal:** >National Average (when available)

**Airway 04: Airway Composite (Defect-Free Care)**

**Description:** The percentage of responses during which adequate oxygen levels ( $\geq$ 94%) are achieved and maintained for 3 minutes prior to intubation procedure, endotracheal intubation placement is successful on first attempt without hypotension (SBP  $\geq$ 90) or hypoxia (<90%) during the peri-intubation period, and waveform capnography is used for verification and monitoring.

**Goal:** >National Average (when available)

#### **Airway 05: Unrecognized Failed Airway**

**Description:** The percentage of patients for whom EtCO<sub>2</sub> is NOT present at the end of the event AND for whom adjudication did not reveal a plausible explanation (ex. gradual loss of EtCO<sub>2</sub> in cardiac arrest)

**Goal:** >National Average (when available)

### **STEMI**

#### **STEMI 02: Aspirin Administration for STEMI**

**Description:** The percentage of EMS patients aged 18 years and older transported from the scene with Aspirin administration for suspected heart attack.

**Goal:** ≥75% (AHA)

#### **STEMI 03: 12-lead ECG Performed Within 10 minutes for STEMI Patients**

**Description:** The percentage of EMS patients aged 18 years and older transported from the scene with chest pain or a suspected MI for whom a 12-Lead ECG was performed ≤ 10 minutes of first medical contact.

**Goal:** ≥75% (AHA)

#### **STEMI 04: STEMI Alert Within 10 Minutes in STEMI Patients**

**Description:** The percentage of EMS patients aged 18 years and older transported from the scene with a STEMI positive ECG for whom pre-arrival notification was activated ≤ 10 minutes of positive ECG.

**Goal:** ≥75% (AHA)

### **Stroke**

#### **Stroke 01: Evaluation of Blood Glucose for Patients with Suspected Stroke**

**Description:** The percentage of EMS patients aged 18 years and older transported from the scene with suspected stroke for whom blood glucose was evaluated during the EMS encounter.

**Goal:** ≥75% (AHA)

#### **Stroke 02: Stroke Screen Performed and Documented**

**Description:** The percentage of EMS patients aged 18 years and older transported from the scene with a suspected stroke for whom a stroke screen was performed and documented during the EMS encounter.

**Goal:** ≥75% (AHA)

#### **Stroke 03: Stroke Alert for Suspected Stroke**

**Description:** The percentage of EMS patients aged 18 years and older transported from the scene with a primary or secondary impression of stroke whom a pre-arrival alert for stroke was activated during the EMS encounter.

**Goal:** ≥75% (AHA)

#### **Stroke 04: Documentation of Last Known Well for Patients with Suspected Stroke**

**Description:** The percentage of EMS patients aged 18 years and older transported from the scene with suspected stroke for whom Last Known Well was documented during the EMS encounter.

**Goal:** ≥75% (AHA)

### **NEMSQA**

#### **Asthma 01: Administration of a Beta Agonist for Asthma**

**Description:** The percentage of EMS responses originating from a 911 request for patients with a diagnosis of asthma who had an aerosolized beta agonist administered.

**Goal:** >51% (National Average)

#### **Hypoglycemia 01: Treatment Administered for Hypoglycemia**

**Description:** The percentage of EMS responses originating from a 911 request for patients with symptomatic hypoglycemia who receive treatment to correct their hypoglycemia.

**Goal:** > 43% (National Average)

#### **Respiratory 01: Respiratory Assessment**

**Description:** The percentage of EMS responses originating from a 911 request for patients with primary or secondary impression of respiratory distress who had a respiratory assessment.

**Goal:** >92% (National Average)

**Seizure 02: Patients with Status Epilepticus Receiving Intervention**

**Description:** The percentage of EMS responses originating from a 911 request for patients with status epilepticus who received benzodiazepine during the EMS response.

**Goal:** >28% (National Average)

**Trauma 01: Pain Assessment of Injured Patients**

**Description:** The percentage of EMS responses originating from a 911 request for patients with injury who were assessed for pain.

**Goal:** >69% (National Average)

**Trauma 03: Effectiveness of Pain Management for Injured Patients**

**Description:** The percentage of EMS transports originating from a 911 request for patients whose pain score was lowered during the EMS encounter.

**Goal:** >18% (National Average)