

Thank you for your interest in Bioscan SRT! Our testing is performed on a punctual schedule, so please be on time. The following reminders will make your visit go more smoothly.

**Prior to your appointment please adhere to the following:**

Do not take any supplements or unnecessary medications the night and morning before your appointment. It could affect your reading as falsely positive results from benefits of supplements.

Avoid eating one hour before your appointment

Please **drink a lot of water for at least 48 hours** before your appointment. Half your body weight in ounces is recommended.

 No coffee or caffeine on the day of the Initial SRT scan

Please do not wear perfume, strong smelling deodorant, fragrances, essential oils, hand lotion, aftershave or cologne on the day of your visit

 Please do not wear an underwire bra

 Hearing aids, key fob, cell phone, and electronics will be removed before scan

 If an appointment needs to be rescheduled, please do so more than 24 hours in advance