

A PARENT'S GUIDE TO DIRFLOORTIME

DIRFloortime®: Connecting and Learning Through Relationships.

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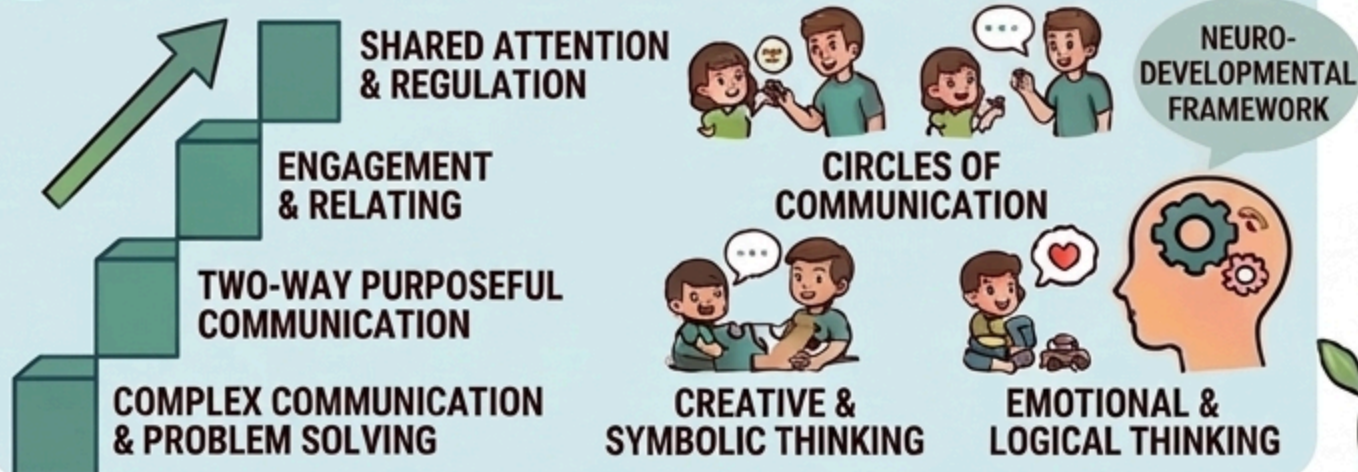


WHAT IS DIRFLOORTIME?

- An evidence and play-based relational therapeutic approach
- tailored to the individual Functional Emotional Developmental Capacities (FEDCs)
- Harness a child's natural interests

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EXPLORING THE DEVELOPMENTAL CAPACITIES



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CORE PRINCIPLES (DIR)



DEVELOPMENTAL
Meeting your child where they are.



INDIVIDUAL-DIFFERENCES
Understanding sensory, motor, and cognitive needs.



RELATIONSHIP-BASED
Strengthening the core connection.

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KEY STRATEGIES



FOLLOW THE LEAD



AFFECT & ENGAGEMENT



INTENTIONAL PLAY



CHALLENGE & INVITE COMPLEXITY



USE GESTURES & LANGUAGE

Let's Flourish Together with DIRFloortime!
Ask us how it can benefit your family.

www.flourishkidsclinic.com.au

