

# National Domestic Violence Hotline

The National Domestic Violence Hotline (NDVH) provides a free and confidential resource to those who are abused or to friends and family who are concerned that a loved one is being abused. Hotline services include:

- ⇒ Crisis intervention
- ⇒ Safety planning
- ⇒ Information about domestic violence and referrals to local service providers.
- ⇒ Direct connection to domestic violence resources available in the caller's area provided by a Hotline advocate, including local military Family Advocacy Programs and victim advocates.
- ⇒ Assistance in more than 140 different languages.

Since 1996, NDVH has answered more than 1.4million calls from victims, survivors, friends and family members and law enforcement. Hotline advocates are trained in crisis intervention and are able to put callers in touch with more than 5,000 family violence programs nationwide. The toll-free Hotline is confidential, available 24-hoursaday and can be reached from anywhere in the 50 U.S. states, Puerto Rico and the U.S. Virgin Islands.

# Facts About Domestic Violence

- ◆ Of the millions of people abused each year, approximately 4 million are American women.
- ◆ On the average, more than three women are murdered by their husbands or boyfriends every day.
- ◆ One out of three women around the world has been beaten, coerced into sex or otherwise abused during her lifetime.
- ◆ 37 percent of all women who sought care in hospital emergency rooms for violence-related injuries were injured by a current or former spouse, boyfriend or girlfriend.
- ◆ Some estimates say almost 1 million incidents of violence occur against a current or former spouse, boyfriend or girlfriend per year.

If you or someone you know is frightened about a relationship, please

**MAKE THE CALL**  
**1-800-799-SAFE(7233)**

# Take A Stand Against Domestic Violence

STOP THE  
ABUSE



**WE DID**

The National Domestic Violence

**HOTLINE**

1.800.799.SAFE(7233)-1.800.787.3224(TTY)  
WWW.THEHOTLINE.ORG



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## What is Domestic Violence?

"The term "domestic violence" includes felony or misdemeanor crimes of violence committed by a current or former spouse or intimate partner of the victim, by a person with whom the victim shares a child in common, by a person who is cohabitating with or has cohabitated with the victim as a spouse or intimate partner, by a person similarly situated to a spouse of the victim under the domestic or family violence laws of the jurisdiction receiving grant monies, or by any other person against an adult or youth victim who is protected from that person's acts under the domestic or family violence laws of the jurisdiction." - U.S. Department of Justice.



## TAKE A STAND

## Are You or Someone You Know in an Abusive Relationship?

There are many signs to look for to determine if you are being abused, some more serious than others. For instance, does your partner:

- ◇ Look at you or act in ways that scare you?
- ◇ Control what you do, who you see or talk to or where you go?
- ◇ Stop you from seeing your friends or family members?
- ◇ Make all of the decisions?
- ◇ Tell you that you're a bad parent or threaten to take away or hurt your children?
- ◇ Prevent you from working or attending school?
- ◇ Intimidate you with guns, knives or other weapons?
- ◇ Shove you, slap you, choke you or hit you?
- ◇ Threaten to commit suicide?
- ◇ Threaten to kill you?

If you answered  
**"YES"**

to even one of these questions, you may be in an abusive relationship.

## Where You Can Turn for Help

Once you call the Hotline, an advocate will put you in touch with a local Program that can help you further.

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**NATIONAL  
DOMESTIC  
VIOLENCE  
HOTLINE**



## STOP THE ABUSE