



Maureen McLaughlin, LPC

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Education:

- 2004-2006 **Master's Degree in Community Counseling and Human Services**
University of Colorado at Colorado Springs
Colorado Springs, CO
- 1998-2001 **Bachelor's Degree in Elementary Education**
Minors in History and Psychology
Michigan State University
East Lansing, MI

Employment:

- 2012-present **McLaughlin Counseling, LLC**
Operating a private mental health therapy practice offering individual, co-parenting, couples and family therapy. Currently delivering office-based, in-home and community-based therapeutic services to court-involved clients and families. Specialties include therapeutic supervised visitation, co-parenting, parenting education, domestic and family violence, parental protective capacity, trauma, EMDR, communication, and conflict resolution. In addition to therapy, professional services include court testimony, supervision of LPC candidates, and professional consultation.
- 2014-2017 **New Horizons Mental Health**
Worked as a part-time therapist for a local nursing facility with a full caseload of elderly clients. Therapeutic focus was on end of life issues, depression, anxiety, memory loss, and family dynamics.
- 2007-2012 **Owner/Operator of Empowerment Therapy Center (ETC)**
Worked alongside two business partners to develop and manage a mental health LLC, specializing in Child Welfare cases. Grew agency from two employees in 2007 to twenty employees in 2012. Conducted, in collaboration with business

partners, all business affairs related to ETC to include financial, human resources, ethics, marketing, staff development and training, hiring and firing, and community partnerships.

2006-2012

ETC Clinical Director and Therapist

Provided individual, couples, family and group therapy to clients with a focus on grief and loss, trauma recovery, conflict resolution, parenting skills, domestic violence, and child abuse and neglect. Supervised all therapy practices of employed therapists and intern therapists. Planned, conducted and reviewed assessments and treatment plans for clients. Developed new note taking, documentation and external contact systems. Attended regular staffings on EPCDHS cases to coordinate services among case professionals. Offered extensive court testimony and support to clients and community professionals.

ETC Victim Advocacy Supervisor

Supervised the work of agency advocates as they contact victims of domestic violence to ensure their representation and safety. Appropriately documented victim safety issues. Engaged in specialized MTT meetings with treatment providers and probations officers regarding victim safety and advocacy.

Volunteerism:

2005-2009 Adjunct Instructor at University of Colorado at Colorado Springs

Taught individual, group and family therapy skills to graduate students. Provided live supervision of counseling sessions and offered feedback to improve counseling skills. Reviewed and scored written therapeutic assignments. Prepared progress reports for graduate students in the counseling department.

Awards and Recognitions:

- Received Outstanding Student of the Year Award from the Department of Counseling and Human Services at UCCS in 2006
- Graduated Magna Cum Laude from UCCS with 4.0 GPA in 2006
- Received the Outstanding Graduate Award at Michigan State University with a 4.0 GPA in 2001
- Graduated Magna Cum Laude from Michigan State University in 2001

Additional Trainings:

- Attachment & Trauma in Children and Families (80 hour certification course) - 2019
- Fundamentals of Trauma Processing - 2017
- Family Systems Therapy – 2017
- Maintaining a Healthy Marriage: Implications for Counselors – 2017
- Cannabis and Cannabis Use Disorders - 2017
- Integrating Mindfulness into Clinical Practice - 2017
- Grandparents Raising Grandchildren: Key Practice Issues - 2017
- Clinical Supervision: A Person-Centered Approach - 2017
- The Aging Brain – 2015
- Aging and Long-Term Care - 2015
- Elder Abuse: Cultural Contexts and Implications – 2015
- Cultural Meanings of Death and Dying - 2015
- Ethics for Counselors - 2015
- Bullying Behavior – 2013
- Impact of Drugs and Alcohol on Youth – 2013
- Domestic Violence Summit – 2006, 2007, 2008, 2009, 2010, 2011
- Clinical Supervision – 2011
- Suicide Risk and Assessment – 2009
- Emotional Based Couples Therapy – 2009
- Trauma, PTSD, Grief Counseling – 2008
- EMDR Levels I and II – 2007
- Love and Logic Parenting – 2006
- Domestic Violence Advocacy – 2005

Professional Memberships:

- Licensed Professional Counselor #5018
- Nationally Certified Counselor 2006-2012
- Vice President of the Counseling Honor Society of Chi Sigma Lota 2005-2006
- Member of the El Paso County Department of Human Services Domestic and Family Violence Therapeutic Services Committee 2010-2012
- Member of the CO DVOMB Couples Therapy Subcommittee 2011-2012
- Member of the EPCDHS Clinical Advisory Committee 2007-2012

References:

- References available upon request from former university professors, current school administrators, colleagues, EPCDHS supervisors, DCHS caseworkers, CO DVOMB committee members, GAL and respondent attorneys, and therapy clients.