

LYNETTE WIEST, PsyD
Licensed Clinical Psychologist

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December, 2023

PROFESSIONAL EXPERIENCE

04/07 to Present	<i>Licensed Clinical Psychologist</i> Effective Solutions, LLC Individual, couple, and family counseling <i>Outpatient private practice</i>	Hilton Head, SC
05/00 to 06/07	<i>Licensed Clinical Psychologist</i> (July, 2002 to June 2007) <i>Licensed Clinical Social Worker</i> (May, 2000 to June 2007) Lighthouse Counseling Center, PC Individual, couple, family, and group counseling <i>Outpatient private practice</i>	Newnan, GA
10/97 to 06/01	<i>Licensed Clinical Social Worker</i> “Survival Workshop” , Sponsored by Friends of Prison Families Provided workshops for families of incarcerated individuals <i>Community non-profit organization</i> Didactic and participatory workshops addressing relationship issues, self care skills, incarceration’s impact on family, and family choices and roles in the inmate’s life	Atlanta, GA
09/96 to 07/00	<i>Licensed Clinical Social Worker</i> Christian Counseling and Psychological Services Individual, couple, and family counseling <i>Outpatient private practice</i>	Lilburn, GA
01/99 to 06/00	<i>Licensed Clinical Social Worker</i> Co-Founder Turning Point Services Established mental health care for: at-risk children; and for people impacted by domestic violence, incarceration, and/or drug and alcohol abuse/dependence <i>Outpatient private non-profit organization</i>	Lilburn, GA
09/96 to 09/97	<i>Psychology Intern</i> United States Penitentiary – Atlanta Individual and group counseling <i>High/maximum security prison for men.</i> (General population, drug treatment population, solitary confinement population, and suicide watch population. Inmates sentences were 20 years to life, without possibility of parole)	Atlanta, GA
01/92 to 01/96	<i>Psychotherapist, Associate Clinical Social Worker</i> Kaiser Permanente, Psychiatry Department Individual, couple, family, group, and crisis counseling <i>Outpatient medical clinic</i>	Pleasanton, CA

09/95 to 06/96	Psychology Intern Federal Correctional Institution-Dublin Individual, crisis, and group Counseling <i>Multi-level security prison for women</i> (General population, and solitary confinement population)	Dublin, CA
09/94 to 06/95	Psychology Intern Berkeley Mental Health Mobile Crisis Team Crisis intervention to individuals, couples, and families in homes and on the street (50% of cases required police presence) <i>Community mental health center</i>	Berkeley, CA
01/90 to 12/91	Psychotherapist Trainee Family Health Plan, Mental Health Department Individual, couple, and family counseling <i>Outpatient medical clinic</i>	Elm Grove, WI
02/88 to 10/91	Counselor Horizon House Group Home Individual counseling and residential supervision <i>Group home for teenage girls</i>	Madison, WI
05/87 to 09/87	Juvenile Court Counselor, Psychology Trainee Dane County Juvenile Reception Center Intake interviews and family counseling to assist in decisions of detention and social service programs <i>Detention intake-center for juveniles</i>	Madison, WI
09/86 to 12/86	Juvenile Court Worker, Volunteer Dane County Juvenile Shelter Home Assisting staff during children's activities <i>Children's shelter home</i>	Madison, WI

*The above **Professional Experience** included, but was not limited to **issues of**: marital/couples, parenting, family, spirituality, panic and anxiety, women's issues, men's issues, anger management, grief resolution, assertiveness skills, adult children of substance abusers, recovery from substance abuse, chronic illness, eating disorders, infidelity/post-affair recovery, conflict resolution, premarital counseling, behavioral problems of adults/children, somatization, mood/emotion, separation/divorce, abusive relationships, incest survivors, step-parenting, incarceration, relationship boundaries, codependency, addictions, self-esteem, communication, domestic violence, and personality problems; **participation in** staff meetings, quality assurance meetings, conducting staff training, multi-discipline case collaboration, research projects, and peer supervision; **providing** crisis intervention, individual, couple, and family therapy, psychological testing, and intake screening

CURRENT LICENSE & CERTIFICATIONS

Licensed Clinical Psychologist, 2002
Marriage and Family Therapy Certificate (University of Wisconsin-Milwaukee) **1991**

EDUCATION

1993 to 2000
Doctor of Psychology
Dissertation Title - Inmates' Families In Crisis: Development of a Workshop Series
California School of Professional Psychology-Berkeley/Alameda
Accredited by the American Psychological Association\

1990 to 1991	<i>Masters of Social Work, including Marriage and Family Therapy Certificate Program (AAMFT Approved; www.AAMFT.org)</i> University of Wisconsin – Milwaukee	Milwaukee, WI
1985 to 1987	<i>Bachelor of Science, Criminal Justice major</i> Edgewood College	Madison, WI
1984	<i>Social Work major</i> University of Wisconsin – Madison	Madison, WI
1982 to 1983	<i>Social Work major, Criminology emphasis</i> University of Wisconsin – Eau Claire	Eau Claire, WI

ADDITIONAL PROFESSIONAL TRAINING

Workshops in Substance Abuse, Dependency, and Rehabilitation; Step-Family Issues; Systemic Dynamics; Domestic Violence; Women’s Health Issues; Biofeedback; Multi-Cultural Issues; DSM IV Content and Utilization; Ethical Considerations; Integration of Psychology and Spirituality; Sexual Abuse Issues; Geriatric Health Psychology; LGBT Issues; and various models of psychotherapy intervention and theory

BOARD MEMBERSHIP

1998 to 2002	Friends of Prison Families <i>a non-profit organization</i>	Atlanta, GA
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INTERNATIONAL & DOMESTIC VOLUNTEER EXPERIENCES (NON-PROFIT)

August-September, 2023	<i>Volunteer</i> Global Vision International I taught English to native children and adults living in villages on Nosy Be Island.	Nosy Be, Madagascar
August–September & November, 2022	<i>Volunteer</i> Jubilee Partners I taught English, taught citizenship class, provided child care, spoke at a Women’s Support Group, lived in community. Jubilee Partners is a non-profit common-purse intentional community, serving refugees and asylum seekers from several countries /several continents. <i>Organized by Jubilee Partners</i>	Comer, Georgia, USA
May, 2019	<i>Volunteer</i> Cruzando Fronteras I provided services to migrants from various Central American countries: Teaching English to children, providing activities for children, teaching the USA money system to adults, and counseling adults experiencing trauma, grief, adjustment issues. <i>Organized by Cruzando Fronteras</i>	Nogales, Mexico
September, 2018		

	<p><i>Volunteer</i></p> <p>Harmony Through Education</p> <p>I tutored individual children at their school, Harmony Through Education, a school for children with special mental and physical needs.</p> <p><i>Organized by Bridging Global Cultures</i></p>	Dharamshala, India
September, 2017	<p><i>Volunteer</i></p> <p>Ritsona Refugee Camp for Syrian, Afghan, and Kurdish Refugees</p> <p>I worked with vulnerable children (ages 3-12), creating, nurturing, encouraging, and supporting social and emotional development and healing.</p> <p>Multi-disciplinary support and coordination facilitated the well-being and resilience of the children.</p> <p><i>Organized by www.CrossCulturalSolutions.org and www.LighthouseRelief.org</i></p>	Ritsona, Greece
November, 2016	<p><i>Volunteer</i></p> <p>School for Children with Disabilities</p> <p>Social interaction and support for children who have physical and emotional challenges and disabilities (primarily Down Syndrome, Autism, and Cerebral Palsy)</p> <p><i>Organized by www.CrossCulturalSolutions.org (non-profit organization)</i></p>	Lima, Peru
December, 2015	<p><i>Volunteer</i></p> <p>Inner City Elementary School</p> <p>Taught math and English to elementary age children</p> <p><i>Organized by www.CrossCulturalSolutions.org (non-profit organization)</i></p>	Moshe, Tanzania
April, 2015	<p><i>Volunteer</i></p> <p>Mother Teresa House for the sick and dying</p> <p>Social interaction and support for adults who have emotional and physical challenges and disabilities</p> <p><i>Organized by www.CrossCulturalSolutions.org (non-profit organization)</i></p>	Delhi, India
September, 2014	<p><i>Volunteer</i></p> <p>Inner City Elementary School</p> <p>Worked to improve the outside beauty of an inner-city elementary school</p> <p>Supervision of children's outdoor activities</p> <p><i>Organized by www.CrossCulturalSolutions.org (non-profit organization)</i></p>	Cartago, Costa Rica
February, 2014	<p><i>Volunteer</i></p> <p>Orphanage for Children with Disabilities</p> <p>Social interaction and support with children who have physical and emotional challenges and disabilities</p> <p><i>Organized by www.CrossCulturalSolutions.org (non-profit organization)</i></p>	Guatemala City, Guatemala