DAGUIDE TO... CARING FOR YOUR CATCH Getting organised 1 The hard part is done and the fish is safely in the net 2 Secure net with a bankstick to let the carp recover 3 Prepare unhooking, weighing and camera equipment 4 Position unhooking mat/cradle and wet with lake water 5 Wet sling to protect carp's protective layer of mucus



Lifting out the carp

1 Remove rig from fish's mouth or open bail arm on reel
2 Breaking down the net makes lifting out the fish easier
3 Ensure rig isn't caught in net, check for obstructions
4 Check fins are flat, roll down net and slide into sling
5 Carefully lift out of the water and carry to the wet mat

Unhooking
1 Remove hook using forceps if required
2 If the fish starts to flap, cover its eyes until it relaxes
3 Apply antiseptic product to the hookhold

Weighing
1 Lift the carp's head and gently slide out of the net
2 Position fish in centre of sling and check fins are flat
3 Fasten the zips to prevent the carp sliding from the sling
4 Hook scales through handles. Hold scales using top loop

Lifting & holding

1 Douse carp with lake water
2 Carp are cold blooded so cool your hands in water
3 Roll up sleeves and hold around pectoral and anal fins
4 If the fish starts to flap roll back on to your forearms
5 Keep carp as low as possible over mat during photos
6 Return fish in sling, supporting it until it swims off







