

Respire

Respiratory

Function

Testing

Dr Richard Nankervis
FRACP, MBBS, BAppSc, BSc (Hons)

Riverton House 1/16 Pring Street, IPSWICH QLD 4305

(Ph) **3812 1231** (Fax) **3812 1227**

www.respire.net.au admin@ibreathe.net.au

BULK BILLED

Patient Details:	M/I
Surname:	
First Name:	D.O.B:
Address:	
Home Phone:	Mobile:
Investigation re	equested:
Complex lung fun (Spirometry, DLCO,Ple	
With pre and pos	st bronchodilator spirometry testing
Pre/post broncho (for suspected asthma	dilator spirometry with DLCO a)
	n Respiratory Physician and tion testing - Mannitol
	chma Management • Chemotherapy Monitoring Assessment • Interstitial Lung Disease Assessment
Clinical Details:	

Provider Number:_____

Ph:_____ Fax: ____

_____ Date:__

Address: ____

CC Dr:_____

Signature: _____

PATIENT INSTRUCTIONS

On the day of the test:

- Wear loose comfortable clothing that does not restrict your chest or abdomen.
- Wear shoes that can be easily taken off as your height and weight will be measured with your shoes off.
- Empty your bladder before the testing session.

Please avoid:

- Smoking (including e-cigarettes) for at least 1 hour before the test.
- Vigorous exercise for at least 1 hour before the test.
- Consuming a large meal or having a big drink for at least 3 hours before the test.
- Consuming caffeinated beverages for at least 4 hours before the test.
- Consuming alcohol for at least 8 hours before the test.

Medications:

- Please do not use Salbutamol or Terbutaline (e.g. Ventolin, Asmol, Bricanyl) for at least 4 hours before the test unless your respiratory symptoms deteriorate.
- Please bring your usual inhaler/ puffer medications on the day.

When booking a bronchoprovocation test, information regarding specific times to withhold medications will be provided to you.

