

SELF-REFLECTION QUESTIONS

to consider as you develop a positionality statement:

Where are you from?

- What is your heritage?
- Who are your ancestors?
- What is your nationality?
- What is the history of your people?
- What is the history of the place/s where you come from?
- What mediums, measures, and methods do you have experience using?
- Are you in any way challenging and changing the constructs of your positionality through this project?
- Do you have any existing connections with the population participating in the project? If so, in what ways?

Where have you been?

- What places have you called home?
- What life events have greatly affected you?
- How would you describe your academic background?
- Do you have any history or personal interaction with the topic of the project? Does anything you have lived through influence your interest in or approach to this topic?
- Do you have any history/interaction with the population participating in the project? Do any of your lived experiences influence your interest in or approach to this population?
- Has your positionality changed over time? If so, how, and why?
- In what ways has your positionality remained static over time? Why?
- In what ways has your positionality been dynamic or emerging? Why?

Where are you now?

- What is your biological sex and gender identity?
- What is your age group?
- What is your social class?
- What is your vocation?
- What are your beliefs, values, and religious and political orientations?
- What stereotypes do you hold?
- Which factors about this project are significant to you?
- What do you see as appropriate resources to use in this project?
- What are your ways of knowing? being? doing?
- What are your beliefs about the topic of this project?

Where are you now? (continued)

- What are your beliefs about the population participating in this project?
- Does your identity, context, lived experience, and worldview align with or conflict with the project's design and process in any way? If so, in what ways?
- What are your understandings of systems of oppression and their influence on you and this project?
- If you are working with human subjects, what is your connection to the project participants? Do you share any commonalities, identities, or experiences with the project participants?

Where are you going?

- What are your goals related to your vocation/s?
- What results do you think you will find in this project?
- How do you envision the project going?
- What potential opportunities, challenges, or conflicts do you think may arise in this project?
- What is your vision of equity in relation to this project?
- What are your hopes for this project?
- What are your hopes for the population participating in this project?
- What would you like to contribute to the field through this project?
- How would you like this work to influence your career?