

September Suicide Prevention Awareness Month Event Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 01	 02	03	 04	 05	More Events! Let's Get Crafty Mondays 3:30 PM Tri-City Wellness Center Ages 16-25 Cooking Class Sept 12 5 PM Tri-City Wellness Center Connect to Nature Wednesdays 9 AM Garden Group Ages 18+ Baby & Me Group Wednesdays at 4 PM Tri-City Wellness Center Fathers Group Sept 18 at 6:30 PM Tri-City Wellness Center Senior Calm Fridays at 2 PM Tri-City Wellness Center Ages 55+ Family Movie Nights Fridays 6 PM Tri-City Wellness Center
 07	 08	 09	 10	 11	 12	
 14	15	 16	 17	 18	 19	
 21	 22	 23	 24	 25	 26	
 28	 29	 30	SUICIDE PREVENTION WEEK September 7-13, 2025 WORLD SUICIDE PREVENTION DAY September 10, 2025		In-Person Event Virtual Event	



Scan QR Code to RSVP & learn more about our events!

Share how you foster hope & strengthen connections

@TriCityMHS #SuicidePreventionMonth

Need Support Now?

If you or someone you know is struggling or is in crisis, help is available 24/7. Call or text **988** or chat **988lifeline.org**.

