September Suicide Prevention

Awareness Month Event Calendar



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday











LA SUICIDE PREVENTION

15th Annual Suicide

Prevention Summit

Pasadena City College

05



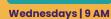


Mondays | 3:30 PM Tri-City Wellness Center Ages 16-25



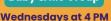
Sept 12 | 5 PM Tri-City Wellness Center





Garden Group Aaes 18+





Tri-City Wellness Center



Sept 18 at 6:30 PM Tri-City Wellness Center





15

09 **Know the Signs** Webinar 5:30 PM-6:30 PM **AGES 18+**



Spanish Cooking Class

Tri-City Wellness Center

1 PM-2 PM | Ages 18+



Community

Resiliency Model

Training

1 PM-4 PM











In-Person Event

Virtual Event







Directing Change

Informational Session

12 PM-1 PM









Fridays at 2 PM Tri-City Wellness Center Ages 55+

Family Movie Nights

Fridays | 6 PM Tri-City Wellness Center







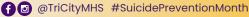
SUICIDE PREVENTION WEEK September 7-13, 2025

WORLD SUICIDE PREVENTION DAY September 10, 2025



Scan OR Code to RSVP & learn more about our events!

Share how you foster hope & strengthen connections



If you or someone you know is struggling or is in crisis, help is available 24/7. Call or text 988 or chat 988lifeline.org

Need Support Now?



