

COME CELEBRATE THE 40th ANNIVERSARY OF

WAKE UP AND LIVE

AT 3290 EAST 126 TH STREET

OCTOBER 16, 2026

DOORS OPEN AT 9:00 AM

BREAKFAST WILL BE SERVED AT 9:30 AM

MEETING WILL START AT 10:30 AM

CLEAN TIME COUNTDOWN

SURPRISE FORMAT

BRING A NEWCOMER AND AN OLDTIMER