

SCORING

Scholastic & Rec Scoring Documents

These are the Official Documents of the ACC for Scholastic & Rec competitions. If you have any questions, please feel free to contact Steve Solberg at: steve@nfinity.com.

MASTER SCORESHEET BUILDING, TUMBLING, ROUTINE & CHEER



BUILDING JUDGE	TOTAL AVAILABLE	DIFFICUTY SCORE	EXECUTION
STUNT	25	10	15
PYRAMID	25	10	15

TUMBLING JUDGE	TOTAL AVAILABLE	DIFFICUTY SCORE	EXECUTION
STANDING TUMBLING	15	5	10
RUNNING TUMBLING	15	5	10
JUMPS	5	2	3

ROUTINE JUDGE	TOTAL AVAILABLE	DIFFICUTY SCORE
CHOREOGRAPHY	5	5
PERFORMANCE	5	5

CHEER JUDGE	TOTAL AVAILABLE	DIFFICUTY SCORE
CROWD LEADING	15	15
SKILL INCORPORATION	15	15
SKILL DIFFICULTY	5	5
SKILL PERFECTION	5	5

TOTAL 135

BONUS POINTS BUILDING	TOTAL AVAILABLE
STUNT	5
PYRAMID	5
BONUS POINTS TUMBLING	TOTAL AVAILABLE
STANDING TUMBLING	3
RUNNING TUMBLING	3

BUILDING SCORESHEET STUNTS & PYRAMIDS



JUDGE #:	
TEAM NAME:	
DIVISION:	

BUILDING JUDGE

STUNTS (25 POINTS AVAILABLE)	POINTS	SCORE
DIFFICULTY:	10	
EXECUTION:	15	
PYRAMIDS (25 POINTS AVAILABLE)	POINTS	SCORE
DIFFICULTY:	10	
EXECUTION:	15	
NOTES:		

BONUS POINTS (10 POINTS AVAILABLE)	POINTS	SCORE
STUNTS:	5	
PYRAMIDS:	5	
NOTES:		

TOTAL	POINTS	SCORE
STUNTS & PYRAMIDS (50 POINTS AVAILABLE):	50	
BONUS POINTS (10 POINTS AVAILABLE):	10	
TOTAL SCORE:		

BUILDING TIERS STUNTS & PYRAMIDS



		STUNTS STUNT DIFFICULTY		QUANTIT STUNT &	
		(10 POINTS AVAILABLE)	4	# OF ATHLETES	# OF GROUPS
8-10 POINTS	TIER 5	2 SUPER ELITE SKILLS & 2 ELITE SKILLS BY MOST OF THE TEAM		5-11	2
6-8 POINTS	TIER 4	1 SUPER ELITE SKILL & 2 ELITE SKILLS & 1 ADVANCED SKILL BY MOST OF THE TEAM		12-15	3
4-6 POINTS	TIER 3	1 ELITE SKILL & 1 ADVANCED SKILL & 1 INTERMEDIATE SKILL BY MOST OF THE TEAM		16-19	4
2-4 POINTS	TIER 2	3 INTERMEDIATE SKILLS BY MOST OF THE TEAM		20-23	5
1-2 POINTS	TIER 1	3 OR LESS INTERMEDIATE/BASIC SKILLS BY MOST OF THE TEAM		24-27	6
0 POINTS		NO SKILLS PERFORMED		28-31	7
		STUNT EXECUTION		32-35	8
		(15 POINTS AVAILABLE)		36	9
10-15 POINTS	TIER 3	ABOVE AVERAGE DISPLAY OF EXECUTION			
5-10 POINTS	TIER 2	AVERAGE DISPLAY OF EXECUTION			
0-5 POINTS	TIER 1	BELOW AVERAGE DISPLAY OF EXECUTION			
		STUNT EXECUTION FACTORS			
	,	TERY OF SKILL, FLEXIBILITY, FLOW, SYNCHRONIZATION, INCOMPLETE DISMOUNTS, ISSED STUNT SKILL/SKILL OMITTED, BOBBLE OF SKILL, FALL OF SKILL	- 1		

STUNT BONUS POINTS

POINTS ARE EARNED BASED ON THE FOLLOWING (5 POINTS AVAILABLE):

UTILIZATION OF MINIMAL BASES (INCLUDING COED)

UTILIZATION OF COMBINED ELEMENTS

UTILIZATION OF CONNECTED ELEMENTS

UTILIZATION OF CREATIVE ELEMENTS

PACE OF SKILLS

VARIETY OF SKILLS

QUANTITY OF SKILLS

PYRAMIDS

PYRAMID DIFFICULTY

(10 POINTS AVAILABLE)

TIER 5	2 SUPER ELITE SKILL & 2 ELITE SKILLS & 3+ PYRAMID STRUCTURES BY MOST OF THE TEAM
TIER 4	1 SUPER ELITE SKILL & 3 ELITE SKILLS & 3+ PYRAMID STRUCTURES BY MOST OF THE TEAM
TIER 3	2 ELITE SKILL & 2 ADVANCED SKILL & 3+ PYRAMID STRUCTURES BY MOST OF THE TEAM
TIER 2	2 ADVANCED & 1 INTERMEDIATE SKILLS & 2+ PYRAMID STRUCTURES BY MOST OF THE TEAM
TIER 1	3 OR LESS INTERMEDIATE/BASIC SKILLS & 2+ PYRAMID STRUCTURES BY MOST OF THE TEAM
	NO SKILLS PERFORMED
	TIER 4 TIER 3 TIER 2

PYRAMID EXECUTION

(15 POINTS AVAILABLE)

10-15 POINTS	TIER 3	ABOVE AVERAGE DISPLAY OF EXECUTION
5-10 POINTS	TIER 2	AVERAGE DISPLAY OF EXECUTION
0-5 POINTS	TIER 1	BELOW AVERAGE DISPLAY OF EXECUTION

PYRAMIDS EXECUTION FACTORS

STABILITY, MASTERY OF SKILL, FLEXIBILITY, FLOW, SYNCHRONIZATION, INCOMPLETE DISMOUNTS, MISSED STUNT SKILL/SKILL OMITTED, BOBBLE OF SKILL, FALL OF SKILL

PYRAMID BONUS POINTS

POINTS ARE EARNED BASED ON THE FOLLOWING (5 POINTS AVAILABLE):

UTILIZATION OF MINIMAL BASES (INCLUDING COED)

UTILIZATION OF COMBINED ELEMENTS

UTILIZATION OF CONNECTED ELEMENTS

UTILIZATION OF CREATIVE ELEMENTS

PACE OF SKILLS

VARIETY OF SKILLS

QUANTITY OF SKILLS

TUMBLING SCORESHEET STANDING, RUNNING & JUMPS



JUDGE #:	
TEAM NAME:	
DIVISION:	

TUMBLING JUDGE

STANDING TUMBLING (15 POINTS AVAILABLE)	POINTS	SCORE
DIFFICULTY:	5	
EXECUTION:	10	
RUNNING TUMBLING (15 POINTS AVAILABLE)	POINTS	SCORE
DIFFICULTY:	5	
EXECUTION:	10	
JUMPS (5 POINTS AVAILABLE)	POINTS	SCORE
DIFFICULTY:	2	
EXECUTION:	3	
NOTES:		

BONUS POINTS (6 POINTS AVAILABLE)	POINTS	SCORE
RUNNING TUMBLING:	3	
STANDING TUMBLING:	3	
NOTES:		

TOTAL	POINTS	SCORE
STANDING, RUNNING & JUMPS (35 POINTS AVAILABLE):	35	
BONUS POINTS (6 POINTS AVAILABLE):	6	

TUMBLING TIERS STANDING, RUNNING & JUMPS



		STANDING TUMBLING		
		STANDING TUMBLING DIFFICULTY BASED ON A MAJORITY OF THE TEAM (5 POINTS AVAILABLE)		
4-5 POINTS	TIER 3	FULLS		
2-4 POINTS	TIER 2	BACK TUCKS & LAYOUTS		
1-2 POINTS	TIER 1	BACK HANDSPRINGS & NON-AIRBORNE SKILLS		
0 POINTS		NO SKILLS PERFORMED		
	POI	STANDING TUMBLING BONUS POINTS NTS ARE EARNED BASED ON THE FOLLOWING (0-3 POINTS AVAILABLE):		
UTILIZATION OF ATHLETE	S, UTILIZATION OF CO	NNECTED SKILLS, SKILLS PERFORMED BY INDIVIDUALS & SMALL GROUPS, VARIETY OF SKILLS, PACE OF SKILLS, SYNCHRONIZED SKILLS		
		STANDING TUMBLING EXECUTION (10 POINTS AVAILABLE)		
7-10 POINTS	TIER 3	ABOVE AVERAGE DISPLAY OF EXECUTION		
3-7 POINTS	TIER 2	AVERAGE DISPLAY OF EXECUTION		
0-3 POINTS	TIER 1	BELOW AVERAGE DISPLAY OF EXECUTION		
		TUMBLING EXECUTION FACTORS		
INITIATION	N, FORM, LANDING	S, SYNCHRONIZATION, MISSED TUMBLING SKILL/SKILL OMITTED, BOBBLE OF SKILL, FALL FROM SKILL		
		RUNNING TUMBLING		
		RUNNING TUMBLING DIFFICULTY BASED ON A MAJORITY OF THE TEAM (5 POINTS AVAILABLE)		
4-5 POINTS	TIER 3	FULLS		
2-4 POINTS	TIER 2	BACK TUCKS & LAYOUTS		
1-2 POINTS	TIER 1	BACK HANDSPRINGS & NON-AIRBORNE SKILLS		
0 POINTS		NO SKILLS PERFORMED		
	POI	RUNNING TUMBLING BONUS POINTS NTS ARE EARNED BASED ON THE FOLLOWING (0-3 POINTS AVAILABLE):		
UTILIZATION OF ATHLE	TES, UTILIZATION OF	CONNECTED SKILLS, SKILLS PERFORMED BY INDIVIDUALS IN SMALL GROUPS, VARIETY OF SKILLS, SYNCHRONIZED SKILLS		
		RUNNNING TUMBLING EXECUTION (10 POINTS AVAILABLE)		
7-10 POINTS	TIER 3	ABOVE AVERAGE DISPLAY OF EXECUTION		
3-7 POINTS	TIER 2	AVERAGE DISPLAY OF EXECUTION		
0-3 POINTS	TIER 1	BELOW AVERAGE DISPLAY OF EXECUTION		
		TUMBLING EXECUTION FACTORS		
INITIATION	N, FORM, LANDING	S, SYNCHRONIZATION, MISSED TUMBLING SKILL/SKILL OMITTED, BOBBLE OF SKILL, FALL FROM SKILL		
		JUMPS		
		JUMP DIFFICULTY (2 POINTS AVAILABLE)		
2 POINTS	(TUMBLING SKILL M	EAM OR MORE PERFORMS 2 ADVANCED JUMPS. 1 JUMP MUST BE CONNECTED TO A STANDING BACK TUCK OR HIGHER DIFFICULTY UST BE PERFORMED BY MAJORITY OF THE TEAM)		
1.5 POINTS	MAJORITY OF THE T	EAM OR MORE PERFORMS 2 ADVANCED JUMPS. 1 JUMP MUST BE CONNECTED TO A STANDING BHS (TUMBLING SKILL MUST BE ORITY OF THE TEAM		
1 POINTS	MAJORITY OF THE T	EAM OR MORE PERFORMS 2 ADVANCED JUMPS		
.5 POINTS	JUMPS PERFORMED	DO NOT MEET THE 1.0 JUMP REQUIREMENT		
0 POINTS	NO SKILLS PERFORM	IED		
		JUMP EXECUTION (3 POINTS AVAILABLE)		
2-3 POINTS	TIER 3	ABOVE AVERAGE DISPLAY OF EXECUTION		
1-2 POINTS	TIER 2	AVERAGE DISPLAY OF EXECUTION		
0-1 POINTS	TIER 1	BELOW AVERAGE DISPLAY OF EXECUTION		
	JUMP EXECUTION FACTORS			
APPROACH, STRAIG	GHT LEGS, POINTED	TOES, HIP PLACEMENT/ROTATION/HYPEREXTENSION, HEIGHT, CHEST PLACEMENT, LANDINGS, SYNCHRONIZATION		

QUANTITY CHART TUMBLING & JUMPS				
# OF ATHLETES	MAJORITY 50% PLUS 1			
5	3			
6 & 7	4			
8 & 9	5			
10 & 11	6			
12 & 13	7			
14 & 15	8			
16 & 17	9			
18 & 19	10			
20 & 21	11			
22 & 23	12			
24 & 25	13			
26 & 27	14			
28 & 29	15			
30 & 31	16			
32 & 33	17			
34 & 35	18			
36	19			

ROUTINE SCORESHEET CHOREOGRAPHY & PERFORMANCE



JUDGE #:	
TEAM NAME:	
DIVISION:	

ROUTINE JUDGE

CHOREOGRAPHY (5 POINTS AVAILABLE)	POINTS	SCORE
DIFFICULTY:	5	
PERFORMANCE (5 POINTS AVAILABLE)	POINTS	SCORE
DIFFICULTY:	5	
NOTES:		

TOTAL	POINTS	SCORE
CHOREOGRAPHY & PERFORMANCE (10 POINTS AVAILABLE):	10	

ROUTINE TIERS CHOREOGRAPHY & PERFORMANCE



CHOREOGRAPHY	
CHOREOGRAPHY FACTORS (5 POINTS AVAILABLE)	
FORMATIONS & TRANSITIONS THROUGHOUT ROUTINE	
OVERALL IMPACT OF ROUTINE	
VISUAL APPEAL OF CHOREOGRAPHY	
FLOW OF THE ROUTINE	
PACE OF ROUTINE	
LEVEL CHANGES	
DANCE	
PERFORMANCE	
PERFORMANCE PERFORMANCE FACTORS (5 POINTS AVAILABLE)	
PERFORMANCE FACTORS	
PERFORMANCE FACTORS (5 POINTS AVAILABLE)	
PERFORMANCE FACTORS (5 POINTS AVAILABLE) CROWDS EFFECTIVENESS	
PERFORMANCE FACTORS (5 POINTS AVAILABLE) CROWDS EFFECTIVENESS GENUINE ENTHUSIASM	
PERFORMANCE FACTORS (5 POINTS AVAILABLE) CROWDS EFFECTIVENESS GENUINE ENTHUSIASM CONFIDENCE & POISE	
PERFORMANCE FACTORS (5 POINTS AVAILABLE) CROWDS EFFECTIVENESS GENUINE ENTHUSIASM CONFIDENCE & POISE ATHLETICISM	

CHEER SCORESHEET





JUDGE #:	
TEAM NAME:	
DIVISION:	

CHEER JUDGE

CROWD LEADING (15 POINTS AVAILABLE)	POINTS	SCORE
DIFFICULTY:	15	
OVERALL IMPRESSION (15 POINTS AVAILABLE)	POINTS	SCORE
DIFFICULTY:	15	
SKILL DIFFICULTY (5 POINTS AVAILABLE)	POINTS	SCORE
DIFFICULTY:	5	
SKILL PERFECTION (5 POINTS AVAILABLE)	POINTS	SCORE
DIFFICULTY:	5	
NOTES:		

TOTAL	POINTS	SCORE
CROWD LEADING, OVERALL IMPRESSION, SKILL DIFFICULTY, SKILL PERFECTION (40 POINTS AVAILABLE):	40	

CHEER TIERS

CROWD LEADING, OVERALL IMPRESSION, SKILL DIFFICULTY, SKILL PERFECTION



CROWD LEADING	
CROWD LEADING FACTORS (15 POINTS AVAILABLE)	
VISUAL ELEMENTS	
VARIETY OF LEVELS	
VARIETY OF MOTIONS	
FORMATION CHANGES	
FOOTWORK	
FLOORWORK	
PARTNER WORK	
PACE	
OVERALL IMPRESSION	
OVERALL IMPRESSION FACTORS (15 POINTS AVAILABLE)	
EASY TO FOLLOW ALONG	
USE OF PROPS (SIGNS, MEGS, FLAGS, POMS) *DO NOT HAVE TO USE ALL PROPS	
CLEANLINESS OF PROPS USED (EX: EASY TO READ, ETC.)	
PROPS USED ARE NOT DISTRACTING (EX: UPSIDE DOWN, WRONG SIDE, ETC.)	
CROWD ENGAGEMENT	
MINIMAL DOWNTIME (STILL LEADING CROWD DURING TRANSITIONS)	
NON-BUILDING/TUMBLING SKILL SHARPNESS (MOTIONS, JUMPS, PROP USAGE)	
ENERGY/ENTERTAINMENT VALUE	
SKILL DIFFICULTY	
SKILL DIFFICULTY FACTORS (5 POINTS AVAILABLE)	
DIFFICULTY OF STUNTS PERFORMED	
DIFFICULTY OF TUMBLING PERFORMED	
DIFFICULTY OF PYRAMIDS PERFORMED	
SKILL PERFECTION	
SKILL PERFECTION FACTORS (5 POINTS AVAILABLE)	
SHARPNESS OF SYNCHRONIZATION/RIPPLES USED IN STUNTS/TUMBLING/PYRAMIDS	
STABILITY AND AWARENESS OF SKILL	
FORM AND LANDINGS OF SKILL	
MISSED STUNT SKILL/SKILL OMITTED	
BOBBLE	

FALL TOUCH DOWN

LEGALITY & DEDUCTION

ACC SCHOLASTIC SCORING



LEGALITY

WARNING - NO POINTS ASSESSED

WARNINGS ARE GIVEN TO BRING ATTENTION TO A CERTAIN SKILL/ISSUE THAT WAS PERFORMED IN ORDER TO PREVENT BLATANT LEGALITY FROM GETTING CALLED AT A LATER COMPETITION

PERFORMANCE BASED LEGALITIES (.5 POINT PER OCCURANCE)

A SKILL THAT IS INITIALED LEGALLY; HOWEVER, DUE TO IMPROPER EXECUTION, THE SKILL BECOMES ILLEGAL

CHOREOGRAPHED LEGALITIES (1 POINT PER OCCURANCE)

THE LEGALITY WAS CHOREOGRAPHED

OUT OF BOUNDS (.5 POINT PER OCCURANCE)

STEPPING OUT-OF-BOUNDS (ANY BODY PART)

PROPS MAY BE PLACED OFF THE PERFORMANCE SURFACE; HOWEVER, ATHLETE(S) MUST REMAIN INSIDE THE PERFORMANCE SURFACE

TIMING VIOLATION

TIME BEGINS WITH THE FIRST MOVEMENT, VOICE, OR NOTE OF THE MUSIC. A TIME BUFFER, OF 3 SECONDS, WILL BE ALLOTTED.

AFTER THAT, THE FOLLOWING WILL BE ASSESSED:

1 - 5 SECONDS OVER - .5 POINT

6 SECONDS OVER - 1 POINT

DEDUCTION

ATHLETE FALL (.25 POINTS)

HAND OR HANDS DOWN IN TUMBLING OR JUMP SKILLS

KNEE OR KNEES DOWN IN TUMBLING OR JUMP SKILLS

TUMBLING TRANSITIONS IN AND/ OR OUT OF A BUILDING SKILL

BUILDING FALL (.75 POINTS)

LOWERING/DROPPING FROM PREP, EXTENDED OR LEVEL IN BETWEEN TO A LOAD IN, CRADLE, PRONE OR FLAT BACK POSITION.

LOWERING/DROPPING OF STUNTS, INCLUDING SINGLE-BASED/COED STYLE SKILLS, IN A CONTROLLED MANNER TO THE PERFORMANCE
SURFACE WITH ASSISTANCE FROM THE BASE AND/OR SPOTTER.

TOP PERSON INCORRECTLY BECOMES WEIGHT BEARING ON A SPOTTER.

BASE OR SPOT LANDING ON THE PERFORMANCE SURFACE ANYTIME DURING A STUNT, TRANSITION, OR DISMOUNT.

INCOMPLETE TWISTING THAT LANDS IN A PRONE (ON STOMACH) POSITION DURING A DISMOUNT.

MAJOR BUILDING FALL - STUNT & PYRAMID (2 POINTS)

DROPS TO THE PERFORMANCE SURFACE FROM A BUILDING SKILL BY THE TOP PERSON

DROPS TO THE PERFORMANCE SURFACE FROM A BUILDING SKILL BY THE BASES OR SPOTTERS

MULTIPLE BASES AND/OR SPOTTERS DROP TO THE PERFORMANCE SURFACE

THE TOP PERSON LANDS ON THE BASE AND/OR THE SPOTTER DROPS TO THE PERFORMANCE SURFACE

COED STYLE (ASSISTED OR UNASSISTED) STUNTS WHERE THE TOP PERSON LANDS ON THE PERFORMANCE SURFACE WITHOUT ASSISTANCE FROM BASES AND/OR SPOTTER

GAME DAY FORMAT VIOLATION (1 POINT)

EXCEEDING 3 CONSECUTIVE 8-COUNTS OF INCORPORATION DURING THE FIGHT SONG

STUNTS OUTSIDE THE ALLOTTED RESTRICTIONS

INCORRECT SITUATIONAL SIDELINE RESPONSE INCLUDING CALLING A GENERAL SIDELINE

UNSPORTSMANLIKE BEHAVIOR (5 POINTS)

COACHES, ATHLETES, PARENTS AND SPECTATORS MUST MAINTAIN PROFESSIONAL CONDUCT INCREASED BEHAVIOR WILL RESULT IN REMOVAL OR DISQUALIFICATION

SKILLS LIST



	BASIC	INTERMEDIATE	ADVANCED	ELITE	SUPER ELITE
INVERSION Style	Connected Ground Inversion to Below Prep Connected Prep Level Inversion to Below Prep Below Level Inversions to Ground (ex: yo-yo, back walkover, etc.) Prep Level Released Inversion to Below Prep) Ground Inversion Release to Below Prep Hand to Hand Inversion Released to Below Prep Level	Connected Ground Inversion to Prep Connected Prep Level Inversions to Prep Suspended Forward Roll Variations & Inverted Dismounts (ex: Pancake, Cartwheel Style, etc.) Prep Level Released Inversion to Prep Ground Inversion Release to Prep Hand to Hand Inversion Released to Prep	Connected Ground Inversion to Extended Prep Level Released Inversion to Extended Ground Inversion Release to Extended	Connected Full Twisting Ground Inversion to Extended Connected Full Twisting Prep Level and Below Inversions to Extended Prep Level and Below Prep Level Released Inversion to Extended Body Position Ground Inversion Release to Extended Body Position Hand to Hand Invission Released to Extended Alternate Entries to Hand to Hand Stunts (ex: Full Around IN Hand to Hand)	Hand to Hand Inversion Released to Extended Body Position Twisting Released Inversion to Extended Hand to Hand Inversion to Extended Single Leg Hand to Hand Forward Release to Extended Hand to Hand Forward Release to Body Position Hand to Hand Full Twisting Release to Extended
RELEASE STYLE	Release to Prep Level and Below (ex: Ouick Toss, Ball-Up) Horizontal Release to Prep Level and Below Extended Release to Below Prep Below Prep Release to Below Prep	Switch Up to Prep Single-Leg Prep Level Tic Toc Extended Release to Prep Level Prep Level Release to Prep	Release to Extended (ex. Quick Toss, Ball-Up) Switch Up to Extended Single Leg Tic Toc to Extended Single Leg (Low to High)t Tic Toc to Extended Single Leg (Lib to Lib)	1/2 Twisting Release to Extended (ex. Quick Toss, Ball-Up) Full Twisting Switch-Up to Extended Single Leg Tic Toc to Extended Body Position (Low to High) 1/2 Twisting Tic Toc to Extended Single Leg (Low to High) Tic Toc to Extended Body Position (Lib to Stretch)	Full Twisting Release to Extended (Quick Toss, Ball-Up) Full Twisting Switch-Up to Extended Body Position Full Twisting Tic Toc to Extended Single Leg (Low to High) Tic Toc to Extended Single Leg (High to High, BP to BP)
TWISTING	1/4 or 1/2 Up to Prep Level 1/4 or 1/2 Twtisting Trasition to Side/Prone/Cradle 1/4 or 1/2 Twtisting Trasition to Side/Prone/Cradle	Full Up to Prep Level Full Up Variations (ex: Cross Leg, Bases Moving, Multiple Connections) Twisting Transition to Side/Prone/Cradle Full Twist Transition to Below Prep Level	Full Up to Extended Hands Full Around to Extended	11/2 Up to Extended Hands 11/2 Around to Extended Hands Full Around to Extended Body Position High to High Full Around to Extended	Double Up to Extended Hands Double Around to Extended High to High Full Around to Body Position High to High Full Around to Extended (Single Leg to Single Leg) High to High 11/2 Around to Extended
COED STYLE "Coed Syle sales about the unassisted imough the start's sententy to receive credit (unitess mutated as Assisted)"	Assisted Coed Skills to Prep Level Assisted Walk-In / Toss to Chair Assisted Walk-In / Toss to Hands	Assisted Coed Skills to Extended Level Toss Hands Walk-In Hands, Press Extension Toss Hands, Press Extension	Assisted Coed Full Twisting Skills to Extended Toss Hands, Press to Extended Single Leg Walk-In to Extended Single Leg Toss Extension Assisted Tic Toc to Extended (Low to High) Toss Full Up to Prep Released Inversion to Prep Level Assisted Tic Toc to Extended (High to High)	Assisted Toss Single Arm Extended Stunts Toss Hands, Press to Extended Single Arm Stunt Walk-In to Extended Single Arm Variation Toss Extended Single Leg (Includes Platform to Single Leg) Assisted Wisting Release Inversions to Extended 1/2 Twist Release Released Inversion to Extended Platform Toss Extended Single Arm Two Feet Toss Extended Single Arm Lib Toss Extended Single Arm Lib Toss Full Up to Extended Platform	Toss Extended Single Arm to Body Position Toss Full Up to Immediate Single Leg Toss Full Up to Single Arm Two Feet Toss Full Up to Single Arm Immediate One Leg Hand to Hand Inversion Released to Single Leg Hand to Hand Inversion Released to Extended Body Position 1/2 Twisting Released Inversion to Extended Full Twisting Released Inversion to Extended Hand to Hand Inversion Full Twist Released to Extended
OTHER	Single Base Prep Level Stunt Prep Level and Below Stunts Not Previously Categorized Full Twist Cradle from Prep or Extension	Single Base Extended Stunt 1/2 Twist to Single Base Prep Level Stunt 1 - 1 1/4 Twist Cradle from Extended Single Leg Stunt Extended Single Leg Variations Not Previously Categorized	Single Base Extended Single Leg Variations Full Twist to Single Base Prep Level Stunt Kick Full Twist Cradle from Single Leg Stunt	Single Base Variations that Include Releases to Extended Single Leg	Single Base Variations that Included Full Twisting and/or Twisting Releases to Extended (ex: Full Up, 1/2 Twist Switch Up, Full Twisting Switch Up, 1/4 Twisting Iic Toc, etc) Single Base Inversions to Extended
	1. Libs, Platforms, Targets, etc., are NOT considered Body Positions. Body Positions Include Heel St 2. To Receive Credit, skills MUST show control throughout the Dismount, Pop-Off and/or Transition.	1. Libs, Platforms, Targets, etc., are NOT considered Body Positions. Body Positions Include Heel Stretch, Bow & 2. To Receive Credit, skills MUST show control throughout the Dismount, Pop-Off and/or Transition.	Arrow, Arabesque, Scorpion, Scale, Needle, etc.		

2. To Receive Credit, skills MUST show control throughout the Dismount, Pop-Off and/or Transition. 3. How Difficulty is Determined:

a. Skills will be Evaluated and Assessed Within Each Category. (Ex: 11/4 Twisting Switch Up to Body Position > Full Twisting Switch Up to Body Position).
b. Landing Position will be Evaluated and Assessed Within Each Category. (Ex: Double Up to Single Leg > Double Up to 2-Feet).
c. Minimal movement of bases, limited number and type of connections between bases and top, top person's beginning and ending position, and completion of skill

GLOSSARY

ACC SCHOLASTIC SCORING



GLOSSARY TERMS A-E

Above Average - Execution that surpasses the expected or average level of proficiency and quality

Advanced Jump - Toe Touch, Right/Left Hurdlers (front or side), Pike, or Double Nine

Advanced Skill - See skills list for list of skills

All Building – Reference to the division that does not allow for any tumbling skills to be performer

All Music - Reference to the division that does not allow for a cheer to be performed

All Tumble - Reference to the division that does not allow for any building skills to be performedd

Appeal - Power or quality throughout routine

Approach – The action of the athlete in preparing to initiate a skill or element

Athlete - An individual who is participating in the routine

Athleticism - Refers to athletes display of strength, endurance, agility, or coordination

Athleticism – The physical agility of the athlete to perform routine skills in a characteristic manner displaying strength, control, and stability

Average - Execution that is expected

Awareness – The athlete demonstrates knowledge and comprehension of the skills, choreography, and technique performed throughout the routine

Base - A person who provides support for a top person

Basic Skill - See skills list for list of skills

Below Average - Execution that falls short of what is typically expected

Bobble - Shaky moment, loss of balance/control during a stunt or pyramid or minor and correctable deviation from the intended execution of the stunt or element

Body Position - (Stunt): A top athlete's leg is extended away from the body

Bonus Points - Additional points that are available in Building, Pyramid, Running and Standing Tumbling and are given in addition to the total points available

Building – Reference to the stunt and pyramid skills displayed throughout the routine

Chest Placement - Position and alignment of the chest area

Choreography – The creation and arrangement of the skills performed in the routine

Combination - The demonstration of two or more skills performed as one skill

Combined – The demonstration of two or more skills performed as one skill

Comparative - The assessment of one team's skills in relation to another team's skills

Competitive - To display skills or routine elements in an eager way to be better than another

Completion – The finish of a skill, element, and/or routine performance

Confidence – The athlete displays the feeling of self-assurance in their ability to perform a skill

Confidence & Poise - Refers to athletes composure, expression, courage, or conviction

Connected – (Connected skills) A skill demonstrates with immediate transition from the completion of one skill to the initiation of the next skill

Controlled - A point where a person's actions can determine the outcome of the situation or skill (Also see "Out of Control")

Core – (Core strength): The ability to maintain the body in ideal postures to perform a skill or element

Creative - Visual, unique elements, and innovative skills

Cumulative – Increasing the quantity number of a particular skill throughout the routine

Dance – Reference to a section of the routine where athletes can demonstrate various movement in a rhythmic style utilizing foot work, floor work, level changes and presentation

Deduction – A point value removed from a score. (see "deduction system" for detailed clarification)

Difficulty - An assessment of the skill value, based on how hard it is for the athlete to perform

Dismount - Conclusion or exit of a stunt or pyramid

Display – To show and bring attention to the skill, element, or performance

Downtime - Not actively engaged

Easy to follow along - Refers to a cheer or chant in which the athletes encourage the audience to actively participate

Effectiveness - Ability to engage

Element – A specific part of a skill needed to complete the skill

Elite Skill - See skills list for list of skills

Enjoyment – A reference to the display of the athletes genuine feeling of happiness during the performance of the routine

Entertainment - A reference to the display of the athlete's ability to perform and entertain the judges

Entertainment Value - Refers to the overall appeal, excitement, and enjoyment the routine offers to the audience and judges

Execution - The action of the word execute; demonstration of a particular skill or section to its fullest effect with precise technique

GLOSSARY

ACC SCHOLASTIC SCORING



GLOSSARY TERMS F-N

Eye Contact - Intentional act of looking directly into the eyes of the judges, crowd, or spectators throughout routine

Facial Expression - Deliberate and expressive use of athletes facial features, to convey specific emotions, enthusiasm, and energy during a routine or performance

Factor - Considerations when allocating points

Fall - When one or more participants in a stunt, pyramid, or tumbling skill lose their balance or control and are unable to recover, resulting in their descent from the skill - it is a significant error and deviation from the intended execution of the skill

Flexibility - The act of bending one's body to extend and complete the performance of a particular skill

Floor – (Usage of floor): The display of the skills is effectively using the space given on the performance floor

Floor Formations – Reference to designated spots for the athlete to perform the skills

Floorwork – Reference during the dance portion of the routine where anytime both feet are not bearing weight of the athlete

Flow – To move from section, skill, element or place to another section, skill, element, or place in the routine with a smooth uninterrupted progress

Flyer/Top Person - The athlete being supported above the performance surface in a stunt and/or pyramid

Footwork – Reference during the dance portion of the routine where anytime the athlete(s) create visual elements, patterns and displays with isolated movement of the feet

Form – A particular way in which the skill is performed

Formation Changes - Deliberate and choreographed transitions throughout a routine

Formations - A term referring to the planned and organized arrangements of athletes on the performance surface

Genuine Enthusiasm - Sincere and authentic display of excitement, passion, or eagerness

Group – (Stunt): In reference to the number of athletes creating the stunt skill

Group – (Tumbling): In reference to tumbling is 3 or more athletes performing a tumbling skill

Height - (Jumps): Refers to the vertical distance an athlete reaches with their legs and body

Height – The display of skills in reference to the various vertical options to create visual effects

Hip Placement - Refers to the positioning during jumps

Hyperextension - Refers to the act of extending the joints of the legs beyond their normal range of motion

Impact - Profound or powerful effect

Incomplete - Not executed as intended or has not been successfully completed

Increased – To make greater and stronger

Individual - Skills or elements performed by a single person throughout the routine

Initiation – (Stunt): The point from which a skill or element originates

Initiation – (Tumbling): The point from approach, body shape(s), and power into each skill

Intended – The plan or purposeful meaning to complete a skill or element

Intermediate Skill - See skills list for list of skills

Intricacy – Performing a skill or element with complexity and detail

Involvement – The act of participating in a skill, element, or performance

Jump – A skill which involves a change in body position while airborne from the floor (Not involving a hip overhead rotation)

Landing – The moment the athlete makes contact with the performance surface at the completion of a jump or tumbling skill

Leg Placement – A reference to the specific position of the leg during the performance of a skill or element

Level Change - (Overall): In reference to the various vertical options to create visual effects

Maintaining – To keep in an existing state with minimal change

Majority - 50% plus one of the teams total

Minimal - Shortest or smallest possible amount of time spent

Minimal - The least possible or very small or slight

Minimal Bases - Building skills performed throughout the routine using the least possible bases

Minimal Movement - Skills performed are done with the least amount of movement possible

Missed Skill - Failure to execute a specific skill or element as intended during a routine or performance

Most - 75% or greater of the teams total

Motions - Aspect of routines involving specific hand and arm movements

Movement – The act of changing physical location or position

Multiple – More than one

No Skills Performed - Absence of skills

GLOSSARY

ACC SCHOLASTIC SCORING



GLOSSARY TERMS N-V

Non-Airborne Skill - A skill or element that is performed without the participants leaving the ground or becoming airborne

Obvious - Easily seen, understood in the performance of a skill or section

Out of Control - A point where a person's actions can no longer determine the outcome of the situation or skill

Pace - The variable rate or speed of movement

Partner work – The reference to the interaction of two or more athletes together

Perform – (Performed): to present skills to their completion

Pointed Toes - Refers to the position of the athletes feet and ankles when performing skills

Points Available - Total Number of points that can be earned in a specific category

Positioning – A particular way in which the athlete must place or arrange themselves to complete a skill

Power – Display of skills with control, authority, and direct ability

Precise – Athlete's perform with exact, accurate, and careful detail

Precision – Athlete's complete skills, elements, and perform accurately

Presentation – In reference to how the athlete conveys the choreography and performs a skill or element

Props - Physical objects, equipment, or accessories that cheerleaders incorporate into their routines

Pyramid – Reference to a specific section of a routine involving braced stunts

Pyramid Structure - Two or more stunt groups connected by the top persons holding hands, feet, waist, or legs

Quantity – The amount or number of athletes, skills, and/or elements performed

Ripple – A choreographic section in which the skill or movement is done by an athlete(s) and repeated exactly by subsequent athlete(s) in turn

Rotation - Movement or turning action of the hip joints

Routine – The composition of all elements needed to perform in a particular level / division

Running Tumbling – Tumbling that involves a forward step or a hurdle used to gain momentum as an entry to a tumbling skill

Sharpness - Precision, clarity, and crispness of movements and gestures performed

Simultaneous – To perform a skill, element, or movement at the same time

Skill – Physical execution of the specific sections of competitive cheer

Skill Omitted - Left out or intentionally not performed as part of a routine

Small Group - (Tumbling): In reference to tumbling is 3 or more athletes performing a tumbling skill

Spacing – The arrangement of each athlete or group of athletes in reference to the space between

Stability – Skills performed with firm control and demonstrate quality of strength

Standing Tumbling – Tumbling skill(s) performed from a standing position without any previous forward momentum

Straight Legs - Tully extended and not bent at the knees or hips

Stunt – (Stunt Skill): Any skill in which involves a top athlete supported above the performance surface by one or more athletes

Super Elite Skill - See skills list for list of skills

Synchronization – To present, arrange and perform a skill in identical form at the same time

Synchronized – To present, arrange and perform a skill in identical form at the same time

Technique – To execute a skill, element, or performance in an effective way

Throughout – In reference to every part of the skill, element, or performance. (From initiation to completion)

Tier - Categories based on different criteria

Touch Down - During a tumbling skill an athelte lands on their hand, hands, knee, knees, or head

Transition – A change or shift from one skill, element, or section to another

Tumbling - Any hip-over-head skill that is not supported by a base that begins and ends on the performing surface

Uniformity – Having always the same form or manner in performing an element or skill

Unnecessary – Not needed and avoidable

Utilization – A term referring to the use of a particular number of skills or athletes

Value – The consideration of importance during the display of skills, elements, or routine

Variety – Different or diverse in the display of a skill, element, or performance

Visual – (Visual element): a demonstration of a particular skill or element that appeals to the sight and is used for effect or illustration