



Lora's Luck Ltd



LORACALMERS

A range of **calming herbals** for your pup* (or you*!)
for **anxiety, reactivity,**
destructive behaviour and travelling.

Add straight from the bag on wet or raw food,
make a tea,
or add a tasty and healthy seasoning to
cooked meat, rice, pasta, noodle, fruit and veggie
dishes for your dog!

Easy to store, prepare and use.

You have chosen LORA'S TRAVELS

to help with anxiety, tummy issues and nausea while in the car or
on public transport.



Skullcap



Valerian



Gentian

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Why not try LORA'S LULLS
to help newly arrived dogs decompress
and have proper sleep to process.

Or LORAPAX?

to reduce anxiety based behaviours like chewing, indoor toileting, reactivity, separation issues and encourage full restful sleep.

Ask for a free sample!



*always check with your vet or GP if on any medication, or conditions that require to be careful of the heart, liver, kidneys, skin, blood, respiratory or digestive functions.

We offer FREE consultations to advise as well but only your GP or vet has access to your or your dog's medical records.

Available in sizes from 50ml to 2 litres!



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AKASHIC For Lora's Luck

LORA'S TRAVELS

to help with anxiety, tummy issues and nausea while in the car or on public transport.

LARGER PRINT

A simple but effective herbal food supplement body and mind boost, sleep aid and relaxant available in a pre mixed powder in a variety of sizes from 50ml trial size in jars or eco bags all the way up to 2 litre jars!

(All sizes can be ordered, please expect a minimum 5 working day turnaround on repeat orders so put your requests in in good time! Like many business, we are experiencing post Brexit supply issues but are constantly on the look out for the best value and quality products for our customers.)

All products are from small local businesses and organic depending on sourcing/ availability, eco packaging for all suitable containers on offer!

LORA'S TRAVELS works on **travel sickness** in dogs; dogs who are prone to **vomiting or gas in the car/in general** or general **travel anxiety**, and in times of **extra noise** like firework season while you are out and about. It can even help with non

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idiopathic seizures (fits) where the blood tests for full epilepsy are negative or inconclusive. Some have reported it can help **as a supplement to their vet prescription/ advice** for full epilepsy to reduce the medications, which is good as long term seizure meds shorten a dog's life and cause organ failure.

LORA'S TRAVELS can lower the **blood pressure** and reduce an irritated **stomach lining** too. But above all *LORA'S TRAVELS* is a **relaxant**, a gentle and safe way to help your dog (or you!) relax, enjoy the **journey**, and process the events of the day without a sore or grumbling tummy, for good psychological health.

You can just add the *LORA'S TRAVELS* herb mix yourself as directed by your Lora's Luck support team, or as below to your dog's food (raw/wet food ONLY), add to cooking veggies for a meal topper or use the easy guide below to make **tea** with the 'leaves'. However, if buying for humans we recommend the powder option and to just add hot water! If using without our FREE* consultation always start on a minimum amount and work up till you find the best balance for you or your dog.

The *LORA'S TRAVELS* mix has been tried and tested on humans and dogs for a decade with very positive results.

Ingredients

skullcap- enhances mental/cognitive processing by soothing the nervous system; significant antioxidant effects, and may help protect against neurological disorders, such as Alzheimer's disease, Parkinson's disease, anxiety, and depression. There's also evidence to suggest that it may inhibit food allergies if used alongside a monitored diet.

valerian root- helps with sleep disorders, especially the inability to sleep (insomnia). Valerian is also used orally for anxiety and psychological stress, so is perfect for decompressing dogs and their humans. Also known to help with travel sickness and/or car anxiety.

gentian- used as a digestive and detox tonic. It stimulates the digestive organs, making digestive transit faster. It acts as an immune system and aids in increasing the number of red blood cells. Gentian is also used to treat intestinal parasites, diabetes, and inflamed pancreas, gastric and hepatic diseases.

[Gentian Contraindications, Side Effects, and Signs of Overdosage](#)

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Gentian should not be used by pregnant females, individuals with gastric acid secretions, or those suffering from heartburn, ulcers or high blood pressure. Symptoms of overdose include gastric irritation, nausea, and vomiting. Although side effects are rare, a few allergic reactions to gentian have been reported.

LORA'S TRAVELS are suitable for dogs over 12 weeks old. Not recommended for humans under 12 years old.

Dosages

HUMANS (general, please consult with us for **FREE*** for weight age and conditions related advice)

Powder: = *(adults) from 1 flat teaspoon to 2 heaped teaspoons (adjust for need/ taste) per teapot or cafetiere of 1000 ml/ one litre, infuse with boiling water for at least 30 minutes- 1 hour drink as a hot herbal tea, effect should be felt after 100 ml. Add sugar, agave syrup or honey to taste.
Powder: (children over 12) halve the amounts above with the same amount of water.

DOGS (general, please consult with us for **FREE*** for weight age and conditions related advice)

Powder: (dogs) make as per children under 12 add 1/2 teaspoon per 10kg of dog to meals once or twice a day maximum. 1 teaspoon (tsp) of herbs

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per 10kg of dog/severity of the anxiety. MAXIMUM GENERAL dose (up to 5kg 1/4 tsp , up to 10kg 1/2 tbsp, up to 20kg 1 tsp, 20-30kg 2 tsp, 30kg and over 3 tsp.)

LORA'S TRAVELS do not need to be a daily supplement- it's best used not less than two hours before travelling, and can be further decreased once the decompression period is over, agreed by most behaviourists and rescues to be an average of three months. Some dogs can be slowly weaned off it after they get used to travelling (usually an average of 3 times) but we recommend at least three days on average either side of travelling every time for the first three weeks and assess from there for ALL new adopters.

Dogs- decompressing dogs are likely to need the higher or highest recommended dose twice a day at first before travelling. Every few times try one meal (they should be on 2-3 meals a day, reducing to two as the three month average decompression period ends) with none in to see how much more relaxed in the car or on public transport they are now compared to when they arrived. Reduce or increase dosages accordingly.

Sweetening the tea- some humans do find the taste of *LORA'S TRAVELS* bitter. Humans are safe to add sugar, agave syrup, stevia or honey to sweeten depending on any health issues they may have or doctor's dietary orders. **Use high sugar fruits (strawberries, cranberries, raspberries, apples, bananas); honey, molasses or dark brown sugar only for a sweeter flavoured supplement, never refined (white) sugar or agave syrup when giving it to a dog.** Too much **stevia** given to a dog can cause diarrhoea.