



Lora's Luck Ltd



LORACALMERS

A range of **calming herbals** for your pup* (or you*!)
for **anxiety, reactivity,**
destructive behaviour and travelling.

Add straight from the bag on wet or raw food,
make a tea,
or add a tasty and healthy seasoning to
cooked meat, rice, pasta, noodle, fruit and veggie
dishes for your dog!

Easy to store, prepare and use.

You have chosen LORAPAX

to reduce anxiety based behaviours like chewing, indoor toileting,
reactivity, separation issues and encourage full restful sleep.



chamomile

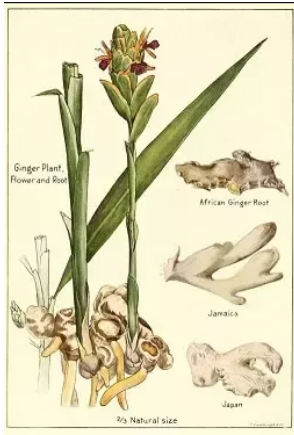


hemp



valerian

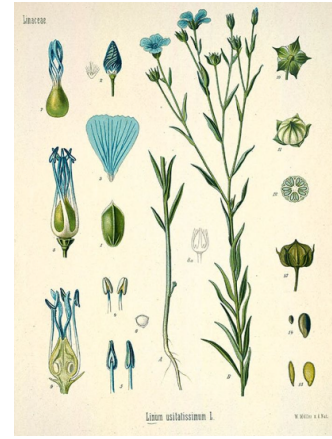
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ginger



passion flower



golden linseed

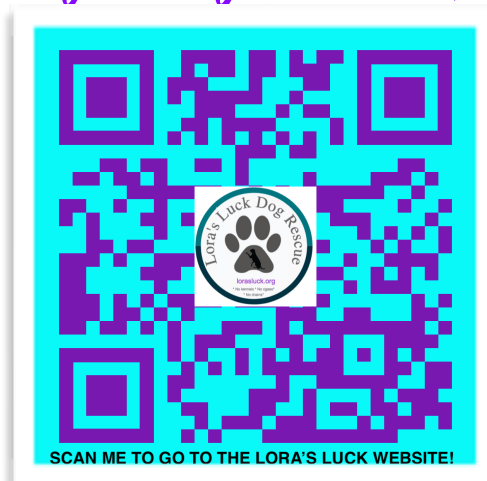
Why not try LORA'S TRAVELS

to help with anxiety, tummy issues and nausea while in the car or on public transport.

Or LORA'S LULLS?

to help newly arrived dogs decompress and have proper sleep to process.

Ask for a free sample!





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*Always check with your vet or GP if on any medication, or conditions that require to be careful of the heart, liver, kidneys, skin, blood, respiratory or digestive functions. We offer FREE consultations to advise as well but only your GP or vet has access to your or your dog's medical records.

Available in sizes from 50ml to 2 litres!

AKASHIC For Lora's Luck

LORAPAX

LARGER PRINT

A simple but effective herbal food supplement body and mind boost, sleep aid and relaxant available in a pre mixed powder in a variety of sizes from 50ml trial size in jars or eco bags all the way up to 2 litre jars!

(All sizes can be ordered, please expect a minimum 5 working day turnaround on repeat orders so put your requests in in good time! Like many business, we are experiencing post Brexit supply issues but are constantly on the look out for the best value and quality products for our customers.)

All products are from small local businesses and organic depending on sourcing/ availability, eco packaging for all suitable containers on offer!

LORAPAX works on **decompressing** dogs; dogs who are prone to **separation** or general **anxiety**, and in times of **extra noise** like firework season.

LORAPAX can help with the **anxiety chewing, stress/fear based reactivity** and stress **insomnia** too. But above all **LORAPAX** is a **relaxant**, a gentle and safe way to help your dog (or you!) relax, put the breaks on long enough to train better and learn better everyday habits as well as get some **proper sleep**, and process the events of the day for good psychological health. This herb mix can be used for dogs who quickly or slowly have or develop the above behavioural issues that are rooted in anxiety (it will **not** help if your dog is bored or ill! They need 'jobs' round the house and activities to engage their minds if they're bored and a good all round health check if you suspect they are sick! However, using this will help anxious dogs to train and learn new things like walks and new things.)

LORAPAX can help with overall health of course, of the heart, lungs, stomach, diabetes, swellings, cuts and bruises, depression, and more- but if this

behaviour does not show any sign of decreasing inside three days for newly developed behaviours and three weeks with stress and actions they have developed over time **with rebooting and retraining by you as well**, we advise you seek veterinary and/or counselling help.

You can either make **LORAPAX** yourself with the herb mix and easy guide like a **pot of tea** with leaves, or add like seasoning to cooked food for your dog. The easiest way is to just spoon it on their (raw/wet food) dinner and stir of course!

Ingredients

Chamomile- for relaxation and its effects on chronic (long term) anxiety and stress. This fragrant yellow flower encourages muscle relaxation, reducing the symptoms of stress. It also has mild sedative powers and calms an upset stomach in dogs with vomiting or diarrhoea caused by anxiety.

valerian root- helps with sleep disorders, especially the inability to sleep (insomnia). Valerian is also used orally for anxiety and psychological stress, so is perfect for decompressing dogs and their humans. Also known to help with travel sickness and/or car anxiety.

Hemp- is humanity's oldest cultivated crop and has 1000s of uses! It contains high levels of antioxidants, fatty acids, minerals, and vitamins, and add fibre to your dog's diet to aid healthy bowel movements. Hemp powder is obtained from the seed, and while it is a variety of the cannabis sativa plant, it contains less than 0.3% THC so here it is being used as a tummy settler and protein boost, not a relaxant or sedative.

Ginger- used to help anxiety based reactivity and chewing, ginger also has high levels of antioxidants, which are compounds that prevent stress and damage to your body. It can aid to combat chronic diseases like high blood pressure, heart disease, and diseases of the lungs, plus promote healthy aging. Ginger is also believed to help with diabetes and weight loss, and is an anti-inflammatory and even 'anticancer'. And it has brain- and heart-protective effects to aid the neurological issues long term stress can cause.

Passion flower- backs up the valerian and ginger, being a mild sedative and a stress reliever enough to decrease chewing of things they shouldn't, and reactivity. It boosts heart health. Used separately and/or topically, it can ease burns, treat piles, menopause, and ADHD.

Golden linseed- contains useful amounts of manganese, vitamin B1, fibre, magnesium and

tryptophan- the latter helps to tackle noise sensitivity. The seeds also improve digestion and reduce risk of heart disease, type 2 diabetes, and some early stage cancers.

L theanine- a very boring looking white powder; the compounds in L theanine really give a boost to anxiety levels with the aim to reduce anxiety chewing of themselves. It does this by affecting the levels of certain chemicals in the brain, including serotonin and dopamine. These influence mood, sleep, and emotion. L theanine also contains cortisol, which helps the body deal with stress.

LORAPAX is suitable for dogs over 12 weeks old. Not recommended for humans under 12 years old.

Dosages

HUMANS (general, please consult with us for **FREE*** for weight age and conditions related advice)

Powder: = *(adults) from 2 flat teaspoons to 3 heaped teaspoons (adjust for need/ taste) per teapot or cafetiere of 1000 ml/ one litre, infuse with boiling water for at least 30 minutes- 1 hour drink as a hot herbal tea, effect should be felt after 100 ml. Add sugar, agave syrup or honey to taste.

Powder: (children over 12) halve the amounts above with the same amount of water.

DOGS (general, please consult with us for FREE* for weight age and conditions related advice)

Powder: (dogs) make as per children under 12 add 10ml to 20ml per 10kg of dog to meals once or twice a day maximum. 1 teaspoon (tsp)- 1 tablespoon (tbsp) of herbs per 10kg of dog/severity of the anxiety. **MAXIMUM GENERAL** dose (up to 5kg 1 tsp , up to 10kg 1 tbsp, up to 20kg 2 tsp, 20-30kg 1 tbsp, 30kg and over 2-3 tbsp.)

LORAPAX does not need to be a daily supplement once the decompression period is over, agreed by most behaviourists and rescues to be an average of three months. As this has been developed to combat long and/or severe term behavioural problems stemming from anxiety, we recommend this is taken for a minimum of three weeks, which is when most agree second stage decompression usually finishes, but it can take the full decompression time (three months minimum) to see long term results if the behaviours have been left untreated for a while, **alongside regular and consistent training and letting your dog have space and process** the daily events.

Warning:

Humans- do not drink this earlier than 2 hours before your desired bed time. Do not drive or operate machinery after drinking this tea.

Dogs- decompressing dogs are likely to need the higher or highest recommended dose twice a day at first. Every few days try one meal (they should be on 2-3 meals a day, reducing to two as the three month average decompression period ends) with none in to see how much more relaxed they are now compared to when they arrived. Reduce or increase dosages accordingly.

Sweetening the tea- some humans do find the taste of **LORAPAX** bitter. Humans are safe to add sugar, agave syrup, stevia or honey to sweeten depending on any health issues they may have or doctor's dietary orders. **Use high sugar fruits (strawberries, cranberries, raspberries, apples, bananas); honey, molasses or dark brown sugar only for a sweeter flavoured supplement, never refined (white) sugar or agave syrup when giving it to a dog.** Too much **stevia** given to a dog can cause diarrhoea.