DISCIPLINE POLICY

Minnesota Rules, part 2960.3080 Subp. 8. Discipline

The license holder must consider the child's abuse history and development, cultural, disability, and gender needs when deciding the disciplinary action to be taken with the child. Disciplinary action must be in keeping with the license holder's discipline policy.

Please write **IN YOUR OWN WORDS** the discipline policy for your home below. The policy must adhere to the MN Rule listed above (printed on the back for your review). The policy must state how and what you use as discipline in your home for children of all ages.

Date

Signature

2960.3080 PLACEMENT, CONTINUED STAY, AND DISCHARGE.

Subp. 8. Discipline.

The license holder must consider the child's abuse history and developmental, cultural, disability, and gender needs when deciding the disciplinary action to be taken with the child. Disciplinary action must be in keeping with the license holder's discipline policy. The discipline policy must include the requirements in items A and B.

- A. Children must not be subjected to:
 - (1) corporal punishment, including, but not limited to: rough handling, shoving, ear or hair pulling, shaking, slapping, kicking, biting, pinching, hitting, throwing objects at the child, or spanking;
 - (2) verbal abuse, including, but not limited to: name calling; derogatory statements about the child or child's family, race, gender, disability, sexual orientation, religion, or culture; or statements intended to shame, threaten, humiliate, or frighten the child;
 - (3) punishment for lapses in toilet habits, including bed wetting or soiling;
 - (4) withholding of basic needs, including, but not limited to: a nutritious diet, drinking water, clothing, hygiene facilities, normal sleeping conditions, proper lighting, educational services, exercise activities, ventilation and proper temperature, mail, family visits, positive reinforcement, nurturing, or medical care. However, a child who destroys bedding or clothing, or uses these or other items to hurt the child's self or others, may be deprived of such articles according to the child's case plan;
 - (5) assigning work that is dangerous or not consistent with the child's case plan;
 - (6) disciplining one child for the unrelated behavior or action of another, except for the imposition of restrictions on the child's peer group as part of a recognized treatment program;
 - (7) restrictions on a child's communications beyond the restrictions specified in the child's treatment plan or case plan, unless the restriction is approved by the child's case manager; and
 - (8) requirements to assume uncomfortable or fixed positions for an extended length of time, or to march, stand, or kneel as punishment.
- B. The license holder:
 - (1) must not require a child to punish other children;
 - (2) must follow the child's case plan regarding discipline;
 - (3) must not use mechanical restraints or seclusion, as defined in part <u>2960.3010</u>, subpart 38, with a foster child;
 - (4) must ensure that the duration of time-out is appropriate to the age of the child; and
 - (5) must meet the requirements of part <u>9525.2700</u>, subpart 2, item F, regarding the use of aversive or deprivation procedures with a foster child with a developmental disability.