

# Zion International Missions Ministry

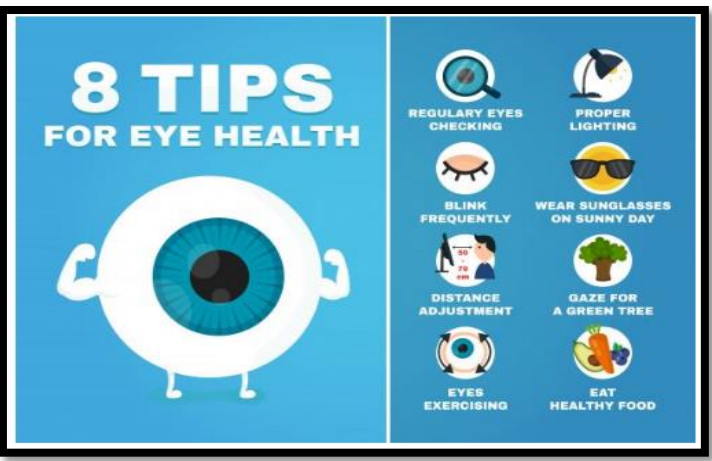
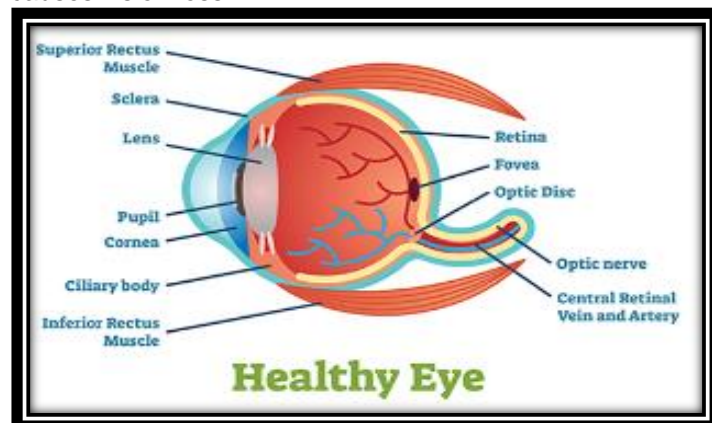
Volume 11 Issue 2

JULY & AUGUST 2023

## TIME FOR A CHECK-UP

Diabetic retinopathy is an eye disease caused by diabetes. People with diabetes can have an eye disease called diabetic retinopathy.

This is when high blood sugar levels cause damage to blood vessels in the retina. If you have diabetes, talk with your primary care doctor about controlling your blood sugar. High blood sugar damages retinal blood vessels. That causes vision loss.



Source: American Academy of Ophthalmology Continued on page 1

## THIS ISSUE:

Page 1: Diabetic Retinopathy and Eye Health Tips

Minority Mental Health Awareness Month

Emancipation Day in Belize Celebrated

Page 2: National Non-Profit Day- August 17

Published by C. Cecil- ZIMM Marketing

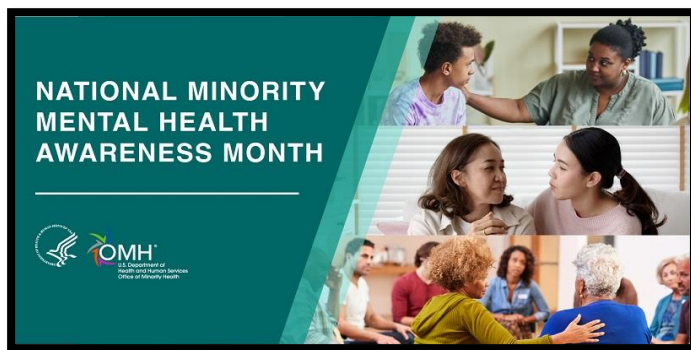


## JULY- Minority Mental Health Awareness Month

National Minority Mental Health Awareness Month is observed each July to bring awareness to the unique struggles that racial and ethnic minority communities face regarding mental illness in the United States.

Health Care providers and professionals focuses on increasing health literacy, providing culturally competent care and improving access to health care information for individuals to help make healthy choices.

Source: <https://minorityhealth.hhs.gov/minority-mental-health/>



## AUGUST 1<sup>ST</sup> – Belize, C.A.- observes Emancipation Day



Source: <https://www.sanpedrosun.com/community-and-society/2021/08/03/belize-observes-emancipation-day/>

Emancipation Day is celebrated in Canada and most Caribbean nations. It is considered a time for reflection whereas Belizeans came from and appreciates the pre-enslavement African History. Furthermore, it is an observed day to rekindle the sense of pride and moving forward as resilient, courageous, and beautiful nation of different people.



## National Non-Profit Day- August 17th

On behalf of Zion International Missions Ministry, Inc., we say Thank You to all of our Volunteers and Support of impassioned volunteers and ministries.

There are many ways to get involved with Zion International Mission Ministry Inc.. Attend one of our events, become a member, or volunteer your time. We'd love to have you on board! We are passionate about empowering communities and making a difference in people's lives.

### Let's Stay in Touch

Contact us today to find out how you can help make a difference in the lives of people who are in need in Central America and Africa. The Power of One... you can make a difference. **Website:** [www.Zimminc.org](http://www.Zimminc.org)

**National Nonprofit Day** each year is to recognize nonprofit organization' on efforts to serve the local communities and international countries to promote awareness- Education, Health, Technology and other significant causes to offer assistance to individuals and families to provide hope for a brighter future.



## HELP BUILD BOMBA CLINIC- BELIZE, C.A.

Your support and contributions will help meet the goals and improve family healthcare conditions. Your donations will fund the mission to build the Bomba Village Health Clinic, Belize Central America.

Your MONTHLY or ONE-TIME GIFT will help meet the medical needs of families in six (6) rural villages.

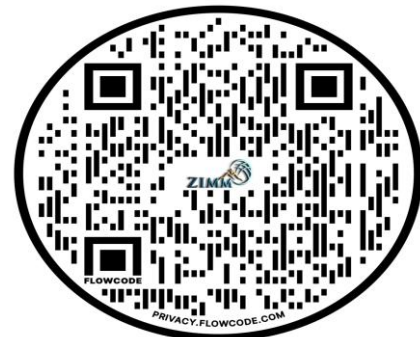
<https://donorbox.org/bomba-health-clinic>



Bomba Health Clinic Construction Site



Bomba Health Clinic Construction Site



***DONATE NOW TO HELP!***

***A registered 501(c)(3) organization. All donations are tax deductible.***

***Contact Ph: 407-443-8892***

***Zion International Missions Ministry Inc.***

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***[www.Zimminc.org](http://www.Zimminc.org)***