

A Loaf for Every Craving,  
Crafted with *Care*.



*Classic  
Sourdough*

Timeless Flavor,  
Wholesome Goodness.

**35 SAR**



*Wholewheat  
Sourdough*

Nutrient-Rich & Hearty:  
Wholesome Satisfaction.

**40 SAR**



*Rye  
Sourdough*

Distinctive & Earthy:  
A Flavorful Tradition.

**45 SAR**



*Classic  
Sourdough (with  
Olive Filling)*

Mediterranean Delight:  
Savory & Aromatic.

**45 SAR**



*Classic  
Sourdough (with  
French Cheese Filling)*

Indulgent & Comforting: A  
Sophisticated Taste.

**60 SAR**

*DID YOU KNOW?*

The long fermentation process  
in sourdough breaks down  
complex carbohydrates, making  
it gentler on the digestive system.



Say hello to "**Sourdough for the Soul**," a collection of handcrafted sourdough breads baked with care and a deep respect for traditional methods. We believe that bread should be more than just sustenance; it should nourish your body and soul.

Discover the satisfying chew, the tangy aroma, and the wholesome nourishment of truly artisan sourdough.



FERMENTINA

Baked with *Passion*, Alive  
with Goodness.



**SOURDOUGH FOR THE SOUL**

Artisan Breads Crafted for Flavor and  
Well-being.





## FOR THE HEALTH CONSCIOUS

Looking for effective ways to support your overall health.

## FOR THE BREAD INDULGER



Seeking handcrafted breads made with passion and expertise.

***Nourishment*** for  
every lifestyle.



## FOR THE GUT LOVERS

Recognizing the link between gut health and overall vitality.

## FOR THE NATURAL SEEKERS

All-natural goodness that helps achieve a better YOU.



## READY TO EXPERIENCE THE **SOUL** OF SOURDOUGH?

Discover the delicious and nourishing world of sourdough. Elevate your meals with our handcrafted artisan breads.



SEND US A MESSAGE  
ON WHATSAPP

**+966 50 612 1757**



CHECK OUT OUR  
WEBSITE

**[www.fermentina.me](http://www.fermentina.me)**

Incorporating **Sourdough for the Soul** into your diet can offer a wealth of benefits:

- ✓ Supports a healthy gut microbiome
- ✓ Enhances digestion
- ✓ Boosts immunity
- ✓ Rich in nutrition and flavor
- ✓ Simple ingredients, wholesome goodness.