



**2024-2025**

**Employee  
Benefits Guide**

# Benefits Program

## *Eligibility & Coverage Information*

### Enrollment

Electronic enrollment for all eligible employees will begin February 9, 2024. The enrollment process should be completed by both employees that had coverage and wish to continue with enrollment for 2023-24 benefits plan year, as well as those whom are qualified, new enrollees during that same period. **Enrollment must be completed before 5PM on February 18<sup>th</sup> or employees may lose eligibility and the ability to enroll for the 2024-2025 plan year.**

### Plan Eligibility

Eligibility is determined by the requirements stated in the appropriate plan document or insurance policy for the year in question. Since the plans are subject to change, eligibility may also change. If you change coverage from one plan to another, you and your

dependent(s) must meet the requirements of the new plan selected. For specific details, please refer to each plan's eligibility requirements.

### Employee Eligibility

You are eligible to participate in the Company health and welfare plans if you are classified as a regular, full-time active employee working at least 30 hours per week.

You and your dependents will not be covered until you complete the appropriate paperwork with the Employee Benefits Division, provide the necessary documents to be enrolled (i.e. birth certificates, marriage license, copy of the social security card, etc.), and pay the required premium(s).

# Things to Know for 2024

### Make Changes

Open enrollment is your opportunity to make changes to your coverage each year. Employees must complete this process to qualify for coverages offered before February 18<sup>th</sup> at 5PM. Changes during the plan year can only be made due to a qualifying event. Employees must notify the Human Resources department within 31 days of the event to update coverage. Common qualifying events are marriage, divorce, birth of a child, or involuntary loss of other coverage.

### Benefits Information

Additional information regarding your benefits can be found by logging in to your employee portal at

[www.mydevsource.me](http://www.mydevsource.me). If you need login assistance, please contact Human Resources.

### HIPAA Compliance

The Health Insurance Portability and Accountability Act (HIPAA) requires that your health insurance plan limit the release of your health information to the minimum necessary required for your care. If you have questions about your claims, contact your insurance carrier first. If, after contacting the insurance carrier, you need a representative of the Human Resources Division or NFP, our insurance broker, to assist you with any claim issues, you may be required to provide written authorization to release information related to your claim.

# Benefits Eligibility

All active employees who work at least **30** hours per week, and their eligible dependents, qualify for the benefits outlined in this guide.

For new hires, your coverage begins **on the first of the month following 30 days of employment**. After your initial enrollment, you will have the opportunity to enroll again during open enrollment each year. If your employment ends, your coverage will end on the last day of the month of your termination. Depending upon the circumstances of your termination, you may be able to continue coverage under COBRA.

Your eligible dependents include:

- Your spouse (unless legally separated)
- Your children to age 26 (regardless of student, marital, or tax dependent status)
- Your children of any age who have been qualified as disabled and are physically or mentally unable to care for themselves.

## Qualifying Events

Outside of Open Enrollment or your initial new hire benefit enrollment, you generally will only be able to change your coverage if you have a qualifying life event.

Qualifying events include, but are not limited to:

- Change in marital status (marriage, divorce, death, legal separation)
- Change in number of dependents (birth, death, adoption, eligibility status, child support order)
- Change in employment status for you or your spouse (commencement, termination, leave of absence, full-time to part-time or vice versa)
- Special enrollment rights under HIPAA
- Lose or gain other coverage for yourself, your spouse, or your qualifying dependents

Generally, elections must be made within **30 days** of the qualifying event. **YOU** are responsible for notifying Human Resources or your Benefits team and providing the necessary documentation of the event.

**DON'T FORGET!** Newborns will **NOT** be automatically added to coverage. You must take action within **30 days** of the birth.

## How to Enroll

**Everyone** will be required to enroll or re-enroll in benefits.

- Please follow the instructions on your mydevsource.me profile.
  - If you are electing voluntary life for the first time for an amount above the Guarantee Issue, please fill out the Evidence of Insurability (EOI) and electronically sign.
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Benefit Plan		Employees
Frequency of Deduction		Weekly
<b><i>*All medical rates are subject to vary slightly based on final enrollment. Once final enrollment is complete you will be updated if there is any change to final deduction numbers.</i></b>		
BlueCross BlueShield Platinum Medical 24-25 Blue Advantage PPO MOBAP0073	Member Only	\$55.19
	Member + Child(ren)	\$77.26
	Member + Spouse	\$109.46
	Member + Family	\$115.59
BlueCross BlueShield Gold Medical 24-25 Blue Advantage PPO MOBAP0093	Member Only	\$46.02
	Member + Child(ren)	\$64.43
	Member + Spouse	\$91.28
	Member + Family	\$96.40
Principal Dental	Member Only	\$2.78
	Member + Child(ren)	\$4.68
	Member + Spouse	\$5.16
	Member + Family	\$6.56
Principal Vision	Member Only	\$0.00
	Member + Child(ren)	\$0.87
	Member + Spouse	\$1.69
	Member + Family	\$2.73
Principal Basic Life	Coverage \$50,000	\$0.00
Principal Basic AD&D	Coverage \$50,000	\$0.00
Principal Voluntary Life & AD&D Purchased in \$10,000 Increments to \$300,000 maximum. - Proof of Good Health Required over \$100,000 for employee - Proof of Good Health Required over \$25,000 for spouse	Age	Price per \$10,000
	29 & Under	\$0.25
	30 - 34	\$0.27
	35 - 39	\$0.38
	40 - 44	\$0.60
	45 - 49	\$0.99
	50 - 54	\$1.58
	55 - 59	\$2.42
	60 - 64	\$3.75
65 - 69	\$6.07	
Principal Voluntary Life - Child(ren)	Incremental Amount	Weekly Cost
	\$2,500	\$0.12
	\$5,000	\$0.23
	\$7,500	\$0.35
	\$10,000	\$0.46
Principal Short Term Disability	60% of income to \$1,000/wk	\$0.00
Principal Long Term Disability	60% of income to \$10,000/mo	\$0.00

\*All medical rates are subject to vary slightly based on final enrollment. Once final enrollment is complete you will be updated with final deduction numbers.

Benefit Plan (cont.)		Employees
Frequency of Deduction		Weekly
Principal Short Term Disability	60% of income to \$1,000/wk	\$0.00
Principal Long Term Disability	60% of income to \$10,000/mo	\$0.00
Principal 24-hour Accident	Member Only	\$4.36
	Member + Child(ren)	\$7.16
	Member + Spouse	\$6.14
	Member + Family	\$10.66
Principal Critical Illness  Employees choose benefit in increments of \$5,000 to \$50,000 max Spouse choose benefit in increments of \$2,500 to \$25,000 max *Child(ren) default to \$2,500 benefit at \$0.17 per week **No Proof of Good health required for Members up to \$10,000; Spouse up to \$5,000.	Age	Price per \$1,000
	Member Only - first \$10,000	\$0.00
	24 & Under	\$0.12
	25 - 29	\$0.14
	30 - 34	\$0.17
	35 - 39	\$0.22
	40 - 44	\$0.30
	45 - 49	\$0.50
	50 - 54	\$0.79
	55 - 59	\$1.19
	60 - 64	\$1.90
65 - 69	\$2.49	
70 & over	\$3.39	

\*All medical rates are subject to vary slightly based on final enrollment. Once final enrollment is complete you will be updated with final deduction numbers.

# Medical (BlueCross BlueShield of Oklahoma) • 1-800-942-5837 • bcbsok.com

The Company offers Employees two medical plan options, a Platinum Option and a Gold Option through BCBSOK.

	PLATINUM	GOLD
	Blue Advantage PPO Network	Blue Advantage PPO Network
<b>Plan Year Deductible</b>		
<b>Single</b>	<b>\$500</b>	<b>\$2,000</b>
<b>Family</b>	<b>\$1,500</b>	<b>\$6,000</b>
<b>Coinsurance Amounts After Deductible (shared cost after deductible met)</b>		
<b>Insurance %</b>	<b>80%</b>	<b>80%</b>
<b>Member %</b>	<b>20%</b>	<b>20%</b>
<b>Out-of-Pocket Maximum</b>		
<b>Single</b>	<b>\$1,250</b>	<b>\$5,000</b>
<b>Family</b>	<b>\$3,750</b>	<b>\$10,200</b>
<b>Member Costs</b>		
<b>Preventive Care</b>	<b>Covered in full</b>	<b>Covered in full</b>
<b>PCP Office Visits</b>	<b>\$25 copay per visit</b>	<b>\$20 copay per visit</b>
<b>Specialist Visits</b>	<b>\$45 copay per visit</b>	<b>\$20 copay per visit</b>
<b>MDLIVE (BCBS Telehealth)</b>	<b>\$25 copay per consult</b>	<b>\$20 copay per consult</b>
<b>Urgent Care</b>	<b>\$50 Copay</b>	<b>\$50 copay per visit</b>
<b>Emergency Room</b>	<b>\$300 per visit, then deductible</b>	<b>\$100 per visit, then deductible</b>
<b>Inpatient Services/ Outpatient Surgery</b>	<b>\$150 inpatient / \$100 outpatient facility fee, then deductible</b>	<b>\$750 inpatient / \$0 outpatient facility fee, then deductible</b>
<b>Diagnostic, X-Rays, Lab Tests, MRI, CT Scans, PET Scans</b>	<b>20% after deductible</b>	<b>20% after deductible</b>
<b>Prescription Drugs (Tiers: Pref. Generic / Non-Pref. Generic / Pref. Brand / Non-Pref. Brand / Pref. Specialty / Non-Pref. Specialty)</b>		
<b>30-day supply at Preferred Pharmacy</b>	<b>\$0/\$10/\$35/\$75/\$150/\$250</b>	<b>\$0/\$10/\$50/\$100/\$150/\$250</b>
<b>30-day supply at Non-Pref. Pharmacy</b>	<b>\$10/\$20/\$55/\$95/\$150/\$250</b>	<b>\$10/\$20/\$70/\$120/\$150/\$250</b>
<b>90-day mail-order supply</b>	<b>\$0/\$30/\$105/\$225/NA/NA</b>	<b>\$0/\$30/\$150/\$300/NA/NA</b>
<b>Employee Contributions</b>	<b>PLATINUM</b>	<b>GOLD</b>
<b>Weekly Contributions</b> <i>(*Rates could vary slightly based on final enrollment)</i>	<b>Member Only - \$55.19; Member + Child(ren) - \$77.26; Member + Spouse - \$109.46; Member + Family - \$115.59</b>	<b>Member Only - \$46.02; Member + Child(ren) - \$64.43; Member + Spouse - \$91.28; Member + Family - \$96.40</b>

## NETWORK HIGHLIGHTS

**Treatment in Oklahoma** - Members seeking treatment within the state of Oklahoma can search the Blue Advantage PPO Network at bcbsok.com under the "Find a Doctor or Hospital" tab, or contact your preferred provider to verify if they accept Blue Advantage PPO Network through BlueCross and BlueShield of Oklahoma.

**Treatment Outside of Oklahoma** - Members seeking treatment outside the state of Oklahoma can search the National BlueCard PPO/EPO network, known internationally as BCBS Global Core, at bcbs.com under the "Find a Doctor" tab, or contact your preferred provider to verify if they accept BlueCard PPO/EPO through BlueCross and BlueShield.

## Dental (Principal) • 800-986-3343 • [principal.com/dentist](http://principal.com/dentist)

Offered through Principal, the dental plan is 100% paid for employees by the Company.

	High Plan	
	In-Network	Out-of-Network
<b>Plan Year Deductible</b>		
<b>Single</b>	<b>\$50</b>	<b>\$50</b>
<b>Family</b>	<b>\$150</b>	<b>\$150</b>
<b>Plan Year Maximum Benefit</b>	<b>\$2,500</b>	
<b>Member Costs</b>		
<b>Diagnostic/Preventive</b> Routine exam and cleaning every six months	<b>Covered in full</b>	<b>Covered in full</b>
<b>Basic Restorative</b>	<b>Covered in full</b>	<b>20% after deductible</b>
<b>Major Restorative</b>	<b>40% after deductible</b>	<b>50% after deductible</b>
<b>Orthodontia (child only)</b>	<b>50% with a lifetime maximum of \$2,000 per child.</b>	
<b>Employee Contributions</b>		
<b>Weekly Contributions</b>	<b>Member - \$2.78;</b> <b>Member + Child(ren) - \$4.68</b> <b>Member + Spouse - \$5.16;</b> <b>Member + Family - \$6.56</b>	

## Vision Plan (Principal / VSP Choice) • 800-986-3343 • [vsp.com](http://vsp.com)

Offered through Principal using VSP, the vision plan is 100% paid for employees by the Company.

	In-Network	Out-of-Network
<b>Examination</b>	<b>\$10 copay</b>	<b>Up to \$45</b>
<b>Frames</b>	<b>\$25 copay, \$150 allowance, 20% off balance over \$150</b>	<b>Up to \$70</b>
<b>Standard Plastic Lenses</b>		
<b>Single Vision</b>	<b>\$25 copay</b>	<b>Up to \$30</b>
<b>Bifocal</b>	<b>\$25 copay</b>	<b>Up to \$50</b>
<b>Trifocal</b>	<b>\$25 copay</b>	<b>Up to \$65</b>
<b>Contact Lenses</b>		
<b>Elective Contacts</b>	<b>\$60 copay for fitting and evaluation, \$150 allowance</b>	<b>Up to \$105</b>
<b>Necessary Contacts</b>	<b>\$25 Copay</b>	<b>Up to \$210</b>
<b>Frequency</b>	<b>Exam, Frames, and Lenses/Contact Lenses: Once every 12 months</b>	
<b>Network Providers</b>	<b>Visit <a href="http://VSP.com">VSP.com</a> and search "Find an In-Network Doctor" to view network facilities and doctors, or call your optometrist and ask if they accept VSP Choice Network.</b>	
<b>Employee Contributions</b>		
<b>Weekly Contributions</b>	<b>Member - \$0.00;</b> <b>Member + Child(ren) - \$0.87;</b> <b>Member + Spouse - \$1.69;</b> <b>Member + Family - \$2.73</b>	

## Disability (Principal) • 800-986-3343 • principal.com

The Company provides Short Term and Long Term Disability coverage at no cost to you. All eligible employees are required to enroll in Disability coverage.

	Short Term Disability	Long Term Disability
<b>Coverage Amount</b>	60% of salary to max \$1,000/week	60% of salary to max \$10,000/month
<b>Maximum Payment Period</b>	Up to 12 weeks after elimination period is satisfied	Social Security normal retirement age
<b>Benefits Begin</b>	Day 8	Day 91
<b>Premium</b>	The Company pays 100% of the premium, you may pay taxes on the STD payments you may receive	The Company pays 100% of the premium, you may pay taxes on the LTD payments you may receive

## Life Insurance (Principal) • 800-986-3343 • principal.com

The Company provides Basic Life and AD&D insurance at no cost to you, and the option to purchase Voluntary Term Life insurance for you, your spouse, and any eligible children. All eligible employees are required to enroll in Basic Life and AD&D coverage.

	Basic Life and AD&D	Voluntary Term Life
<b>Employee benefit</b>	\$50,000	\$10,000 increments to a max of \$300,000 Amounts above \$100,000 requires Proof of Good Health.
<b>Accidental Death and Dismemberment (AD&amp;D)</b>	Equal to 1x the employee's basic life benefit	Included
<b>Spouse Benefit</b>	N/A	\$5,000 increments to a max of \$100,000. Amounts above \$25,000 require Proof of Good Health and are subject to approval by Principal
<b>Child Benefit</b>	N/A	Flat \$2,500, \$5,000, \$7,500, or \$10,000

## Accident & Critical Illness (Principal) • 800-986-3343 • principal.com


The company provides accident insurance, which pays cash benefits directly to you for covered accidental injuries and treatment, for employees and offers employees an opportunity to purchase critical illness insurance, which pays cash benefits for diagnosis of cancer, heart attack, major organ failure, or stroke. Both the Accident and Critical Illness plans include a \$50 wellness benefit that is paid to the Member one time per year when a covered person takes a preventive screening test, such as an annual physical or mammogram. You can enroll in these plans even if you are not enrolled in other benefit plans. All employees enrolling in medical coverage are required to enroll in Accident & Critical Illness.

	Accident insurance	Critical Illness
<b>Weekly Contributions</b>	Member Only - \$0.00; Member + Child(ren) - \$1.52; Member + Spouse - \$2.54 Member + Family - \$6.04	See Chart on Rates Page

\*Summaries presented are meant to be helpful in simplifying benefits. If there is any discrepancy between the above summaries and carrier summaries, the carrier summaries are to be assumed correct.





 **The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit [www.bcbsok.com/member/policy-forms/2024](http://www.bcbsok.com/member/policy-forms/2024) or by calling 1-800-942-5837. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary at [www.healthcare.gov/sbc-glossary](http://www.healthcare.gov/sbc-glossary) or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall deductible?</b>	<p>Network: \$500 Individual/\$1,500 Family Out-of-Network: \$1,000 Individual/\$3,000 Family</p>	<p>Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.</p>
<b>Are there services covered before you meet your deductible?</b>	<p>Yes. In-Network Preventive Health, certain services with a copayment, prescription drugs, ambulance and diagnostic test are covered before you meet your deductible.</p>	<p>This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at <a href="http://www.healthcare.gov/coverage/preventive-care-benefits/">www.healthcare.gov/coverage/preventive-care-benefits/</a>.</p>
<b>Are there other deductibles for specific services?</b>	<p>Yes. ER \$300; Inpatient \$150/\$250; Outpatient Surgery Facility \$100/\$200. There are no other specific deductibles.</p>	<p>You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.</p>
<b>What is the out-of-pocket limit for this plan?</b>	<p>Network: \$1,250 Individual/\$3,750 Family Out-of-Network: \$3,750 Individual/\$11,250 Family</p>	<p>The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.</p>
<b>What is not included in the out-of-pocket limit?</b>	<p>Premiums, preauthorization penalties, balance-billing charges, and health care this plan doesn't cover.</p>	<p>Even though you pay these expenses, they don't count toward the out-of-pocket limit.</p>
<b>Will you pay less if you use a network provider?</b>	<p>Yes. See <a href="http://www.bcbsok.com/blueadvantage">www.bcbsok.com/blueadvantage</a> or call 1-800-942-5837 for a list of network providers.</p>	<p>This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.</p>
<b>Do you need a referral to see a specialist?</b>	<p>No.</p>	<p>You can see the specialist you choose without a referral.</p>

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25/visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	Telemedicine Visits are available. See your benefit booklet* for details.
	<u>Specialist</u> visit	\$45/visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	None
	<u>Preventive care/screening/immunization</u>	No Charge; <u>deductible</u> does not apply	30% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge; <u>deductible</u> does not apply	30% <u>coinsurance</u>	<u>Preauthorization</u> may be required; see your benefit booklet* for details.
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	
If you need drugs to treat your illness or condition  More information about <b>prescription drug coverage</b> is available at <a href="http://www.bcbsok.com/rx-drugs/drug-lists/drug-lists">www.bcbsok.com/rx-drugs/drug-lists/drug-lists</a>	Generic drugs (Preferred)	Retail: Preferred - No Charge Participating - \$10/prescription Mail: No Charge; <u>deductible</u> does not apply	Retail: \$10/prescription; <u>deductible</u> does not apply	Limited to a 30-day supply at retail (or a 90-day supply at a <u>network</u> of select retail pharmacies). Up to a 90-day supply at mail order. <u>Specialty drugs</u> are limited to a 30-day supply except for certain FDA-designated dosing regimens. Payment of the difference between the cost of a brand name drug and a generic may also be required if a generic drug is available. Your cost for a covered insulin drug will not exceed \$30 per 30-day supply or \$90 per 90-day supply.
	Generic drugs (Non-Preferred)	Retail: Preferred - \$10/prescription Participating - \$20/prescription Mail: \$30/prescription; <u>deductible</u> does not apply	Retail: \$20/prescription; <u>deductible</u> does not apply	
	Brand drugs (Preferred)	Retail: Preferred - \$35/prescription Participating - \$55/prescription Mail - \$105/prescription; <u>deductible</u> does not apply	Retail: \$55/prescription; <u>deductible</u> does not apply	

\* For more information about limitations and exceptions, see the plan or policy document at [www.bcbsok.com/member/policy-forms/2024](http://www.bcbsok.com/member/policy-forms/2024).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network (You will pay the most)	
	Brand drugs (Non-Preferred)	Retail: Preferred - \$75/prescription Participating - \$95/prescription Mail: \$225/prescription; <u>deductible</u> does not apply	Retail: \$95/prescription; <u>deductible</u> does not apply	
		\$150/prescription; <u>deductible</u> does not apply	\$150/prescription; <u>deductible</u> does not apply	
		\$250/prescription; <u>deductible</u> does not apply	\$250/prescription; <u>deductible</u> does not apply	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	\$100/visit plus 20% coinsurance	\$200/visit plus 40% coinsurance	<u>Preauthorization</u> may be required. For Outpatient Infusion Therapy, see your benefit booklet* for details.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	
<b>If you need immediate medical attention</b>	<u>Emergency room care</u>	\$300/visit plus 20% coinsurance	\$300/visit plus 20% coinsurance	Per occurrence <u>deductible</u> waived if admitted.
	<u>Emergency medical transportation</u>	No Charge; <u>deductible</u> does not apply	No Charge; <u>deductible</u> does not apply	
	<u>Urgent care</u>	\$50/visit; <u>deductible</u> does not apply	30% coinsurance	
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	\$150/visit plus 20% coinsurance	\$250/visit plus 40% coinsurance	<u>Preauthorization</u> required. \$500 penalty for failure to <u>preauthorize</u> . See your benefit booklet* for details.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	\$25/office visit; <u>deductible</u> does not apply or 20% coinsurance for other outpatient services	30% coinsurance for office visits or 40% coinsurance for other outpatient services	<u>Preauthorization</u> may be required; see your benefit booklet* for details.
	Inpatient services	\$150/visit plus 20% coinsurance	\$250/visit plus 40% coinsurance	

\* For more information about limitations and exceptions, see the plan or policy document at [www.bcbsok.com/member/policy-forms/2024](http://www.bcbsok.com/member/policy-forms/2024).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network (You will pay the most)	
<b>If you are pregnant</b>	Office visits	Primary Care: \$25/visit Specialist: \$45/visit; deductible does not apply	30% <u>coinsurance</u>	<u>Copayment</u> applies to first prenatal visit only (per pregnancy). <u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services, <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery professional services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	
	Childbirth/delivery facility services	\$150/visit plus 20% <u>coinsurance</u>	\$250/visit plus 40% <u>coinsurance</u>	
	<u>Home health care</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	
<b>If you need help recovering or have other special health needs</b>	<u>Rehabilitation services</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Outpatient: Separate 25-visit limit per benefit period for <u>Rehabilitation and Habilitation Services</u> , which includes physical, speech, occupational therapy and muscle manipulation. Inpatient: Separate 30-day maximum <u>Rehabilitation and Habilitation Services</u> per benefit period. \$500 penalty for failure to preauthorize.
	<u>Habilitation services</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	
	<u>Skilled nursing care</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	
	<u>Durable medical equipment</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	
	<u>Hospice services</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	
	Children's eye exam	Not Covered	Not Covered	
<b>If your child needs dental or eye care</b>	Children's glasses	Not Covered	Not Covered	30-day inpatient maximum per benefit period. \$500 penalty for failure to preauthorize. <u>Medically necessary</u> rental or purchase at the plan's discretion. \$500 penalty for failure to preauthorize.
	Children's dental check-up	Not Covered	Not Covered	
		Not Covered	Not Covered	

## Excluded Services & Other Covered Services:

### **Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)**

- Abortion (Unless the life of the mother is endangered)
- Acupuncture
- Bariatric surgery (For treatment of obesity/weight reduction)
- Cosmetic surgery (With exception of accidental injury repair and some instances for physiological functioning improvement of a malformed body member)
- Dental care (Adult and Child)
- Infertility treatment
- Long-term care
- Routine eye care (Adult and Child)
- Routine foot care (Except for diabetic subscribers)
- Weight loss programs

### **Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)**

- Chiropractic care (25 visit maximum per benefit period combined with outpatient therapies)
- Hearing aids (One hearing aid per ear every 48 months)
- Non-emergency care when traveling outside the U.S. (With the exception of any services and supplies provided to a Subscriber incurred outside the United States if the Subscriber traveled to the location for the purposes of receiving medical services, supplies, or drugs)
- Private-duty nursing (Limited to 85 visits per benefit period)

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: For group health coverage contact the [plan](#), Blue Cross and Blue Shield of Oklahoma at 1-800-942-5837 or visit [www.bcbsok.com](#). For group health coverage subject to ERISA, contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](#). For non-federal governmental group health plans, contact Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.ccio.cms.gov](#). Church plans are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact their State insurance regulator regarding their possible rights to continuation coverage under State law. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](#) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: For group health coverage subject to ERISA: the [plan](#) at 1-800-942-5837 or visit [www.bcbsok.com](#), the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](#), and the Oklahoma Department of Insurance, Consumer Protection at 1-405-521-2991 or [www.oid.ok.gov](#). For non-federal governmental group health plans and church plans that are group health plans, the [plan](#) at 1-800-942-5837 or [www.bcbsok.com](#) or contact the Oklahoma Department of Insurance, Consumer Protection at 1-405-521-2991 or [www.oid.ok.gov](#). Additionally, a consumer assistance program can help you file your [appeal](#). Contact the Oklahoma Department of Insurance's Consumer Health Assistance Program at 1-405-521-2991 or visit [www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/ok.html](#).

**Does this plan provide Minimum Essential Coverage? Yes**

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

**Does this plan meet the Minimum Value Standards? Yes**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-942-5837.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-942-5837.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-942-5837.

Navajo (Dine): Dinekehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-942-5837.

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**

(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible      \$500
- Specialist copayment                    \$45
- Hospital (facility) copay/coins        \$150+20%
- Other coinsurance                        20%

**This EXAMPLE event includes services like:**  
Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
Specialist visit (*anesthesia*)

**Total Example Cost**                        **\$12,700**

**In this example, Peg would pay:**

<i>Cost Sharing</i>	
<u>Deductibles</u>	\$500
<u>Copayments</u>	\$30
<u>Coinsurance</u>	\$700
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$1,290</b>

**Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible      \$500
- Specialist copayment                    \$45
- Hospital (facility) copay/coins        \$150+20%
- Other coinsurance                        20%

**This EXAMPLE event includes services like:**  
Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
Durable medical equipment (*glucose meter*)

**Total Example Cost**                        **\$5,600**

**In this example, Joe would pay:**

<i>Cost Sharing</i>	
<u>Deductibles</u>	\$500
<u>Copayments</u>	\$700
<u>Coinsurance</u>	\$60
<i>What isn't covered</i>	
Limits or exclusions	\$20
<b>The total Joe would pay is</b>	<b>\$1,270</b>

**Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

- The plan's overall deductible      \$500
- Specialist copayment                    \$45
- Hospital (facility) copay/coins        \$150+20%
- Other coinsurance                        20%

**This EXAMPLE event includes services like:**  
Emergency room care (*including medical supplies*)  
Diagnostic test (*x-ray*)  
Durable medical equipment (*crutches*)  
Rehabilitation services (*physical therapy*)

**Total Example Cost**                        **\$2,800**

**In this example, Mia would pay:**

<i>Cost Sharing</i>	
<u>Deductibles</u>	\$500
<u>Copayments</u>	\$400
<u>Coinsurance</u>	\$100
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,000</b>

The plan would be responsible for the other costs of these EXAMPLE covered services

**Health care coverage is important for everyone.**

We provide free communication aids and services for anyone with a disability or who needs language assistance. We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability.

To receive language or communication assistance free of charge, please call us at 855-710-6984.

If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator  
300 E. Randolph St.  
35th Floor  
Chicago, Illinois 60601

Phone: 855-664-7270 (voicemail)  
TTY/TDD: 855-661-6965  
Fax: 855-661-6960

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services  
200 Independence Avenue SW  
Room 509F, HHH Building 1019  
Washington, DC 20201

Phone: 800-368-1019  
TTY/TDD: 800-537-7697  
Complaint Portal: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>  
Complaint Forms: <http://www.hhs.gov/ocr/office/file/index.html>






### BlueCross BlueShield of Oklahoma

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost.  
To talk to an interpreter, call 855-710-6984.

Español Spanish	Si usted o alguien a quien usted está ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 855-710-6984.
العربية Arabic	855-710-6984 مع مترجم هوروي، اتصل بلغ الرقم 855-710-6984. إن كان لديك أي شخص يحتاج مساعدة فندفك الحق في الحصول على المساعدة و لمعلومات الصم و بصرية، اتصل مع فريق هوروي، اتصل بلغ الرقم 855-710-6984.
繁體中文 Chinese	如果您，或您正在協助的對象，對此有疑問，您有權利免費以您的母語獲得幫助和訊息。 洽詢一位翻譯員，請撥電話 號碼 855-710-6984。
Français French	Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 855-710-6984.
Deutsch German	Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenloser Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 855-710-6984 an.
ગુજરાતી Gujarati	જો તમને અથવા તમે મદદ કરી રહ્યા હોય, એવી કોઈ બંધુ વ્યક્તિને એસ.સી.એમ. કાયદામ બાબતે પ્રશ્નો હોય, તો તમને લિનલ ખયેર, તમારી ભાષામાં મદદ અને માહિતી મેળવવાની હેલ્પ લાઇન પર 855-710-6984 પર કોલ કરો.
हिंदी Hindi	यदि आपके, या आप जिसकी सहायता कर रहे हैं उसके, प्रश्न हैं, तो आपके अपनी भाषा में नि:शुल्क सहायता और जानकारी प्राप्त करने का अधिकार है। किसी अनबादक से बात करने के लिए 855-710-6984 पर काल करें।
Italiano Italian	Se tu o qualcuno che stai aiutando avete domande, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare il numero 855-710-6984.
한국어 Korean	만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료 24시간 도움과 정보를 귀하의 언어로 받을 수 있는 권리가 있습니다. 통역사가 필요하시면 855-710-6984로 전화하십시오.
Diné Navajo	T'áa ni, éí doo'dago la da bika ananilwo'ígíí, na'í d'ilk'ido, ts'ída bee ná ahoóni, 'í t'áa niik' é nika a' doolwoł doó bina 'idilk'idigíí bee nił h' odoomih. Ała d'ahaltne'ígíí bich'i, 'hociilnih kwe' é 855-710-6984.
فارسی Persian	اگر شما، یا کسی که شما به کمک می کنید، سؤالی داشته باشید، حتی اگر را دارید که به زبان خود، به طور رایگان کمک و اطلاعات دریافت نمایید. جهت گفتگو با یک مترجم شبانه، به شماره 855-710-6984 حاصل نمایید.
Polski Polish	Jesli Ty lub osoba, ktorej pomagasz, macie jakiekolwiek pytania, macie prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku. Aby porozmawiac z tłumaczem, zadzwoń pod numer 855-710-6984.
Русский Russian	Если у вас или человека, которому вы помогаете, возникли вопросы, у вас есть право на бесплатную помощь и информацию, предоставленную на вашем языке. Чтобы связаться с переводчиком, позвоните по телефону 855-710-6984.
Tagalog Tagalog	Kung ikaw, o ang isang taong iyong tinutulongan ay may mga tanong, may karapatan kang makakuha ng tulong at impormasyon sa iyong wikang pang-walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa 855-710-6984.
اردو Urdu	اگر آپ یا کسی ایسے فرد کو جس کی آپ مدد کر رہے ہیں، تو آپ کو اپنی زبان میں مفت مدد اور معلومات حاصل کرنے کا حق ہے۔ اگر آپ کو کسی زبان میں مدد اور معلومات حاصل کرنے کی ضرورت ہے، تو براہ کرم براہ کرم 855-710-6984 پر کال کریں۔
Tiếng Việt Vietnamese	Nếu quý vị, hoặc người mà quý vị giúp đỡ, có câu hỏi, thì quý vị có quyền được giúp đỡ và nhận thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, gọi 855-710-6984.

 **The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit [www.bcbsok.com/member/policy-forms/2024](http://www.bcbsok.com/member/policy-forms/2024) or by calling 1-800-942-5837. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary/](http://www.healthcare.gov/sbc-glossary/) or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall deductible?</b>	<p>Network: \$2,000 Individual/\$6,000 Family Out-of-Network: \$3,500 Individual/\$10,500 Family</p>	<p>Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.</p>
<b>Are there services covered before you meet your deductible?</b>	<p>Yes. In-Network Preventive Health, certain services with a copayment, prescription drugs, ambulance and diagnostic test are covered before you meet your deductible.</p>	<p>This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at <a href="http://www.healthcare.gov/coverage/preventive-care-benefits/">www.healthcare.gov/coverage/preventive-care-benefits/</a>.</p>
<b>Are there other deductibles for specific services?</b>	<p>Yes. ER \$100; Inpatient \$750. There are no other specific deductibles.</p>	<p>You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.</p>
<b>What is the out-of-pocket limit for this plan?</b>	<p>Network: \$5,000 Individual/\$10,200 Family Out-of-Network: \$15,000 Individual/\$30,600 Family</p>	<p>The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.</p>
<b>What is not included in the out-of-pocket limit?</b>	<p>Premiums, preauthorization penalties, balance-billing charges, and health care this plan doesn't cover.</p>	<p>Even though you pay these expenses, they don't count toward the out-of-pocket limit.</p>
<b>Will you pay less if you use a network provider?</b>	<p>Yes. See <a href="http://www.bcbsok.com/blueadvantage">www.bcbsok.com/blueadvantage</a> or call 1-800-942-5837 for a list of network providers.</p>	<p>This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.</p>
<b>Do you need a referral to see a specialist?</b>	<p>No.</p>	<p>You can see the specialist you choose without a referral.</p>

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20/visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	Telemedicine Visits are available. See your benefit booklet* for details.
	<u>Specialist</u> visit	\$20/visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	None
	<u>Preventive care/screening/immunization</u>	No Charge; <u>deductible</u> does not apply	30% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge; <u>deductible</u> does not apply	30% <u>coinsurance</u>	<u>Preauthorization</u> may be required; see your benefit booklet* for details.
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	
If you need drugs to treat your illness or condition  More information about <b>prescription drug coverage</b> is available at <a href="http://www.bcbsok.com/rx-drugs/drug-lists/drug-lists">www.bcbsok.com/rx-drugs/drug-lists/drug-lists</a>	Generic drugs (Preferred)	Retail: Preferred - No Charge	Retail: \$10/prescription; <u>deductible</u> does not apply	Limited to a 30-day supply at retail (or a 90-day supply at a <u>network</u> of select retail pharmacies). Up to a 90-day supply at mail order. <u>Specialty drugs</u> are limited to a 30-day supply except for certain FDA-designated dosing regimens. Payment of the difference between the cost of a brand name drug and a generic may also be required if a generic drug is available. Your cost for a covered insulin drug will not exceed \$30 per 30-day supply or \$90 per 90-day supply.
		Participating - \$10/prescription		
	Mail: No Charge; <u>deductible</u> does not apply			
Generic drugs (Non-Preferred)	Retail: Preferred - \$10/prescription	Retail: \$20/prescription; <u>deductible</u> does not apply		
	Participating - \$20/prescription			
Brand drugs (Preferred)	Mail: \$30/prescription; <u>deductible</u> does not apply	Retail: \$70/prescription; <u>deductible</u> does not apply		
	Retail: Preferred - \$50/prescription			
	Participating - \$70/prescription			
	Mail - \$150/prescription; <u>deductible</u> does not apply			

\* For more information about limitations and exceptions, see the plan or policy document at [www.bcbsok.com/member/policy-forms/2024](http://www.bcbsok.com/member/policy-forms/2024).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network (You will pay the most)	
	Brand drugs (Non-Preferred)	Retail: Preferred - \$100/prescription Participating - \$120/prescription Mail: \$300/prescription; deductible does not apply	Retail: \$120/prescription; deductible does not apply	
		\$150/prescription; deductible does not apply	\$150/prescription; deductible does not apply	
		\$250/prescription; deductible does not apply	\$250/prescription; deductible does not apply	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	<u>Preauthorization</u> may be required. For Outpatient Infusion Therapy, see your benefit booklet* for details.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	
	<u>Emergency room care</u>	\$100/visit plus 20% coinsurance	\$100/visit plus 20% coinsurance	
<b>If you need immediate medical attention</b>	<u>Emergency medical transportation</u>	No Charge; deductible does not apply	No Charge; deductible does not apply	None
	<u>Urgent care</u>	\$50/visit; deductible does not apply	30% coinsurance	
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	\$750/visit plus 20% coinsurance	\$750/visit plus 40% coinsurance	<u>Preauthorization</u> required. \$500 penalty for failure to preauthorize. See your benefit booklet* for details.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	\$20/office visit; deductible does not apply or 20% coinsurance for other outpatient services	30% coinsurance for office visits or 40% coinsurance for other outpatient services	<u>Preauthorization</u> may be required; see your benefit booklet* for details.
	Inpatient services	\$750/visit plus 20% coinsurance	\$750/visit plus 40% coinsurance	

\* For more information about limitations and exceptions, see the plan or policy document at [www.bcbsok.com/member/policy-forms/2024](http://www.bcbsok.com/member/policy-forms/2024).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network (You will pay the most)	
<b>If you are pregnant</b>	Office visits	\$20/visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	<u>Copayment</u> applies to first prenatal visit only (per pregnancy). <u>Cost sharing</u> does not apply for preventive services. Depending on the type of services, <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery professional services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	
	Childbirth/delivery facility services	\$750/visit plus 20% <u>coinsurance</u>	\$750/visit plus 40% <u>coinsurance</u>	
<b>If you need help recovering or have other special health needs</b>	<u>Home health care</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	30 visits per benefit period. \$500 penalty for failure to preauthorize.
	<u>Rehabilitation services</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Outpatient: Separate 25-visit limit per benefit period for <u>Rehabilitation</u> and <u>Habilitation Services</u> , which includes physical, speech, occupational therapy and muscle manipulation.
	<u>Habilitation services</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Inpatient: Separate 30-day maximum <u>Rehabilitation</u> and <u>Habilitation Services</u> per benefit period. \$500 penalty for failure to preauthorize.
	<u>Skilled nursing care</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	30-day inpatient maximum per benefit period. \$500 penalty for failure to preauthorize.
	<u>Durable medical equipment</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	<u>Medically necessary</u> rental or purchase at the <u>plan's</u> discretion.
	<u>Hospice services</u>	20% <u>coinsurance</u>	40% <u>coinsurance</u>	\$500 penalty for failure to preauthorize.
<b>If your child needs dental or eye care</b>	Children's eye exam	Not Covered	Not Covered	None
	Children's glasses	Not Covered	Not Covered	None
	Children's dental check-up	Not Covered	Not Covered	None

## Excluded Services & Other Covered Services:

### **Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)**

- Abortion (Unless the life of the mother is endangered)
- Acupuncture
- Bariatric surgery (For treatment of obesity/weight reduction)
- Cosmetic surgery (With exception of accidental injury repair and some instances for physiological functioning improvement of a malformed body member)
- Dental care (Adult and Child)
- Infertility treatment
- Long-term care
- Routine eye care (Adult and Child)
- Routine foot care (Except for diabetic subscribers)
- Weight loss programs

### **Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)**

- Chiropractic care (25 visit maximum per benefit period combined with outpatient therapies)
- Hearing aids (One hearing aid per ear every 48 months)
- Non-emergency care when traveling outside the U.S. (With the exception of any services and supplies provided to a Subscriber incurred outside the United States if the Subscriber traveled to the location for the purposes of receiving medical services, supplies, or drugs)
- Private-duty nursing (Limited to 85 visits per benefit period)

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: For group health coverage contact the [plan](#), Blue Cross and Blue Shield of Oklahoma at 1-800-942-5837 or visit [www.bcbsok.com](#). For group health coverage subject to ERISA, contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](#). For non-federal governmental group health plans, contact Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.ccio.cms.gov](#). Church plans are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact their State insurance regulator regarding their possible rights to continuation coverage under State law. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](#) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: For group health coverage subject to ERISA: the [plan](#) at 1-800-942-5837 or visit [www.bcbsok.com](#), the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](#), and the Oklahoma Department of Insurance, Consumer Protection at 1-405-521-2991 or [www.oid.ok.gov](#). For non-federal governmental group health plans and church plans that are group health plans, the [plan](#) at 1-800-942-5837 or [www.bcbsok.com](#) or contact the Oklahoma Department of Insurance, Consumer Protection at 1-405-521-2991 or [www.oid.ok.gov](#). Additionally, a consumer assistance program can help you file your [appeal](#). Contact the Oklahoma Department of Insurance's Consumer Health Assistance Program at 1-405-521-2991 or visit [www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/ok.html](#).

**Does this plan provide Minimum Essential Coverage? Yes**

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

**Does this plan meet the Minimum Value Standards? Yes**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-942-5837.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-942-5837.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-942-5837.

Navajo (Dine): Dinekehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-942-5837.

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**

(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible      \$2,000
- Specialist copayment                    \$20
- Hospital (facility) copay/coins        \$750+20%
- Other coinsurance                        20%

**This EXAMPLE event includes services like:**  
 Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

**Total Example Cost**                        **\$12,700**

**In this example, Peg would pay:**

<i>Cost Sharing</i>	
<u>Deductibles</u>	\$2,000
<u>Copayments</u>	\$800
<u>Coinsurance</u>	\$1,700
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$4,560</b>

**Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible      \$2,000
- Specialist copayment                    \$20
- Hospital (facility) copay/coins        \$750+20%
- Other coinsurance                        20%

**This EXAMPLE event includes services like:**  
 Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
 Durable medical equipment (*glucose meter*)

**Total Example Cost**                        **\$5,600**

**In this example, Joe would pay:**

<i>Cost Sharing</i>	
<u>Deductibles</u>	\$800
<u>Copayments</u>	\$600
<u>Coinsurance</u>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$20
<b>The total Joe would pay is</b>	<b>\$1,420</b>

**Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

- The plan's overall deductible      \$2,000
- Specialist copayment                    \$20
- Hospital (facility) copay/coins        \$750+20%
- Other coinsurance                        20%

**This EXAMPLE event includes services like:**  
Emergency room care (*including medical supplies*)  
Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

**Total Example Cost**                        **\$2,800**

**In this example, Mia would pay:**

<i>Cost Sharing</i>	
<u>Deductibles</u>	\$1,400
<u>Copayments</u>	\$200
<u>Coinsurance</u>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,600</b>

The plan would be responsible for the other costs of these EXAMPLE covered services



**Health care coverage is important for everyone.**

We provide free communication aids and services for anyone with a disability or who needs language assistance. We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability.

To receive language or communication assistance free of charge, please call us at 855-710-6984.

If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator  
300 E. Randolph St.  
35th Floor  
Chicago, Illinois 60601

Phone: 855-664-7270 (voicemail)  
TTY/TDD: 855-661-6965  
Fax: 855-661-6960

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services  
200 Independence Avenue SW  
Room 509F, HHH Building 1019  
Washington, DC 20201

Phone: 800-368-1019  
TTY/TDD: 800-537-7697  
Complaint Portal: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>  
Complaint Forms: <http://www.hhs.gov/ocr/office/file/index.html>



### BlueCross BlueShield of Oklahoma

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost.  
To talk to an interpreter, call 855-710-6984.

Español Spanish	Si usted o alguien a quien usted está ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 855-710-6984.
العربية Arabic	855-710-6984- مع مترجم هوروي اتصل بلغ الرقم 855-710-6984 إن كان لديك أو لدى شخص يساعدك فلهذا فندفك الحق في الحصول بلغ المساعدة و لمعلومات الضرورية فندفك من دون أية تكلفة. لتحدث مع مترجم هوروي اتصل بلغ الرقم 855-710-6984.
繁體中文 Chinese	如果您，或您正在協助的對象，對此有疑問，您有權利免費以您的母語獲得幫助和訊息。洽詢一位翻譯員，請撥電話 號碼 855-710-6984。
Français French	Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 855-710-6984.
Deutsch German	Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenloser Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 855-710-6984 an.
ગુજરાતી Gujarati	જો તમને અથવા તમે મદદ કરી રહ્યા હોય એવી કોઈ બીજી વ્યક્તિને એસ.સી.એમ. કાયદામ બાબતે પ્રશ્નો હોય, તો તમને લિન બયેર, તમારી ભાષામાં મદદ અને માહિતી મેળવવાની હેલ્પ લાઇન પર 855-710-6984 પર કોલ કરો.
हिंदी Hindi	यदि आपके, या आप जिसकी सहायता कर रहे हैं उसके, प्रश्न हैं, तो आपके अपनी भाषा में नि:शुल्क सहायता और जानकारी प्राप्त करने का अधिकार है। किसी अनबादक से बात करने के लिए 855-710-6984 पर काल करें।
Italiano Italian	Se tu o qualcuno che stai aiutando avete domande, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare il numero 855-710-6984.
한국어 Korean	만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료 24시간 도움과 정보를 귀하의 언어로 받을 수 있는 권리가 있습니다. 통역사가 필요하시면 855-710-6984로 전화하십시오.
Diné Navajo	T'áá ni, éí doo'dágo ía da bík'a anánílwo'ígíí, na'í dílk'idágo, ts'í dá bee ná ahoóní, 'í t'áá níik' é níka a' doolwo' doo' bina 'í dílk'idígíí bee ní h' odoomíh. Áta' áhaháiné' ígíí bích'í, 'hóóíílníh kwe' é 855-710-6984.
فارسی Persian	اگر شما، یا کسی که شما به کمک می کنید، سوالاتی داشته باشید، حتی اگر را دارید که به زبان خود، به طور رایگان کمک و اطلاعات دریافت نمایید. جهت گفتگو با یک مترجم شبانه، به شماره 855-710-6984 حاصل نمایید.
Polski Polish	Jesli Ty lub osoba, ktorej pomagasz, macie jakiekolwiek pytania, macie prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku. Aby porozmawiac z tłumaczem, zadzwoń pod numer 855-710-6984.
Русский Russian	Если у вас или человека, которому вы помогаете, возникли вопросы, у вас есть право на бесплатную помощь и информацию, предоставленную на вашем языке. Чтобы связаться с переводчиком, позвоните по телефону 855-710-6984.
Tagalog Tagalog	Kung ikaw, o ang isang taong iyong tinutulongan ay may mga tanong, may karapatan kang makakuha ng tulong at impormasyon sa iyong wikang pang-walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa 855-710-6984.
اردو Urdu	اگر آپ یا کسی انہی فرد کو جس کی آپ مدد کر رہے ہیں انہی کی زبان میں مفت معلومات حاصل کرنے کا حق ہے۔ منجانب سے رابطہ کرنے کے لیے، ہیلپ لائن پر 855-710-6984 پر کال کریں۔
Tiếng Việt Vietnamese	Nếu quý vị, hoặc người mà quý vị giúp đỡ, có câu hỏi, thì quý vị có quyền được giúp đỡ và nhận thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, gọi 855-710-6984.

## Group dental insurance Benefit Summary for active members

Effective date: 03/01/2022

### What's available to me?

Dental insurance helps pay for all, or a portion, of the costs associated with dental care, from routine cleanings to root canals.

Eligibility				
Eligible employees	All active, full-time employees			
	Calendar-year deductible		Coinsurance your policy pays	
	In-network	Out-of-network	In-network	Out-of-network
Preventive	\$0	\$0	100%	100%
Basic	\$50	\$50	100%	80%
Major	\$50	\$50	60%	50%
Orthodontia	\$0	\$0	50%	50%
Additional provisions				
Family deductible	3 times the per person deductible amount			
Combined deductible	Your deductibles that are in and out-of-network for basic and major services are combined.			
Combined maximum	Maximums for preventive, basic, and major procedures are combined. In-network calendar year maximums are \$2,500 per person or non-network calendar year maximums are \$2,500 per person.			
Orthodontia lifetime maximum	\$2,000 PPO in-network maximum / \$2,000 PPO out-of-network maximum			
Plan type	Unscheduled			

### Who can buy coverage?

- You may buy coverage if you're an active, full-time employee. Seasonal, temporary, or contract employees aren't eligible.
  - If you're on regularly scheduled day off, holiday, vacation day, jury duty, funeral leave, or personal time off, you're still considered actively at work, as long as you're fulfilling your regular duties and were working the day immediately prior to your time off.
  - You must enroll within 31 days of being eligible. If you don't, you'll have to wait until the next open enrollment period, or qualifying event.

Additional eligibility requirements may apply.

## Which procedures are covered, and how often?

### Preventive

Routine exams	Once per six months
Routine cleanings	Once per six months
Bitewing X-rays	Once per calendar year
Full mouth X-rays	Once every 60 months
Fluoride	Once per calendar year (covered only for dependent children under age 14)

### Basic

Sealants	Covered only for dependent children under age 14; once per tooth each 36 months
Emergency exams	Subject to routine exam frequency limit
Periodontal maintenance	If three months have passed since active surgical periodontal treatment; subject to routine cleaning frequency limit
Fillings	Replacement fillings every 24 months
Composite (tooth colored)	Covered on posterior teeth
Oral surgery	Simple and complex
Simple endodontics	Root canal therapy for anterior teeth
Complex endodontics	Root canal therapy for molar teeth
Non-surgical periodontics, including scaling and root planning	Once per quadrant per 24 months
Periodontal surgical procedures	Once per quadrant per 36 months
Harmful habit appliance	Covered only for dependent children under age 14

### Major

General anesthesia / IV sedation (covered only for specific procedures)	Covered only for specific procedures
Crowns	Each 120 months per tooth if tooth cannot be restored by a filling
Core buildup	Each 120 months per tooth
Bridges	120 months old (initial placement / replacement)
Dentures	60 months old (initial placement / replacement)

## Orthodontia

Coverage	For your dependent children. Bands that are placed on a dependent child's teeth before age 19 may be covered.
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### Additional benefits

Prevailing charge	When you receive care from an out-of-network-provider, benefits will be based on the 90 <sup>th</sup> percentile of the usual and customary charges.
Periodontal program	If you're pregnant or have diabetes or heart disease, you may receive scaling and root planing covered at 100% (if dentally necessary), or one additional cleaning (routine or periodontal) subject to deductible and coinsurance.
Second opinion program	You may be eligible for second opinions from dental providers at 100%. This program makes sure you get the best advice to make an informed decision about your care.
Cancer treatment oral health program	If you have cancer and are undergoing chemotherapy or head/neck radiation therapy, you may receive up to three fluoride treatments every 12 months covered at 100% plus one additional routine cleaning.

### How do I find a network dentist?

When you receive services from a dentist in our network, your cost may be lower. Network dentists agree to lower their fees for dental services and not charge you the difference. You'll have access to the Principal Plan Dental network, with more than 117,000 dentists nationwide. Visit [principal.com/dentist](http://principal.com/dentist) to find a dentist or call 800-247-4695.

### What if my dentist isn't in the network?

You can refer your dentist to our network. Please submit the dentist's name and information by calling 800-247-4695, or submitting a form at [principal.com/refer-dental-provider](http://principal.com/refer-dental-provider).

### What are the limitations and exclusions of my coverage?

- Missing tooth –The initial placement of bridges, partials, and dentures to replace teeth missing before this coverage starts won't be covered. If this policy replaces coverage with another carrier, continuous coverage under the prior plan may be applied to the missing tooth provision requirement. This doesn't apply to pediatric essential benefits.
- Frequency limitations for services are calculated to the month and exact date from the last date of service or placement date.

There are additional limitations to your coverage. Please review your booklet for more information.

## What are the restrictions of my coverage?

### Orthodontia

If there is orthodontia (ortho) treatment in progress on the coverage effective date and you are covered under any prior group coverage for ortho, there will be immediate coverage for treatment if proof is submitted that shows:

- 1) Ortho treatment was started and bands or appliances were inserted while insured under any prior group coverage, and
- 2) Ortho treatment has been continued while insured under this policy.

You will not be covered if ortho treatment is in progress prior to the effective date with Principal Life and you are not covered under any prior group coverage for ortho.

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There are additional limitations to your coverage. A complete list is included in your booklet.



[principal.com](https://www.principal.com)

This is a summary of dental coverage insured by or with administrative services provided by Principal Life Insurance Company. This outline is a brief description of your coverage. It is not an insurance contract or a complete statement of the rights, benefits, limitations and exclusions of the coverage. If there is a discrepancy between the policy and this document, the actual policy provision prevails. For complete coverage details, refer to the booklet.

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Insurance issued by Principal Life Insurance Company, 711 High Street, Des Moines, IA 50392

## Group vision

### Benefit summary for active members

Effective date: 03/01/2022

#### What's available to me?

Vision insurance is offered through Principal® and VSP® Vision Care. It provides choice, flexibility and savings through a VSP doctor.

If you buy this coverage, an established network of VSP doctors will provide quality care for you and your dependents.

VSP choice network	
<b>Exams</b>	Every 12 months, one exam is covered in full after \$10 copay
<b>Prescription glasses</b> Lenses - 1 pair covered every 12 months  Frames - covered up to \$150 every 12 months; 20% off amount over allowance <sup>1</sup>	\$25 copay  <ul style="list-style-type: none"> <li>• Single lenses</li> <li>• Lined bifocal lenses</li> <li>• Lined trifocal lenses</li> <li>• Lenticular lenses</li> <li>• Polycarbonate lenses for dependent children under age 18</li> </ul>
<b>Lens enhancements</b>	Standard progressive lenses covered once every 12 months with a \$0 copay <sup>1</sup>  Most other popular lens enhancements are covered after a copay, saving our members an average of 30% <sup>1</sup>
<b>Elective contacts</b>	Covered up to \$150 every 12 months. Contact lenses can be chosen instead of glasses.
<b>Contact fitting and evaluation</b>	Up to \$60 copay
<b>Necessary contacts</b>	Covered in full after \$25 copay every 12 months  Contact lenses can be chosen instead of glasses.

<sup>1</sup>This can vary based on state laws and provider location Savings may not apply at participating retail chains.

### Who can buy coverage?

- You can buy coverage if you're an active, full-time employee. Seasonal, temporary, or contract employees.
  - If you're on regularly scheduled day off, holiday, vacation day, jury duty, funeral leave, or personal time off, you're still considered actively at work, as long as you're fulfilling your regular duties and were working the day immediately prior to your time off.
  - You must enroll within 31 days of being eligible. If you don't, you'll have to wait until the next open enrollment period.
- If you're covered, you may buy coverage for your dependents.

Additional eligibility requirements may apply.

### What's the difference between elective and necessary contacts?

- Elective - when vision can be corrected by glasses, but contacts are worn.
- Necessary - when vision can't be corrected with glasses due to extreme vision problems.

### Why am I charged an additional copay for contact fitting and evaluation?

- Contact lens wearers require an additional evaluation of the eyes' measurements, and possible follow-up appointments, for fitting and training on proper use of contact lenses.
- For these additional services, you won't pay more than \$60 at in-network providers.

### Are benefits the same for all VSP doctors?

- Yes, with the exception of Costco®, Walmart®, and Sam's Club®. The frame allowance at these locations is \$80 which is equivalent to a \$150 allowance at other VSP doctor locations. Not all providers at participating retail chains are in-network for exam services.
- Benefits may also vary by location due to state law.

### How do I find a VSP doctor?

- Visit [vsp.com](http://vsp.com) to locate VSP doctors close to you -- or to see if your current eye care professional is in the VSP network.
  - You'll need to choose the "Choice" doctor network to view the VSP doctors for your coverage.
- Call 800-877-7195.

### Will I get an ID card?

- Yes, your card will have a unique member ID that your doctor will use to verify benefits.

### Will my doctor submit my claim?

- If you're seeing a VSP doctor, they'll submit the claim for you.
- If you're seeing someone outside the VSP network, you're responsible for submitting your own claim. You can get that form from [vsp.com](http://vsp.com) after logging in as a member using your member ID. Or call 800-877-7195.



### Are there any additional savings with VSP?

- Glasses and sunglasses - you can save an average of 20-25% off glasses or sunglasses from any VSP doctor within 12 months of your last covered vision exam.
- Laser vision correction - you pay an average of 15% off the regular price and 5% off the promotional price. You'll only receive these discounts from contracted clinics.

These savings can vary based on state laws and provider location.

### What benefits do I receive if my doctor is outside VSP's network?

Covered charges	Benefit	Frequency
Exams	Up to \$45	Once every 12 months
Single lenses	Up to \$30	One pair every 12 months
Lined bifocal lenses	Up to \$50	One pair every 12 months
Lined trifocal lenses	Up to \$65	One pair every 12 months
Lenticular lenses	Up to \$100	One pair every 12 months
Frames	Up to \$70	One set every 12 months
Elective contacts	Up to \$105	Contacts are instead of frames and lenses
Necessary contacts	Up to \$210	Contacts are instead of frames and lenses

### What are the limitations of my benefits?

- Visual analysis or vision aids that aren't medically necessary aren't covered.
- No benefits will be paid for:
  - Non-prescription glasses
  - Medical or surgical treatment of the eyes
  - Claims submitted by a doctor who is part of your family

Once enrolled, you'll receive a booklet with more details regarding your plan limitations and exclusions.



This is a summary of vision coverage insured by or with administrative services provided by Principal Life Insurance Company. This outline is a brief description of your coverage. It is not an insurance contract or a complete statement of the rights, benefits, limitations and exclusions of the coverage. If there is a discrepancy between the policy and this document, the actual policy provision prevails. For complete coverage details, refer to the booklet.

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Insurance issued by Principal Life Insurance Company, 711 High Street, Des Moines, IA 50392

## Group term life insurance Benefit summary for active members

Effective date: 03/01/2022

### What's available to me?

Protect what means the most to you – the people you love. If something were to happen to you, your life insurance proceeds would go to the people you've designated as your beneficiaries.

	Benefit	Guaranteed issue <sup>1</sup>	Benefit reduction <sup>2</sup>
You	\$50,000	If you're under 70: \$50,000  If you're 70 or older: The lesser of \$50,000 or the amount with the prior carrier	35% reduction at age 65, with an additional 15% reduction at age 70

<sup>1</sup>Amount of coverage you may buy without answering medical questions.

<sup>2</sup>As you get older, your life insurance benefit amount decreases. Age reductions apply to the benefit amount after providing health information.

### Who receives coverage?

- You'll receive coverage if you're an active, full-time employee. Seasonal, temporary, or contract employees aren't eligible.
  - If you're on a regularly scheduled day off, holiday, vacation day, jury duty, funeral leave, or personal time off, you're still considered actively at work, as long as you're fulfilling your regular duties and were working the day immediately prior to your time off.
- If you were covered as an employee, you may be eligible as a retiree.

Additional eligibility requirements may apply.

### Do I need to provide health information?

Benefit amounts over the guaranteed issue shown in the table above will require health information.

### What benefits does Accidental Death and Dismemberment (AD&D) provide?

If you're accidentally injured on or off the job, you may receive a benefit equal to your life benefit.

Loss	AD&D Benefit
Loss of life, loss of both hands or both feet or one hand and one foot, or loss of sight of both eyes	100%
Loss of one hand, or one foot, or sight of one eye	50%
Loss of thumb and index finger on the same hand	25%
Seatbelt / airbag - If you die in a car accident while wearing a seat belt or protected by an airbag	\$10,000

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Repatriation - If you die at least 100 miles from your home	Up to \$2,000
Education - If your children are enrolled in an accredited post-secondary school at the time of your death	\$3,000/year for up to 4 years
<b>Loss of use or paralysis - total loss of movement for 12 consecutive months or permanent paralysis</b>	
Quadriplegia	100%
Paraplegia, hemiplegia, or loss of use of both hands or both feet or one hand and one foot.	50%
Loss of use of one arm, one leg, one hand or one foot	25%
<b>Loss of speech and/or hearing - total loss for 12 consecutive months</b>	
Loss of speech and hearing in both ears	100%
Loss of speech or hearing in both ears	50%
Loss of hearing in one ear	25%

**Additional benefits:**

<b>Accelerated death benefit</b>	If you're terminally ill, you may be able to receive a portion of your life benefit.
<b>Conversion of terminated coverage</b>	If coverage terminates, you may be able to convert coverage to an individual policy.

The benefit summary is a summary only. For a complete list of benefit restrictions, please refer to your booklet.



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This is a summary of group term life coverage insured by or with administrative services provided by Principal Life Insurance Company. This outline is a brief description of your coverage. It is not an insurance contract or a complete statement of the rights, benefits, limitations and exclusions of the coverage. If there is a discrepancy between the policy and this document, the actual policy provision prevails. For complete coverage details, refer to the booklet.

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## Group voluntary term life insurance Benefit summary for active members

Effective date: 03/01/2022

### What's available to me?

Protect what means the most to you – the people you love. If something were to happen to you, your life insurance proceeds would go to the people you've designated as your beneficiaries.

	Benefit	Minimum	Guaranteed issue <sup>1</sup>	Maximum	Benefit reduction <sup>2</sup>
You	Select a benefit in increments of \$10,000	\$10,000	If you're under 70: \$100,000  If you're 70 or older: \$10,000	\$300,000	35% reduction at age 65, with an additional 15% reduction at age 70
Your spouse <sup>3</sup>	Select a benefit in increments of \$5,000	\$5,000	If your spouse is under 70: \$25,000  If your spouse is 70 or older: \$10,000	\$100,000	35% reduction at age 65, with an additional 15% reduction at age 70
Your child(ren) <sup>3</sup>	Options <sup>4</sup> : <ul style="list-style-type: none"> <li>• \$2,500, or</li> <li>• \$5,000, or</li> <li>• \$7,500, or</li> <li>• \$10,000</li> </ul>				

<sup>1</sup>Amount of coverage you may buy without providing health information.

<sup>2</sup>As you get older, your life insurance benefit amount decreases.

<sup>3</sup>Amount of coverage may not exceed 100% of your benefit.

<sup>4</sup>Dependent children under 14 days old receive a \$1,000 benefit.

### Who can buy coverage?

- You may buy coverage if you're an active, full-time employee working 30 hours a week. Seasonal, temporary, or contract employees can't purchase.
  - If you're on a regularly scheduled day off, holiday, vacation day, jury duty, funeral leave, or personal time off, you're still considered actively at work, as long as you're fulfilling your regular duties and were working the day immediately prior to your time off.
  - You must enroll within 31 days of being eligible. If you don't, you may need to provide health information for review, or if you have a qualifying event.
- If you're covered, you may buy coverage for your dependents, if they're not confined at home, in a hospital or skilled nursing facility (this is referred to as Period of Limited Activity).

Additional eligibility requirements may apply.

### Do I need to provide health information?

Benefit amounts over the guaranteed issue shown in the table above for you and your spouse may require you to provide health information.

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## May I increase my benefit later?

- You may be able to enroll for or increase your benefit and your dependent's benefit two increments per year during your open enrollment period without providing health information.
- If you have a qualifying life event (marriage, birth of a child, etc.), you may enroll or increase your benefit up to the guaranteed issue amount within 31 days without having to provide health information.

## What benefits does Accidental Death and Dismemberment (AD&D) provide?

If you're accidentally injured on or off the job, you may receive a benefit equal to your life benefit. Your spouse may receive a benefit if they are injured off the job.

Loss	AD&D Benefit
Loss of life, loss of both hands or both feet or one hand and one foot, or loss of sight of both eyes	100%
Loss of one hand, or one foot, or sight of one eye	50%
Loss of thumb and index finger on the same hand	25%
Seatbelt / airbag - If you die in a car accident while wearing a seat belt or protected by an airbag	\$10,000
Repatriation - If you die at least 100 miles from your home	Up to \$2,000
Education - If your children are enrolled in an accredited post-secondary school at the time of your death	\$3,000/year for up to 4 years
<b>Loss of use or paralysis - total loss of movement for 12 consecutive months or permanent paralysis</b>	
Quadriplegia	100%
Paraplegia, hemiplegia, or loss of use of both hands or both feet or one hand and one foot.	50%
Loss of use of one arm, one leg, one hand or one foot	25%
<b>Loss of speech and/or hearing - total loss for 12 consecutive months</b>	
Loss of speech and hearing in both ears	100%
Loss of speech or hearing in both ears	50%
Loss of hearing in one ear	25%

### Occupational coverage

For your covered spouse, benefits will not be paid for an injury arising from or during employment for wage or profit.

### Additional benefits:

<b>Accelerated death benefit</b>	If you're terminally ill, you may be able to receive a portion of your life benefit.
<b>Coverage during disability</b>	If you're disabled, you may be able to continue your coverage and not pay premium.
<b>Portability</b>	If you no longer qualify for coverage, you may be able to continue coverage for yourself and your covered dependents.
<b>Conversion of terminated coverage</b>	If coverage terminates, you may be able to convert coverage to an individual policy.

### What are the limitations and exclusions of my coverage?

This benefit summary is a summary only. For a complete list of benefit restrictions, please refer to your booklet.



This is a summary of voluntary term life coverage insured by or with administrative services provided by Principal Life Insurance Company. This outline is a brief description of your coverage. It is not an insurance contract or a complete statement of the rights, benefits, limitations and exclusions of the coverage. If there is a discrepancy between the policy and this document, the actual policy provision prevails. For complete coverage details, refer to the booklet.

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## Group short-term disability insurance Benefit summary for active members

Effective date: 03/01/2022

Eligibility	
Eligible employees	All active, full-time employees working at least 30 hours a week
Benefits	
Primary weekly benefit	60% of your earnings up to \$1,000
Benefit amount	Your primary weekly benefit minus other income sources
Elimination period	8th day for accidents and 8th day for sickness
Benefit payment period	Up to 12 weeks
Maternity	Pregnancy and childbirth are treated the same as any other disability

### What's available to me?

Help protect one of your most valuable assets - the ability to earn an income. If you're temporarily disabled and can't work for a short amount of time, you can rely on short-term disability insurance to replace a portion of your weekly income.

Your primary weekly benefit is 60% of your earnings prior to your disability up to \$1,000 minus other income sources. Other income sources could include but aren't limited to Social Security, other earnings, worker's compensation, state disability (if applicable), and salary continuance.

Your benefits are determined by your base wage. This is your definition of earnings and is outlined further in the booklet you'll receive following enrollment.

Compensation for business owners covers business profits plus salaries averaged over the prior two years.

### Who receives coverage?

- You'll receive coverage if you're an active, full-time employee working at least 30 hours a week. Seasonal, temporary, or contract employees aren't eligible.
  - If you're on regularly scheduled day off, holiday, vacation day, jury duty, funeral leave, or personal time off, you're still considered actively at work, as long as you're fulfilling your regular duties and were working the day immediately prior to your time off.
  - You must enroll within 31 days of being eligible. If you don't, you'll need to provide health information for us to review for approval, or if you have a qualifying event.

Additional eligibility requirements may apply.

### When do I begin receiving disability benefits?

Your elimination period is completed on the 8th day for accidents and the 8th day for sickness. The elimination period is the amount of time before you start receiving benefits.

### Once I start receiving benefits, how long will they continue?

Short-term disability benefits can continue up to 12 weeks.



## What types of conditions may qualify as a disability?

You'll be considered disabled due to sickness or injury, or pregnancy.

During your elimination period and your benefit payment period (how long benefit is paid), one of the following must apply:

- You're unable to perform the majority of substantial duties of your own job; or
- You're unable to earn 80% of your income prior to your disability while working in a modified capacity.

### Additional benefits:

<b>Work incentive benefit</b>	If you're working on a limited or part-time basis, you can keep your work earnings and may still receive your disability benefit. You can't receive more than 100% of your earnings prior to your disability.
<b>Rehabilitation plan</b>	<p>If you're disabled, our staff may work with you, your physician and employer to create an individual rehabilitation plan to help you return to work.</p> <p>You may also receive this benefit if you're not disabled but have a condition that prevents you from working.</p>
<b>Rehabilitation incentive benefit</b>	If you're totally disabled and satisfy the requirements of an individual rehabilitation plan, your benefit percentage may increase by 5%.



This is a summary of short-term disability coverage insured by or with administrative services provided by Principal Life Insurance Company. This outline is a brief description of your coverage. It is not an insurance contract or a complete statement of the rights, benefits, limitations and exclusions of the coverage. If there is a discrepancy between the policy and this document, the actual policy provision prevails. For complete coverage details, refer to the booklet.

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## Group long-term disability insurance Benefit summary for active members

Effective date: 03/01/2022

Eligibility	
Eligible employees	All active, full-time employees working at least 30 hours a week
Benefits	
Primary monthly benefit	60% of your earnings up to \$10,000
Benefit amount	Your primary monthly benefit minus other income sources
Elimination period	90 days
Own occupation period	2 year
Benefit payment period	Varies based on your age when you become disabled, see chart below
Limitations & exclusions	
Pre-existing conditions	3 months prior / 12 months insured
Other limitations	A complete list is included in your booklet

### What's available to me?

Your income is important - you depend on it for almost everything. If you're too sick or hurt to work for a long period of time, you can rely on long-term disability insurance to replace a portion of your monthly income.

Your primary monthly benefit is 60% of your earnings prior to your disability up to \$10,000 minus other income sources. Other income sources could include but aren't limited to Social Security for you and your dependents, other earnings, worker's compensation, state disability (if applicable) and salary continuance.

Your benefits are determined by your base wage. This is your definition of earnings and is outlined further in the booklet you'll receive following enrollment.

Compensation for business owners covers business profits plus salaries averaged over the prior two years.

### Who receives coverage?

- You'll receive coverage if you're an active, full-time employee working at least 30 hours a week. Seasonal, temporary, or contract employees aren't eligible.
  - If you're on regularly scheduled day off, holiday, vacation day, jury duty, funeral leave, or personal time off, you're still considered actively at work, as long as you're fulfilling your regular duties and were working the day immediately prior to your time off.
  - You must enroll within 31 days of being eligible. If you don't, you'll need to provide health information for us to review for approval, or if you have a qualifying event.

Additional eligibility requirements may apply.

## When do I begin receiving disability benefits?

Your elimination period is 90 days. The elimination period is the amount of time before you start receiving benefits.

If you recover and return to work during your elimination period and become disabled again, you may not have to satisfy a new elimination period. If you qualify for this, your elimination period will pick up at the point where it was left off when you recovered.

## Once I start receiving benefits, how long will they continue?

Age disability occurs	Benefits are payable until the later of:
Under age 65	Social Security Normal Retirement Age (SSNRA) or 36 months
Age 65-67	SSNRA or 24 months
Age 68-69	SSNRA or 18 months
Age 70-71	SSNRA or 15 months
Age 72 and over	SSNRA or 12 months

## Do I need to provide health information?

- Amounts above \$10,000 require you to provide health information.

## What types of conditions may qualify as a disability?

You'll be considered disabled due to sickness or injury, or pregnancy.

During the first 2 years of receiving benefits, your disability is based on your own occupation, known as the own occupation period. This is the occupation you're routinely performing at the time of disability. After 2 years, we'll evaluate for any occupation based on education, training or experience.

During your elimination period and your own occupation period, one of the following must apply:

- You're unable to perform the majority of the substantial and material duties of your own occupation; or
- You're unable to earn 80% of your indexed income prior to your disability while working in a modified capacity.

After completing the own occupation period, one of the following must apply:

- You're unable to perform the majority of the substantial and material duties of any occupation for which you are or may reasonably become qualified based on education, training, or experience.
- You're performing the substantial and material duties of your own occupation or any occupation on a modified basis and are unable to earn more than 60% of your indexed income prior to your disability.

## Do I qualify if I have a preexisting condition?

- You may. If you haven't been seen by a doctor or prescribed medication for an injury or sickness in the last 3 months or if your disability happens after 12 consecutive months of coverage, you may qualify.

## Are mental nervous, drug/alcohol and special conditions covered?

- It'll be considered a disability if it's caused by:
  - A mental health condition for up to a lifetime maximum of 24 months
  - Abuse, dependency, or addiction to alcohol, drug, or chemicals for up to a lifetime maximum of 24 months
  - A special condition such as (but not limited to) chronic fatigue syndrome, musculoskeletal or connective tissue disorders for up to a lifetime maximum of 24 months
- The amount of time you receive benefits for these covered conditions will be limited to a combined lifetime maximum of 24 months.

### Additional benefits:

<b>Work incentive benefit</b>	If you're working on a limited or part-time basis, you can keep your work earnings and may still receive your disability benefit for 12 months. You can't receive more than 100% of your earnings prior to your disability.
<b>Rehabilitation plan</b>	If you're disabled, our staff may work with you, your physician and employer to create an individual rehabilitation plan to help you return to work. You may also receive this benefit if you're not disabled but have a condition that prevents you from working.
<b>Rehabilitation incentive benefit</b>	If you're totally disabled and satisfy the requirements of an individual rehabilitation plan, your benefit percentage may increase by 5%.
<b>Mandatory rehabilitation</b>	You may be paid for any expenses associated with an approved rehabilitation plan.
<b>Survivor benefit</b>	If you haven't been paid an accelerated survivor benefit, your survivors will receive 3 times your primary monthly benefit minus other income sources, which includes but is not limited to Social Security.

### What are the limitations and exclusions of my coverage?

<b>Preexisting conditions</b>	<p>A preexisting condition is an injury or sickness (including pregnancy) and all related conditions and complications, in the three months prior to your effective date under this policy, for which you:</p> <ul style="list-style-type: none"><li>• Received medical treatment, consultation, care or service; or</li><li>• Were prescribed or took prescription medications</li></ul> <p>Benefits will not be paid for disabilities resulting from preexisting conditions unless, when you become disabled, you have been actively at work for one full day after being covered under the policy for 12 consecutive months.</p> <p>Preexisting condition exclusions also apply to benefit increases due to policy amendments and changes in earnings of 25% or greater.</p>
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**Treatment of mental health conditions, drug and alcohol abuse conditions and special conditions**

A disability is considered due to alcohol, drug or chemical abuse, dependency or addiction or a mental health condition or a special condition if the disability is caused by one of these condition(s) and not by other disabling conditions.

Maximum benefit payment periods for:  
Mental health conditions – 24 months  
Alcohol, drug or chemical abuse conditions – 24 months  
Special conditions – 24 months

The benefit payment period listed above is a lifetime maximum for all periods of disability. All disabilities from conditions with the same maximum benefit payment period contribute towards one lifetime maximum.

However, if at the end of the benefit payment period, you are confined in a hospital or any other type of facility providing treatment for any of these conditions, the benefit payment period may be extended to include the time period you are confined for treatment.

Special conditions are considered to be Thoracic outlet syndrome / Headaches, such as functional, migraine, organic, sinus and tension / Chronic fatigue syndrome / Fibromyalgia/ Temporomandibular joint (TMJ) / Cumulative trauma disorder, overuse syndrome, or repetitive stress disorder including carpal tunnel and ulnar tunnel syndrome/ Environmental allergies and multiple chemical sensitivity / Musculoskeletal and connective tissue disorders of the neck and back, including any disease or disorder of the cervical, thoracic and lumbosacral back and surrounding soft tissue, including sprains and strains of joints and adjacent muscles.



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**Group accident insurance**  
**Benefit summary for active members**

Effective date: 03/01/2022

Eligibility		
Eligible employees	All active, full-time employees working at least 30 hours a week	
Benefits if you're accidentally injured on or off the job or your spouse is injured off the job		
Injury <sup>1</sup>	Benefit	
Burn		
2nd degree up to 25% of body	\$500	
2nd degree over 25% of body	\$1,500	
3rd degree up to 25% of body	\$2,500	
3rd degree over 25% of body	\$5,000	
Coma	\$15,000	
Concussion	\$500	
Dental injury	\$500	
Dislocation <sup>2</sup>	Open reduction (surgical)	Closed reduction (non-surgical)
Hip	\$7,500	\$3,750
Knee	\$5,000	\$2,500
Ankle, collarbone, elbow, foot (excluding toes), hand (excluding fingers), lower jaw, shoulder, wrist	\$3,000	\$1,500
Eye injury with surgical repair	\$500	
Fracture <sup>2</sup>	Open reduction (surgical)	Closed reduction (non-surgical)
Hip, skull (depressed), thigh (femur)	\$10,000	\$5,000
Lower leg (fibula, tibia), pelvis, skull (non-depressed), vertebrae	\$5,000	\$2,500
Ankle, arm, collarbone, elbow, facial bones, foot (excluding toes), hand (excluding fingers), jaw, knee cap, shoulder blade, wrist	\$3,000	\$1,500
Sternum, vertebral processes	\$2,000	\$1,000
Rib, tailbone (coccyx)	\$1,000	\$500
Injuries not specifically listed	\$100	
Internal injury	\$1,500	
Knee cartilage injury with surgical repair	\$1,500	
Ruptured disc with surgical repair	\$1,500	
Tendon / ligament / rotator cuff injury with surgical repair <sup>3</sup>	\$1,500	

<sup>1</sup>One benefit per injury type is payable per accident, unless noted.

<sup>2</sup>If you suffer multiple dislocations and/or fractures, your benefit will be up to 200% of the benefit amount for the dislocation/fracture with the highest benefit.

<sup>3</sup>Up to two benefits are payable per accident.

Once enrolled, you'll receive a booklet with more details regarding each of these injuries.

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## What benefits does Accidental Death and Dismemberment (AD&D) provide?

AD&D	
You	\$25,000
Your spouse	\$12,500
Your child(ren)	\$6,250
Loss	
Loss of life, or loss of both hands or both feet or one hand and one foot	100%
Loss of one hand or one foot	50%
Loss of thumb and index finger on the same hand	25%
Common carrier - If you die while a passenger on public or commercial transportation	additional 200%
Seat belt / airbag - If you die in a car accident while wearing a seat belt or protected by an airbag	additional 25%
Loss of use / paralysis - total loss of movement for 12 consecutive months or permanent paralysis	
Quadriplegia	100%
Paraplegia, hemiplegia, or loss of use of both hands or both feet or one hand and one foot	50%
Loss of use of one arm, one leg, one hand, or one foot	25%
Loss of sight, speech and/or hearing - total loss for 12 consecutive months	
Loss of speech and hearing in both ears, or loss of sight in both eyes	100%
Loss of speech or hearing in both ears, or loss of sight in one eye	50%
Loss of hearing in one ear	25%

### Additional benefits:

<b>Wellness</b>	If you or your covered dependent has a covered screening test performed, you each may receive a \$50 benefit, once per calendar year. Make sure to file your claim within a year of the date of service.
<b>Portability</b>	If you no longer qualify for coverage, you may be able to continue coverage for yourself and your covered dependents.

### What's available to me?

Be better prepared financially for accidents before they happen. This coverage pays a lump-sum benefit for injuries received from an accident.

## Who can buy coverage?

- You may buy coverage if you're an active, full-time employee working at least 30 hours a week. Seasonal, temporary, or contract employees can't purchase.
  - If you're on a regularly scheduled day off, holiday, vacation day, jury duty, funeral leave, or personal time off, you're still considered actively at work, as long as you're fulfilling your regular duties and were working the day immediately prior to your time off.
  - You must enroll within 31 days of being eligible. If you don't, you'll have to wait until the next open enrollment period.
- If you're covered, you may buy coverage for your dependents, if they're not confined at home, in a hospital or skilled nursing facility (this is referred to as Period of Limited Activity).

Additional eligibility requirements may apply.

## What are the limitations and exclusions of my coverage?

For your covered spouse, benefits will not be paid for an injury arising from or during employment for wage or profit. There are limitations and exclusions to your coverage. A complete list is included in your booklet.



### **ACCIDENT INSURANCE PROVIDES LIMITED BENEFITS.**

This is a summary of accident coverage insured by or with administrative services provided by Principal Life Insurance Company. This outline is a brief description of your coverage. It is not an insurance contract or a complete statement of the rights, benefits, limitations and exclusions of the coverage. If there is a discrepancy between the policy and this document, the actual policy provision prevails. For complete coverage details, refer to the booklet.

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## Group critical illness insurance

### Benefit summary for active members

Effective date: 03/01/2022

#### What's available to me?

Help cover some of the expenses associated with a serious illness with critical illness coverage. If you're diagnosed with a specific critical illness, you'll receive a lump-sum benefit you can use however you need to.

	Benefit	Minimum	Guaranteed issue <sup>1</sup>	Maximum
You	Select a benefit in increments of \$5,000	\$5,000	\$10,000	\$50,000
Your spouse	Select a benefit in increments of \$2,500	\$2,500	\$5,000	\$25,000 up to 50% of your benefit
Your child(ren)	Automatically covered for 25% of your benefit			

<sup>1</sup>Amount of coverage you may buy without providing health information.

#### Who can buy coverage?

- You may buy coverage if you're an active, full-time employee working at least 30 hours a week. Seasonal, temporary, or contract employees can't purchase.
  - If you're on a regularly scheduled day off, holiday, vacation day, jury duty, funeral leave, or personal time off, you're still considered actively at work, as long as you're fulfilling your regular duties and were working the day immediately prior to your time off.
  - You must enroll within 31 days of being eligible. If you don't, you'll need to provide health information for us to review for approval, or if you have a qualifying event.
- If you're covered, you may buy coverage for your dependents, if they're not confined at home, in a hospital or skilled nursing facility (this is referred to as Period of Limited Activity).

Additional eligibility requirements may apply.

#### Do I need to provide health information?

Benefit amounts over the guaranteed issue shown in the table above for you and your spouse will require health information.

#### May I increase my benefit later?

- If you have a qualifying life event (marriage, birth of a child, etc.), you may enroll or increase coverage up to the guaranteed issue amount within 31 days without having to provide health information.
- You may enroll or increase coverage at any time, but you may have to provide health information for yourself or your dependents if it's more than 31 days after becoming eligible for coverage.

## Which illnesses are covered?

Covered illnesses	% of scheduled benefit for first occurrence	% of scheduled benefit for additional occurrences
Alzheimer's disease	100%	0%
Amyotrophic lateral sclerosis	100%	0%
Benign brain tumor	100%	0%
Carcinoma in situ	25%	25%
Coma	100%	0%
Coronary artery disease	25%	25%
Heart attack	100%	100%
Invasive cancer	100%	100%
Loss of hearing	100%	0%
Loss of sight	100%	0%
Loss of speech	100%	0%
Major organ failure	100%	100%
Multiple sclerosis	100%	0%
Occupational infectious disease	100%	0%
Paralysis	100%	0%
Parkinson's disease	100%	0%
Skin cancer	\$250	\$0
Stroke	100%	100%
Infectious disease benefit		
COVID-19	25%	25%
Diphtheria	25%	25%
Encephalitis	25%	25%
Legionnaire's disease	25%	25%
Lyme disease	25%	25%
Malaria	25%	25%
Meningitis	25%	25%
Methicillin-resistant staphylococcus aureus (MRSA)	25%	25%
Necrotizing fasciitis	25%	25%
Osteomyelitis	25%	25%

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Poliomyelitis	25%	25%
Rabies	25%	25%
Sepsis	25%	25%
Tetanus	25%	25%
Tuberculosis	25%	25%
<b>Childhood conditions</b>		
Cerebral palsy	100%	0%
Cleft lip / palate	100%	0%
Cystic fibrosis	100%	0%
Down syndrome	100%	0%
Muscular dystrophy	100%	0%
Spina bifida	100%	0%

Once enrolled, you'll receive a booklet with more details regarding each of these illnesses.

For diseases covered under the infectious disease benefit, you must be confined to a hospital for at least 3 days.

### What if I've already had a covered illness (referred to as a preexisting condition)?

You may qualify for a benefit if you haven't been treated for this illness (including being seen by a doctor or taking medication) in the 6 months prior to your coverage effective date or you've had coverage for 12 consecutive months.

### I've already received a benefit. Can I receive another benefit?

- Is it a different illness? You may receive a benefit if you're diagnosed more than 12 months after your prior illness.
- Is it an additional occurrence of the same illness? You may receive an additional benefit for carcinoma in situ, coronary artery disease, heart attack, invasive cancer, major organ failure and stroke if you're diagnosed more than 12 months after your prior illness and you've been treatment-free for 12 consecutive months.

### Additional benefits:

#### Health screening

You may receive a \$50 benefit for each covered person who has an eligible health screening test performed, once per calendar year. Make sure to file your claim within a year of the date of service.

#### Portability

If you no longer qualify for coverage, you may be able to continue coverage for yourself and your covered dependents.

### What are the limitations and exclusions of my coverage?

There are limitations to your coverage. A complete list is included in your booklet.



**CRITICAL ILLNESS INSURANCE PROVIDES LIMITED BENEFITS.**

This is a summary of critical illness coverage insured by or with administrative services provided by Principal Life Insurance Company. This outline is a brief description of your coverage. It is not an insurance contract or a complete statement of the rights, benefits, limitations and exclusions of the coverage. If there is a discrepancy between the policy and this document, the actual policy provision prevails. For complete coverage details, refer to the booklet.

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