

Case study template

for Social Prescribing VCSE benefits realisation project

Name of organisation	Community First (CVS Lead organisation for the Hants & IoW Social Prescribing Network – HSPN)
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Case Study illustrating cross sector system wide approaches to providing SP at Place	
Summary – up to 150 words per section	<p>The Hampshire and Isle of Wight Social Prescribing Network (HSPN) was started by Gosport Voluntary Action and Community First in 2017, with support from the Clinical Commissioning Group. It now has 270 members who are interested, deliver, commission, or provide services for, or support social prescribing projects countywide. It is also open to all VCSE and NHS Social Prescribers, regardless of how they are funded or where they sit. There are several models of Social Prescribing being delivered by HSPN members, with diverse funding and hosting arrangements.</p> <p>This Network brings key roles and organisations together, identifies joint working, funding opportunities, shares best practice, identifies key challenges and responses, and improves understanding of the purpose and value of Social Prescribing.</p> <p>It delivers 4 HSPN Webinars / meetings per year. Additional funding has also been provided to plan and deliver HSPN’s inaugural Social Prescribing Conference – ‘Why Social Prescribing Works’ in November 2022. The Network and Conference is now funded by the Hants & IoW Integrated Care System (ICS).</p>
Ambition	<p>Community First and the Network’s programme facilitator identified early on, that many new NHSE funded and other Social Prescribers, who came from a wide range of organisations and models, didn’t know each other or their local infrastructure organisations and so neither could engage and/or communicate well. There was also an interest but a lack of understanding of what Social Prescribing is and what it can deliver.</p> <p>HSPN felt the development of this communication network was crucial for the success of Social Prescribing at place level, offering a chance for peer-to-peer engagement, sharing of intelligence, using an assets-based approach, being responsive to challenges and opportunities, whilst celebrating the Social</p>

	<p>Prescribing successes of HSPN members & their service users. A strong, supported and connected workforce and volunteers, and good engagement between health and VCSE sectors, is crucial to the success and sustainability of good Social Prescribing outcomes for the community.</p>
<p>Action taken</p>	<p>Steering Group was established. Organisations represented include Community First, Gosport Voluntary Action, Hampshire & IoW Integrated Care Board and Hampshire County Council Adults' Health & Care.</p> <p>Community First/Gosport Voluntary Action developed an HSPN webpage hosting past webinars and resources.</p> <p>There are four free HSPN webinars or meetings delivered per year, often on topics suggested by HSPN members. This is supplemented by monthly Social Prescribing related update emails.</p> <p>Effective networking relationships developed – particularly during the face to face Networking Meetings. HSPN is responsive to its members requests for support of workforce and providing information and advice and sharing of good practice, in delivery of social prescribing.</p> <p><u>Integrated Community of Practice Social Prescribers' Network (ICP SP Network) for SE Hants, Fareham and Gosport</u></p> <p>In 2020, the Hampshire & IoW CCG identified the potential need for further support & engagement for the new NHSE Social Prescribing Link Workers. Programmed and facilitated by the HSPN's Facilitator, the ICP SP Network piloted providing remote peer to peer support/ and learning, additional training, guest speakers from both VCSE and ICS...</p>
<p>Result</p>	<p>Good links with the Hampshire CVS, NHSE South East SP Network, National Academy of Social Prescribing, National Social Prescribing Network and NAVCA all benefit HSPN members, offering increased learning and development opportunities.</p> <p>HSPN members have been supported by endorsing their funding bid applications and there are regular HPSN member requests for information or contact information.</p> <p>The regular HSPN webinars and learning opportunities are collated and shared, plus locally provided SP information sessions have been delivered for members (eg new Southern Health Consultants) including Citizen's Advice Hampshire's Home and Well as wider SP awareness-raising and as part of Hampshire County Council's 'Healthy Homes' Webinars.</p> <p>During March, HSPN members are encouraged to celebrate their SP successes as part of National Social Prescribing Day!</p>

	<p>HSPN is also represented annually at national and international SP Conferences, alongside regional events. Subsequent learning is shared with HSPN members. Membership is growing, as is awareness of and respect for the Network and what it delivers with and for its members.</p> <p><u>Integrated Community of Practice Social Prescribers' Network (ICP SP Network)</u></p> <p>There were collaborative initiatives with VCSE/Academic organisations (eg Autism Hampshire, Wessex Academic Health Science Network – Active Lives...). A well-received Social Prescriber's Handbook was produced - included information re Hampshire County Council's 'Connect to Support' website.</p> <p>Those working within Social Prescribing and involved in the ICP SP Network, feel more connected, informed, supported and better able to support clients and the community. These bi-monthly meetings now take place face to face, with remote joining as required.</p> <p>The successful one-year pilot resulted in greater awareness of and collaboration with the VCSE sector at place. Links were developed with other VCSE Health & Wellbeing Forums . Similar models have now been funded/developed system-wide, by the ICS/VCSE across Hampshire, Portsmouth, Southampton & IoW.</p>
<p>Quotes from participants and stakeholders benefitting from the network</p>	<p><i>'The HSPN has worked to embody the spirit of the Integrated Care System (ICS) working over the last couple of years by drawing on expertise and working with a wide range of partners in the health and care system including Local Authority, voluntary sector and Public Health teams. The focus of the network to equip practitioners to support individuals early and in the community, is a very practical 'real world' example of the increased focus on prevention, and the principle of taking good practice from across HIOW and sharing wider for the benefit of all is one that the ICS will be looking to replicate in its own governance.'</i> —Tim Cooling, Head of Strategy, Hampshire & IoW Integrated Care Board (& HSPN Steering Group member)</p> <p><i>'The Hampshire Social Prescribing Network offers an opportunity for us in social care to build relationships with health partners.'</i></p> <p><u>Nicky Ward, Strategic Relationship Manager, Hampshire County Council, Adults' Health & Care</u></p> <p><i>'Gosport Voluntary Action... continues to remain actively engaged with the HSPN/ Steering Group and can see the clear effect of the outputs delivered.'</i></p> <p><u>Kay Hallsworth, Chief Officer, Gosport Voluntary Action</u></p> <p><i>'The HSPN is a place where the voluntary and community sector can come to share work and advertise services and to discuss gaps and priorities with social prescribers... This forum is no doubt particularly helpful to support social</i></p>

prescribers not based within voluntary and community sector-based organisations to be better networked.'

Esther Watts, Coordinator, National Academy for Social Prescribing

'Community First have been pivotal in bringing together Social Prescribers in one place, providing a safe space for peer support and guidance. The Hampshire and IOW Social Prescribing Network also acts as an umbrella group providing connection and good practice between locally emerging place-based networks.

Sustainability of this network, will be essential in the continued development and retention of this workforce as well as giving Social Prescribers a voice to help inform future commissioning.'

Jessica Berry: Personalised Care Programme Lead: Hampshire and Isle of Wight Integrated Care Board (& HSPN Steering Group member)

Integrated Community of Practice Social Prescribers' Network (ICP SP Network)

"In 2019, we had an idea to develop a local network that would help to support new social prescribers in their roles within primary care. At the time of inception, we had no idea we were going into a global pandemic and how this would affect our staff and the network's implementation.

The Network has proved to be a valuable space for staff to come together and share their experiences. The codesigned nature of the network, enable's the group to adapt to meet the evolving need. Our social prescribers are able to come together to grow their community of practice, develop an identity, and be a valued partner within their Primary Care Networks.


The value of a local network spread, and Social Prescribers from across Hampshire joined the Southeast Network. The growing participation list was a real testament to the value the social prescribers placed on this peer-to-peer support.

The benefits were shared with the Personalised Care Hampshire Integrated Care Working Group, and it was recognised that as a Pan Hampshire system each locality would benefit from developing similar a model.

The Networks have played a key role in staff retention, further embedding of the Personalised Care agenda and ensuring that our staff are continuing to provide person centred approached to manage individual's wellbeing."

Anne-Marie Millard, Transformation Officer, Hampshire & IoW Integrated Care Board

"The Network allows SPs to come together to share what they are doing, how their surgeries and PCNs are growing and developing the service and the differences each community has in diversifying the service specific to their area. SPs are very unique and bring a wide skill set that isn't measured by qualifications, but life experience and being aware of what is available in their communities that can be shared across the ICP SP Network. They also bring a new perspective to patient care that is exciting and a new way for surgeries to embrace the future of the NHS."

	<p>Marie Adams, Social Prescriber, Fareham & Portchester PCN</p>
<p>Next steps</p>	<p>Delivery of the first in person HSPN Conference is on 23 November 2022 – ‘Why Social Prescribing Works.’ It involves strategic national and regional colleagues (NAVCA, National Academy of Social Prescribing, National Association of Link Workers), the Chair of the Hampshire & IoW ICB, HSPN members and others invited who HSPN enable to showcase their work, with the aim of improving understanding and influencing non-members, including strategic colleagues from the NHS who will experience the value of the work. There are interactive Workshops and a Conference Networking lunch. (110+ Conference delegates booked, c25 ‘Market Stalls’.</p> <p>HSPN will review the membership breakdown to identify any under-represented sectors, continue to deliver what HSPN members need, highlight the value of the Network and therefore increase membership.</p> <p>To encourage awareness of and participation for the benefit of Social Prescribers, Wellbeing Coaches, PCN and Secondary Care colleagues and the clients they support and refer to local VCSE organisations & projects.</p>
<p>Any other information</p>	<p>https://www.cfirst.org.uk/wellbeing/hspn/</p> <p> ICP SP Network - Sharing the Learning</p>