

Mind Body & Sole Therapies

Privacy Policy



Our contact details

Name: Alison Sheff T/A Mind Body & Sole Therapies

Registered Postal Address: 30 Galloway Close, Barwell, Leicestershire, LE9 8HL

Business Address: Station Rd Ind Estate, Station Rd, Higham on the Hill, CV13 6AG

Phone Number: 07981 026385

E-mail: alison@mbstherapies.co.uk

Web: www.mbstherapiues.co.uk

The type of personal information we collect

To give professional reflexology treatments, I will need to ask for and keep information about your health. I will only use this for informing reflexology treatments and any advice I give because of your treatment. The information to be held is:

- Your contact details
- Medical history, medications and other health-related information
- Notes relating to each treatment session

How we get the personal information and why we hold it

Most of the personal information we process is provided to us directly by you for one of the following reasons:

- For informing any treatment sessions, product use and any advice I give
- For online bookings, reminders and payments

We use the information that you have given us to:

- Provide you with the best possible treatment options, support and advice.
- Provide health plan/schemes claim receipts where applicable
- We may share this information with other therapists or specialists, on your request and with written consent, where sessions at MBS therapies form part of your wellness plan.

Lawful Basis for holding and using Client Information

Under the UK General Data Protection Regulation (UK GDPR), the lawful basis we rely on for processing this information are your consent. You can remove your consent at any time. You can do this by contacting Alison on the details shown above.

- 1.1. 'Claims occurring' insurance: (records to be kept for 7 years after last treatment)
- 1.2. Law regarding children's records (records to be kept until the child is 25 or if 17 when treated, then 26)
- 1.3. As I am registered with the Complementary & Natural Healthcare Council, their requirements are to retain information for 8 years

(a) We have a vital interest

(b) We need it to perform a public task

(c) We have a legitimate interest *[i.e.my requirement to retain the information to provide you with the best possible treatment options and advice]*

As I hold special category data (i.e. health related information), the additional condition under which I hold and use this information is: for me to fulfil my role as a health care practitioner bound under my professional memberships with the Association of Reflexologists and The Complementary Health Professionals confidentiality and as defined in these bodies Codes of Practice and Ethics.

Protecting your Personal Data - How we store your personal information

I am committed to ensuring that your personal data is secure. To prevent unauthorised access or disclosure, I have put in place appropriate technical, physical and managerial procedures to safeguard and secure the information we collect from you. I will contact you using the contact preferences you have given me.

We keep your healthcare, contact information and session notes for 8 years. We will then dispose your information by shredding any paper based information and removing your details the online booking system.

Your data protection rights

Under data protection law, you have rights including:

Your right of access - You have the right to ask us for copies of your personal information.

Your right to rectification - You have the right to ask us to rectify personal information you think is inaccurate. You also have the right to ask us to complete information you think is incomplete.

Your right to erasure - You have the right to ask us to erase your personal information in certain circumstances.

Your right to restriction of processing - You have the right to ask us to restrict the processing of your personal information in certain circumstances.

Your right to object to processing - You have the the right to object to the processing of your personal information in certain circumstances.

Your right to data portability - You have the right to ask that we transfer the personal information you gave us to another organisation, or to you, in certain circumstances.

You are not required to pay any charge for exercising your rights. If you make a request, we have one month to respond to you.

Please contact us at alison@mbstherapies.co.uk you wish to make a request.

THERAPIST'S RIGHTS

If you don't agree to your therapist keeping records of information about you and your treatments, or if you don't allow them to use the information in the way they need to for treatments, the therapist may not be able to treat you

Your therapist must keep your records of treatment for a certain period as described above, which may mean that even if you ask them to erase any details about you, they might have to keep these details until after that period has passed

Your therapist can move their records between their computers and IT systems without your permission if your details are protected from being seen by others.

How to complain

If you have any concerns about our use of your personal information, please refer to our GDPR Complaints Procedure ***HERE***. ***[insert your complaints procedure either via link or clearly explain where they may obtain a copy]***