**For Those Who Are Suicidal, Or Battle Those Thoughts And Urges**

**John 6:63 It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life.**

(Sin, drugs, tools for escaping reality and other carnal things, won't help us heal and deal with a wounded heart, or troubled mind. Our mind is our spirit, which cannot be fixed EXCEPT by the Spirit. Without the LORD we will be EMPTY and WEAK whether we have $500,000,000.00 or $5.00.)

**Matthew 11:28 Come unto me, all ye that labour and are heavy laden, and I will give you rest.**

**:29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and YE SHALL FIND REST UNTO YOUR SOULS.**

**:30 For my yoke IS EASY, and my burden IS LIGHT.**

(The Father, Messiah and the word of truth (Their word) give us rest and peace, and ease our troubled thoughts. Because thoughts are SPIRITS!)

**Proverbs 18:14 The spirit of a man will sustain his infirmity; but a wounded spirit who can bear?**

(Without the strength and TRUE wisdom of the LORD, wicked spirits will weaken us and our minds, and suicidal thoughts, frustration and hopelessness will creep in and even consume a person’s mind and thoughts. Wicked spirits are very deceptive, and make people believe the thoughts they have are of their OWN minds, or occur naturally. Without the LORD and the word of truth, a blind spot in our mind will ALWAYS exist, and allow evil and wicked spirits to manipulate and weaken us (**Jeremiah 10:23**).

**Proverbs 24:5 A wise man IS STRONG; yea, a man of knowledge INCREASETH STRENGTH.**

(By learning the bible and receiving the LORD’S spirit (**Luke 11:13**), we become stronger that is why we MUST learn and apply the commandments and scriptures.)

**Ephesians 6:10 Finally, my brethren, BE STRONG in the Lord, and in the power of his might.**

(Through the Father and Messiah is where we get strength and hope)

**Jeremiah 17:13 O LORD, THE HOPE of Israel, all that forsake thee shall be ashamed, and they that depart from me shall be written in the earth, because they have forsaken the LORD, the fountain of living waters.**

(The LORD is the hope of Israel and all that call upon Him in spirit and truth. No one has EVER truly called upon the LORD and been CONFOUNDED.)

**Proverbs 8:35 For whoso findeth me findeth life, and shall obtain favour of the LORD.**

**:36 But he that sinneth against me wrongeth his own soul: all they that hate me love death.**

(when we sin or only live in sin, we are away from life and the LORD’S blessings, and open up ourselves to very powerful spirits and thoughts that will destroy us, or make us harm ourselves in actions (drugs, sins, wrong choices, even including suicide. So instead of helping ourselves, we will bring sorrow and be join to sin and death, rather than life and peace (Matthew 11:28-30, Deuteronomy 30:15, etc)

Clearly church/religions, or leaning upon our own understanding in this CORRUPT world will ULTIMATELY not be beneficial for us. Because only the LORD God and Messiah Jesus Christ can help us overcome our problems without UNINTENDED consequences.

**Luke 12:15 And he said unto them, Take heed, and beware of covetousness: for a man’s life consisteth not in the abundance of the things which he possesseth.**

(many people also crumble and lose hope when they lose their job, or material things, because they PUT way too much significance in material possessions or faint in the day of adversity (Proverbs 24:10). Life was given unto ALL of us by the Heavenly Father and ONLY through Him and His wisdom can we correctly deal with life and prosper spiritually.)

Life is NOT CARNAL (**Job 32:8, Ecclesiastes 11:5, Zechariah 12:1, Psalms 100:3**, etc):

**Ecclesiastes 11:5 As thou knowest not what is the way of the spirit, nor how the bones do grow in the womb of her that is with child: even so thou knowest not the works of God who maketh all.**

(Job 32:8 But there is a spirit in man: and the inspiration of the Almighty GIVETH them understanding.)

(Pray to the Father THE MOST HIGH through the Messiah Jesus Christ for help, mercy, understanding and faith, as well as others you may know dealing with overwhelming situations and mortal thoughts.)

**Proverbs 14:30 A sound heart is the life of the flesh: but envy the rottenness of the bones.**

(IITimothy 1:7 For God hath not given us the spirit of fear; but of power, and of love, and OF A SOUND MIND.)

**IIEsdras 14:13 Now therefore set thine house in order, and reprove thy people, comfort such of them as be in trouble, and now renounce corruption,**

**:14 Let go from thee mortal thoughts, cast away the burdens of man, put off now the weak nature,**

**:15 And set aside the thoughts that are most heavy unto thee, and haste thee to flee from these times.**

**IPeter 5:7 Casting ALL YOUR CARE upon him; for he careth for you.**

**:8 Be SOBER, be VIGILANT; BECAUSE YOUR adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:**

**:9 Whom RESIST STEDFAST in the faith, knowing that the same afflictions are accomplished IN YOUR BRETHREN that are in the world.**

**:10 But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, STABLISH, STRENGTHEN, SETTLE YOU.**

**Proverbs 14:26 In THE FEAR OF the LORD is STRONG CONFIDENCE: and his children shall have A PLACE OF REFUGE.**

All praises and glory to the Almighty Heavenly Father and our Glorious Perfect Messiah Jesus Christ.

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