

## Course Location

To confirm the address for the course:

Ace Children's Occupational Therapy Ltd  
4 The Courtyard  
Clare Park Farm  
Crandall  
GU10 5DT

If you have any problem finding us, please call: (01252) 691133

Alison Cairns Dip COT, BSc (Hons), Member of SI Network, BAOT, CYPF and COTSS-IP



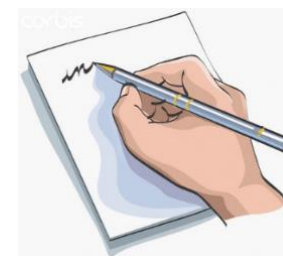
Tel: 01252 691133

Email: [enquiries@acecot.biz](mailto:enquiries@acecot.biz)

Web: [www.acechildrensoccupationaltherapy.com](http://www.acechildrensoccupationaltherapy.com)



## Occupational Therapy Handwriting Courses for Children in Mainstream Education, Aged 4-12 Years, by Ace Children's OT



Ace Children's Occupational Therapy would like to invite your child to a 4 session course for 8-12 year olds, and 3 session course for 4-7 year olds targeting handwriting and fine motor skills

Dates and times are as follows:

### **Children aged 4-7:**

April 16<sup>th</sup>, 17<sup>th</sup> and 18<sup>th</sup> 2019 from 10.00 – 11.00

### **Children aged 8-12:**

April 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> 2019 from 10.00 – 11.30

## Cost

**Aged 4-7: £180** for 3 sessions, each session lasting 1 hour, with a maximum of 3 children per group, staff to child ratio 1:1

**Aged 8-12: £240** for 4 sessions, each session lasting 1 ½ hours, with a maximum of 4 children per group, staff to child ratio 1:2

## Details

The course integrates several well-known programmes favoured by OT's, including Speed Up!, Write from the Start, Handwriting without Tears and Write Dance.

This specific approach aims to improve children's abilities in 2 fundamental areas required for effective handwriting. The foundation skills include:

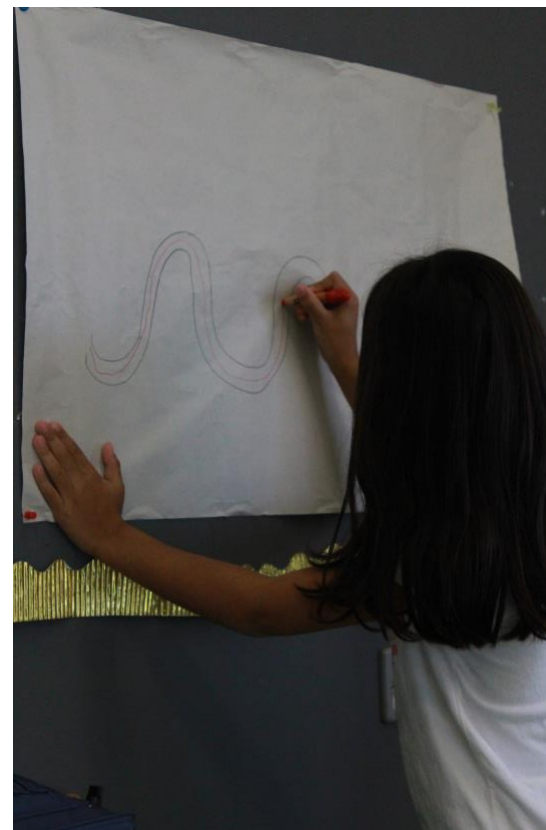
- Postural control
- Shoulder girdle stability
- Finger and hand strength
- Tactile awareness
- Visual and motor memory

Furthermore, fine motor skills practice targets:

- Letter formation
- Spatial awareness for placing and spacing letters/words onto lined paper
- Grading of pressure to ensure clarity of writing

In order to maximise impact it is essential that children attend all age relevant sessions. A brief summary of outcomes will be provided following completion of the course. Some light-hearted, fun homework will be given to complete between each direct session.

We have spaces for up to 3 children. The course will be supported by qualified OT staff and an OT assistant.



To book a place for your child please contact: Ace Children's Occupational Therapy Ltd, details are shown overleaf