

Handwriting for Children in Mainstream Education aged 6-8 years – an Ace Children’s OT course

The course will follow elements from well-known handwriting programmes favoured by OT’s	
These will include: <ul style="list-style-type: none">• Speed Up!• Write from the Start• Handwriting without Tears• Write Dance	We are aiming to improve the childrens’: <ul style="list-style-type: none">• Letter formation• Spatial awareness for placing and spacing letters and words onto lined paper• Grading of pressure We will also work on foundation skills required for development of handwriting such as: <ul style="list-style-type: none">• Postural control,• Shoulder girdle stability,• Finger and hand strength,• Tactile awareness• Visual and motor memory

The courses will be hosted by: Alison Cairns and Diana Pierags

Session 1: Tuesday, 13th August, 2019 10:00-11:00

Session 2: Thursday, 15th August, 2019 10:00-11:00

Session 3: Tuesday, 20th August, 2019 10:00-11:00

All sessions will incorporate elements from:

- Gross and fine motor warm ups of all muscle groups
- In hand manipulation skill practice
- Tripod and pincer grasp activity
- Pencil control activity
- Specific letter formation practice
- Use of other skills related to pencil control- for example, eye hand coordination skills such as using scissors

The course is intended for children who are already known to Ace Children’s OT, who require ‘top up’ of sessions during the school holidays to maintain skills

Children are expected to attend all 3 sessions.

Homework will be given to complete between each direct session.

We have spaces for up to 4 children. The course will be supported by qualified OT staff and an OT assistant. Additional staff will be made available if your child is deemed to require a 1:1

Cost: £280

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