

# Our Services

- Assessments
- Bathing
- Care Giver Programs
- Case Management
- Chore Assistance
- Health & Wellness
- Housekeeping
- Information and Assistance
- Intergenerational Programs
- Legal Assistance
- Linkage to other services
- Meals
- Medical Equipment
- Medicare Consultation
- Personal Care
- Prescription Drug & Supplemental Insurance Counseling
- Respite (caregiver relief)
- Senior Health Insurance Counseling for Kansas (SHICK)
- Special requests for custom items
- Support Groups
- Transportation Coordination
- Volunteer Programs



## East Central Kansas Aging and Disability Resource Center

Serving the following counties

Anderson • Coffey • Franklin  
Linn • Miami • Osage



Visit our website

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Located at:

117 South Main - Ottawa, Ks 66067

800-633-5621 or 785-242-7200



Funded by the Older Americans Act through the Kansas Department for Aging and Disability Services. ECKAAA does not discriminate on the basis of race, color, nationality, origin, sex, age, religious belief or disability. If you feel you have been discriminated against, you have the right to file a complaint with the ECKAAA, 1-800-633-5621. (TDD: 1-800-766-3777)



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### Navigating Choices

### Planning for the Future



Coordinating services to help  
aging Kansans and their families  
live well with *Dignity,*  
*Independence, Health,*  
*and Self-Sufficiency.*

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# ADRC

## (Aging and Disability Resource Center)

The ADRC is a trusted source of information where people of all ages, abilities, and income levels—and their caregivers, can go to obtain assistance in planning for their future long-term service and support needs.

The ADRC is designed to empower older adults and persons with disabilities to make informed choices about their services and supports. Staff at the ADRC provide objective information and assistance to help people access private or publicly funded service programs.

## Information, Referral, & Assistance

The ADRC has a statewide call center that is operated by knowledgeable staff trained in community resource information. The call center is a wealth of resource information for community services (in-home services, transportation, home delivered meals, etc.). Call center staff can link individuals to local Options Counselors across the state. The call center is answered Monday—Friday, 8 a.m. - 5 p.m. and individuals can leave a message after hours.

**Call Center: (855) 200-ADRC (2372)**

Each local ADRC is open to the public for personalized information and assistance.

**Your local ADRC (800) 633-5621.**

# Options Counseling

Making decisions about long term care services can be difficult. An Options Counselor can help by providing unbiased information that is relevant to the individual's needs, preferences, and goals. This person-centered service supports the individual in making informed choices about their long-term care service options.

## Assessments

For individuals who are interested in a **Medicaid Home and Community Based Services (HCBS)** program (for the Frail Elderly, Physically Disabled, and those with Traumatic Brain Injury) or Money Follows the Person (MFP), the ADRC can conduct the functional assessment needed to determine eligibility for the appropriate HCBS program.

For those interested in entering a **nursing facility**, the ADRC can inform individuals about their choices in long-term care settings. The ADRC can complete a CARE assessment prior to nursing facility admission.

For individuals who are interested in receiving services in their home, but **do not qualify for Medicaid (non-Medicaid)**, the East Central Kansas staff will coordinate federal, state, and county funds resulting in coordination of services to meet needs identified through a confidential assessment.



“My Case Manager is wonderful! I can't believe all the things available to me. I've been able to stay at home much longer, and my children's minds are at ease.”

## Coordination of Services

The staff will continue to review the client's needs and services and make changes as necessary. A Case Manager will be matched with those individuals who need monthly contact to ensure quality of life is maintained.

The average cost of helping a person remain in their home with non-Medicaid in-home services is approximately ninety-five percent less than the cost of living in a nursing facility. Dollars can be spent efficiently and wisely with in-home services.

Older individuals are happy in their own surroundings and deserve to remain independent as long as possible.

“I am so grateful for the help I receive from ECKAAA. Without the help that we are given from the in-home programs my mother would be back in the nursing facility.”



KANSAS AGING & DISABILITY  
Resource Center