## **Our Services**

- Bathing
- Care Giver Programs
- Case Management
- Health & Wellness
- Housekeeping
- Information and Assistance
- Intergenerational Programs
- Legal Assistance
- Linkage to other services
- Congregate Meals
- Home Delivered Meals
- Home Meds
- Medical Equipment
- Senior Health Insurance
   Counseling for Kansas (SHICK) Medicare Consultation
- Personal Care
- Respite (caregiver relief)
- Special requests for custom items
- Support Groups
- Transportation Coordination
- Volunteer Programs



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# Visit our website www.eckaaa.org



# Find us on Facebook facebook.com/ECKAreaAgencyOnAging

#### Located at:

117 South Main - Ottawa, KS 66067 800-633-5621 or 785-242-7200



Funded by the Older Americans Act through the Kansas Department for Aging and Disability Services. ECKAAA does not discriminate on the basis of race, color, nationality, origin, sex, age, religious belief, or disability. If you feel you have been discriminated against, you have the right to file a complaint with the ECKAAA, 1-800-633-5621. (TDD: 1-800-766-3777)



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## **Navigating Choices**







Coordinating services to help aging Kansans and their families live well with Dignity,
Independence, Health,
and Self-Sufficiency.

117 South Main - Ottawa, Ks 66067 800-633-5621 or 785-242-7200 www.eckaaa.org

## FAQ'S

We receive many calls every year and these are some of the most frequently asked questions.

## What is the difference between Home Health and In-Home Services?

Generally Home Health is ordered by your Dr. and is covered by Medicare/Insurance.

#### How much do In-Home services cost?

In home services through our state programs are based on your monthly income including your assets. If you have under \$1,000 a month income and under \$10,000 in assets, your copay would be zero. If you qualify for a federal program you would have a donation instead of a copay.

How can I get home delivered meals? An assessor from our office will determine your eligibility.

Who can answer my questions about Medicare? Our office will get you in touch with a SHICK counselor in your county.

How can I get on Medicaid? Call KanCare at 1-800-792-4884 or we will mail you the application.

If you have questions –please call us at the East Central Kansas Area Agency on Aging. We are here to help you with the questions you have as you age!

785-242-7200 or 1-800-633-5621

# NEW SERVICE OFFERED HOME MEDS

Home Meds addresses medication problems among frail older adults. Agency staff members work with a consulting pharmacist who verifies the accuracy and appropriateness of the client's current medication list and identifies problems that warrant re-evaluation by their physician.

## **Options Counseling**

Making decisions about long term care services can be difficult. An Options Counselor can help by providing unbiased information that is relevant to the individual's needs, preferences, and goals. This person-centered service supports the individual in making informed choices about their long-term care service options.

#### **Assessments**

A functional assessment will help determine your needs and the program for which you qualify. For those interested in entering a **nursing facility**, the ECKAAA can inform individuals about their choices in long-term care settings. The AAA can complete a CARE assessment prior to nursing facility admission.

## Programs

Federal Older Americans Act: a donation is requested.

Senior Care Act: a copay is required based on income and assets.

Medicaid: Home and Community Based Services (HCBS) financial obligation is determined by Kansas Department of Health and Environment.

## **SHICK**

Senior Health Insurance Counseling for Kansas educates the public and provides assistance to Medicare beneficiaries on topics related to Medicare enrollment and benefits, Medicare fraud and abuse, and low income assistance for Medicare costs so they can make informed decisions. SHICK is an unbiased and confidential program that uses trained community counselors to answer questions and provide guidance.

I am so grateful for the help I receive from ECKAAA. Without the help that we are given from the in-home programs my mother would be back in the nursing facility.



My Case Manager is wonderful! I can't believe all the things available to me. I've been able to stay at home much longer, and my children's minds are at ease.

### **Coordination of Services**

The staff will continue to review the client's needs and services and make changes as necessary. A Case Manager will be matched with those individuals who need monthly contact to ensure quality of life is maintained.

The average cost of helping a person remain in their home with non-Medicaid in-home services is approximately ninety-five percent less than the cost of living in a nursing facility. Dollars can be spent efficiently and wisely with in-home services.

Older individuals are happy in their own surroundings and deserve to remain independent as long as possible.