

Your Life, Your Choice

Making good choices isn't always easy. When making choices about your services, you may find that you want to make a different choice, and choose a different provider. All you have to do is contact the CDDO and we will walk you through the choice process.

You can always have any trusted person or people with you to provide support when going through the choice process with the CDDO. It's your life. It is your choice. Be informed!

YOU HAVE THE RIGHT TO CHOOSE THE PROVIDERS THAT YOU WANT!!

Self Advocacy

Be your own best advocate. Know what your choices are, and make a choice based on what you have seen, weighed out in your mind, talked over with a trusted person, and what you feel is right for you.



Visit our website

www.eckaaa.org/cddo

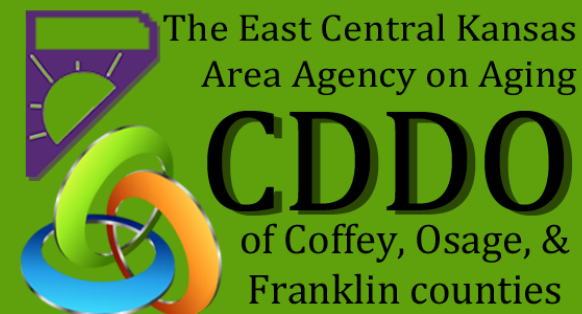
Visit our website

Located at:

www.eckaaa.org/cddo-services.html
117 South Main - Ottawa, Ks 66067



INFORMED CHOICE: CHOOSING WHAT YOU WANT FOR YOU



COMMUNITY DEVELOPMENTAL DISABILITY ORGANIZATION (CDDO) SERVING COFFEY, OSAGE AND FRANKLIN COUNTIES

WHAT IS AN INFORMED CHOICE

Getting Started on an informed choice:

- ◆ What is available? What do I have to choose from?
- ◆ What do I want for myself?
- ◆ Can I afford this choice?
- ◆ Have I toured the available options?
- ◆ Have I talked to the providers to see how I am treated?
- ◆ Have I talked it over with a trusted person, if I am having a hard time making a choice?
- ◆ How do I feel about these choices?

What is Available?

When looking at your choices, find out all the options that are available for that choice.

For instance, if you are wanting to look at Adult Residential Services, make sure that you know all the providers that offer that service.

Seeing is Believing- Does it Fit You?

Have you seen the choices in real time? Have you taken a tour, met the providers, gotten a feel for what each provider offers?

Make your choice based on the one that fits you and your needs.

Can I Afford it?

When looking at all of your choices, also look at what you can afford right now. If a certain choice means that you have to wait and save your money, do you still want to go for that choice?

What other option(s) can you look at that would also make you hap-

HOW DOES IT FEEL WHEN I THINK ABOUT THE CHOICE?

When I think about all the choices, how does each one feel?

Does it feel like it fits me? Do I see myself in that house or apartment, or in that program or job?

Does it feel 'right' to me or does it make me feel uncomfortable? If it feels uncomfortable to me, is it

because it is new to me, or because I



EMPOWERING ALL KANSANS THROUGH INFORMED CHOICE, RIGHTS, RESPONSIBILITIES, QUALITY SERVICES AND SELF-ADVOCACY