

Know Your Rights: Advocate for Yourself!

www.disabilityscoop.com

There are lots of experts to help people with developmental disabilities succeed. But the best expert, and the most consistent one, is often found within. After all, no one knows you better than yourself.

Whether you've got the words to express yourself or are reliant on actions alone or others to interpret, Ari Ne'eman, president of the Autistic Self-Advocacy Network, shares the tools to turn anyone into a self-advocate.

It's easier than you think. Start small, advises Ne'eman, who is on the autism spectrum himself. The key is to make yourself heard however you can.

"When other people make decisions for you without you, the decisions that are made often don't fit your needs," Ne'eman says. "Self-advocacy helps people get the outcomes that they desire and it becomes necessary — as a person grows from a child to an adult — in order to succeed in this world."

Self-advocacy is the very basic idea of expressing what you want.

"You are the person with the most at stake and thus the person who should have the most control over your own life," Ne'eman says. Remember that old phrase *today is the first day of the rest of your life*. Take it to heart. You're never too young or too old to start communicating what's best for you.



Visit our website

www.eckaaa.org/cddo-services.html



Find us on Facebook

facebook.com/ECKAreaAgencyOnAging

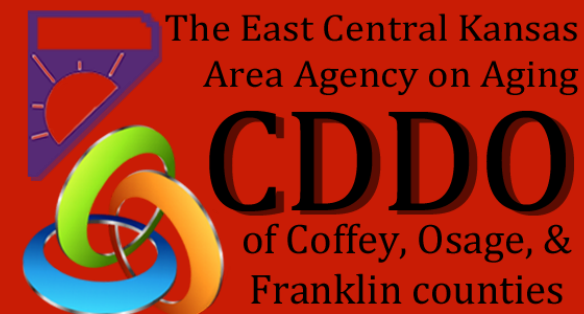


Located at:

117 South Main - Ottawa, Ks 66067



WHAT ARE MY RIGHTS: K. A. R. 30-64-22



117 S. Main St.—Ottawa, Ks • (785) 242-7200

COMMUNITY DEVELOPMENTAL DISABILITY
ORGANIZATION (CDDO) SERVING COFFEY,
OSAGE AND FRANKLIN COUNTIES

YOUR RIGHTS ARE PROTECTED!

Your Rights under K.A.R. 30-64-22 include the following:

1. You have the right to have help accessing services of your choice, including the availability of help from the CDDO (Community Developmental Disability Organization) for any person or organization who wants to become a service provider.
2. You have the right to choose your Targeted Case Management services from an affiliate of the CDDO, or to not select Targeted Case Management at all, unless you have a funded service. If you have a funded service, you must have a Targeted Case Manager to manage this service.
3. You have the right to receive services without discrimination as to the severity of your disability unless the Secretary of KDADS (Kansas Department of Aging and Disability Services) determines that you are not appropriate for community services because you currently constitute a clear and present danger to yourself or to the community.
4. You have a right to have your services provided in a way that is responsive to your PCSP (Person-Centered Support Plan).
5. You have the right to be able to choose, to have opportunities of choice, and to have all your rights observed and protected.
6. You have the right to your services as long as you are eligible, State and/or Federal funding support continues, and to transfer your funding if you move within Kansas from one service area to another.
7. You have the right to receive the services that you need, the services for which you are eligible, and the services for which you have applied from a community service provider who is able to provide the service within 60 days after, application, or to be reported to the Secretary of KDADS as waiting for that service.

8. You have the right to access the CDDO dispute resolution process, including internal and external appeal avenues, to resolve any dispute with the CDDO, any affiliate, or any other part of the community services system.
9. You have a right to information about the CDDO local Quality Assurance Committee.
10. You have the right to information about the CDDO Council of Community Members (CCM).
11. You have the right to information about the availability of a consumer advocacy group.

Your Rights under K.A.R. 30-63-22, Individual Rights and Responsibilities include:

1. You have the same rights as anyone else. These rights may only be limited by provisions of law or court order.
2. You have the right to be free from physical, and/or psychological abuse, neglect, and exploitation.
3. You have the right to get, buy, have and use your own property.
4. You have the right to have control over your finances.
5. You have the right to privacy.
6. You have the right to make decisions that affect your life.
7. You have the right to be able to associate and communicate publically and privately with any person or groups of people of your choice.
8. You have the right to practice the religion or faith of your choice.
9. You have the right to be free from the inappropriate use of physical or chemical constraint, or isolation as punishment, except where physical constraint is in furtherance of your health and safety.
10. You have the right to be treated with dignity and respect.
11. You have the right to due process.
12. You have the right to access your own records.

Advocacy groups in the State of Kansas

Kansas Advocates for Better Care:

800-252-1782 www.kabc.org

Kansas Council on Developmental

Disabilities: 785-296-2608 www.kcdd.org

Disability Rights Center of Kansas:

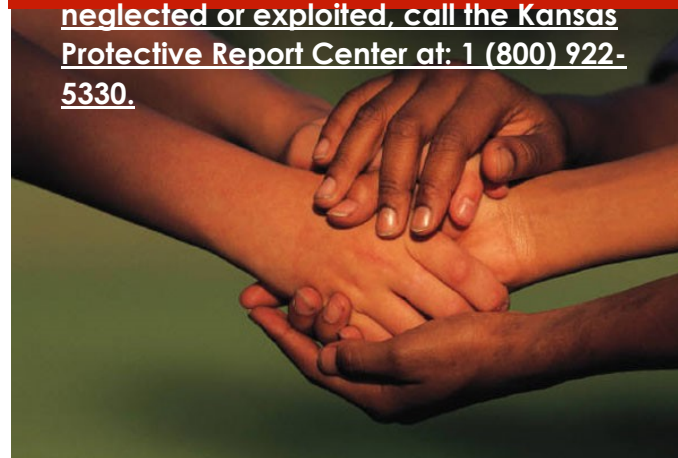
785-273-9661 www.drckansas.org

Self-Advocate Coalition of Kansas:

785-749-5588 www.sackonline.org

You have the right to be free from physical, or psychological abuse, or neglect, and free from financial exploitation.

If you feel that you are being abused, neglected or exploited, call the Kansas Protective Report Center at: 1 (800) 922-5330.



EMPOWERING ALL KANSANS
THROUGH INFORMED CHOICE,
RIGHTS, RESPONSIBILITIES, QUALITY
SERVICES AND SELF-ADVOCACY