



ADULT DAY CENTER

Pulaski Adult Day Service & Fall Prevention Center

Conveniently located across from the
old Dublin Middle School.

Day Time Care for Adults 18 and Over



p: 540-307-5487
f: 540-307-5289



PO Box 877
Dublin, VA 24084



211 5th Street
Dublin, VA 24084



www.pulaskiadultdayservice.org

*Our experienced and professional
staff are dedicated to maximizing
each individual's quality of life
through activities, socializing, and
quality care.*



Licensed and Regulated by the
Virginia Department of Social Services.



Monday - Friday, 9am-5pm
211 5th Street • Dublin, VA 24084
540-307-5487

www.pulaskiadultdayservice.org/veterans



Did you know?

Veterans Benefits
may **PAY** for
Adult Day
Programs?



Camaraderie

Purpose

Socialize with other Vets

Group & Individual Activities

Qualify of Life



Our Vision

Our vision is to keep people well and **living in the community with their families** for as long as possible, rather than in institutions.

Features Include:

- **Health Monitoring:** Weight, blood pressure, and glucose (sugar).
- **Medication management** as ordered by physician.
- **Assistance with Personal care** and Activities of Daily Living, as needed: E.g., Feeding, toileting, transferring, walking.
- Therapeutic activities such as music therapy, gardening, choir, daily exercise, A Matter of Balance fall prevention program, and day trips.
- Hot, diet specific, breakfast and lunch; snack.
- Facility dog - a loveable rescue named Windslow.
- Coming soon: baths and showers!

Local. Independent. Non-profit.



An Adult Day Health Care Center

Are you the spouse of a Veteran? You may also be eligible for Adult Day benefits!