

## **CoQ10 Supplement**

Natural Factors Ubiquinol Active CoQ10 is the active form of coenzyme Q10 which is naturally produced by our cells and is significantly better absorbed, particularly as we age. CoQ10 helps maintain cardiovascular health and offers antioxidant protection for the maintenance of good health.

A vitamin-like essential nutrient, coenzyme Q10 facilitates energy delivery to metabolic processes in the body. Due to its role in ATP synthesis, CoQ10 affects the function of all cells in the body, making it essential for health of all tissues and organs. It is known to have a beneficial impact on immune performance, cardiovascular performance, and on liver and kidney performance. CoQ10 also provides antioxidant protection against oxidation in the body.

Natural Factors Ubiquinol QH Active CoQ10 is the active form of CoQ10, which is produced by our cells and is significantly better absorbed, particularly as we age. Blended with organic flaxseed oil, these softgels are a source of omega-3 fatty acids and alpha-linolenic acid (ALA) for the maintenance of good health.



N-Acetyl-L-Cysteine, or N-A-C, is an acetylated form of the amino acid cysteine. Cysteine is the most important precursor to glutathione (GSH), the most critical antioxidant produced in the body. Glutathione helps chelate toxins and heavy metals from the body. N-A-C is approved as a drug in some European jurisdictions for use in preventing liver damage from acetaminophen overdose. It has been used for over 30 years for respiratory health, providing some relief to those suffering from chronic respiratory conditions such as the annoying post-nasal drip, sinusitis, chronic bronchitis, the congenital disease cystic fibrosis, and even life-threatening conditions such as COPD. N-A-C also promotes cardiovascular health due to its unique ability to inhibit levels of a specific lipoprotein called Lp(a), a marker of heart disease.

Acetylated cysteine is better absorbed than regular cysteine. AOR's N-A-C is an excellent choice for those looking for a single supplement to promote overall health including cellular protection and cardiovascular health. People suffering from chronic respiratory conditions may also benefit from regular use of N-A-C.



## Liposomal Glutathione

This is a supplemental source of antioxidants. Provides antioxidants that help protect cells against the oxidative damage caused by free radicals.

Liposomal Glutathione is an exciting glutathione product formulated with liposomal technology. Liposomes are spheres made of phospholipids—the primary building blocks of cell membranes. Owing to this structure, liposomes bond easily with cell membranes to facilitate intracellular delivery of their nutrient cargo. Thanks to this enhanced delivery and absorption, nutrients delivered in liposomal form offer superior absorption and bioavailability.