



Something for Everyone

### Toast/Sides/Add-Ons

Plain Bagel	\$5
Café Made Paleo Bagel (P, K, GF, DF)	\$7
English Muffin	\$5
Fresh Baked Croissant	\$5
Gluten Free Toast (GF)	\$5
Gluten Free English Muffin (GF)	\$6
Philadelphia® Cream Cheese	\$3
Maple Syrup Side	\$3
Bacon or Sausage Patty (K, GF)	\$5
Organic Chicken & Apple Sausage (P)	\$6
Our Corned Beef Hash (P, GF, DF)	\$9
Breakfast Potatoes (V, VE, P, GF)	\$5

### Café-Made Baked Goods 🍰🍪

Ask about our fresh-baked selections—including delicious Paleo and GF treats!

### Breakfast – All Day

#### The Mainer \$16

A true Downeast favorite - 2 Eggs served alongside our savory café-made Corned Beef Hash, and a side of Buttery Toast

#### The Traditional \$12

A classic comfort breakfast...

2 Eggs ♦ Breakfast Potatoes ♦ Toast

#### THE PUFFIN 🐧 \$17

A breakfast built for explorers—2 fried eggs, thick-cut Bacon, a savory Sausage Patty, Breakfast Potatoes, and Toast. A protein-packed plate to fuel your day!

#### Keto Burrito \$15

A low-carb, high-protein start to your day—Scrambled Eggs, Sautéed Spinach, Tomatoes, and melty Cheddar Cheese all wrapped in a keto-friendly tortilla.

#### Biscuit and Gravy ★ \$16

We're not saying this house favorite will change your life... but we're not *not* saying it. Café-made perfectly fluffy and crispy Biscuit, smothered in our practically world-famous Sausage Gravy, with two Fried Eggs.

#### Avocado Toast \$10

Creamy Avocado, Tomato, drizzle of EVOO on toasted Wheatberry (V, VE)

- Add a Fried Egg (\$3)

#### Dante's Street Tacos \$14

Crispy Fried Egg, Sauteed Spinach, and Guacamole on two soft Tacos (DF)

- Sub Siete™ Tortilla Wraps (P, GF, DF) +\$4

### Omelets and Bowls 🥘🍳

#### Build Your Omelet \$13

3 Egg Omelet and Potatoes (P, K, GF, DF)

Add Ins: Bacon • Sausage +\$4/ea; Spinach • Onions • Peppers • Tomatoes; American • Cheddar +\$1.85/ea • Buttered Toast +2

#### BBH Omelet \$18

Fluffy, golden Omelet filled with our signature Corned Beef Hash and rich Cheddar, that meld together in every bite, with a side of Buttery Toast —just the way we like it here in Boothbay Harbor! (GF)

#### Fully Loaded Omelet \$20

A hearty omelet overflowing with your choice of Bacon or Sausage, packed with Sautéed Peppers, Onions, Spinach, and Tomatoes, and melted to perfection with American or Cheddar cheese. Served with a side of Breakfast Potatoes and Toast.

#### Kelly's Breakfast Bowl \$18

Scrambled Eggs, Organic Chicken & Apple Sausage, Sautéed Spinach, Caramelized Onions, and Potatoes, with a dollop of Avocado all tossed together in one nourishing and delicious bowl. (P, K, GF, DF)

#### Blueberry Pie Overnight Oats \$14

Organic Blueberries, Almond Milk, Maple Syrup, Chia Seeds, Cinnamon and GF Oats, topped with our GF café made Granola – It's like having pie for breakfast!! (V, VE, GF, DF)

### French Toast By The Coast

#### Baileys French Toast \$15

2 Slices Thick Cut Bread, dredged through our Baileys Irish Cream™ Egg Custard, topped with powdered sugar and Maine Maple Syrup, served with 2 slices of Bacon – Just like Mom used to make it!

#### Blueberry French Toast \$15

Two Slices Thick-cut French Toast finished with a ribbon of our café made blueberry sauce, powdered sugar, and served with 2 slices of Bacon

### Kelly's Breakfast Sandwiches



#### Build The Harbor Sandwich \$12

Two Fried Eggs, Choice of Crispy Bacon or Savory Sausage Patty, and Choice of American or Cheddar Cheese on Wheatberry, Wrap, or Low Carb Wrap  
•Substitute Bagel, English Muffin, Roll or Croissant (+\$3)

#### Safety Zone \$18

A hearty breakfast sandwich featuring two Fried Eggs, café made Guacamole, sliced Tomato, and Romaine, and sandwiched between our café-made, gluten & grain-free Paleo Bagel. Satisfying & Nutritious! PS – The Bagel is the bomb diggity! (P, K, GF, DF)

#### The Nor'Easter \$20

A hearty storm of flavor: Two Fried Eggs, Crispy Bacon, and a Savory Sausage Patty, all smothered in our Signature Sausage Gravy and melted American and Cheddar Cheese on a Buttered, Grilled Roll.

#### Some Like It Hot Hot Hot!! 🔥 \$16

Two Fried Eggs, Sausage Patty, Grilled Hot Peppers smothered in Cheddar Cheese on a Buttered and Grilled Roll.

<b>Lunch</b> 🥪🍷 <b>(Begins at 11:30)</b> Sandwiches Served with Chips	
<b>Clam Chowdah</b>	\$15
A Bowl of our Rich, Velvety Chowder brimming with Tender Clams, Hearty Potatoes, and Sweet Onions—comfort in every single spoonful!!	
<b>Halfsies</b>	\$16
A perfect pair: A warm, comforting cup of our rich and creamy clam chowder, served alongside your choice of a half BLT or a half Grilled Cheese Sandwich. The best combo to satisfy your cravings 🍲🧀🥪	
<b>BLT</b>	\$12
A timeless favorite: Crispy bacon, fresh Romaine, and Ripe Tomato, with a swipe of Mayo, served on hearty Wheatberry bread for a satisfying crunch in every bite.	
<b>Melissa’s Grilled Cheese</b>	\$10
Cheddar & American Cheese between Panini Bread & grilled it until it is Melissa approved, Ooey, Gooley Deliciousness!	
<b>Sweet &amp; Spicy Grilled Cheese</b>	\$14
Melted Cheddar & American Cheese layered with Crispy Bacon, drizzled with Hot Honey, and grilled to golden perfection on buttery Panini Bread.	

<b>The Brian</b>	\$14
<i>Pork Roll &amp; American Cheese</i> - thick-cut Pork Roll grilled to perfection, topped with American Cheese, all served on a warm, buttery grilled Roll. Scrumptious!	
<b>Allie’s Tuna Salad</b>	\$14
Albacore Tuna, Pickles, Celery, Tomato, Romaine and Mayo on a Wrap (DF) or on a bed of fresh Romaine for a gluten-free, keto-friendly option (K, DF, GF)	
<b>Grilled Veggie Wrap</b>	\$12
A warm, plant-powered wrap filled with sautéed spinach, sweet red peppers, tomatoes, onions, and creamy avocado, all wrapped in a soft tortilla. Light, fresh, and satisfying. (V, VE, DF)	

🍷 <b>Kelly’s Café Beverages</b> ☕	
<b>Adult Beverages</b> <b>(Must Be 21 or older)</b>	
Mimosa (Prosecco and OJ)	\$10
Beermosa (Local Craft Beer & OJ)	\$10
Seltzermosa (Pineapple Seltzer & OJ)	\$10
Domestic Beer 16oz	\$6
Local Craft Beer 16oz	\$8
Downeast Hard Cider	\$6

<b>KC’s Specialty &amp; Hot Drinks</b> ☕	
<b>Fresh Brewed Coffee</b>	\$3.00
<i>(free in-café refill with meal)</i>	
<b>Hot Tea</b>	\$3.00
<b>Iced Coffee</b>	\$3.50
<b>Iced Vanilla Latte</b>	\$4.50
<i>Iced Coffee, Milk &amp; 2 shots of syrup</i>	
<b>Carmel Delight</b>	\$3.50
<i>Hot Coffee &amp; 2 shots of syrup</i>	
<b>French Vanilla Coffee</b>	\$3.50
<i>Hot Coffee &amp; 2 shots of syrup</i>	
<i>+.50 for Dairy Free Milk</i>	

<b>Whipped Honey Dalgona Iced Coffee</b>	\$6.75
<i>Coffee, Milk, Velvety Whipped Honey &amp; Ice</i>	
•Choose Almond Milk, & it’s Paleo Friendly!	
<i>+.75 for Dairy Free Milk</i>	

<b>Recharge Smoothie (V, VE, P, DF)</b>	\$9.00
<i>Organic Blueberries, Banana &amp; Spinach, Ground Flax, &amp; Alaya™ Collegian Powder</i>	
•add Coconut or Almond Milk - +\$1	

<b>Bottled Beverages</b>	
Water Bottle	\$2.00
Orange Seltzer	\$3.00
Orange, Cranberry or Apple Juice	\$3.00
Iced Tea – Sweet or Unsweetened	\$3.50
Boxed Milk (Whole or Chocolate)	\$3.00
Soda (Regular or Diet)	\$3.00
Silk Almond Milk	\$3.50

*Did you know ...*

- Our goal is to have something for everyone. In addition to traditional meals, we offer Vegan, Vegetarian, Keto, Paleo, Gluten Free, Grain Free, Refined Sugar Free, and Dairy Free options as well.
- We make nearly everything from scratch.
- We do not use any vegetable or seed oils. We only use Cold Pressed Extra Virgin Olive Oil, Avocado Oil and Coconut Oil.
- \*Our bakery case is filled each day with freshly baked and delicious goodies! Gluten Free, Dairy Free or Paleo, no worries we have some delicious baked goods for you to enjoy. Eat here or take to go. – Check it out!
- ALL Paleo items are Gluten Free, Grain Free, Dairy Free, and Refined Sugar Free
- In a rush? Call ahead and order your meal to go! 207-633-7447
- \*Hosting an event or gathering? Let us provide the food for you.
- \$3 will be applied for plate sharing to cover our additional expenses.
- Minimum Credit Card Purchase is \$20
- While we offer gluten and dairy free items, our kitchen is not gluten or dairy free. Items may contain wheat, eggs, dairy, soy, fish, peanuts, tree nuts or shellfish allergens.
- Please let us know prior to ordering of any food allergies you have.**
- Eggs may be served undercooked. Consuming undercooked eggs may increase your risk of foodborne illness
- Please follow us on Facebook and Instagram (kellyscafebbh). Please like us on Google...❤️