



BREAKFAST AT KELLY'S

Served until Noon

Starters/Sides

Plain Bagel	\$5
English Muffin	\$5
Fresh Baked Croissant	\$5
Café-Made Paleo Bagel (GF, DF)	\$8
Gluten Free Toast (GF)	\$5
Gluten Free English Muffin	\$7
White or Wheat Toast	\$3

**above served with your choice of Butter, Dairy Free Butter, Peanut Butter, or Philadelphia® Cream Cheese*

Fresh Baked Muffin	\$5
Fresh Baked GF Muffin (P, GF, DF)	\$8
Jammie Cake	\$7

See Bakery Case for Daily Specials

Bacon or Sausage (K, GF)	\$4
Pork Roll	\$6
Breakfast Potatoes (V, VE, P, W30, GF)	\$4
Corn Beef Hash (K, P, W30, GF)	\$9

16 oz Recharge Smoothie	\$10
Kale * Blueberry * Banana * Flax Seeds (V, VE, P, W30, GF, DF)	

Avocado Toast	\$9
Creamy Avocado, Tomato, wilted Spinach, a Balsamic drizzle on Wheatberry (V, VE)	

The PUFFIN	\$16
2 Eggs, Bacon, Sausage Patty, Breakfast Potatoes, and Toast	

Baileys French Toast	\$17
2 Slices Thick Cut Bread, dredged through Baileys Irish Cream™ Egg Custard, served with Maple Syrup and a side of Bacon	

French Toast and Friends	\$15
1 Slice of our Baileys French Toast, 2 Fried Eggs, Bacon, served with Maple Syrup	

Allie's Heavenly Hash and Eggs	\$15
Café-made Corned Beef Hash with 2 Fried Eggs on the side (K, P, W30, GF)	
Add a Side of Toast +\$3	

Keto Burrito	\$14
Scrambled Eggs, Spinach, Sundried Tomatoes, Feta Cheese, on a Low Carb Wrap (K)	
Sub Siete™ Tortilla Wrap (V, P, GF) +\$7	

Build Your Omelet	\$9
3 Egg Omelet and Potatoes (P, W30, GF)	
<i>Add Protein:</i>	
Bacon (\$4) * Pork Roll (\$6) * Corned Beef Hash (\$9)	
<i>Add Veggies +\$1.25 each</i>	
Spinach * Onions * Peppers * Tomatoes* Mushrooms * Sundried Tomatoes	
<i>Add Cheese +\$1.85 each</i>	
* American * Cheddar * Feta * Mozzarella	
Add a Side of Toast +\$3	

New England Fry Up	\$20
2 Eggs, Sausage, Bacon, Baked Beans, Grilled Tomato and Mushrooms, Potatoes, and Toast	

Nor'Easter Sandwich	\$19
2 Fried Eggs, Bacon, Sausage Patty, topped with our Sausage Gravy and melted Cheddar Cheese served on a buttered & grilled Roll	

Harbor Sandwich	\$9
2 Fried or Scrambled Eggs & American or Cheddar Cheese, on Bagel, White or Wheat Bread, English Muffin, Croissant, Flour or Low Carb Wrap	
Add Bacon (\$4) Pork Roll (\$6) Sausage (\$4)	

Dante's Street Taco	\$12
Scrambled Eggs, Spinach, Cheddar Cheese and our Café-made Guacamole on a Grilled Flour or Low Carb Wrap (K)	
Sub Siete™ Tortilla Wrap (V, P, GF) +\$5	

Kelly's Breakfast Scramble	\$18
A mix up of Scrambled Eggs, Organic Apple and Chicken Sausage, Sauteed Spinach, Sweet Onions, Red Peppers, and Breakfast Potatoes (V, K, P, W30)	
*substitute Vegan Sausage (V, VE)	
Add Cheese +\$1.85 each:	
* American * Cheddar * Feta * Mozzarella	

The Traditional	\$9
2 Eggs* Breakfast Potatoes*Toast	

Biscuit & Gravy	\$15
Café-made Biscuit smothered in our café-made (and practically world-famous 😊) Sausage Gravy with 2 Fried Eggs	
*Gluten Free Biscuit & Gravy (GF) +\$7	

KELLY'S CAFÉ

Something for Everyone

Serving Breakfast and Lunch

kellyscafebbh.com

please like us on....

Facebook, Instagram, Google

kellyscafebbh

4 Bridge Street

Boothbay Harbor

(207) 633-7447

**While we offer gluten and dairy free items, our kitchen is not gluten or dairy free. Items may contain wheat, eggs, dairy, soy, fish, peanuts, tree nuts or shellfish allergens.*

Please let us know prior to ordering of any food allergies you have.

**Eggs may be served undercooked.*

Consuming undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

**\$3 will be applied for plate sharing to cover our additional expense. Thank you for your understanding.*

KELLY'S CAFE

Something for Everyone

Lunch begins at 12PM

**All sandwiches come with your choice of Potato Chips, or 2 Grandma Van's Nubbies*

**Gluten Free Sandwich Substitutions:*

Café-Made Paleo Bagel (GF, DF) \$8

Gluten Free Toast (GF) \$5

Gluten Free English Muffin \$7

New England Clam Chowder \$12/\$15

Thick and Creamy Chowder filled with Clams and Potatoes

Smash Burger \$17

2 Burger Patty, American & Cheddar Cheese, Tomato, Romaine & Kelly's

Burger Sauce on a Grilled Roll

Optional Add Ons +\$4.00 each:

Bacon * Avocado * Fried Egg * Guacamole

*Substitute Gluten Free Roll +\$7

Veg*Vegg*Veggie Burger \$18

Beyond Burger™ Tomato, Diced Onion & Romaine on a Buttered (DF) and Grilled Roll (V, VE, DF)

Optional Add Ons +\$4.00 each:

Bacon * Avocado * Fried Egg * Guacamole

*Substitute Gluten Free Roll +\$7

Chicken Salad Wrap \$14

With Cranberries, Walnuts, Red Onion, Celery, Tomato, Romaine and Mayo on a Flour Wrap. Or Substitute a Low-Carb Wrap (K)

BLT \$12

Bacon, Lettuce and Tomato and Mayo on Wheatberry Bread

Brian's Hot Roast Beef Sandwich \$17

Hot Slow Roasted Roast Beef shaved thin, Provolone Cheese, on a Grilled and Butter Roll with Au Jus & Horseradish on the side

*Substitute Gluten Free Roll +\$7

A Blueberry Briezy Grilled Cheesy \$14

Melted Brie, Caramelized Sweet Onions and our Blueberry Jam on Buttered and Grilled Panini Bread – Delish! breezy

Melissa's Grilled Cheese Sandwich \$10

Ooey Goopy American and Cheddar

Cheese on Buttered and Grilled Panini

Add Bacon +\$4

Tuna Salad Wrap \$14

Albacore Tuna, avocado mayo, Pickles, Red Onions, Celery, Romaine and sliced Tomato on a Flour Wrap. Or Substitute a Low-Carb Wrap (K)

Garden Salad \$12

Greens-Veggies-Blueberries-Sunflower Seeds with our Balsamic Vinaigrette (V, VE, K, P, W30, GF, DF)

-add Chicken Salad (K, GF) +\$9

-add Tuna Salad (K, P, W30, DF, GF) +\$9

-add Grilled Chicken (K, GF) +\$9

Dan's Quesadilla \$12

Cheddar Cheese, Sweet Red Peppers, Diced Tomatoes, Sauteed Onions on a grilled wrap with Salsa on the side

*Substitute GF Wrap +\$5

*Add side of Café-made Guacamole +\$4

Beverages

Fresh Brewed Coffee \$3.00

Hot Tea \$3.00

Water Bottle \$2.00

Lemon or Orange Seltzer \$3.00

Orange, Cranberry or Apple Juice \$3.00

V8 Juice \$4.00

Milk (Whole or Chocolate) \$3.00

Chocolate Almond Milk \$4.00

Soda (regular or diet) \$3.50

Iced Tea (Sweet or Unsweetened) \$3.50

Humm Kombucha (P, W30, V, VE) \$5.50

Ask your server about adult beverages

Abbreviations:

V – Vegetarian, VE – Vegan, K – Keto (low carb), P – Paleo, W30 – Whole 30, GF- Gluten Free, DF – Dairy Free

***ALL Paleo and Whole 30 items are**

Gluten Free, Dairy Free, and Refined

Sugar Free



Did you know...

**Our goal is to have something for everyone. In addition to traditional meals, we offer Vegan, Vegetarian, Keto, Paleo, Whole 30, Gluten Free, Refined Sugar Free, and Dairy Free options as well.*

**We make nearly everything from scratch.*

**We only use high quality, and often organic ingredients.*

**Grandmom Van's Nubbies - This recipe has been passed down in Kelly's family for generations. They have currants, fresh grated nutmeg, and tons of family nostalgia in them.*

**We do not use any vegetable or seed oils.*
**Are kids joining you? Kelly has a story to tell them that involves a treasure chest filled with goodies....*

**Our bakery case is filled each day with freshly baked and delicious goodies! Eat here or take to go. – Check it out!*

**In a rush? Call ahead and order your meal to go! 207-633-7447*

**Hosting an event or gathering? Need Bagged Lunches for your Adventure? Let us provide the food for you. For larger events, we will construct a menu based on your needs.*