**Tri-County Family Care Center**

Tri-County Family Care Center (TCFCC) was established in May 1995 as a Resource & Referral agency. We are not a crisis center for life threatening situations. TCFCC serves as a networking and coordinating center to connect individuals and families with resources to get the help and support they seek for general and emergency needs.

Since 1995, we have implemented a multitude of programs and services! We have served more than 10,000 clients since January 2000!



“Offering Hope from a hand up-

not a hand out!”

**Vision Statement**: All families and individuals in our community are strong and self-reliant.

**Mission Statement:** Tri-County Family Care Center educates and empowers families and individuals to maintain stability through life skill programs, service and support to gain self-reliance.

**Programs and Services**

**Resource & Referral –** Referred to resources for assistance with financial problems, housing, food, utilities, etc. Follow-up contacts are made to ensure clients’ needs have been met.

**Bright By Three –** The goal is to help families give children a “bright beginning”! Educators conduct a home visit with parent or caregivers to provide information to support their children’s physical, emotional and intellectual development during the critical first years of life.

**PAT (Parents As Teachers) –** Home visitation and playgroups: Parents are their children’s first and most influential teachers. PAT provides research-based information on how to foster learning and nurture develop-ment to parents prenatally and with children up to age 5.

**H.A.P.P.E.E**. – **H**ealth **A**dvocacy **P**arent **P**artnership **E**ducation & **E**mpowerment. We help connect people to health resources.

**Family Advocacy/Support Services**

Strengthens and stabilizes families by working with a family advocate. Budgeting, parenting classes, case management and more activities are offered.

**Programs and Services**

**Occupant Protection Safety Program –** Education of car seat issues and seat belts.

**Permanent Child Seat Fitting Station –** Inspect and install car seats

**Arkansas Valley Resource Guide –** Gives information of resources available in our area.

**Medicaid and CHP+ -** We help complete applications

**Parenting Classes –** “Love & Logic” six-week classes

**Emergency Assistance Council –** Coordinates funds from Energy Outreach Colorado, Salvation Army, churches and charitable assistance programs to serve families with emergency needs including heating fuels and electricity.

**Colorado Community Response –“Building Family Strengths”** This program provides resources to at-risk families who are not currently involved in the child welfare system, but are still at potential risk for incidents of child abuse or maltreatment.

We incorporate these 5 Protective Factors in all of our programs to prevent child abuse and neglect!

1. **Parent Resilience:** Parental resilience is the ability to constructively cope with and bounce back from all types of challenges. It is about creatively solving problems, building trusting relationships, maintaining a positive attitude, & seeking help when it is needed.

**2. Knowledge of Parenting and Child Development:** Having accurate information about raising young children & appropriate expectations for their behavior help parents better understand & care for children.

**3. Social-Emotional Competence of Children:** A child’s ability to interact positively with others, to self-regulate, & to effectively communicate his or her emotions has a great impact on the parent-child relationship.

**4. Social Connections:** Friends, family members, neighbors, & other members of a community provide emotional support & concrete assistance to parents. Social connections help parents build networks of support that serve multiple purposes.

**5. Concrete Support in Times of Need:** is about helping to ensure the basic needs of a family, such as food, clothing, and shelter, are met & connecting parents and children to services.

“Take ‘One Step’ Outside!”

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Reduce exposure to secondhand

tobacco and marijuana smoke.

**Family Strengthening Activity**

K’NEX Building Trust Contest

Last day of the Arkansas Valley Fair

Ages 5 years and older

**Annual Fundraiser**

“Cruisin’ Into Summer”

Festival &

‘Keep Kids Safe’ Fair

held the 1st Saturday of June in Rocky Ford

***Please join us in our fight to***

***‘keep kids safe’!***

Make a check payable to

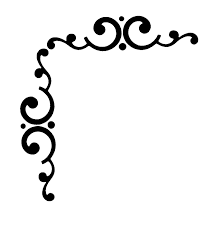
Tri-County Family Care Center

512 ½ N. Main, Rocky Ford, CO 81067

Or use PayPal at

tricountyfamilycenter.org

We will send you a receipt for tax purposes. More information – 719-254-7776



**Tri-County Family**

**Care Center**

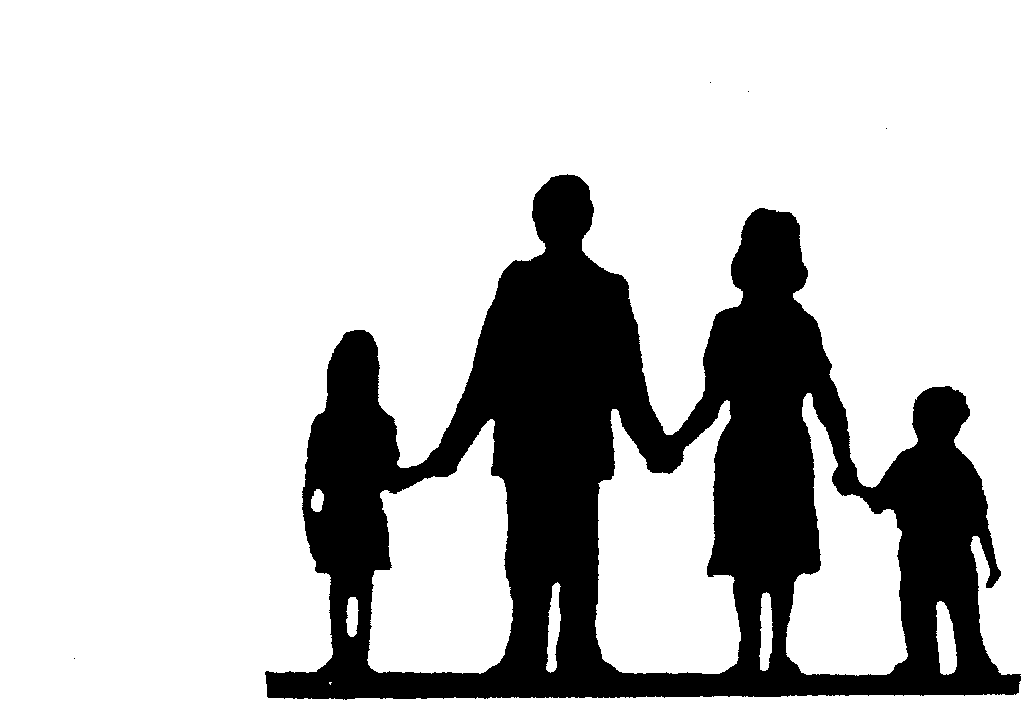
512 ½ N Main

Rocky Ford, CO 81067

719-254-7776

Fax: 719-254-7778

Hours: 9:00 am – 5:00 pm

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Sarah Dillon, Executive Director

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www.tricountyfamilycenter.org



