



# WHO ARE YOU?

FIND GREATER SUCCESS  
WITH SELF-KNOWLEDGE

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WORKSHEET

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## FIND GREATER SUCCESS WITH SELF-KNOWLEDGE

Knowing oneself is one of the more challenging tasks a person can undertake. When you know yourself intimately, success becomes more certain. It's easier to predict the areas in which you will struggle.

Knowing your strengths, weaknesses, and preferences allows you to set more achievable goals and manage yourself more skillfully.

**Answer these questions to gain insight into yourself and achieve greater success:**

1. What are my greatest strengths? How do I know? How can I use my strengths to be more successful?
2. What are my greatest weaknesses? How can I avoid these weaknesses or strengthen these skills?

3. What is my dream career? What makes it so appealing to me?

4. What are three negative experiences that happened in the past that still affect me today?

5. What are my most important values? Does my behavior reflect my values?

6. What is my number one desired achievement in life? Why?

7. What the biggest mistakes I make repeatedly? How have these mistakes cost me?