

**PATIENT HISTORY-New Patient**

1. What is the reason for today's visit? (Routine, Contact lens update, Eye health concerns)?

\_\_\_\_\_

2. When was your last eye exam? \_\_\_\_\_ Last dilation of pupils? \_\_\_\_\_

3. Do you presently wear: \_\_\_\_\_ glasses?  contact lenses?

4. Today do you need prescriptions for: \_\_\_\_\_ glasses?  contact lenses?

5. Do you experience any of the following? (please check all that apply)

Eyestrain  Double vision  Blurred vision with glasses or contacts

Dry eyes  Itchy eyes  Burning/irritated eyes

Floaters  Flashes of light  Recent onset of severe or frequent headaches

6. My medical and eye doctors: \_\_\_\_\_

7. Circle any conditions **you** have:

Glaucoma, Macular degeneration, Cataracts, Retinal diseases, Optic nerve problems,

Crossed/Lazy eyes.

Diabetes (your blood sugar this morning \_\_\_\_\_), High blood pressure, High cholesterol, Heart

disease, Depression/Anxiety, Skin condition, Neurologic \_\_\_\_\_, Thyroid disease,

Gastrointestinal, Cancer \_\_\_\_\_, Sleep Apnea, Arthritis, Asthma/COPD, Migraine headaches.

Do any of your family members have Macular Degeneration or Glaucoma? \_\_\_\_\_

Female patients: Are you pregnant? Yes/No Are you on birth control? Yes/No \_\_\_\_\_

Other health issues not listed above? \_\_\_\_\_

Do you smoke? Yes/No \_\_\_\_\_yrs Packs/day\_\_\_\_\_ Drink Alcohol? Yes/No Social/Daily

Ever smoked? Yes/No

8. Have you had any EYE disease, injury, or eye surgery? \_\_\_\_\_

9. Other surgeries: \_\_\_\_\_

10. List any **prescription** or **over-the-counter** medications/vitamins you take. Include eye medications.

\_\_\_\_\_  
\_\_\_\_\_

11. List any medications you're **allergic** to:

\_\_\_\_\_  
\_\_\_\_\_

12. Do you have environmental allergies? (seasonal, pets, latex sensitivity) \_\_\_\_\_