

APRIL 2024 NEWSLETTER



Hawaii Nurses & Healthcare Professionals

Lactation Nurses Join HNHP

HNHP would like to extend a warm welcome to our newest members, the Lactation Nurses. Mariko Fong, Lactation Consultant, provided the following, "We are happy to finally become part of HNHP, and thank you for the warm welcome! We all come from backgrounds as RNs in L&D, Post-Partum, NICU, and Peds, but found our calling in the field of Lactation and went on to pursue IBCLC certification. (International Board Certified Lactation Consultant) Here's a little bit about what we do:

In the inpatient setting, we work closely with the L&D, Post Partum, Pediatric, and NICU teams to provide breastfeeding support to our littlest patients and their families. Breastfed babies have a lower risk of asthma, obesity, allergies, flu, viruses, type 1 diabetes, and sudden infant death syndrome (SIDS). Mothers who breastfeed have a lower risk of high blood pressure, breast and ovarian cancer, and Type 2 Diabetes. While breastfeeding is natural, it's not always easy, and although infants have feeding reflexes and instincts, it's a learned behavior for mothers. There are also situations where breastfeeding is extra challenging - for premature infants, infants who are small for gestational age, jaundiced, or who are born to mothers with high blood loss, gestational diabetes, or pre-eclampsia. You'll also find us anywhere else in the hospital assisting lactating mothers who are hospitalized or having surgery. We also teach prenatal breastfeeding classes and provide ongoing breastfeeding education to staff as well.

In the outpatient setting, you'll find us at Mapunapuna, Waipio, West Oahu, and on Maui, working alongside the Mom Newborn Center and Pediatricians, helping families continue their breastfeeding journeys. Did you know that the American Academy of Pediatrics now recommends breastfeeding for 2 years? It can take time for breastfeeding to become established, and due to short maternity leave in the US, mothers who return to the workforce face many breastfeeding challenges. Outpatient Lactation appointments are free and by self-referral, and we also take many phone calls as well."

Highlights

WELCOME
LACTATION
NURSES

NURSES WEEK
2024

ALLIANCE
LEADERSHIP
CONFERENCE
2024

MEMBER
TOWNHALLS
KEEP UP TO DATE

BENEFITS AND
RETIREMENT
WORKSHOP

HAVE QUESTIONS?

ASK US AT
INFO@HNHP.ORG
(808) 664-6364



Pictured here: Foedata Baclayon, Windy Vaughn, Mariko Fong and Renee Fujimori

Not Pictured: Aly Certo, Janel Takasaki

Hot Off the Press: The Alliance National Agreement is available. Check with your Steward for a hard copy. Local CBAs coming soon.

Nurses Week - HNHP Movie Night

“Nurses Make a Difference” is the theme for Nurses Week 2024. We are excited to invite you to our upcoming movie night event to kickoff Nurses Week 2024. As a way to unwind and connect outside of work, we’ll be screening the inspiring film “Unsung Hero.” We will also be providing a “small bite to eat” before the movie.

Please RSVP by May 1 to Erin, HNHP Administrative Assistant, by text at (808) 892-8640 or by email at assistant.hnhp@gmail.com.



Alliance Leadership Conference - Renew, Mobilize, GO



An HNHP Delegation, consisting of Union Leaders and Stewards, attended the ALC in Hollywood, California. At this conference, we renewed our Partnership, learned how to mobilize our members and charted the course ahead. The Alliance Leadership Conference highlighted the following: RENEW our partnership commitments and examined the current state of the Partnership — celebrated our accomplishments, addressed shortfalls and discussed strategies to reconnect to our partnership values — and renew our joint commitment to provide the best jobs and the best care. MOBILIZE our members, unit-based teams and each other - Our mission is to empower our members through using our collective voice and our Partnership. And our collective strength begins with YOU. NOW, it’s GO time! Our journey will continue through 2024. Keep your eyes open as we continue to share opportunities, face challenges and move forward on the path in 2024 and 2025.

Join HNHP's Monthly Member Townhalls

Every 3rd Saturday from 4 - 5 pm

- May 18
- June 15
- July 20
- August 17

- September 21
- October 19
- November 16

Scan the QR code to register and to receive link to join the townhall via Zoom



HNHP Communications

Keep up with latest news and information from HNHP. Our communications team sends out emails and texts regularly. Your personal information will be kept confidential and will not be shared with third parties without your consent. You can provide your information through an online form on our website, www.HNHP.org, or by emailing info@hnhp.org. Don't forget to follow us on these social media platforms.



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Hawaii Nurses & Healthcare Professionals HNHP

EMAIL INFO@HNHP.ORG



HNHP EMPLOYEE BENEFITS AND RETIREMENT WORKSHOP

You are invited to a Zoom meeting.

When: May 7, 2024 06:00 PM Hawaii

Register in advance for this meeting:

https://us06web.zoom.us/meeting/register/tZAtfuuuqzss_Gd3lm09eMDqwGyP9zKaBbjyE

After registering, you will receive a confirmation email containing information about joining the meeting.

You are invited to a Zoom meeting.

When: May 18, 2024 09:00 AM Hawaii

Register in advance for this meeting:

<https://us06web.zoom.us/meeting/register/tZcrd--trz8jEtANfCukRoqfxF3uFXi7mFvg>

After registering, you will receive a confirmation email containing information about joining the meeting.

Presenter: Christina Kaoh, Alliance Director