



“PATIENCE” IN ACTION

JANUARY 2025

As we begin a new year, we focus on the powerful trait of patience. Patience challenges us to remain calm in the face of delays or frustrations, helping us approach obstacles with understanding rather than haste. By practicing patience, we foster empathy, thoughtful decision-making, and deeper connections—laying a strong foundation for positive personal growth. Our selection of suggested media embodies this theme.

Please note: Hyperlinks are included, where applicable, for easy searching.

ELEMENTARY SCHOOL

FILMS

Encanto (2021)
Raya and the Last Dragon (2021)
A Shaun the Sheep Movie:
Farmageddon (2020)

BOOKS

The Cool Bean by Jory John
I Promise by LeBron James
Waiting Is Not Easy! by Mo Willems

MIDDLE/JUNIOR HIGH SCHOOL

BOOKS

Brown Girl Dreaming by Jacqueline Woodson
As Brave as You by Jason Reynolds
Some Places More Than Others by Renée Watson
Betty Before X by Ilyasah Shabazz and Renée Watson
A Good Kind of Trouble by Lisa Moore Ramée

HIGH SCHOOL & ADULTS

BOOKS

On the Come Up by Angie Thomas
Long Way Down by Jason Reynolds
All American Boys by Jason Reynolds and Brendan Kiely
Piecing Me Together by Renée Watson
Their Eyes Were Watching God by Zora Neale Hurston