



"COURAGE" IN ACTION

AUGUST 2026

This month, we focus on the character trait of Courage—the willingness to face challenges with strength, conviction, and heart. Courage isn't the absence of fear; it's choosing to move forward despite it. Whether speaking up for what's right, trying something new, or overcoming personal obstacles, courageous individuals inspire others through their actions.

This month's films, books, and TED Talks celebrate people who demonstrate bravery, resilience, and the determination to make a positive difference.

Please note: Hyperlinks are included, where applicable, for easy searching.

ELEMENTARY SCHOOL

FILMS

Onward (2020)
Wolfwalkers (2020)
The Greatest Showman (2017)

BOOKS

The Undeclared by Kwame Alexander
Salt in His Shoes by Deloris Jordan & Roslyn M. Jordan
Flight School by Lita Judge

MIDDLE/JUNIOR HIGH SCHOOL

FILMS

The Rookie (2002)
Cool Runnings (1993)

BOOKS

Naruto Vol. 1 by Masashi Kishimoto
The Poet X by Elizabeth Acevedo
Before We Were Free by Julia Alvarez

TEDTalks

["Why You Should Define Your Fears Instead of Your Goals"](#) by Tim Ferriss

HIGH SCHOOL & ADULTS

FILMS

Harriet (2019)
Million Dollar Baby (2004)
Good Will Hunting (1997)

BOOKS

I Am Not Your Perfect Mexican Daughter by Erika L. Sánchez
A Tale of Two Cities by Charles Dickens

TEDTalks

["The Danger of Silence"](#) by Clint Smith