



# “HOPEFUL” IN ACTION

AUGUST 2024

The character trait of being hopeful involves maintaining a positive outlook on life and expecting good outcomes, even in challenging or uncertain situations. It encompasses a sense of optimism and a belief in the possibility of positive change or favorable results.

Please note: Hyperlinks are included, where applicable, for easy searching.

## Elementary School

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### FILMS

Paddington (2014)

### BOOKS

"The Little Engine That Could" by Watty Piper

"The Curious Garden" by Peter Brown

"Last Stop on Market Street" by Matt de la Peña

(Illustrated by Christian Robinson)

## Middle/Junior High School

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### FILMS

"Akeelah and the Bee"

### BOOKS

"The Thing About Jellyfish" by Ali Benjamin

"Wonder" by R.J. Palacio

### TEDTalks

["The Power of Believing That You Can Improve" by Carol Dweck](#)

### PODCASTS

"Wow in the World"

## High School & Adults

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### FILMS

Life of Pi (2012)

### BOOKS

"The Perks of Being a Wallflower" by Stephen Chbosky

"Unbroken" by Laura Hillenbrand

### TEDTalks

["How Great Leaders Inspire Action" by Simon Sinek](#)

### PODCASTS

"The Moth"