



# “SELFLESS” IN ACTION

APRIL 2024

Selflessness embodies putting others' needs before our own and acting with kindness and generosity. Selflessness is about empathy, compassion, and a willingness to serve others without expecting anything in return. Our selection of films, books and TED Talks for April highlights stories that inspire us to think beyond ourselves and make a positive impact on the world around us. These stories remind us that even small acts of selflessness can create ripple effects of kindness and compassion, shaping a more caring and connected community.

Please note: Hyperlinks are included, where applicable, for easy searching.

## Elementary School

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### FILMS

Charlotte's Web (2006)  
Frozen (2013)  
The Secret World of Arrietty (2010)

### BOOKS

"The Berenstain Bears and the Joy of Giving" by Jan and Mike Berenstain  
"Crown: An Ode to the Fresh Cut" by Derrick Barnes  
"The Undefeated" by Kwame Alexander

## Middle/Junior High School

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### FILMS

The Lion King (1994)  
The Hunger Games (2012)

### BOOKS

"A Long Walk to Water" by Linda Sue Park  
"Brown Girl Dreaming" by Jacqueline Woodson

### TEDTalks

["What Adults Can Learn from Kids" by Adora Svitak](#)  
["Everyday Leadership" by Drew Dudley](#)

## High School & Adults

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### FILMS

Schindler's List (1993)  
The Hate U Give (2018)

### BOOKS

"Between the World and Me" by Ta-Nehisi Coates  
"The Book Thief" by Markus Zusak

### TEDTalks

["The Danger of a Single Story" by Chimamanda Ngozi Adichie](#)  
["How Great Leaders Inspire Action" by Simon Sinek](#)