



"POSITIVITY" IN ACTION

JULY 2025

Positivity is more than simply "looking on the bright side"—it's the practice of focusing on possibilities, finding solutions in challenges, and lifting up those around us. It fuels resilience, strengthens relationships, and creates an environment where people feel valued and inspired.

This month's films, books, and TED Talks highlight stories of individuals who choose optimism, radiate encouragement, and make a lasting impact through their attitude and actions.

Please note: Hyperlinks are included, where applicable, for easy searching.

ELEMENTARY SCHOOL

FILMS

Wonder (2017)
Akeelah and the Bee (2006)
Soul (2020)

BOOKS

Last Stop on Market Street by Matt de la Peña
I Am Every Good Thing by Derrick Barnes
Sulwe by Lupita Nyong'o

MIDDLE/JUNIOR HIGH SCHOOL

FILMS

Queen of Katwe (2016)
McFarland, USA (2015)
Black Panther (2018)

BOOKS

Brown Girl Dreaming by Jacqueline Woodson
Genesis Begins Again by Alicia D. Williams
New Kid by Jerry Craft

TEDTalks

[Grit: The Power of Passion and Perseverance](#) by Angela Lee Duckworth

HIGH SCHOOL & ADULTS

FILMS

Hidden Figures (2016)
The Pursuit of Happyness (2006)
Selma (2014)

BOOKS

The Light We Carry by Michelle Obama
The Color Purple by Alice Walker
I Am Malala by Malala Yousafzai

TEDTalks

[My Year of Saying Yes to Everything](#) by Shonda Rhimes